

2010-11 GNAC WOMEN'S BASKETBALL YEAR-IN-REVIEW

	Conference					All Games										
	W	L	PF	PA	Mar.	W	L	PF	PA	Mar.	RF	RA	Mar.	H	A	N
Western Washington	17	1	70.8	58.2	12.7	26	4	69.4	55.1	14.3	37.0	34.4	2.6	13-1	9-1	4-2
Alaska Anchorage	14	4	65.6	54.1	11.5	27	7	67.4	53.3	14.1	40.3	32.7	7.6	17-2	7-4	3-1
Seattle Pacific	13	5	67.1	57.8	9.3	20	9	66.7	57.3	9.4	40.8	32.7	8.1	12-2	7-5	1-2
Montana State Billings	11	7	66.4	62.4	4.0	16	12	64.2	61.2	2.9	37.0	38.4	-1.5	10-4	5-7	1-1
Saint Martin's	10	8	60.2	58.2	2.1	15	12	61.1	58.6	2.6	37.5	34.8	2.7	8-4	5-6	2-2
Northwest Nazarene	9	9	67.9	66.1	1.8	14	13	68.4	64.4	4.0	38.9	36.6	2.3	7-4	5-7	2-2
Western Oregon	9	9	62.2	65.3	-3.1	11	16	63.7	69.9	-6.2	35.8	39.9	-4.1	6-6	5-8	0-2
Simon Fraser	4	14	61.8	69.9	-8.2	7	17	64.3	70.3	-6.0	35.2	39.6	-5.5	2-8	3-9	2-0
Central Washington	2	16	60.4	69.9	-9.5	7	18	62.7	67.5	-4.8	39.1	42.5	-3.4	5-7	0-9	2-2
Alaska Fairbanks	1	17	54.6	75.2	-20.6	1	24	56.0	74.7	-18.7	37.7	43.6	-5.9	1-13	0-9	0-2

GNAC (Feb. 28-Mar. 5): Monday – #8 Simon Fraser 60 at #1 Western Washington 73; #7 Northwest Nazarene 50 at #2 Alaska Anchorage 64; #6 Western Oregon 45 at #3 Seattle Pacific 81; #5 Saint Martin's 53 at #4 Montana State Billings 55. **Wednesday** – MSU Billings 49 at Western Washington 76; Seattle Pacific 66 at Alaska Anchorage 68. **Saturday** – Alaska Anchorage 68 at Western Washington 67 (championship).

NCAA West Regional (Mar. 11-14 at Pomona, CA): Friday - #3 Cal State Monterey Bay 68, #6 Dixie State 59; #2 Grand Canyon 53, #7 Seattle Pacific 51; #5 Alaska Anchorage 55, #4 Western Washington 48; #1 Cal Poly Pomona 71, #8 Cal State San Bernardino 43. **Saturday** - Grand Canyon 55, CSU Monterey Bay 35; Cal Poly Pomona 67, Alaska Anchorage 47. **Monday** – Cal Poly Pomona 68, Grand Canyon 61.

POLLS: WBCA (Final) – 15. Alaska Anchorage; 18. Western Washington, 44. Seattle Pacific. **NCAA West Region (Final)** - 1. Cal State Monterey Bay; 2. Western Washington; 3. Grand Canyon; 4. Dixie State; 5. Cal Poly Pomona; 6. Alaska Anchorage; 7. Seattle Pacific; 8. Cal State San Bernardino; 9. UC San Diego; 10. Hawaii Pacific. **Note:** Final rankings are taken prior to final weekend and don't necessarily reflect playoff seedings.

GNAC Statistical Champions

All Games

Individual: Scoring – Nayo Raincock-Ekwunwe, SFU, 18.8. FG PCT. – Nayo Raincock-Ekwunwe, SFU, 59.6. 3FG PCT. – Heather Adams, NNU, 44.2. Three-point FGs – Sara Zahler, WOU, 2.11. FT PCT. – *Sarah Zahler, WOU, 83.7. Rebounds – Nayo Raincock-Ekwunwe, SFU, 11.8. Assists – Kristina Collins, SFU, 4.46. Steals – +Shantell Marquis, MSUB, 2.68. Blocked Shots – Rylee Peterson, WOU, 2.30. (*Repeater. +Repeater from 2007-08 and 2008-09).

Team Offense: Scoring – Western Washington 69.4. Scoring Margin - Western Washington 14.3. FG PCT. – Western Washington 43.6. 3FG PCT. – Western Washington 35.8. 3-FGs – Western Washington 6.97. FT PCT. - Western Oregon 75.1. Rebounding – Seattle Pacific 8.1. **Team Defense:** Scoring - Alaska Anchorage 53.3. FG PCT. – Alaska Anchorage 35.5. 3FG PCT. – Western Washington 27.3. Turnover Ratio – Alaska Anchorage 5.91. Steals – Alaska Anchorage 11.65. Blocks – MSU Billings 4.43.

Conference Games

Individual: Scoring – Nayo Raincock-Ekwunwe, SFU, 17.4. FG PCT. – Nayo Raincock-Ekwunwe, SFU, 55.0. 3FG PCT. – Roni Jo Mielke, SMU, 43.8. Three-point FGs – Sara Zahler, WOU, 2.33. FT PCT. – Katie Benson, SPU, 84.1. Rebounds – Nayo Raincock-Ekwunwe, SFU, 11.8. Assists – Kaitlin McBride, UAA, 4.78. Steals – +Shantell Marquis, MSUB, 2.61. Blocked Shots – Rylee Peterson, WOU, 2.22. (+Repeater from 2007-08 and 2008-09).

Team Offense: Scoring – Western Washington 70.8. Scoring Margin - Western Washington 12.7. FG PCT. – Western Washington 43.7. 3FG PCT. – Western Washington 35.6. 3-FGs – Western Washington 6.89. FT PCT. - Alaska Anchorage 73.4. Rebounding – Seattle Pacific 8.4. **Team Defense:** Scoring - Alaska Anchorage 54.1. FG PCT. – Seattle Pacific 36.9. 3FG PCT. – Seattle Pacific 27.9. Turnover Ratio – Alaska Anchorage 5.78. Steals – Northwest Nazarene 11.78. Blocks – MSU Billings 4.50.

NCAA Division II National Statistical Leaders

Individuals (Top 30): Blocked Shots - 27. Rylee Peterson, WOU, 2.3. Field Goal PCT. - 17. Lauren Hefflin, WWU, 55.0. Assist/Turnover Ratio - 27. Kaitlin McBride, UAA, 1.92.

Team (Top 30): Scoring Defense - 4. Alaska Anchorage 53.3; 10. Western Washington 55.1; 30. Seattle Pacific 57.3. Scoring Margin - 14. Western Washington 14.3; 17. Alaska Anchorage 14.1. Field Goal PCT. Defense - 22. Alaska Anchorage 35.5. Free Throw PCT. – 28. Western Oregon 75.1. Rebound Margin - 13. Seattle Pacific 8.1; 15. Alaska Anchorage 7.6. Three-Point FGs - 29. Western Washington 7.0. Three-Point PCT. - 30. Western Washington 35.8. Blocked Shots - 23. MSU Billings 4.4; 30. Central Washington 4.3. Steals - 27. Alaska Anchorage 11.6. Three-Point FG Defense - 20. Western Washington 27.3. Turnover Margin - 15. Alaska Anchorage 5.91; 28. Western Washington 4.03.

Post-Season All-Star Teams

Great Northwest Athletic Conference

First Team: Amanda Dunbar, Western Washington (G, 5-9, Sr., Marysville, WA); Hanna Johansson, Alaska Anchorage (F, 6-2, Jr., Gothenburg, Sweden); Dara Zack, Saint Martin's (F, 5-10, Sr., Spokane, WA); Megan Pinske, Western Washington (G, 5-9, Sr., Coquitlam, BC); Nayo Raincock-Ekunwe (F, 6-2, So., Vernon, BC); Lauren Hefflin, Western Washington (C, 6-2, Sr., Ridgefield, WA).

Second Team: Sara Zahler, Western Oregon (G, 5-10, Sr., Newberg, OR); Kayla Ryan, MSU Billings (C, 6-1, Sr., Big Timber, MT); Kaitlin McBride, Alaska Anchorage (G, 5-8, Sr., Bothell, WA); Alysa Horn, Alaska Anchorage (F, 6-0, So., Kodiak, AK); Maddie Maloney, Seattle Pacific (G, 5-10, Sr., Issaquah, WA); Caitlyn Rohrbach, Seattle Pacific (F, 6-0, Sr., Edmonds, WA).

Honorable Mention: Heather Adams, Northwest Nazarene (PG, 5-7, So., Boise, ID); Beth Johnson, Northwest Nazarene (P, 6-2, Sr., Kent, WA); Rylee Peterson, Western Oregon (F, 5-11, Jr., Newport, OR); Mandy Jacobs, MSU Billings (W, 5-10, Sr., Shepherd, MT); Beata Bak, MSU Billings (P, 6-2, Sr., Stalowa Wola, Poland); Nicole Bozek, Alaska Fairbanks (F, 6-1, Sr., Mukilteo, WA); Gabby Wade, Western Washington (D, 5-9, Sr., Lacey, WA).

SPECIAL AWARDS: **Player-of-the-Year** – Amanda Dunbar, Western Washington. **Newcomer-of-the-Year** – Rylee Peterson, Western Oregon (F, 5-11, Jr., Newport, OR). **Freshman-of-the-Year** – Megan Hingston, Northwest Nazarene (G, 5-9, Fr., Keizer, OR – McNary) and Katie Benson, Seattle Pacific (F, 6-1, Fr., Snohomish, WA). **Coach-of-the-Year** – Carmen Dolfo, Western Washington. **GNAC Conference Tournament MVP:** Kaitlin McBride, UAA.

GNAC ACADEMIC: **Alaska Anchorage** - Kaitlin McBride (Sociology, Sr., 3.73, Bothell, WA); *Hanna Johansson (Journalism & Public Communications, Jr., 3.62, Gothenburg, Sweden); **Nikki Aden (Journalism & Public Communications, Sr., 3.60, Portland, OR); Alysa Horn (Physical Education, So., 3.55, Kodiak, AK); **Sarah Herrin (Justice, Sr., 3.47, Nikiski, AK). **Alaska Fairbanks** - Britney Anderson (Accounting, So., 3.47, Eielson, AK); *Nicole Bozek (Accounting, Sr., 3.79, Mukilteo, WA). **Central Washington** - Stacy Albrecht (Undeclared, So., 3.93, Federal Way, WA). **MSU Billings** - **Kayla Ryan (Reading, Sr., 3.94, Big Timber, MT); *Kalli Stanhope (Psychology, Jr., 3.57, Glendive, MT); Shantell Marquis (Elementary Education, Sr., 3.47, Cascade, MT); Sarah McNamee (Mass Communications, Sr., 3.39, Miles City, MT); Jenny Heringer (Business Marketing, Sr., 3.27, Billings, MT). **Northwest Nazarene** - Heather Adams (Biology Education, So., 3.85, Boise, ID); Katharina Schulte to Buhne (English, So., 3.83, Hagen aTW, Germany); *Falissa Smith (Kinesiology, Jr., 3.46, Tigard, OR). **Saint Martin's** - *Emily Lashua (Education, Jr., 3.97, Vancouver, WA); **Roni Jo Mielke (Biology, Sr., 3.95, Harrington, WA); **Dara Zack (Education, Sr., 3.90, Spokane, WA); **Katie Hawkins (English, Sr., 3.77, Yakima, WA); *Kelsey Baker (Math, Jr., 3.54, Spokane, WA); *Megan Teade (Biology, Jr., 3.33, Colfax, WA). **Seattle Pacific** - *Caitlyn Rohrbach (Psychology, Sr., 3.94, Edmonds, WA); Katie Thralls (Exercise Science, So., 3.93, Livermore, CA); Rachel Murray (Psychology, So., 3.80, Bathurst, Australia); **Maddie Maloney (Psychology, Sr., 3.79, Issaquah, WA); Jordan Harazin (History, Jr., 3.32, Colfax, WA). **Simon Fraser** - Anna Carolsfeld (Health Sciences, Jr., 4.11, Esquimalt, BC); Kristina Collins (Health Sciences, So., 3.77, Port Coquitlam, BC); Hannah Whitsett (Exercise Science & Spanish, So., 3.62, Hermiston, OR). **Western Washington** - Corinn Waltrip (Undeclared, So., 3.70, Tigard, OR); *Megan Pinske (Communications, Sr., 3.41, Coquitlam, BC). *Repeater **Two-time repeater.

Daktronics (SIDs): First Team - Reyana Colson, Cal Poly Pomona (G, 5-6, Sr., Compton, CA); Samantha Murphy, Grand Canyon (G, 5-8, Sr., Phoenix, AZ); Chelsea Carlisle, UC San Diego (G, 5-6, Jr., Agoura Hills, CA); Amanda Dunbar, Western Washington (G, 5-9, Sr., Marysville, WA); Johnna Brown, Dixie State (F, 6-0, So., Las Vegas, NV). **Second Team** - Katie Busi, Cal State Stanislaus (F, 6-0, Sr., Valley Springs, CA); Hanna Johansson, Alaska Anchorage (Forward, 6-2, Jr., Gothenburg, Sweden); Breann Hill, Dixie State (F, 6-1, Sr., Harrisburg, PA); Megan Ford, Cal Poly Pomona (F, 6-1, Jr., Newhall, CA); Eisha Sheppard, Cal State San Bernardino (G, 5-8, Sr., Victorville, CA).

WBCA (Coaches): First Team - Reyana Colson, Cal Poly Pomona (G, 5-6, Sr., Compton, CA); Chelsea Carlisle, UC San Diego (G, 5-6, Jr., Agoura Hills, CA); Amanda Dunbar, Western Washington (G, 5-9, Sr., Marysville, WA); Hanna Johansson, Alaska Anchorage (Forward, 6-2, Jr., Gothenburg, Sweden); Eisha Sheppard, Cal State San Bernardino (G, 5-8, Sr., Victorville, CA). **Coach-of-the-Year** – Carmen Dolfo, Western Washington.

West Region All-Tournament (Mar. 11-14 at Pomona) - Reyana Colson, Cal Poly Pomona (MVP); Samantha Murphy, Grand Canyon; Sarah Semenero, Cal Poly Pomona; Jalissa Butler, Grand Canyon; Megan Ford, Cal Poly Pomona.

Academic (CoSIDA): First Team - Caitlyn Rohrbach, SPU (Psychology, Sr., 3.93, Edmonds, WA). **Third Team** - Hanna Johansson, UAA (Journalism & Public Communications, Jr., Gothenburg, Sweden).

ALL-AMERICAN TEAMS: WBCA (Coaches): Honorable Mention - Amanda Dunbar, Western Washington (G, 5-9, Sr., Marysville, WA); Hanna Johansson, Alaska Anchorage (Forward, 6-2, Jr., Gothenburg, Sweden). **Daktronics (SIDs):** No GNAC players were selected. **Division II Bulletin: Second Team** - Amanda Dunbar, Western Washington (G, 5-9, Sr., Marysville, WA). **Honorable Mention** - Hanna Johansson, Alaska Anchorage (Forward, 6-2, Jr., Gothenburg, Sweden).