

2006 GNAC Women's Indoor Track & Field Championships

Feb. 18 at Nampa

Team Scores - Seattle Pacific 154, Central Washington 134, Western Oregon 110, Northwest Nazarene 77, Western Washington 66, Saint Martin's 27, Seattle 8. **Outstanding Performer** - Krissy Tandle, Central Washington.

60 - 1. Whitney Knox, WWU, 8.02; 2. Heidi Dimmitt, WWU, 8.02; 3. Keyanna Jenkins, WOU, 8.07; 4. Chelsi Claussen, SMU, 8.10; 5. Anna Soule, SPU, 8.12; 6. Sarjane Rosenberg, WOU, 8.14; 7. Bekah Bowman, NNU, 8.30; 8. Nikki Schutte, NNU, 8.34.

200 - 1. Anna Soule, SPU, 26.04; 2. Chelsi Claussen, SMU, 26.15; 3. Terran Legard, CWU, 26.20; 4. Whitney Knox, WWU, 26.47; 5. Teresa Schlafer, CWU, 26.55; 6. Amanda Gius, CWU, 26.57; 7. Kara Nygard, CWU, 26.61; 8. Bekah Bowman, NNU, 26.93; 9. Jacqueline Postlewait, WOU, 26.97; 10. Nikki Schutte, NNU, 27.07; 11. Keyanna Jenkins, WOU, 27.11; 12. Jean Kolb, SPU, 27.44; 13. Sarajane Rosenberg, WOU, 27.61; 14. Amanda Thornton, WWU, 27.63; 15. Ashley Rountree, CWU, 28.15; Heidi Dimmitt, WWU, false-started.

400 - 1. Terran Legard, CWU, 57.75; 2. Teona Perkins, SPU, 58.03; 3. Rachael Kaercher, CWU, 58.41; 4. Heidi Dimmitt, WWU, 58.96; 5. Amanda Gius, CWU, 1:00.02; 6. Jennie Rummell, WOU, 1:00.71; 7. Kara Nygard, CWU, 1:01.12; 8. Chelsea Evans, CWU, 1:01.13; 9. Lakita Burr, SMU, 1:01.89; 10. Natalie Nash, WOU, 1:02.48; 11. Amanda Thornton, WWU, 1:02.67.

800 - 1. Ashley Puga, NNU, 2:16.55; 2. Lindy Mullen, 2:17.18; 3. Victoria Perkins, SPU, 2:19.87; 4. Suzie Strickler, SPU, 2:21.39; 5. Kim Beamon, SPU, 2:21.78; 6. Sarah Howell, WOU, 2:21.85; 7. Jessica Pendon, SMU, 2:22.18; 8. Sarah Benson, CWU, 2:22.35; 9. Josie Lavin, SPU, 2:25.30; 10. Hannah Larkin, NNU, 2:25.81; 11. Macey Blaine, NNU, 2:27.51; 12. Jen Peterson, WOU, 2:29.89; 13. Nicole Beatty, SMU, 2:42.72; Brittany Harmon, SU, did not finish.

Mile - 1. Katie Hummel, CWU, 5:08.11 (meet record; old, 5:08.23, Karen Dickson, SPU, 2005); 2. Karin Rohde, SPU, 5:10.52; 3. Brandi McCoy, SPU, 5:16.44; 4. Mandi Johnson, NNU, 5:16.71; 5. Stephanie Upshaw, WOU, 5:17.12; 6. Mary Moriarty, SPU, 5:21.82; 7. Katie Hansen, SU, 5:23.27; 8. Jessica Harper, WOU, 5:24.15; 9. Lydia Lauer, SU, 5:36.38; 10. Katrina Schwerdtfeger, WWU, 5:36.62; 11. Corina James, SPU, 5:39.68; 12. Shannon DeBoer, NNU, 5:40.94; 13. Charisse Arce, SU, 5:44.71; 14. Nicole Beatty, SMU, 5:48.36; 15. Natalie Martinez, SU, 6:00.13; 16. Rhiannon Cadelinia, SU, 6:15.12.

5000 - 1. Brandy Anderson, CWU, 18:27.98 (meet record, old 18:41.46, Karen Rohde, SPU, 2005); 2. Marcie Mullen, CWU, 18:32.42; 3. Karin Rohde, SPU, 18:37.16; 4. Ann McCanick, SMU, 18:42.27; 5. Mary Moriarty, SPU, 18:52.37; 6. Janelle Probst, SMU, 18:55.05; 7. Nikki Jensen, SPU, 19:31.10; 8. Erin Deasy, WWU, 19:32.68; 9. Jolene Boogaard, WWU, 19:37.28; 10. Lindsey Graham, NNU, 19:38.37; 11. Rachel Peters, WOU, 19:45.29; 12. Holly Mishler, NNU, 19:48.01; 13. Amber Green, CWU, 19:52.13; 14. Kaitlin Rohde, SPU, 20:00.89; 15. Kim Parry, WOU, 20:10.93.

60 Hurdles- 1. Linda Blake, SPU, 9.10; 2. Bridget Johnson, WOU, 9.15; 3. Ashley Wornell, NNU, 9.27; 4. Nini Callan, WOU, 9.30; 5. Kelsey Cooley, SPU, 9.34; 6. Ashley Rountree, CWU, 9.35; 7. Amanda Merrell, NNU, 9.46; 8. Jacqueline Postlewait, WOU, 9.71.

4x400 Relay - 1. Central Washington (Kaercher, Evans, Gius, Legard) 3:59.48; 2. Seattle Pacific (V. Perkins, Blake, Lavin, Strickler) 4:02.99; 3. Western Washington (Dimmitt, Thornton, McCall, Knox) 4:04.41; 4. Western Oregon (Postlewait, Nash, Jenkins, Rummell) 4:06.82; 5. Saint Martin's (Burr, Beatty, Claussen, Pendon) 4:06.83; 6. Northwest Nazarene (Wornell, Bowman, Thompson, Berberick) 4:09.26.

Distance Medley Relay - 1. Central Washington (Benson, Schlafer, L. Mullen, Hummel) 12:24.60 (meet record, old SPU, 12:35.89, 2005); 2. Seattle Pacific (Soule, Beaman, Perkins, McCoy) 12:30.00; 3. Northwest Nazarene (Ma. Johnson, Peterson, Me. Johnson, Puga) 12:31.95; 4. Western Oregon (Upshaw, Howell, Harper, Peterson) 12:52.19; 5. Seattle University (Lauer, Archambault, Cadeilinia, Hansen) 13:33.45; Saint Martin's NT; Western Washington (Deasey, Cook, Boogaard, Schwerdtfeger) DQ.

High Jump - 1. Teona Perkins, SPU, 1.69 - 5-6 1/2 (meet record; old, 5-6, Danielle Ayers-Stamper, SPU, 2005); 2. Emily Peterson, NNU, 1.69 - 5-6 1/2 (meet record); 3. Sharon Bjella, SPU, 1.60 - 5-3; 4. Bridget Johnson, WOU, 1.60 - 5-3; 5. Clara Cook, WWU, 1.60 - 5-3; 6. Kelsey Cooley, SPU, 1.60 - 5-3; 7. Ashley Wornell, NNU, 1.55 - 5-1; 8. Linda Blake, SPU, 1.55 - 5-1; 9. Jacqueline Postlewait, WOU, 1.55 - 5-1; 10. Jennifer Josephson, WWU, and Lindsey Cox, WWU, 1.50 - 4-11; 12. Amy Farquhar, CWU, 1.40 - 4-7.

Pole Vault - 1. Amy Harris, SPU, 3.55 - 11-7 3/4; 2. Monica Anderson, SPU, 3.41 - 11-2 3/4; 3. Allison Hedges, SPU, 3.41 - 11-2 3/4; 4. Haley Amos, CWU, 3.26 - 10-8 1/4; 5. Kristi Metzger, NNU, 3.26 - 10-8 1/4; 6. Kirsten Holt, WWU, 3.11 - 10-2 1/2; 7. Cara Dockins, WWU, 3.11 - 10-2 1/2; 8. Danielle Smith, WOU, 2.96 - 9-8 1/2; 9. Jamie Wulfekuhle, WWU, 2.81 - 9-2 1/2; Julie Stone, WWU, no height; Camille Clarke, WWU, no height.

Long Jump - 1. Jacqueline Postlewait, WOU, 5.38 - 17-8; 2. Kelsey Cooley, SPU, 5.30 - 17-4 3/4; 3. Linda Blake, SPU, 5.28 - 17-4; 4. Kim Bascom, WWU, 5.18 - 17-0; 5. Nini Callan, WOU, 5.16 - 16-11 1/4; 6. Ashley Wornell, NNU, 5.13 - 16-10; 7. Bridget Johnson, WOU, 5.12 - 16-9 3/4; 8. Sarajane Rosenberg, WOU, 5.09 - 16-8 1/2; 9. Anjuli Spear, CWU, 5.03 - 16-6; 10. Lydia Morrison, WWU, 4.61 - 15-1 1/2; 11. Jackie McCall, WWU, 4.40 - 14-5 1/4; 12. Tiffany Lee, SU, 4.39 - 14-5; 13. Brittany Hood, CWU, 4.19 - 13-9; Christy Miller, WWU, fouled.

Triple Jump - 1. Amanda Merrell, NNU, 11.28 - 37-0 1/4 (meet record, old, 36-9, Amanda Merrell, NNU, 2005); 2. Kim Bascom, WWU, 11.05 - 36-3; 3. Sarajane Rosenberg, WOU, 11.03 - 36-2 1/4; 4. Nini Callan, WOU, 10.91 - 35-9 1/2; 5. Christy Miller, WWU, 10.85 - 35-7 3/4; 6. Lydia Morrison, WWU, 10.36 - 34-0; 7. Jessica Wagner, CWU, 10.18 - 33-4 3/4; 8. Sharelle Wells, WOU, 10.17 - 33-4 1/2; 9. Anjuli Spear, CWU, 10.07 - 33-0 1/2; 10. Kelsey McBride, SPU, 10.06 - 33-0 1/4.

Shot Put - 1. Krissy Tandle, CWU, 13.63 - 44-8 3/4 (meet record; old, 40-11 1/2 by Tandle, 2005); 2. Chevonna Lynch, WOU, 12.57 - 41-3; 3. Bridget Johnson, WOU, 12.55 - 41-2 1/4; 4. Alicia Vandervelden, WOU, 12.20 - 40-0 1/2; 5. Rebecca Lindquist, CWU, 11.99 - 39-4; 6. Nini Callan, WOU, 11.75 - 38-6 3/4; 7. ShaTayna Fernandez, SU, 11.54 - 37-10 1/2; 8. Sabrina Freed, WOU, 11.44 - 37-6 1/2; 9. Amy Carroll, NNU, 11.28 - 37-0 1/4; 10.

Alicia Edwards, CWU, 10.81 – 35-5 $\frac{3}{4}$; 11. Bree Renzetti, CWU, 10.59 – 34-9; 12. Marci Roth, NNU, 10.19 – 33-5 $\frac{1}{4}$; 13. Kahlia Keita, SU, 9.12 – 29-11 $\frac{1}{4}$; 14. Erika Remple, NNU, 9.02 – 29-7 $\frac{1}{4}$.

Weight Throw - 1. Krissy Tandle, CWU, 15.26 - 50-0 $\frac{3}{4}$; 2. Sabrina Freed, WOU, 14.20 - 46-7 $\frac{1}{4}$; 3. Hannah Bowman, NNU, 13.54 - 44-5 $\frac{1}{4}$; 4. Bree Renzetti, CWU, 12.98 - 42-7; 5. Kristina Wherry, NNU, 12.82 - 42-0 $\frac{3}{4}$; 6. Amy Carroll, NNU, 12.76 - 41-10 $\frac{1}{2}$; 7. Katie Taylor, WWU, 11.89 - 39-0 $\frac{1}{4}$; 8. Erika Remple, NNU, 11.17 - 36-7 $\frac{3}{4}$; 9. Alicia Vandervelden, WOU, 11.02 – 36-2; 10. Erica Rance, WWU, 10.09 – 33-1 $\frac{1}{4}$; 11. Courtney Little, NNU, 9.32 – 30-7; 12. Rebekah Hook, WWU, 8.33 – 27-4; Alicia Edwards, CWU, foul; Rebecca Lindquist, CWU, foul.

Prelims

60 – 1. Heidi Dimmitt, WWU, 7.98; 2. Whitney Knox, WWU, 8.09; 3. Chelsi Claussen, SMU, 8.05; 4. Anna Soule, SPU, 8.15; 5. Keyanna Jenkins, WOU, 8.19; 6. Sarajane Rosenberg, WOU, 8.21; 7. Nikki Schutte, NNU, 8.25; 8. Bekah Bowman, NNU, 8.26; 9. Teresa Schlafer, CWU, 8.31; 10. Jean Kolb, SPU, 8.44; 11. Kelsey McBride, SPU, 8.46; 12. Kim Berberick, NNU, 8.50; 13. Brittany Hood, CWU, 8.56; 14. Danielle Smith, WOU, 8.72; 15. Katie Archambault, SU, 8.80.

60 Hurdles – 1. Bridget Johnson, WOU, 9.23; 2. Linda Blake, SPU, 9.34; 3. Ashley Wornell, NNU, 9.37; 4. Nini Callan, WOU, 9.40; 5. Amanda Merrell, NNU, 9.41; 6. Kelsey Cooley, SPU, 9.43; 7. Ashley Rountree, CWU, 9.53; 8. Jacqueline Postlewait, 9.58; 9. Christy Miller, WWU, 9.87; 10. Sharelle Wells, WOU, 10.03; 11. Jackie McCall, WWU, 10.41; 12. Rosalyn Leitch, SPU, 10.42.