

Valparaiso Track & Field
2018-2019 Men's Top Performances

60 Meter Dash	Time	Date
Taylor Allen	7.21	2/23/19
Malik Riley	7.28	11/30/18
Aaron Clark Jr.	7.51	11/30/18
Brian Hughes	7.61	1/25/19

200 Meter Dash	Time	Date
Taylor Allen	22.84	2/15/19
Benjamin Sekuloski	23.03	11/30/18
Emanuel Daggett	23.09	11/30/18
Brian Hughes	23.80	2/15/19
Bryce Otterbach	23.99	11/30/18
Gunnar Ashmon	24.03	2/15/19
Malik Riley	24.29	1/25/19
Aaron Clark Jr.	24.50	1/25/19
Zack Fortener	24.67	2/2/19

400 Meter Dash	Time	Date
Benjamin Sekuloski	49.57	1/25/19
Emanuel Daggett	51.07	2/15/19
Bryce Otterbach	51.40	2/15/19
Zack Fortener	53.48	2/15/19
Gunnar Ashmon	54.53	2/15/19

800 Meter Run	Time	Date
Conner Hickey	1:55.65	1/25/19
Ignacio Veloz Bonilla	2:00.45	1/25/19
Noah Vanderhei	2:00.88	2/15/19
Nathaniel Izewski	2:04.88	2/2/19
Francisco Ramirez	2:05.79	1/25/19

1 Mile Run	Time	Date
Connor Hickey	4:18.19	2/15/19
Joey Black	4:19.86	2/15/19
Ignacio Bonilla Veloz	4:21.27	1/25/19
Joey Black	4:24.57	2/2/19
Jack Worman	4:28.70	1/25/19
Nathaniel Izewski	4:34.67	2/15/19
Noah Vanderhei	4:38.44	2/2/19
Francisco Ramirez	4:43.77	2/15/19

3000 Meter Run	Time	Date
Jack Mader	8:31.41	2/15/19
Dominic Paoletti	8:33.41	2/15/19
Jack Worman	8:41.82	2/15/19
Ignacio Veloz Bonilla	8:41.85	2/15/19
Joey Black	8:59.72	2/24/19
Rylan Dreyer	9:28.76	2/15/19
Brady Southern	9:33.65	2/15/19
Time Zange	9:34.05	2/2/19

5000 Meter Run	Time	Date
Jack Mader	15:03.93	1/25/19
Dominic Paoletti	15:02.02	2/23/19
Victor Fortin	15:58.79	1/25/19
Time Zange	16:29.78	1/25/19
Rylan Dreyer	16:52.19	1/25/19

60 Meter Hurdles	Time	Date
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4x400 Meter Relay	Time	Date
Daggett, Allen, Otterbach, Sekuloskit	3:23.35	2/23/19
Daggett, Fortener, Otterbach, Sekuloski	3:28.67	1/25/19
Allen, Hickey, Vanderhei, Ramirez	3:35.44	1/25/19

Distance Medley	Time	Date
Veloz Bonilla, Sekuloski, Hickey, Worman	10:11.01	2/1/19
Worman, Sekuloski, Veloz Bonilla, Black	10:20.99	2/24/19

Pole Vault	Height	Date
Jeremy Seiler	15-7 (4.75m)	2/1/19
Zachary Topper	14-7¼ (4.45 m)	2/1/19
Kyle Baker	14-7¼ (4.45m)	2/2/18

Long Jump	Distance	Date
Malik Riley	22-0½ (6.72m)	2/15/19
TJ Weinzimmer	21-11½ (6.69m)	2/24/19
Aaron Clark Jr.	21-9 (6.63m)	2/24/19
Cole Stradtman	18-8 (5.69m)	2/2/19

High Jump	Distance	Date
Will Maidment	6-5 (1.96m)	2/2/19

Triple Jump	Distance	Date
TJ Weinzimmer	45-9 ³ / ₄ (13.96m)	2/24/19
Malik Riley	43-5 ¹ / ₄ (13.24m)	2/24/19
Cole Stradtman	39-5 ³ / ₄ (12.03m)	2/2/19

Shot Put	Distance	Date
Jake Rasawehr	47' 7 ³ / ₄ (14.52m)	11/30/18
Alex Trafton	42-4.5 (12.92m)	1/25/19
Eddie Juszczak	41-2 ¹ / ₄ (12.55m)	2/2/19

Weight Throw	Distance	Date
Jake Rasawehr	53-11 (16.43m)	2/23/19
Eddy Juszczak	46-5 ¹ / ₄ (14.15m)	2/23/19
Alek Trafton	42-8 ¹ / ₄ (13.01m)	2/23/19
Quinten Holley	42-3 ¹ / ₂ (12.89m)	2/15/19