

2009-10 GNAC MEN'S BASKETBALL YEAR-IN-REVIEW

	Conference					All Games							H	A	N	
	W	L	PF	PA	Mar.	W	L	PF	PA	Mar.	RF	RA				Mar.
Seattle Pacific	13	3	82.1	75.2	6.9	22	6	80.2	71.0	9.2	35.2	31.9	3.3	14-1	7-4	1-1
Western Washington	12	4	82.4	71.6	10.8	26	6	80.0	65.6	14.4	36.6	32.8	3.8	14-2	6-3	6-1
Central Washington	10	6	82.4	77.5	4.9	16	11	84.2	78.4	5.9	39.8	37.5	2.3	7-3	5-4	4-4
Montana State Billings	9	7	75.8	77.4	-1.7	15	10	75.0	74.2	0.9	32.8	32.9	-0.1	10-3	4-7	1-0
Alaska Anchorage	8	8	68.9	67.8	1.1	17	10	70.9	64.3	6.7	35.2	29.1	6.1	10-5	5-5	2-0
Northwest Nazarene	7	9	78.5	77.9	0.6	15	12	79.7	75.7	4.0	35.4	33.0	2.4	8-4	3-7	4-1
Western Oregon	5	11	77.1	85.1	-8.0	12	15	75.2	80.0	-4.8	35.4	34.2	1.2	7-7	5-7	0-1
Saint Martin's	4	12	71.6	76.9	-5.3	14	13	73.4	71.1	2.4	36.5	36.5	0.0	9-4	0-9	5-0
Alaska Fairbanks	4	12	75.7	84.9	-9.2	9	16	78.6	84.8	-6.2	38.0	38.8	-0.7	5-8	1-8	3-0

NCAA WEST REGIONAL (March 12-15 at Bellingham): Friday - #6 BYU-Hawaii 76, #3 Seattle Pacific 72; #2 CSU San Bernardino 75, #7 Humboldt State 66; #4 Cal Poly Pomona 71, #5 Dixie State 62; #1 Western Washington 84, #8 Central Washington 70. **Saturday** - BYU-Hawaii 77, CSU San Bernardino 58; Cal Poly Pomona 76, Western Washington 75, ot. **Monday** - Cal Poly Pomona 78, BYU-Hawaii 75.

FINAL POLLS: NABC - 15. Western Washington, 18. Seattle Pacific. **NCAA West Regional**- 1. Seattle Pacific, 2. Western Washington. 3. Cal Poly Pomona, 4. Humboldt State, 5. Dixie State, 6. BYU-Hawaii, 7. CSU San Bernardino, 8. Central Washington. 9. Alaska Anchorage, 10. Cal State Dominguez Hills. **Note:** Final rankings taken prior to final weekend and don't necessarily reflect seedings at regional tournament.

GNAC Statistical Champions

All Games

Individual: Scoring - Blake Poole, SMU, 21.0. FG PCT. - Blake Poole, SMU, 60.7. 3FG PCT. - Harold McAllister, WWU, 51.4. Three-point FGs - DeAndre Chambers, MSUB, 2.60. FT PCT. - Morris Anderson, WWU, 86.2. Rebounds - *Blake Poole, SMU, 12.2. Assists - Rob Diederichs, SPU, 6.11. Steals - *Morris Anderson, WWU, 2.47. Blocked Shots - Chris Sprinker, CWU, 2.15. **(*Repeat champion).**

Team Offense: Scoring - Central Washington 84.2. Scoring Margin - Western Washington 14.4. FG PCT. - Seattle Pacific 50.8. 3FG PCT. - Northwest Nazarene 43.4. 3-FGs - Northwest Nazarene and Alaska Anchorage 7.8. FT PCT. - Northwest Nazarene 76.5. Rebounding - Alaska Anchorage 6.1. **Team Defense:** Scoring - Alaska Anchorage 64.3. FG PCT. - Western Washington 41.8. 3FG PCT. - Western Washington 30.7. Turnover Ratio - Central Washington 2.4. Steals - Northwest Nazarene 8.7. Blocks - Central Washington 5.2.

Conference Games

Individual: Scoring - Chris Banchemo, SPU, 21.2. FG PCT. - Jake Anderson, SPU, 62.5. 3FG PCT. - Anthony Golden, NNU, 54.7. Three-point FGs - DeAndre Chambers, MSUB, 3.00. FT PCT. - Harold McAllister, WWU, 86.4. Rebounds - *Blake Poole, SMU, 12.1. Assists - Rob Diederichs, SPU, 7.13. Steals - *Morris Anderson, WWU, 2.25. Blocked Shots - Chris Sprinker, CWU, 2.38. **(*Repeat Champion).**

Team Offense: Scoring - Western Washington 82.4. Scoring Margin - Western Washington 10.8. FG PCT. - Seattle Pacific 51.6. 3FG PCT. - Northwest Nazarene 45.0. 3-FGs - Northwest Nazarene 8.2. FT PCT. - Northwest Nazarene 76.4. Rebounding - Seattle Pacific 3.1. **Team Defense:** Scoring - Alaska Anchorage 67.8. FG PCT. - Central Washington 41.3. 3FG PCT. - Saint Martin's 33.5. Turnover Ratio - Saint Martin's 3.2. Steals - Northwest Nazarene 8.5. Blocks - Central Washington 6.19.

NCAA Division II National Statistical Leaders

Individual (Top 30): Scoring - 21. Blake Poole, SMU, 21.0. FG PCT. - 20. Blake Poole, SMU, 60.7. Rebounds - 3. Blake Poole, SMU, 12.2. Assists - 13. Rob Diederichs, SPU, 6.1; 15. DaVell Jackson, MSUB, 5.9. Steals - 14. Morris Anderson, WWU, 2.5; 22. Blair Wheadon, WOU, 2.3; 23. DaVell Jackson, MSUB, 2.3. Blocked Shots - 27. Chris Sprinker, CWU, 2.1. Assist/TO Ratio - 12. Rob Diederichs, SPU, 2.71.

Team (Top 30): Scoring - 17. Central Washington 84.2. Scoring Defense - 30. Alaska Anchorage 64.3. Scoring Margin - 8. Western Washington 14.4. Field Goal PCT. - 4. Seattle Pacific 50.8; 17. Western Washington 49.3; 29. Northwest Nazarene 48.3. Three-Point FG PCT. - 2. Northwest Nazarene 43.4; 20. Western Washington 39.5; 26. MSU Billings 39.0. Free Throw PCT. - 6. Northwest Nazarene 76.5. Rebounding - 23. Alaska Anchorage 6.1. Assists - 8. Seattle Pacific 17.9. Assist/TO Ratio - 15. Western Washington 1.29; 19. Seattle Pacific 1.26. Block Shots - 9. Central Washington 5.2. Fewest Fouls - 26. Seattle Pacific 16.1.

Great Northwest Athletic Conference All-Stars

First Team	Position	Height	Class	Hometown
Chris Banchemo, Seattle Pacific	G	6-0	Jr.	Seattle, WA
+*Morris Anderson, Western Washington	G	6-3	Sr.	Federal Way, WA
Brandon Walker, Alaska Anchorage	G	6-3	Jr.	Hayward, CA
Brandon Larriau, Seattle Pacific	W	6-0	Sr.	Puyallup, WA
Derrick Webb, Western Washington	F	6-3	Sr.	Port Orchard, WA
+Blake Poole, Saint Martin's	F	6-5	Jr.	Eugene, OR).

*Repeater +Unanimous

Second Team	Position	Height	Class	Hometown
JC Cook, Central Washington	G	6-1,	Jr.	Canby, OR
DeAndre Chambers, MSU Billings	G	6-2	Jr.	Monroe, NC
Blair Wheadon, Western Oregon	G	6-2	So.	Junction City, OR
Derrick Wright, MSU Billings	F	6-7	Sr.	Brooklyn, NY
Drew Eisinger, Northwest Nazarene	W	6-3	Jr.	Mill Creek, WA
Chris Sprinker, Central Washington	C	6-9	Jr.	Tacoma, WA

Honorable Mention – Emmanuel Jenkins, Alaska Fairbanks (PG, 6-0, Sr., Tacoma, WA); DaVell Jackson, Montana State Billings (PG, 6-1, Sr., Las Vegas, NV); Jon Clift, Central Washington (G, 5-10, Sr., Spokane, WA); Rob Diederichs, Seattle Pacific (W, 6-8, Sr., Shoreline, WA); Casey Robinson, Alaska Anchorage (F, 6-6, Jr., Manila, UT); Rico Myles, Western Oregon (F, 6-7, Sr., Los Angeles, CA); Nashorn Maynard, Alaska Fairbanks (F, 6-5, Jr., St. Paul, St. Kitts); Zach Bruce, Western Washington (C, 6-8, Sr., Oceanside, CA).

INDIVIDUAL AWARDS: **Coach** - Ryan Looney, Seattle Pacific. **Player** - Chris Banchemo, Seattle Pacific. **Newcomer** - JC Cook, Central Washington. **Freshman** - Tarance Glynn, Western Oregon (F, 6-6, Fr., Molalla, OR).

GNAC ACADEMIC: **Central Washington** - Noble'D Shelton (Business Administration, Sr., 3.29, Auburn); Jon Clift (Accounting, Sr., 3.20, Spokane, WA). **MSU Billings** - Adam Weisz (Business, Sr., 3.45, Melstone, MT). **Northwest Nazarene** - **Louie Beech (Spanish and Biology, Sr., 3.94, Nampa, ID); **Kendall Gielow (Business Administration, Sr., 3.43, Medford, OR); Derek Miller (Political Science, Sr., 3.34, Cheney, WA); C.J. Shula (Pre-Physical Therapy, So., 3.30, Puyallup, WA). **Saint Martin's** - Dane Henze (Biology, Sr., 3.50, Aberdeen, WA); Charlie Severs (Engineering, Sr., 3.37, Oakville, WA). **Seattle Pacific** - Colby Vranes (Communications, Sr., 3.28, Taylorsville, UT); Jake Anderson (Undeclared, So., 3.25, Burlington, WA). **Western Washington** - Rory Blanche (Engineering Tech, So., 3.72, Ashland, OR) *Repeater **Two-time repeater.

ACADEMIC DISTRICT VIII: First Team – None.

DAKTRONICS WEST REGION (SIDs): First Team - Chris Banchemo, Seattle Pacific (G, 6-0, Jr., Seattle, WA); Jordan Lawley, UC San Diego (G, 6-4, Sr. Lodi, CA); Morris Anderson, Western Washington (G, 6-3, Sr., Port Orchard, WA); Blake Poole, Saint Martin's (F, 6-5, Jr., Eugene, OR); Bryan LeDuc, CSU San Bernardino (F, 6-8, Sr., Corona, CA). **Second Team** - Zac Tiedeman, Humboldt State (G, 6-1, Sr., Santa Rosa, CA); Austin Swift, Cal Poly Pomona (G, 6-5, Sr., Santa Cruz, CA); Lucas Alves, BYU-Hawaii (F, 6-9, Sr., Casa Branca, Brazil); Brandon Larriau, Seattle Pacific (G, 6-0, Sr., Puyallup, WA); Derrick Webb, Western Washington (F, 6-3, Sr., Port Orchard, WA).

NABC WEST REGION (Coaches): First Team – Chris Banchemo, Seattle Pacific (G, 6-0, Jr., Seattle, WA); Morris Anderson, Western Washington (G, 6-3, Sr., Port Orchard, WA); Zac Tiedeman, Humboldt State (G, 6-1, Sr., Santa Rosa, CA); Austin Swift, Cal Poly Pomona (G, 6-5, Sr., Santa Cruz, CA); Blake Poole, Saint Martin's (F, 6-5, Jr., Eugene, OR); Bryan LeDuc, CSU San Bernardino (F, 6-8, Sr., Corona, CA). **Second Team** - Jordan Lawley, UC San Diego (G, 6-4, Sr. Lodi, CA); Lucas Alves, BYU-Hawaii (F, 6-9, Sr., Casa Branca, Brazil); Derrick Webb, Western Washington (F, 6-3, Sr., Port Orchard, WA); Tom Whitehead, Dixie State (F, 6-6, Jr., St. George, UT); Brian Morris, Humboldt State (F, 6-9, Jr., Portland, OR). **Coaches-of-the-Year** - Brad Jackson, WWU; Greg Kamansky, Cal Poly Pomona.

NCAA WEST REGION ALL-TOURNAMENT TEAM (Mar. 12-15 at Bellingham) - Austin Swift, Cal Poly Pomona (MVP); Donnelle Booker, Cal Poly Pomona; Dwayne Fells, Cal Poly Pomona; Lucas Alves, BYU-Hawaii; Jet Chang, BYU-Hawaii.

ALL-AMERICAN TEAMS: **NABC (Coaches): First Team** - Chris Banchemo, Seattle Pacific (G, 6-0, Jr., Seattle, WA). **Daktronics (SIDs):** No GNAC player selected. **Division II Bulletin: Second Team** - Chris Banchemo, Seattle Pacific (G, 6-0, Jr., Seattle, WA). **Honorable Mention** – Blake Poole, Saint Martin's (F, 6-5, Jr., Eugene, OR). **Basketball Times:** No GNAC player selected.