



Cross Country Record Book (updated through 2018 season)

Men's All-Time Top Times

Eight Kilometer

RUNNER	DATE	EVENT	TIME
1. Alexander Bruno	10/27/2018	MVC Champ.	24:23
2. Aaron Crague	9/22/2001	Ilini Invite	24:55
3. Gary Schroeder	1973	Unknown	24:57
4. Nate Iben	9/11/1993	North Central Invite	25:06
5. Chris Carlson	1974	North Central Invite	25:10
Carl Frey	9/15/1990	North Central Invite	25:10
7. Tom Kilcoyne	1978	Lakefront Invite	25:11
8. Mike Cantway	9/19/1981	Popcorn Panic	25:12
9. Bob Fronczak	1971	Unknown	25:16
10. Dan Uskert	1997	Unknown	25:24

Ten Kilometer

RUNNER	DATE	EVENT	TIME
1. Alexander Bruno	11/9/2018	NCAA Regional	31:54.4
2. Aaron Crague	11/10/2001	NCAA Regional	31:56.4
3. Nate Iben	1995	NCAA District Champ.	32:39
4. Adam Bruno	11/14/2014	NCAA Regional	32:53
David Rutkowski	11/14/2014	NCAA Regional	32:53
6. Adam Piaskowy	11/13/2004	NCAA Regional	33:15.1
7. Dan Uskert	1996	NCAA District Champ.	33:23
8. Jon Schiemann	11/13/1999	NCAA Regional	33:25.5
9. Max Morello	11/11/2016	NCAA Regional	33:28.9
10. James Leifheit	11/12/1994	NCAA District Champ.	33:30

Women's All-Time Top Times

Five Kilometer

RUNNER	DATE	EVENT	TIME
1. Laura Rolf	11/13/2007	Evansville Invite	16:40.33
2. Jessica Richardson	10/3/2014	Notre Dame Invite	16:58.5
3. Collette Liss	9/13/1997	Crusader Invite	17:13
4. Danielle Nunnelly	9/15/2006	Indiana Intercollegiate	17:47.4
5. Rachael Button	9/28/2007	Notre Dame Invite	18:10
Tami Long	1998	Unknown	18:10
7. Katherine Germann	10/27/2018	MVC Champ.	18:12.9
8. Elizabeth Whiting	10/28/2000	Mid-Con Champ.	18:14
9. Liz Bloy	10/3/2014	Notre Dame Invite	18:18.7
10. Kimberly Bruckner	1990	Unknown	18:19

Six Kilometer

RUNNER	DATE	EVENT	TIME
1. Laura Rolf	10/28/2006	Mid-Con Champ.	20:45.35
2. Jessica Richardson	10/17/2014	Bradley Classic	21:12.4
3. Liz Bloy	11/1/2014	HL Championship	21:57
4. Ashley Billstrom	10/14/2006	Pre-Nationals	22:09.9
5. Danielle Nunnelly	10/14/2006	Pre-Nationals	22:17.2
6. Katherine Germann	10/12/2018	Bradley Classic	22:32.7
7. Rachael Button	11/13/2004	NCAA Regional	22:39.6
8. Rachel Nelson	11/2/2002	Mid-Con Champ.	22:43
9. Jobeth Schmiesing	11/13/2004	NCAA Regional	22:47.5
10. Claire Johnson	11/12/2011	NCAA Regional	22:51.5