



# Volleyball Award Winners (updated through 2018 season)

## Missouri Valley Conference

### FIRST TEAM ALL-CONFERENCE

Taylor Graboski 2017  
**Brittany Anderson** 2018

### SECOND TEAM ALL-CONFERENCE

Katherine Carlson 2018

### ALL-FRESHMAN TEAM

**Brittany Anderson** 2017  
**Rylee Cookerly** 2017

### ALL-TOURNAMENT TEAM

Taylor Graboski 2017  
Allison Ketcham 2018

### FIRST TEAM SCHOLAR-ATHLETE

Allison Ketcham 2017  
Katherine Carlson 2018  
**Rylee Cookerly** 2018  
Allison Ketcham 2018

### HONORABLE MENTION SCHOLAR-ATHLETE

Sydney Bronner 2017  
Katherine Carlson 2017  
**Brittany Anderson** 2018  
Sydney Bronner 2018

### PLAYER OF THE WEEK

Sydney Bronner Oct. 23, 2017(d)  
**Ally Cummings** Oct. 22, 2018(o)  
**Rylee Cookerly** Oct. 29, 2018(d)  
Allison Ketcham Nov. 19, 2018(d)

### FRESHMAN OF THE WEEK

**Rylee Cookerly** Sept. 5, 2017  
**Brittany Anderson** Sept. 18, 2017  
**Brittany Anderson** Nov. 20, 2017

## AVCA

### HONORABLE MENTION ALL-AMERICAN

Angie Porché 2007  
Brittany Malicoat 2008  
Angie Porché 2008  
Taylor Root 2010  
Taylor Root 2011  
Taylor Root 2012

### ALL-MIDWEST REGION

Angie Porché 2007  
Brittany Malicoat 2008  
Angie Porché 2008  
Taylor Root 2010  
Taylor Root 2011  
Taylor Root 2012

### HONORABLE MENTION ALL-REGION

(Midwest: 2008-12; Northeast: 2014)

Kim Bukowski 2008  
Jenny Pokorny 2010  
Jenny Pokorny 2011  
Ellen Vanden Berg 2012  
Emily Campbell 2014

### MIDWEST REGION FRESHMAN OF THE YEAR

**Rylee Cookerly** 2017







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## Mid-Continent Conference

### ATHLETE OF THE WEEK

Jennifer Walton	Oct. 11, 1993	Elissa Malthaner	Oct. 21, 2002
Cheri Hughes	Sept. 11, 1995	Marion Hansen	Nov. 4, 2002
Stephanie Schuricht	Sept. 11, 1995	Liz Mikos	Sept. 1, 2003
Cheri Hughes	Oct. 16, 1995	Cyndi Norman	Sept. 8, 2003
Stephanie Schuricht	Oct. 16, 1995	Sara Silcox	Sept. 15, 2003
Kelly Schoenhof	Oct. 23, 1995	Heather Hynds	Oct. 6, 2003
Cheri Hughes	Oct. 23, 1995	Cyndi Norman	Oct. 13, 2003
Jill Rychecky	Sept. 3, 1996	Sara Silcox	Nov. 3, 2003
Kelly Olson	Sept. 3, 1996	Lauren Moulton	Nov. 10, 2003
Cheri Hughes	Sept. 9, 1996	Liz Mikos	Nov. 10, 2003
Cheri Hughes	Sept. 16, 1996	Liz Mikos	Sept. 13, 2004
Kelly Olson	Sept. 23, 1996	Lauren Moulton	Sept. 27, 2004
Lindsay Trudell	Sept. 30, 1996	Lauren Moulton	Oct. 4, 2004
Kelly Olson	Sept. 30, 1996	Amy Palash	Oct. 11, 2004
Jill Rychecky	Oct. 21, 1996	Jessie Fox	Nov. 8, 2004
Cheri Hughes	Oct. 28, 1996	Katie Bova	Aug. 29, 2005
Kelly Olson	Oct. 28, 1996	Amy Palash	Sept. 5, 2005
Jill Rychecky	Nov. 11, 1996	Liz Mikos	Sept. 5, 2005
Kelly Schoenhof	Sept. 8, 1997	Lauren Moulton	Sept. 12, 2005
Jill Rychecky	Sept. 29, 1997	Amy Palash	Sept. 26, 2005
Kelly Schoenhof	Oct. 19, 1998	Brittany (Marks) Malicoat	Oct. 10, 2005
Carrie Goodrich	Oct. 4, 1999	Liz Mikos	Oct. 24, 2005
Cyndi Norman	Nov. 6, 2000	Katie Bova	Nov. 14, 2005
Cyndi Norman	Nov. 5, 2001	Jessie Fox	Aug. 28, 2006
Cyndi Norman	Nov. 12, 2001	Brittany (Marks) Malicoat	Aug. 28, 2006
Michelle Robinson	Sept. 16, 2002	Nicole Schulz	Nov. 6, 2006
Cyndi Norman	Sept. 23, 2002	Nicole Schulz	Nov. 13, 2006

## All-State

### FIRST TEAM

Joann Pryitz 1981

## Volleyball Magazine

### HONORABLE MENTION ALL-AMERICAN

Morganne Longoria 2016

## North Star Conference

### FIRST TEAM

Renee Kwiatkowski	1986
Jennifer Duncan	1987
Lori Barton	1991

### SECOND TEAM

Beth Hendricks	1988
Lori Barton	1990
Kristy Gates	1991
Kathy Harrison	1991

### COACH OF THE YEAR

Cindy Harris	1991
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### PLAYER OF THE WEEK

Lori Barton	Sept. 16, 1991
Lori Barton	Oct. 7, 1991
Kathy Harrison	Oct. 21, 1991
Kathy Harrison	Oct. 28, 1991
Lori Barton	Nov. 11, 1991

## CoSIDA Academic

### ALL-AMERICA THIRD TEAM

Laura Kulans	1996
Angie Porché	2009

### ALL-DISTRICT V FIRST TEAM

Christina Sulzman	1991
Tricia Hardtke	1994
Laura Kulans	1995
Laura Kulans	1996
Angie Porché	2008
Angie Porché	2009
Allison Ketcham	2018

### ALL-DISTRICT V SECOND TEAM

Cyndi Norman	2003
Allison Ketcham	2017
Rylee Cookerly	2018