

CRUSADER OPEN

DATE: August 31, 2018 (Friday)

LOCATION: Sunset Hills Park, Valparaiso, Indiana

STARTING TIME

Women's 5K, 5:00 p.m. C.D.T.

Men's 6K, 5:45 p.m. C.D.T.

All teams will be called to the line five minutes before the starting time for last minute instructions. Awards will be handed out (hopefully) no later than 6:45 p.m. Please pick up packets (race numbers, course maps, and brochures) at the gazebo.

SCORING – Results – Entry Numbers

We will employ the usual scoring system. You are encouraged to enter as many runners as you wish. Results will be available at the awards ceremony and will be faxed to SIDs.

AWARDS

Individual awards will be given to the top 10 finishers.

ENTRY FEE

To help defray the cost of picking up the awards, \$200.00 is requested from each team (\$200.00 for each women's team and \$200.00 for each men's team). Please make checks out to Valparaiso University. Open runner \$10.00 each.

COURSE DESCRIPTION

The course is located at a county park that is also a working farm. The course is used by several local high schools. It is fairly flat with good footing over a majority of the course. However, a tractor tire rut or two can pop up. A map is enclosed.

DIRECTIONS

I-94 & Toll Road: When coming from I-94, whichever direction, take Highway 49 (Chesterton exit). Follow Highway 49 to U.S. 6 exit. Follow U.S. 6 west to the first stoplight. Turn left at the stoplight (Meridian Road). After turning left, you will see Sunset Hill Park on your left.

U.S. 30 Take Highway 49 North to U.S. 6 exit. Follow U.S. 6 West to the first stoplight. Turn left at the stoplight (Meridian Road). After turning left, you will see Sunset Hills Park on your left.

TRAINERS

Trainers will be available at 4:00 p.m. on Friday.

ENTRY PROCESS AND FORMS

Please enter on Directathletics.com or send the enclosed entry form.

FAX Number: 219-465-7897

E-Mail Address: Michael.Straubel@valpo.edu

CRUSADER OPEN VALPARAISO UNIVERSITY

SCHOOL _____

COACH _____

PHONE: Office: _____ Cell: _____

ROSTER

MEN'S TEAM _____ WOMEN'S TEAM _____

	Name	Class
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____

Please return to: Michael S. Straubel
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