

2010 Great Northwest Athletic Conference Men's Cross Country Championships

Nov. 6, 2010 at Yakima

Team Scores – Alaska Anchorage 41, Western Washington 56, Western Oregon 67, Northwest Nazarene 90, Saint Martin's 175, Seattle Pacific 180, Alaska Fairbanks 184, Montana State Billings 212, Central Washington 230. **Outstanding Athlete** – Marko Cheseto, UAA. **Newcomer-of-the-Year** – Yonatan Yilma, UAA. **Freshman-of-the-Year** – Josh Elliott, WOU. **Coach-of-the-Year** – Michael Friess, UAA. .

Individuals (8,000 Meters)

1. Marko Cheseto, UAA	23:56	27. Manuel Santos, CWU	26:15	54. Mark Bolt, MSUB	27:49
2. Micah Chelimo, UAA	24:27	28. Tyler Kornfield, UAF	26:27	55. Joseph Patti, SMU	27:54
3. Chris Reed, WOU	24:29	29. Daniel Lombardi, MSUB	26:28	56. Gavin Brand, SPU	28:03
4. Barak Watson, NNU	24:30	30. Dan Sprinkle, WOU	26:33	57. Alex Crystal, NNU	28:06
5. Jordan Welling, WWU	24:34	31. Thomas Hill, UAA	26:44	58. Chase Robinson, MSUB	28:07
6. Bennett Grimes, WWU	24:36	32. Jacob Wahlenmaier, SPU	26:46	59. Tom Johnson, CWU	28:08
7. Jacob Parisien, UAA	25:10	33. Michael Adams, UAA	26:49	60. Taylor Canfield, MSUB	28:10
8. Blake Medhaug, WWU	25:16	34. Tanner Boyd, WWU	26:50	61. Jon Swanson, CWU	28:16
9. Spencer Hunt, SMU	25:24	35. Lukas Fenley, WOU	26:54	62. Lars Arneson, UAF	28:21
10. Kyle Van Santen, SMU	25:30	36. David Norris, UAF	26:56	63. Scott Bauer, SMU	28:25
11. Matt Stark, NNU	25:34	37. Ryan Jaggi, NNU	26:56	64. William Harrison, SPU	28:31
12. Connor Kasler, WOU	25:36	38. Luke Hetrick, NNU	26:58	65. Nathan Seely, SPU	28:35
13. Josh Elliott, WOU	25:38	39. Nathanael Sleight, SPU	26:59	66. Nick Harvey, SMU	28:39
14. Yonatan Yilma, UAA	25:40	40. AJ Baker, SPU	27:03	67. Tyler Eidsmoe, CWU	28:40
15. Eric Brill, WWU	25:42	41. Brian Potter, MSUB	27:05	68. Ryan Blomback, MSUB	28:44
16. Neil Easter, NNU	25:43	42. Andrew VanNess, SPU	27:18	69. Bradley Truax, UAA	29:04
17. William Ritekwiang, UAA	25:44	43. Lex Treinen, UAF	27:23	70. Travis Hutchinson, MSUB	29:07
18. Paul Rottich, UAA	25:45	44. Evan Bradford, SPU	27:24	71. Josh Merioles, NNU	29:10
19. Justin Karr, WOU	25:50	45. Brady Beagley, WOU	27:25	72. Devon DeMoss, SMU	30:05
20. Kyle Larson, WOU	25:52	46. Andrew Arnold, UAF	27:26	73. Jacob Calvin, CWU	30:09
21. Ryan Chapman, WOU	25:52	47. Otto Schmidt, WWU	27:28	74. Erik Soederstroem, UAF	30:23
22. Chip Jackson, WWU	25:53	48. Benard Ngeno, NNU	27:29	75. Jordan Lance, SPU	30:56
23. Kyle Johnson, WWU	25:59	49. Graham Armstrong, WWU	27:32	76. Logan Mossey, MSUB	31:16
24. Nick Abraham, WWU	26:11	50. Daniel Hamilton, SPU	27:36	77. Alexander Hendricks, SMU	32:22
25. Aaron Rogers, WOU	26:12	51. Tux Seims, UAF	27:39	78. Jacob Suazo, SMU	32:27
26. Jesse Baggenstos, NNU	26:13	52. Matt Rankin, NNU	27:43		
		53. Nathan Minor, CWU	27:47		