



# Cross Country Record Book (updated through 2019 season)

## Men's All-Time Top Times

### **Eight Kilometer**

RUNNER	DATE	EVENT	TIME
1. Alexander Bruno	10/27/2018	MVC Champ.	24:23
2. Aaron Crague	9/22/2001	Ilini Invite	24:55
3. Gary Schroeder	1973	Unknown	24:57
4. Nate Iben	9/11/1993	North Central Invite	25:06
<b>5. Dominic Paoletti</b>	<b>10/18/2019</b>	<b>Bradley Classic</b>	<b>25:07.0</b>
6. Chris Carlson	1974	North Central Invite	25:10
7. Carl Frey	9/15/1990	North Central Invite	25:10
8. Tom Kilcoyne	1978	Lakefront Invite	25:11
9. Mike Cantway	9/19/1981	Popcorn Panic	25:12
10. Bob Fronczak	1971	Unknown	25:16

### **Ten Kilometer**

RUNNER	DATE	EVENT	TIME
1. Alexander Bruno	11/9/2018	NCAA Regional	31:54.5
2. Aaron Crague	11/10/2001	NCAA Regional	31:56.4
3. Nate Iben	1995	NCAA District Champ.	32:39
<b>4. Dominic Paoletti</b>	<b>11/15/2019</b>	<b>NCAA Regional</b>	<b>32:41.5</b>
5. Adam Bruno	11/14/2014	NCAA Regional	32:53
6. David Rutkowski	11/14/2014	NCAA Regional	32:53
7. Jack Mader	11/9/2018	NCAA Regional	33:01
<b>8. Ignacio Veloz Bonilla</b>	<b>11/15/2019</b>	<b>NCAA Regional</b>	<b>33:12.0</b>
9. Adam Piaskowy	11/13/2004	NCAA Regional	33:15.1
10. Dan Uskert	1996	NCAA District Champ.	33:23

## Women's All-Time Top Times

### **Five Kilometer**

RUNNER	DATE	EVENT	TIME
1. Laura Rolf	11/13/2007	Evansville Invite	16:40.33
2. Jessica Richardson	10/3/2014	Notre Dame Invite	16:58.5
3. Collette Liss	9/13/1997	Crusader Invite	17:13
4. Danielle Nunnelly	9/15/2006	Indiana Intercoll.	17:47.4
5. Rachael Button	9/28/2007	Notre Dame Invite	18:10
Tami Long	1998	Unknown	18:10
7. Katherine Germann	10/27/2018	MVC Champ.	18:12.9
8. Elizabeth Whiting	10/28/2000	Mid-Con Champ.	18:14
9. Liz Bloy	10/3/2014	Notre Dame Invite	18:18.7
10. Kimberly Bruckner	1990	Unknown	18:19

### **Six Kilometer**

RUNNER	DATE	EVENT	TIME
1. Laura Rolf	10/28/2006	Mid-Con Champ.	20:45.35
2. Jessica Richardson	10/17/2014	Bradley Classic	21:12.4
3. Liz Bloy	11/1/2014	HL Championship	21:57
4. Ashley Billstrom	10/14/2006	Pre-Nationals	22:09.9
5. Danielle Nunnelly	10/14/2006	Pre-Nationals	22:17.2
6. Katherine Germann	10/18/2019	Bradley Classic	22:31.3
7. Rachael Button	11/13/2004	NCAA Regional	22:39.6
<b>8. Alaina Carpenter</b>	<b>10/18/2019</b>	<b>Bradley Classic</b>	<b>22:39.7</b>
9. Rachel Nelson	11/2/2002	Mid-Con Champ.	22:43
10. Jobeth Schmiesing	11/13/2004	NCAA Regional	22:47.5