

2004 Great Northwest Athletic Conference Women's Cross Country Championships

Oct. 23, 2004 at McKinleyville, Calif.

Team Scores - Central Washington 67, Seattle Pacific 74, Alaska Anchorage 98, Seattle 104, Western Washington 123, Humboldt State 130, Western Oregon 151, Saint Martin's 203, Northwest Nazarene 220, Alaska Fairbanks 265. **Outstanding Athlete** – Karen Dickson, SPU. **Newcomer-of-the-Year** – Megan McDrew, HSU. **Freshman-of-the-Year** – Karin Rohde, SPU. **Coach-of-the-Year** – Michael Friess, UAA.

Individuals (6,000 Meters)

1. Karen Dickson, SPU	22:28.02	28. Susan Young, NNU	25:18.54	56. Lydia Lauer, SU	26:24.95
2. Laura Trevelyan, WWU	23:05.87	29. Molly DePasqual, WWU	25:22.40	57. Kayla Castaneda, WOU	26:28.13
3. Kelly Fullerton, SU	23:26.54	30. Marcie Mullen, CWU	25:25.82	58. Holly Mishler, NNU	26:33.64
4. Brandy Anderson, CWU	23:49.22	31. Sadie Solem, HSU	25:29.33	59. Betsy Peterson, HSU	26:42.14
5. Mandy Kaempf, UAA	23:54.00	32. Kaitlin Rohde, SPU	25:32.93	60. Nicole Beatty, SMC	26:44.25
6. Alana Garcia, SU	23:54.28	33. Diana Heimerl, UAF	25:33.34	61. Kaleigh Bishop, SMC	26:46.67
7. Karin Rohde, SPU	23:57.08	34. Ann McCanick, SMC	25:34.41	62. Aleisha Rosse, WOU	26:47.58
8. Becky Knox, SPU	24:03.55	35. Rachael Bates, WWU	25:35.55	63. Jennifer Smith, WOU	26:49.00
9. Stephanie Stine, CWU	24:13.43	36. Rebecca Mishler, NNU	25:38.58	64. Phoebe Rohrbacher, SU	26:51.51
10. Nicole Campbell, HSU	24:16.98	37. Nikki Jensen, SPU	25:40.31	65. Stacie Wells, WOU	26:52.75
11. Leah Trutna, WOU	24:24.61	38. Kristie Rice, SU	25:42.28	66. Anjuli Haydu, UAA	26:59.13
12. Davya Baker, UAA	24:28.19	39. Andrea Ring, CWU	25:42.85	67. Danielle Pratt, UAA	27:08.19
13. Stephanie Upshaw, WOU	24:29.24	40. Katie Wittrock, WWU	25:45.29	68. Heidi Rader, UAF	27:15.22
14. Megan McDrew, HSU	24:30.89	41. Jessie Dunnam, SMC	25:45.96	69. Jessica Rendon, HSU	27:18.66
15. Rachel Bailey, CWU	24:33.85	42. Beth Rosapepe, WWU	25:48.98	70. Katherine Smith, HSU	27:28.46
16. Meghan Salvesson, SU	24:36.64	43. Kristin Haas, WWU	25:49.98	71. Rachel Daniels, WOU	27:50.87
17. Kamie Jo Massey, UAA	24:37.86	44. Stephanie Haydon, WWU	25:53.09	72. Alexis Hansen, UAF	27:52.20
18. Sarah Benson, CWU	24:39.33	45. Rachel Suess, SU	26:00.13	73. Jessica Wiggins, NNU	27:54.32
19. Nicole DeYong, UAA	24:49.78	46. Emily Ferguson, SU	26:04.37	74. Jackie Piombo, HSU	28:13.55
20. Sara Thon, WWU	24:52.15	47. Lindsey Graham, NNU	26:05.78	75. Melissa Snelling, WOU	28:53.87
21. Amber Green, CWU	24:54.65	48. Katrina Schwerdtfeger, WWU	26:08.47	76. Krynne Finstad, UAF	28:55.30
22. Emily Picinich, CWU	25:02.93	49. Stephanie Myers, UAA	26:10.51	77. Jami Epley, NNU	29:18.63
23. Lindy Mullen, CWU	25:04.26	50. Annie MacLennan, SU	26:11.75	78. Jen Peterson, WOU	29:31.53
24. Kari Konrad, WOU	25:08.09	51. Erica Pitman, CWU	26:12.13	79. Tara Robinson, NNU	29:39.31
25. Heather Moulton, HSU	25:08.75	52. Brandi McCoy, SPU	26:12.38	80. Andrea Lovio, HSU	29:56.50
26. Janelle Probst, SMC	25:10.04	53. Nikki D'Amico, WWU	26:12.91	81. Mo Driscoll, SMC	30:18.21
27. Tracy Kuhn, SPU	25:15.02	54. Sarah Brundidge, SU	26:17.31	82. Katelynn Blume, SMC	30:20.20
		55. Vanessa Santana, UAF	26:21.12		