

2003-04 GNAC WOMEN'S BASKETBALL YEAR-IN-REVIEW

	Conference					Overall		Scoring			Rebounding			W-L Records		
	W	L	PF	PA	Mar.	W	L	PF	PA	Mar.	RF	RA	Mar.	H	A	W
Seattle Pacific	18	0	78.2	57.4	20.7	30	1	80.3	60.0	20.3	42.6	35.7	6.9	15-0	12-0	24-0
Western Washington	13	5	72.3	65.0	7.3	21	8	72.6	65.7	6.8	39.9	33.7	6.2	11-2	8-4	16-6
Central Washington	11	7	71.2	68.3	2.9	17	10	72.9	67.9	5.1	37.7	38.6	-0.9	11-2	5-6	13-10
Northwest Nazarene	10	8	76.2	75.4	0.7	15	12	75.8	74.1	1.7	38.4	37.6	0.9	11-2	3-10	11-11
Saint Martin's	10	8	69.5	67.7	1.8	14	13	71.1	68.6	2.5	37.0	41.0	-4.0	9-4	4-7	11-11
Alaska Anchorage	8	10	63.1	64.8	-1.8	13	14	61.9	63.0	-1.1	33.5	37.6	-4.1	9-7	4-7	9-12
Alaska Fairbanks	6	12	65.4	71.1	-5.6	10	16	66.4	68.6	-2.2	34.0	36.7	-2.6	8-5	1-10	7-14
Seattle	6	12	66.1	69.2	-3.1	10	17	66.3	69.5	-3.2	35.9	37.2	-1.4	8-4	1-11	6-14
Western Oregon	6	12	57.5	65.4	-7.9	8	18	56.7	65.6	-8.9	35.0	35.3	-0.3	5-5	3-12	7-15
Humboldt State	2	16	55.4	70.4	-15.1	4	23	56.1	69.2	-13.1	35.7	41.1	-5.3	1-12	2-10	3-22

Neutral Sites – Northwest Nazarene 1-0, Seattle Pacific 3-1, Humboldt State 1-1, Alaska Fairbanks 1-1, Western Washington 2-2, Seattle 1-2, Saint Martin's 1-2, Central Washington 1-2, Western Oregon 0-1.

NCAA WEST REGIONAL (Mar. 12-15 at Seattle): Friday - #3 Cal Poly Pomona 74, #6 Chico State 70; #2 Cal State Bakersfield 86, #7 Grand Canyon 61; #4 Western Washington 85, #5 Sonoma State 71; #1 Seattle Pacific 79, vs. #8 UC San Diego 59). **Saturday** – Cal Poly Pomona 87, Cal State Bakersfield 84; Seattle Pacific 80, Western Washington 66. **Monday** – Seattle Pacific 80, Cal Poly Pomona 63.

NCAA ELITE EIGHT (Mar. 24-27 at St. Joseph): Wednesday – Drury 94, Seattle Pacific 83.

FINAL POLLS: WBCA USA Today ESPN Top 25 (Final) – 3. Seattle Pacific. **NCAA West Region (Final):** 1. Seattle Pacific (26-0); 2. Cal State Bakersfield (20-5); 3. Cal Poly Pomona (19-6); 4. Western Washington (19-6); 5. Sonoma State (16-9); 6. Grand Canyon (16-9); 7. Cal State Chico (16-9); 8. UC San Diego (14-11); 9. Central Washington (17-9); 10. Montana State-Billings (16-11). **Note:** Final regional poll conducted prior to final weekend of regular-season play and doesn't necessarily reflect seedings at regional tournament.

GNAC Statistical Champions

All Games

Individual: Scoring – Adrienne Taalak, UAF, 19.7 FG PCT. – Valerie Gustafson, SPU, 57.8. 3FG PCT. – Mandy Wood, SPU, 48.0. Three-point FGs – Adrienne Taalak, UAF, 3.08. FT PCT. – Amy Taylor, SU, 89.6. Rebounds – Danielle Pridgen, NNU, 9.7. Assists – *Heidi Buehler, NNU, 7.19. Steals – Heidi Buehler, NNU, 2.85. Blocked Shots – Brittney Kroon, SPU, 4.35. (*Indicates also won 2002-03 statistical title).

Team Offense: Scoring – Seattle Pacific 80.3. Scoring Margin - Seattle Pacific 20.3. FG PCT. – Seattle Pacific 46.2. 3FG PCT. – Seattle Pacific 39.6. 3-FGs – Seattle Pacific 7.39. FT PCT. - Northwest Nazarene 79.1. Rebounding – Seattle Pacific 6.9. **Team Defense:** Scoring - Seattle Pacific 60.0. FG PCT. – Seattle Pacific 34.8. 3FG PCT. – Western Oregon 29.4. Turnover Ratio – Central Washington 5.22. Steals – Seattle Pacific 11.42. Blocks – Seattle Pacific 6.61.

Conference Games

Individual: Scoring – Adrienne Taalak, UAF, 21.3. FG PCT. – Valerie Gustafson. 3FG PCT. – Amy Taylor, SPU, 48.8. Three-point FGs – Adrienne Taalak, UAF, 3.56. FT PCT. – Jodi Gerald, WWU, 94.3. Rebounds – Danielle Pridgen, NNU, 10.0. Assists – *Heidi Buehler, NNU, 7.44. Steals – Heidi Buehler, NNU, and Kamie Jo Massey, UAA, 2.78. Blocked Shots – Brittney Kroon, SPU, 4.83. (*Indicates also won 2002-03 statistical title).

Team Offense: Scoring – Seattle Pacific 78.2. Scoring Margin - Seattle Pacific 20.7. FG PCT. – Seattle Pacific 46.3. 3FG PCT. – Seattle Pacific 40.9. 3-FGs – Seattle Pacific 7.33. FT PCT. - Northwest Nazarene 80.2. Rebounding – Seattle Pacific 9.8. **Team Defense:** Scoring - Seattle Pacific 57.4. FG PCT. – Seattle Pacific 3.38. 3FG PCT. – Western Oregon 29.8. Turnover Ratio – Central Washington 4.56. Steals – Seattle Pacific 11.17. Blocks – Seattle Pacific 7.00.

NCAA Division II National Statistical Leaders

Team: Scoring - 7. Seattle Pacific 80.3; 30. Northwest Nazarene 75.8. Scoring Defense – 36. Seattle Pacific 60.0. Scoring Margin - 4. Seattle Pacific 20.3. Field Goal Percentage Defense - 8. Seattle Pacific 34.8. Rebound Margin – 21. Seattle Pacific 6.9; 29. Western Washington 6.2. Field Goal Percentage - 17. Seattle Pacific 46.2. Free Throw Percentage - 5. Northwest Nazarene 79.1; 24. Central Washington 75.1; 37. Saint Martin's 74.2; 39. Seattle Pacific 74.1. Three-Pointers – 13. Seattle Pacific 7.4; 21. Alaska Fairbanks 6.7; 22. Saint Martin's 6.6; 27. Central Washington 6.6; 30. Seattle 6.5. Three-Point Percentage - 3. Seattle Pacific 39.6.

Individuals: Scoring - 21. Adrienne Taalak, UAF, 19.7; 31. Heidi Buehler, NNU, 18.7. Rebounding - 34. Danielle Pridgen, NNU, 9.7. Assists - 4. Heidi Buehler, NNU, 7.2; 17. Angela Jensen, CWU, 6.0. Blocked Shots - 1. Brittney Kroon, SPU, 4.4. Steals – None. Field Goal Percentage – 15. Valerie Gustafson, SPU, 57.8. Free Throw Percentage - 8. Heidi Buehler, NNU, 87.3; 19. Kamie Jo Massey, UAA, 85.5; 30. Adrienne Taalak, UAF, 84.3. Three-Pointers - 5. Adrienne Taalak, UAF, 3.1; 10. Tanya Nizich, UAA, 2.8; 14. Beth Layton, SMC, 2.7; 36. Ashley Payne, SU, 2.4. Three-Point Percentage - 3. Mandy Wood, SPU, 46.0; 10. Ashley Payne, SU, 42.9; 11. Adrienne Taalak, UAF, 42.6.

Polls & Post-Season All-Star Teams

Great Northwest Athletic Conference

First Team

*Heidi Buehler, Northwest Nazarene	Guard	5-6	Sr.	Tigard, OR
+Kamie Jo Massey, Alaska Anchorage	Guard	5-10	Sr.	Payson, Utah
Adrienne Taalak, Alaska Fairbanks	Guard	5-6	Jr.	Nuiqsut, AK
Kristin Poe, Seattle Pacific	Forward	5-8	Sr.	Enumclaw, WA
Tessa DeBoer, Western Washington	Forward	5-11	Sr.	Lynden, WA
Valerie Gustafson, Seattle Pacific	Center	6-0	Sr.	Black Hills, WA

Second Team

Angela Jensen, Central Washington	Guard	5-7	Sr.	Bellingham, WA
Martina Kartikova, Saint Martin's	Forward	6-0	Jr.	Kosice, Slovakia
Amy Taylor, Seattle Pacific	Guard	5-8	Jr.	Shoreline, WA
Jenny Binford, Northwest Nazarene	Guard	5-9	Sr.	Greenleaf, ID
Jenn McGillivray, Western Washington	Center	5-11	Sr.	Salem, OR

Honorable Mention – Amber Nasby, Alaska Anchorage (Forward, 6-0, Jr., Kelowna, BC); Mindy Mendenhall, Alaska Anchorage (Center, 6-0, Sr., Springville, UT); Laura Wright, Central Washington (Center, 6-3, Fr., Longview, WA); Lindsay Weiss, Central Washington (Forward, 5-10, Sr., Goldendale, WA); Peni Vaefaga, Humboldt State (Forward, 5-7, Sr., Sacramento, CA); Nicole Lynch, Humboldt State (Center, 6-2, Jr., Danville, CA); Julia Eisentrout, Saint Martin's (Forward, 5-9, Jr., Olympia, WA); Beth Layton, Saint Martin's (Guard, 5-6, So., Toledo, WA); Brittney Kroon, Seattle Pacific (Center, 6-4, So., Wasilla, AK); Thesia Busch, Seattle (F, 5-10, Jr., Milan, KS); Shannon Talbott, Western Oregon (Forward, 5-10, Jr., Enterprise, OR); Jodi Gerald, Western Washington (Guard, 5-10, Jr., Puyallup, WA). ***Unanimous +Repeater**

INDIVIDUAL AWARDS: **Coach** - Gordy Presnell, Seattle Pacific. **Player** - Valerie Gustafson, Seattle Pacific. **Newcomer** - Amy Taylor, Seattle Pacific. **Freshman** - Laura Wright, Central Washington, and Danielle Pridgen, Northwest Nazarene.

GNAC ACADEMIC: Alaska Anchorage - Kamie Jo Massey (Sr., Payson, UT); Mindy Mendenhall (Sr., Springville, UT). **Alaska Fairbanks** - Tania Deisher (So., Eagle River, AK); Melissa McNulty (So., Trapper Creek, AK); Jen Wasson (So., Eagle River, AK). **Central Washington** - Yvette Avila (Sr., Edmonds, WA); **Kelsey Ellis (Sr., Langley, WA – South Whidbey); *Loni Ainslie (Jr., Graham, WA – Bethel); Angela Jensen (Sr., Bellingham, WA); *Alayna Vincent (Jr., Portland, OR – Lincoln). **Humboldt State** - *Emily Watson (Jr., Seattle, WA); Ashley Johnson (So., Arcata, CA). **Northwest Nazarene** - Jenny Binford (Jr., Greenleaf, ID); Kara Gonzalez (So., Grandview, WA). **Saint Martin's** - Martina Kartikova (Jr., Kosice, Slovakia); Kalynn Bales (Jr., Carleton, OR); *Julia Eisentrout (Jr., 3.71, Olympia, WA); Brandi Riel (Sr., Moxee, WA). **Seattle** - **Marisa Young (Sr., Bellevue, WA – Issaquah). **Seattle Pacific** - Brittney Kroon (So., Wasilla, AK); Mandy Wood (So., 3.61, Port Angeles, WA); **Valerie Gustafson (Sr., Olympia, WA); *Michelle Beaumont (Jr., Bellingham, WA). **Western Oregon** - Michelle Laski (So., Oregon City, OR); Darcey Hodges (Sr., The Dalles, OR). **Western Washington** - **Tessa DeBoer (Sr., Lynden, WA); Jodi Gerald (Jr., Puyallup, WA – Cascade Christian); Samantha Hubbard (So., Carbonado, WA – White River). ***Repeater **Two-time repeater**

DAKTRONICS WEST REGION: First Team - Candice Allen, Cal Poly Pomona (Guard, Sr., Ontario, CA); Valerie Gustafson, Seattle Pacific (Forward, Sr., Olympia, WA); Kelly McRee, Grand Canyon (Forward, Jr., Phoenix, AZ); Monica Tokoro, Cal State L.A. (Guard, Jr., Honolulu, HI); Kim Abts, Chico State (Guard, Jr., Redding, CA). **Second Team** - Heidi Buehler, Northwest Nazarene (Guard, Sr., Tigard, OR); Kamie Jo Massey, Alaska Anchorage (Forward, Sr., Payson, UT); Tessa DeBoer, Western Washington (Forward, Sr., Lynden, WA); Marissa White, Chico State (Guard, 5-8, Sr., Chico, CA); Robyn Milne, Montana State-Billings (Center, Jr., Richey, MT); Zipporah Chase, Cal State Dominguez Hills (Forward, So., Los Angeles, CA).

KODAK WBCA WEST REGION: Candice Allen, Cal Poly Pomona (G, 5-10, Sr.); Valerie Gustafson, Seattle Pacific (F, 6-0, Sr.); Kelly McRee, Grand Canyon (F, 5-10, Jr.); Ivana Stojkovic, Western New Mexico (C, 6-3, Sr.); Monica Tokoro, Cal State L.A. (G, 5-4, Jr.).

2004 COSIDA WEST REGION ACADEMIC: First Team - Tessa DeBoer, Western Washington (Speech Pathology, Sr., 3.79, Lynden, WA). Second team - Kamie Jo Massey, Alaska Anchorage (Nursing, Sr., 3.45, Payson, UT); Valerie Gustafson, Seattle Pacific (European Studies/Spanish, Sr., 3.49, Olympia, WA).

NCAA DIVISION II WEST REGION ALL-TOURNAMENT: Valerie Gustafson, Seattle Pacific (MVP); Amy Taylor, Seattle Pacific; Kristin Poe, Seattle Pacific; Candice Allen, Cal Poly Pomona; Keila Beachem, Cal Poly Pomona; Tessa DeBoer, Western Washington.

ALL-AMERICAN: Daktronics – Valerie Gustafson, Seattle Pacific (3rd team). **WBCA Kodak** – None. **WBCA Coach-of-the-Year** – Gordy Presnell, Seattle Pacific. **Division II Bulletin** – Valerie Gustafson, Seattle Pacific (3rd team); Heidi Buehler, Northwest Nazarene (HM).