

# 2005 GNAC Women's Indoor Track & Field Championships

## Feb. 19 at Nampa

**Team Scores** - Seattle Pacific 188, Central Washington 137 1/2, Western Oregon 118, Northwest Nazarene 65, Western Washington 39 1/2, Saint Martin's 20, Seattle 15. **Outstanding Performer** - Danielle Ayers-Stamper, Seattle Pacific.

60 - 1. Kinyatta Leonhard, SPU, 7.96; 2. Chelsi Claussen, SMC, 8.02; 3. Bonnie Galloway, WOU, 8.09; 4. Monica Smith, WOU, 8.19; 5. Anna Soule, SPU, 8.23; 6. Keyanna Jenkins, WOU, 8.25; 7. Jean Kolb, SPU, 8.32; 8. Katy Kociemba, WOU, 8.33.

200 - 1. Terran Legard, CWU, 25.25 (meet record; old, 25.40, Kinyatta Leonhardt, SPU, 25.40, 2004); 2. Kinyatta Leonhardt, SPU, 25.62; 3. Monica Smith, WOU, 26.02; 4. Katy Kociemba, WOU, 26.32; 5. Chelsi Claussen, SMC, 26.35; 6. Bonnie Galloway, WOU, 26.39; 7. Anna Soule, SPU, 26.53; 8. Kristin Janney, SPU, 26.71; 9. Bridget Johnson, WOU, 26.92; 10. Katie Hingston, CWU, 26.94; 11. Ashley Rountree, CWU, 27.26; 12. Jean Kolb, SPU, 27.31; 13. Nikki Schutte, NNU, 27.36; 14. Kim Berberick, NNU, 27.62; 15. Bekah Bowman, NNU, 27.77.

400 - 1. Terran Legard, CWU, 56.57 (meet record, old 57.69, Legard, CWU, 2004); 2. Jean Kolb, SPU, 1:00.22; 3. Katie Hingston, CWU, 1:01.21; 4. Chelsea Evans, CWU, 1:01.56; 5. Julie Durringer, SPU, 1:01.61; 6. Kara Fischer, WWU, 1:02.29; 7. Kristen Wiese, WOU, 1:02.39; 8. Katie Archambault, SU, 1:02.74; 9. Sarah Howell, WOU, 1:03.30; 10. Jenny Rummel, WOU, 1:03.40; 11. Amy Harder, WWU, 1:05.42.

800 - 1. Josie Lavin, SPU, 2:16.09; 2. Lindy Mullen, CWU, 2:19.05; 3. Melanie Nisley, NNU, 2:20.02; 4. Victoria Perkins, SPU, 2:21.66; 5. Morgan Ingersoll, NNU, 2:23.85; 6. Kari Konrad, WOU, 2:23.93; 7. Hanane Benanya, SPU, 2:24.90; 8. Lakita Burr, SMC, 2:25.07; 9. Jackie McCall, WWU, 2:27.69; 10. Charisse Arce, SU, 2:27.91; 11. Mandi Johnson, NNU, 2:28.52; 12. Jen Peterson, WOU, 2:28.74; 13. Kaleigh Bishop, SMC, 2:31.96; 14. Lydia Lauer, SU, 2:32.66; 15. Wendy Overton, WWU, 2:35.37; 16. Mo Driscoll, SMC, 2:40.99.

Mile - 1. Karen Dickson, SPU, 5:08.23 (meet record; old 5:09.21, Jamie Witt, SPU, 2004); 2. Melanie Nisley, NNU, 5:10.24; 3. Brandy Anderson, CWU, 5:11.76; 4. Sarah Benson, CWU, 5:22.31; 5. Mandi Johnson, NNU, 5:24.49; 6. Kari Konrad, WOU, 5:26.56; 7. Hanane Benanya, SPU, 5:28.89; 8. Kaitlin Rohde, SPU, 5:31.99; 9. Leah Trutna, WOU, 5:35.16; 10. Nicole Beatty, SMC, 5:39.14; 11. Sara Thon, WWU, 5:40.20; 12. Jessie Dunnam, SMC, 5:50.42.

5000 - 1. Karin Rohde, SPU, 18:41.46 (meet record, old, 19:31.00, Karen Dickson, SPU, 2004); 2. Alana Garcia, SU, 18:46.65; 3. Rachel Bailey, CWU, 18:55.45; 4. Marcie Mullen, CWU, 19:26.46; 5. Brandi McCoy, SPU, 19:26.98; 6. Tracy Kuhn, SPU, 19:29.38; 7. Janelle Probst, SMC, 19:34.48; 8. Rebecca Mishler, NNU, 19:36.83; 9. Andrea Ring, CWU, 19:51.93; 10. Ann McCanick, SMC, 19:57.31; 11. Lindsey Graham, NNU, 20:06.26; 12. Holly Mishler, NNU, 20:07.97; 13. Amber Green, CWU, 20:09.48; 14. Rachel Suess, SU, 21:04.49; 15. Jen Smith, WOU, 21:12.53; 16. Sarah Brundidge, SU, 22:16.66; 17. Katelynn Blume, SMC, 22:31.79.

60 Hurdles - 1. Danielle Ayers-Stamper, SPU, 8.66 (meet record; old 9.22, Monica Smith, WOU, 2004); 2. Ashley Rountree, CWU, 9.12; 3. Kristin Janney, SPU, 9.18; 4. Monica Smith, WOU, 9.18; 5. Kelsey Cooley, SPU, 9.32; 6. Nini Callan, WOU, 9.36; 7. Linda Blake, SPU, 9.40; 8. Bridget Johnson, WOU, 9.51.

4x400 Relay - 1. Central Washington (Chelsea Evans, Ashley Rountree, Katie Hingston, Terran Legard) 4:00.32; 2. Western Oregon (Bridget Johnson, Katy Kociemba, Monica Smith, Kristen Wiese) 4:02.75; 3. Northwest Nazarene (Bekah Bowman, Emily Peterson, Ashley Rickels, Nikki Schutte) 4:08.53; 4. Western Washington (Jackie McCall, LeAnne Evans, Amy Harder, Kara Fischer) 4:10.67; 5. Seattle Pacific (Julie Durringer, Kelsey Cooley, Jean Kolb, Anna Soule) 4:12.61; 6. Saint Martin's (Lakita Burr, Chelsi Claussen, Kaleigh Bishop, Ann McCanick) 4:21.13; 7. Seattle (Holly Bueb, Patricia Ramos, Juliet Agne, Sarah Brundidge) 4:46.20.

Distance Medley - 1. Seattle Pacific 12:35.89 (Josie Lavin, Karin Rohde, Victoria Perkins, Karen Dickson)(meet record, old 12:47.76 by SPU, 2004); 2. Central Washington (Sarah Benson, Susan Quick, Marcie Mullen, Brandy Anderson) 12:44.10; 3. Northwest Nazarene (Kim Berberick, Morgan Ingersoll, Mandi Johnson, Melanie Nisley) 13:02.31; 4. Western Oregon (Sarah Howell, Bridget Johnson, Jen Peterson, Leah Trutna) 13:11.26; 5. Seattle (Lydia Lauer, Katie Archambault, Charisse Arce, Alana Garcia) 13:25.16; 6. Western Washington (Sara Thon, Jamie Wulfekuhle, Wendy Overton, Kristina MacCully) 13:39.39; 7. Saint Martin's (Nicole Beatty, Katelynn Blume, Mo Driscoll, Jessie Dunnam) 14:17.13.

High Jump - 1. Danielle Ayers-Stamper, SPU, 1.68 - 5-6 (meet record; old 1.61 - 5-3 1/4, Sharon Bjella, SPU, 2004); 2. Emily Peterson, NNU, 1.68 - 5-6; 3. Monica Smith, WOU, 1.63 - 5-4 1/4; 4. Linda Blake, SPU, 1.58 - 5-2 1/4; 5. Bridget Johnson, WOU, 1.58 - 5-2 1/4; 6. Sharon Bjella, SPU, 1.58 - 5-2 1/4; 7. Kelsey Cooley, SPU, 1.53 - 5-0 1/4; 8. Tiffany Quilter, CWU, 1.53 - 5-0 1/4; 9. Liz Ryen, CWU, 1.53 - 5-0 1/4; 10. Christine Witcher, WWU, 1.48 - 4-10 1/4; 11. Ashley Rickels, NNU, 1.48 - 4-10 1/4; 12. Lindsey Cox, WWU, 1.48 - 4-10 1/4; 13. Jackie McCall, WWU, 1.48 - 4-10 1/4.

Triple Jump - 1. Amanda Merrell, NNU, 11.20 - 36-9 (meet record, old 11.10, Lea Tiger, CWU, 2004); 2. Katy Kociemba, WOU, 11.17 - 36-7 3/4; 3. Nini Callan, WOU, 10.96 - 35-11 1/2; 4. Lea Tiger, CWU, 10.73 - 35-2 1/2; 5. Jessica Wagner, CWU, 10.45 - 34-3 1/2; 6. Linda Blake, SPU, 10.42 - 34-2 1/4; 7. Julie Graham, CWU, 10.36 - 34-0; 8. Kelsey McBride, SPU, 10.30 - 33-9 1/2; 9. Anjuli Spear, CWU, 9.93 - 32-7; Julie Kendall, WOU, foul.

Pole Vault - 1. Allison Hedges, SPU, 3.61 - 11-10 (meet record; old 3.51 - 11-6 1/4, Danielle Juarez, WWU, 2004); 2. Andrea Kreft, WWU, 3.51 - 11-6 1/4; 3. Amy Harris, SPU, 3.51 - 11-6 1/4; 4. Monica Anderson, SPU, 3.41 - 11-2 1/4; 5. Julie Stone, WWU, 3.26 - 10-8 1/4; 6. Jamie Wulfekuhle, WWU, 3.11 - 10-2 1/2; 7. Haley Amos, CWU, and Kelly Perez, WWU, 2.96 - 9-8 1/2; 9. Brianna Fredricksen, CWU, and Joan Campbell, WOU, 2.81 - 9-2 1/2; 11. Kirsten Holt, WWU, 2.81 - 9-2 1/2; Danielle Smith, WOU, no height.

Long Jump - 1. Danielle Ayers-Stamper, SPU, 5.73 - 18-9 3/4 (meet record, old, 5.42 - 17-9 1/2, Katy Kociemba, WOU, 2004); 2. Katy Kociemba, WOU, 5.54 - 18-2 1/4; 3. Bridget Johnson, WOU, 5.41 - 17-9; 4. Kelsey Cooley, SPU, 5.13 - 16-10; 5. Nini Callan, WOU, 5.07 - 16-7 3/4; 6. Kristin Janney, SPU, 5.04 - 16-6 1/2; 7. Julie Kendall, WOU, 5.04 - 16-6 1/2; 8. Anjuli Spear, CWU, 4.98 - 16-4 1/4; 9. Ashley Rickels, NNU, 4.95 - 16-3; 10. Alex Merrick, WWU, 4.91 - 16-1 1/2; 11. Amanda Merrell, NNU, 4.78 - 15-8 1/4; 12. Haley Amos, CWU, 4.77 - 15-7 3/4.

Shot Put - 1. Krissy Tandle, CWU, 12.48 - 40-11 1/2 (meet record; old 12.31 - 40-4 3/4, Chevonna Lynch, WOU, 2004); 2. Tammy Carlson, WWU, 12.45 - 40-10 1/4; 3. Tiffany Quilter, CWU, 11.89 - 39-0 1/4; 4. Bridget Johnson, WOU, 11.82 - 38-9 1/2; 5. Rebecca Lindquist, CWU, 11.55 - 37-10 3/4; 6. Danielle Ayers-Stamper, SPU, 11.39 - 37-4 1/2; 7. Rebekah McAdam, NNU, 11.27 - 36-11 3/4; 8. Amy Carroll, NNU, 11.26 - 36-11 1/2; 9. Nini Callan, WOU, 11.12 - 36-5 3/4; 10. Sabrina Freed, WOU, 10.95 - 35-11 1/4; 11. Heather Yergen, CWU, 10.56 - 34-7 3/4; 12. Jessica Telleria, WWU, 10.33 - 33-10 3/4; 13. Sarah Maddux, NNU, 10.15 - 33-3 3/4; 14. Teresa Mathias, SU, 9.67 - 31-8 3/4; 15. Danika Washington, SMC, 8.33 - 27-4.

Weight Throw - 1. Heather Yergen, CWU, 14.31 - 46-11 1/2; 2. Jaci Cederberg, WOU, 14.09 - 46-2 3/4; 3. Christin McDowell, CWU, 13.78 - 45-2 1/2; 4. Kristina Wherry, NNU, 13.20 - 43-3 3/4; 5. Rebekah McAdam, NNU, 12.99 - 42-7 1/2; 6. Jessica Telleria, WWU, 12.91 - 42-4 1/4; 7. Sabrina Freed, WOU, 12.86 - 42-2 1/4; 8. Tammy Carlson, WWU, 12.84 - 42-1 1/2; 9. Kristina MacCully, WWU, 12.71 - 41-8 1/2; 10. Jennifer Urrutia, SPU, 12.32 - 40-5; 11. Tiffany Quilter, CWU, 12.17 - 39-11 1/4; 12. Hannan Bowman, NNU, 12.08 - 39-7 3/4; 13. Krissy Tandle, CWU, 11.89 - 39-0 1/4.

### **Prelims**

60 - 1. Kinyatta Leonhardt, SPU, and Chelsi Claussen, SMC, 7.94 (meet record; old, 7.96 by Leonhardt, SPU, 2004); 3. Bonnie Galloway, WOU, and Monica Smith, WOU, 8.16; 5. Katy Kociemba, WOU, 8.17; 6. Keyanna Jenkins, WOU, 8.24; 7. Jean Kolb, SPU, 8.25; 8. Anna Soule, SPU, 8.26; 9. Nikki Schutte, NNU, and Bekah Bowman, NNU, 8.33; 11. Rachelle Saletto, WWU, 8.34; 11. Rachelle Saletto, WWU, 8.34; 12. Haley Amos, and Suan Quick, CWU, 8.41; 14. Kim Berberick, NNU, 8.50; 15. Tina Thorne, CWU, 8.54.

60 Hurdles - 1. Danielle Ayers-Stamper, SPU, 8.69, 2. Ashley Rountree, CWU, 9.19, 3. Monica Smith, WOU, 9.21, 4. Bridget Johnson, WOU, 9.23, 5. Kristin Janney, SPU, 9.26, 6. Kelsey Cooley, SPU, 9.36, 7. Linda Blake, SPU, 9.47, 8. Nini Callan, WOU, 9.54; 9. Kirsten Holt, WWU, 9.57; 10. Ashley Rickels, NNU, 9.59; 11. Alex Merrick, WWU, 9.62; 12. LeAnne Evans, WWU, 9.70).