

2017 WWU Vernnachia Open Track & Field Meet - 4/29/2017

Civic Stadium, Bellingham, WA

Results

Event 1 Women High Jump

Meet: 1.80m M 1992 Michelle Laviolette & Kim Vanderhoek, SFU
 School: 1.73m W 1984 Kristy Dees, WWU
 1.77m NA Nat. Automatic
 1.68m NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1	711	Osadchey, Miranda	SR Western Washington 1.63m 5-04.25
2	561	Stewart, Mackenzie	SO Simon Fraser 1.63m 5-04.25
3	449	Pott, Tiffany	FR Saint Martin's 1.58m 5-02.25
4	217	Sterling, Taylor	FR Green River CC 1.53m 5-00.25
4	556	Petz, Amy	JR Simon Fraser 1.53m 5-00.25
4	613	Wright, Katelyn	Team Salty (Wwu Alumni) 1.53m 5-00.25
7	695	Henry, Bridget	SO Western Washington 1.53m 5-00.25
8	8	Betz, Heather	FR British Columbia 1.48m 4-10.25
8	20	Kandola, Manisha	SR British Columbia 1.48m 4-10.25
10	427	Apo, Cassidy	SO Saint Martin's 1.48m 4-10.25
11	559	Rycroft, Natalie	SO Simon Fraser 1.48m 4-10.25
---	114	Phommathirath, Keeley	FR Central Washington NH

Event 2 Men High Jump

Meet: 2.18m M 2012 Mike Mason, Valley Royals
 School: 2.14m W 2001 Nathan Lindeman, WWU
 2.17m NA Nat. Automatic
 2.03m NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1	229	Swanson, Brandon	FR Green River CC 2.00m 6-06.75
2	595	Spence, Othniel	FR Simon Fraser 1.83m 6-00.00
3	684	Poljak, Luka	JR Vancouver Thunderbirds TC 1.78m 5-10.00
3	345	Ukai, Koshi	FR Olympic College 1.78m 5-10.00
5	457	Anderson De-Avila, Kyle	SO Saint Martin's 1.73m 5-08.00
---	41	Abad, Jero	FR British Columbia NH
---	321	Riddell, Mackenzie	NorWesters NH

Event 3 Women Pole Vault

Meet: 3.85m M 2012 Karis Anderson, WWU
 School: 3.85m W 2012 Karis Anderson, WWU
 4.00m NA Nat. Automatic
 3.61m NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1	712	Paradee, Anna	JR Western Washington 3.86m M 12-08.00NP
2	647	Pinley, Cheyenna	Unattached 3.86m M 12-08.00NP
3	709	Oliquiano, Jewels	FR Western Washington 3.56m 11-08.00
4	91	Emmert, McKenna	SR Central Washington 3.56m 11-08.00
5	498	Kahns, Michaella	SR Seattle Pacific 3.56m 11-08.00
6	500	Lambert, Emma	SO Seattle Pacific 3.41m 11-02.25
6	713	Roberts, Rachael	SO Western Washington 3.41m 11-02.25
8	98	Irvine, Halle	FR Central Washington 3.26m 10-08.25
9	605	Anderson, Karis	Team Salty (Wwu Alumni) 3.26m 10-08.25

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Finals ... (Event 3 Women Pole Vault)

Name	Yr	School	Finals	
10 293 Kono, Janelle	SR	Northwest U.	2.81m	9-02.50
11 455 Watson, Emily	SO	Saint Martin's	2.36m	7-08.75
12 286 Caviness, Sarah	SO	Northwest U.	2.36m	7-08.75
13 320 Weiss, Taylor		NorWesters	2.21m	7-03.00
--- 612 Weilert, Valerie		Team Salty (Wwu Alumni)	NH	
--- 648 Stevens, Brittany	FR	Unattached	NH	

Event 4 Men Pole Vault

Meet: 5.25m M 2011 Ryan Brown, WWU

School: 5.40m W 2010 Ryan Brown, WWU

5.20m NA Nat. Automatic

4.76m NP Nat. Provisional

Name	Yr	School	Finals	
Finals				
1 746 Hino, Jacob	SR	Western Washington	4.58m	15-00.25
2 626 McCoy, Scott		Team Salty (Wwu Alumni)	4.43m	14-06.25
3 128 Cadena, Bryan	FR	Central Washington	4.43m	14-06.25
4 460 Boyle, Craig	SO	Saint Martin's	4.28m	14-00.50
4 625 Konrad, JT		Team Salty (Wwu Alumni)	4.28m	14-00.50
6 166 Walker, Berlie	SR	Central Washington	4.28m	14-00.50
6 477 Rickard, Chris	JR	Saint Martin's	4.28m	14-00.50
8 138 Irvine, Zane	SR	Central Washington	4.13m	13-06.50
9 734 Coelho, Matt	SO	Western Washington	4.13m	13-06.50
10 638 Weiss, Chris	FR	Trinity Western	4.13m	13-06.50
11 624 Komoto, Keenan		Team Salty (Wwu Alumni)	3.98m	13-00.75
12 620 Guiden, Thomas		Team Salty (Wwu Alumni)	3.68m	12-00.75
13 663 Hall, Nate	FR	Unattached	3.53m	11-07.00
14 659 Etnier, Michael		Unattached	3.38m	11-01.00
15 684 Poljak, Luka	JR	Vancouver Thunderbirds TC	2.48m	8-01.50
--- 773 Thomas, Adam	JR	Western Washington	NH	
--- 631 Boyd, David	JR	Trinity Western	NH	
--- 462 Chaides, John	SO	Saint Martin's	NH	
--- 752 Kordas, Gordon	SR	Western Washington	NH	
--- 636 Johnston, Glen	FR	Trinity Western	NH	

Event 5 Women Long Jump

Meet: 6.04m M 2007 Ruky Abdulai, SFU

School: 5.91m W 2014 Tonya Bjornsson, WWU

6.15m NA Nat. Automatic

5.76m NP Nat. Provisional

Name	Yr	School	Finals		Wind
Finals					
1 704 McMullin, Jasmine	SR	Western Washington	5.63m	18-05.75	+0.0 2
2 541 Fedor, Kye	JR	Simon Fraser	5.30m	17-04.75	+0.0 2
3 548 Lazecki, Natasha	SR	Simon Fraser	5.26m	17-03.25	1.1 2
4 124 Williams, Brooke	SO	Central Washington	5.21m	17-01.25	1.4 2
5 711 Osadchey, Miranda	SR	Western Washington	5.17m	16-11.50	0.5 2
6 302 Steele, CarrieAnne	SO	Northwest U.	5.16m	16-11.25	+0.0 2
7 100 Joy, Juliana	SR	Central Washington	5.14m	16-10.50	+0.0 2
8 650 yee, michelle	SO	Unattached	5.13m	16-10.00	0.3 1

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Finals ... (Event 5 Women Long Jump)

Name	Yr	School	Finals	Wind
9 561 Stewart, Mackenzie	SO	Simon Fraser	5.02m	16-05.75 2.4 1
10 202 Christenson, Camille	SO	Evergreen St.	5.00m	16-05.00 0.4 1
11 114 Phommathirath, Keeley	FR	Central Washington	4.94m	16-02.50 0.7 1
12 14 Chan, Sylvia	SR	British Columbia	4.88m	16-00.25 4.0 2
13 121 Walts, Rose	FR	Central Washington	4.86m	15-11.50 1.8 1
14 98 Irvine, Halle	FR	Central Washington	4.77m	15-07.75 1.8 1
15 614 Yanney, Shandel		Team Salty (Wwu Alumni)	4.76m	15-07.50 0.7 1
16 681 Miller, Danielle	JR	Vancouver Thunderbirds TC	4.68m	15-04.25 0.8 1
17 641 Fredrickson, Haley		Unattached	4.63m	15-02.25 +0.0 1
18 607 Knope, Lizzy		Team Salty (Wwu Alumni)	4.38m	14-04.50 0.6 1
19 674 Nettey, Sabrina		Universal Athletics	4.22m	13-10.25 1.0 2
19 285 Campbell, Emily	SO	Northwest U.	4.22m	13-10.25 +0.0 1
--- 708 Munoz, Malea	SO	Western Washington	FOUL	
--- 642 Yee, Michelle	NA	Unattached	SCR	NWI

Event 6 Men Long Jump

Meet: 7.19m M 2016 Kevin Yates, WWU
 School: 7.36m W 2015 Brett Watson, WWU
 7.65m NA Nat. Automatic
 7.22m NP Nat. Provisional

Name	Yr	School	Finals	Wind
Finals				
1 775 Yates, Kevin	SR	Western Washington	7.08m	23-02.75 0.7 2
2 668 Richmond, Samuel		Unattached	6.93m	22-09.00 0.4 2
3 732 Chhim, Somit	JR	Western Washington	6.68m	21-11.00 0.8 2
4 755 Makrakis, Nick	FR	Western Washington	6.55m	21-06.00 0.8 2
5 50 Coles, Mark	JR	British Columbia	6.39m	20-11.75 0.2 2
6 643 Mataya, Rudy		Unattached	6.36m	20-10.50 0.3 1
7 168 Whittaker, Zach	SO	Central Washington	6.34m	20-09.75 +0.0 2
7 155 Scarlett, Grant	FR	Central Washington	6.34m	20-09.75 +0.0 2
9 160 Steuk, Garret	JR	Central Washington	6.28m	20-07.25 0.7 2
10 138 Irvine, Zane	SR	Central Washington	6.24m	20-05.75 +0.0 1
11 208 Smith, Jaz	FR	Evergreen St.	6.10m	20-00.25 +0.0 1
12 321 Riddell, Mackenzie		NorWesters	6.05m	19-10.25 +0.0 1
13 153 Roa, Chris	FR	Central Washington	5.95m	19-06.25 0.4 1
14 197 Marshall, Isaiah	JR	Everett Track Club	5.64m	18-06.00 +0.0 1
15 667 Phomprida-Robinson, Juwua	JR	Unattached	5.46m	17-11.00 +0.0 1
--- 227 Sires, Cannon	FR	Green River CC	FOUL	1
--- 658 Dildine, Ian	SR	Unattached	FOUL	1

Event 7 Women Triple Jump

Meet: 12.17m M 1992 Karin Grelsson, SPU
 School: 12.36m W 2012 Emily Warman, WWU
 12.70m NA Nat. Automatic
 11.75m NP Nat. Provisional

Name	Yr	School	Finals	Wind
Finals				
1 535 Brown, Ella	SR	Simon Fraser	12.01m	39-05.00 0.4
2 704 McMullin, Jasmine	SR	Western Washington	11.62m	38-01.50 +0.0
3 124 Williams, Brooke	SO	Central Washington	11.47m	37-07.75 1.3

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Finals ... (Event 7 Women Triple Jump)

	Name	Yr	School	Finals		Wind
4	302 Steele, CarrieAnne	SO	Northwest U.	10.55m	34-07.50	0.8
5	641 Fredrickson, Haley		Unattached	10.49m	34-05.00	0.1
6	121 Walts, Rose	FR	Central Washington	10.44m	34-03.00	0.2
7	14 Chan, Sylvia	SR	British Columbia	10.35m	33-11.50	+0.0
8	202 Christenson, Camille	SO	Evergreen St.	10.05m	32-11.75	2.2

Event 8 Men Triple Jump

Meet: 15.11m M 2004 Justin Lawrence, CWU

School: 15.17m W 1988 Jerry Hopper, WWU

15.77m NA Nat. Automatic

14.56m NP Nat. Provisional

	Name	Yr	School	Finals		Wind
Finals						
1	168 Whittaker, Zach	SO	Central Washington	14.32m	46-11.75	4.0
2	197 Marshall, Isaiah	JR	Everett Track Club	12.78m	41-11.25	2.5
3	153 Roa, Chris	FR	Central Washington	12.66m	41-06.50	0.9
---	658 Dildine, Ian	SR	Unattached	FOUL		

Event 9 Women Shot Put

Meet: 15.59m M 1987 Meg Jones, UWashingon

School: 13.56m W 1988 Sherie Schroeder, WWU

15.73m NA Nat. Automatic

13.53m NP Nat. Provisional

	Name	Yr	School	Finals		
Finals						
1	234 Rogers, Camryn	SR	Kajaks Track and Field Club	12.96m	42-06.25	2
2	504 Markham, Sammi	SR	Seattle Pacific	12.72m	41-08.75	2
3	355 Hunkin, Vakeaemanu	FR	Pacific Lutheran	12.69m	41-07.75	2
4	453 Vernoy, Megan	SO	Saint Martin's	11.99m	39-04.00	2
5	96 Homer, Aiyana	JR	Central Washington	11.96m	39-03.00	2
6	707 Mortensen, Megan	SR	Western Washington	11.42m	37-05.75	2
7	101 La Rue, Samantha	FR	Central Washington	11.31m	37-01.25	2
8	31 Phelps, Cheyanna	FR	British Columbia	11.15m	36-07.00	2
9	110 Mumford, Angela	FR	Central Washington	11.12m	36-05.75	2
10	88 Dodge, Brittany	FR	Central Washington	11.05m	36-03.00	2
11	561 Stewart, Mackenzie	SO	Simon Fraser	10.63m	34-10.50	1
12	324 Carter, Diamond	SO	Olympic College	10.38m	34-00.75	2
13	124 Williams, Brooke	SO	Central Washington	10.03m	32-11.00	1
14	212 Lanway, Madeline	FR	Green River CC	10.02m	32-10.50	1
15	432 Drey, Shelby	SR	Saint Martin's	9.73m	31-11.25	1
16	105 Lytle, Clare	SO	Central Washington	9.38m	30-09.25	1
17	290 Fenton, Megan	FR	Northwest U.	9.35m	30-08.25	1
18	357 Johnson, Leah	SR	Pacific Lutheran	9.25m	30-04.25	1
19	213 Meyer, Nona	FR	Green River CC	8.88m	29-01.75	1
20	449 Pott, Tiffany	FR	Saint Martin's	8.75m	28-08.50	1
21	681 Miller, Danielle	JR	Vancouver Thunderbirds TC	7.67m	25-02.00	1

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Event 10 Men Shot Put

Meet: 16.88m M 4/26/2014 Frank Catelli, Western Wash
 School: 18.55m W 2014 Frank Catelli, WWU
 18.39m NA Nat. Automatic
 15.95m NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1 764 Pless, Brandon	JR	Western Washington	15.76m 51-08.50
2 391 Hatton, Lucas	SR	Pacific Lutheran	14.99m 49-02.25
3 162 Tafoya, Armando	SR	Central Washington	14.98m 49-01.75
4 342 Paller, Colton	FR	Olympic College	14.14m 46-04.75
5 618 Gilbert, Jacob		Team Salty (Wwu Alumni)	14.12m 46-04.00
6 209 Ambrose, Tyler		Get Strong First Track Club	13.96m 45-09.75
7 161 Tafoya, Alberto	FR	Central Washington	13.91m 45-07.75
8 129 Cain, Aidan	FR	Central Washington	13.85m 45-05.25
9 338 Huskey, Mike	FR	Olympic College	12.34m 40-06.00
10 220 Brown, Jordan	SO	Green River CC	10.98m 36-00.25
11 394 Jarvis, Nate	SO	Pacific Lutheran	10.96m 35-11.50
12 307 Cunningham, Carter	FR	Northwest U.	10.57m 34-08.25
13 321 Riddell, Mackenzie		NorWesters	9.94m 32-07.50

Event 11 Women Discus Throw

Meet: 50.29m M 2016 Quinn Erickson, Comox
 School: 47.61m W 2006 Jessica Telleria, WWU
 49.90m NA Nat. Automatic
 44.90m NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1 707 Mortensen, Megan	SR	Western Washington	43.59m 143-00 2
2 453 Vernoy, Megan	SO	Saint Martin's	41.86m 137-04 2
3 96 Homer, Aiyana	JR	Central Washington	39.05m 128-01 2
4 640 Eddy, Chanelle		Unattached	37.16m 121-11 2
5 9 Bhandal, Gurleen	FR	British Columbia	35.69m 117-01 2
6 611 Roe, Maggie		Team Salty (Wwu Alumni)	34.98m 114-09 2
7 714 Roberts, Sophia	SO	Western Washington	32.47m 106-06 2
8 88 Dodge, Brittany	FR	Central Washington	31.86m 104-06 1
9 607 Knope, Lizzy		Team Salty (Wwu Alumni)	31.64m 103-10 2
10 324 Carter, Diamond	SO	Olympic College	28.87m 94-09 1
11 290 Fenton, Megan	FR	Northwest U.	28.49m 93-06 1
12 432 Drey, Shelby	SR	Saint Martin's	27.57m 90-05 1
13 212 Lanway, Madeline	FR	Green River CC	24.77m 81-03 1
--- 110 Mumford, Angela	FR	Central Washington	FOUL 2

Event 12 Men Discus Throw

Meet: 55.55m M 2009 Nik Kay, Concordia
 School: 54.07m W 2015 Ryan Macdonald, WWU
 55.60m NA Nat. Automatic
 49.35m NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1 342 Paller, Colton	FR	Olympic College	50.52m 165-09NP 2

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	Name	Yr	School	Finals		
2	232 Mara, Tyrell		Kajaks Athletics	50.18m	164-07NP	2
3	764 Pless, Brandon	JR	Western Washington	49.22m	161-06	2
4	162 Tafoya, Armando	SR	Central Washington	48.54m	159-03	2
5	753 Lee, Bryan	SO	Western Washington	45.20m	148-03	2
6	233 Russell, Nicholas	SR	Kajaks T & F	44.04m	144-06	2
7	466 Ferry, Corbin	FR	Saint Martin's	43.02m	141-02	1
8	666 Lux, Avery		Unattached	42.54m	139-07	1
9	129 Cain, Aidan	FR	Central Washington	42.12m	138-02	2
10	192 Martin, Dalton	FR	Everett CC	42.01m	137-10	1
11	161 Tafoya, Alberto	FR	Central Washington	40.61m	133-03	2
12	63 Li, Andrew	SO	British Columbia	39.86m	130-09	2
13	618 Gilbert, Jacob		Team Salty (Wwu Alumni)	37.00m	121-05	2
14	338 Huskey, Mike	FR	Olympic College	36.46m	119-07	1
15	136 Harris, Andrew	FR	Central Washington	36.36m	119-03	1
16	307 Cunningham, Carter	FR	Northwest U.	35.17m	115-05	1
17	321 Riddell, Mackenzie		NorWesters	28.40m	93-02	1
18	220 Brown, Jordan	SO	Green River CC	26.64m	87-05	1
---	662 Guerrero, Alexander	FR	Unattached	FOUL		2

Event 13 Women Hammer Throw**Meet: 56.99m M 2016 Channell Botsis, Kajaks****School: 55.58m W 4/26/2014 Lindsay Wells, WWU****59.05m NA Nat. Automatic****52.00m NP Nat. Provisional**

	Name	Yr	School	Finals		
Finals						
1	234 Rogers, Camryn	SR	Kajaks Track and Field Club	60.05m M	197-00NA	2
2	231 Kennedy, Samantha		Kajaks	56.25m	184-06NP	2
3	446 Neale, Kirby	SR	Saint Martin's	49.83m	163-06	2
4	440 Larson, Liz	SO	Saint Martin's	48.86m	160-04	2
5	96 Homer, Aiyana	JR	Central Washington	48.71m	159-10	2
6	101 La Rue, Samantha	FR	Central Washington	46.17m	151-06	2
7	607 Knope, Lizzy		Team Salty (Wwu Alumni)	42.50m	139-05	2
8	714 Roberts, Sophia	SO	Western Washington	41.74m	136-11	2
9	355 Hunkin, Vakeaemanu	FR	Pacific Lutheran	41.69m	136-09	2
10	105 Lytle, Clare	SO	Central Washington	40.08m	131-06	2
11	110 Mumford, Angela	FR	Central Washington	38.74m	127-01	2
12	640 Eddy, Chanelle		Unattached	37.80m	124-00	1
13	88 Dodge, Brittany	FR	Central Washington	36.69m	120-04	1
14	31 Phelps, Cheyanna	FR	British Columbia	33.41m	109-07	1
15	324 Carter, Diamond	SO	Olympic College	31.69m	104-00	2
16	203 Mackay, Ali	JR	Evergreen St.	31.60m	103-08	1
17	290 Fenton, Megan	FR	Northwest U.	29.02m	95-02	1
18	213 Meyer, Nona	FR	Green River CC	23.11m	75-10	1
19	212 Lanway, Madeline	FR	Green River CC	21.03m	69-00	1

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Meet: 66.38m M 1985 Harold Willers, SFU
 School: 62.87m W 2011 Michael Hoffman, WWU
 66.00m NA Nat. Automatic
 53.60m NP Nat. Provisional

Name	Yr	School	Finals				
Finals							
1	162	Tafoya, Armando	SR	Central Washington	58.91m	193-03NP	2
2	484	Wilkens, Mitch	SR	Saint Martin's	55.09m	180-09NP	2
3	569	Behncke, Peter	SR	Simon Fraser	54.65m	179-03NP	2
4	467	Fualefau, Vincent	SR	Saint Martin's	52.78m	173-02	2
5	482	Vanderpoel, Kauanoe	JR	Saint Martin's	52.17m	171-02	2
6	764	Pless, Brandon	JR	Western Washington	51.61m	169-04	2
7	753	Lee, Bryan	SO	Western Washington	50.34m	165-02	2
8	622	Hoffman, Michael		Team Salty (Wwu Alumni)	46.55m	152-09	2
9	666	Lux, Avery		Unattached	46.35m	152-01	1
10	78	Yep, Sebastian	FR	British Columbia	45.64m	149-09	2
11	161	Tafoya, Alberto	FR	Central Washington	45.46m	149-02	1
12	466	Ferry, Corbin	FR	Saint Martin's	45.43m	149-00	1
13	575	Driver, Jayden	FR	Simon Fraser	42.39m	139-01	2
14	338	Huskey, Mike	FR	Olympic College	41.79m	137-01	1
15	136	Harris, Andrew	FR	Central Washington	40.41m	132-07	1
16	129	Cain, Aidan	FR	Central Washington	37.49m	123-00	1
17	394	Jarvis, Nate	SO	Pacific Lutheran	34.19m	112-02	1
18	209	Ambrose, Tyler		Get Strong First Track Club	33.16m	108-09	1
---	307	Cunningham, Carter	FR	Northwest U.	FOUL		1
---	391	Hatton, Lucas	SR	Pacific Lutheran	FOUL		2
---	342	Paller, Colton	FR	Olympic College	FOUL		2

Event 15 Women Javelin Throw

Meet: 54.69m M 2016 Krista Woodward, Unattached
 School: 54.97m W 2016 Katie Reichert, WWU
 48.50m NA Nat. Automatic
 40.37m NP Nat. Provisional

Name	Yr	School	Finals				
Finals							
1	610	Reichert, Katie		Team Salty (Wwu Alumni)	53.80m	176-06NA	2
2	689	Drake, Bethany	SR	Western Washington	50.72m	166-05NA	2
3	504	Markham, Sammi	SR	Seattle Pacific	44.78m	146-11NP	2
4	606	Gruszecki, Monika		Team Salty (Wwu Alumni)	43.39m	142-04NP	2
5	296	Miller, Anna	SO	Northwest U.	41.66m	136-08NP	2
6	448	Palmiter, Claire	SR	Saint Martin's	40.27m	132-01	2
7	353	Graddy, Machaela	JR	Pacific Lutheran	39.51m	129-07	2
8	123	Whistocken, Angelique	SR	Central Washington	39.24m	128-09	2
9	104	Lombard-Chappell, Savana	JR	Central Washington	35.76m	117-04	2
10	363	Mogen, Olga	SO	Pacific Lutheran	35.10m	115-02	1
11	102	Lebasis, Victoria	JR	Central Washington	34.51m	113-03	1
12	437	Howsden, Sarah	SO	Saint Martin's	31.62m	103-09	1
13	213	Meyer, Nona	FR	Green River CC	25.54m	83-09	1
14	541	Fedor, Kye	JR	Simon Fraser	22.65m	74-04	1
15	681	Miller, Danielle	JR	Vancouver Thunderbirds TC	21.40m	70-02	1

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Finals ... (Event 15 Women Javelin Throw)

Name	Yr	School	Finals		
16 285 Campbell, Emily	SO	Northwest U.	18.95m	62-02	1

Event 16 Men Javelin Throw

Meet: 68.70m M 2009 Curtis Moss, UBC
 School: 70.23m W 2015 Slater Hirst, WWU
 67.10m NA Nat. Automatic
 58.34m NP Nat. Provisional

Name	Yr	School	Finals		
Finals					
1 621 Haskin, John		Team Salty (Wwu Alumni)	63.38m	207-11NP	2
2 728 Barry, Alex	SO	Western Washington	61.67m	202-04NP	2
3 343 Sunkel, Cole	SO	Olympic College	57.59m	188-11	2
4 390 Hatlen, Michael	SR	Pacific Lutheran	57.12m	187-05	2
5 145 Lytle, Griffey	SO	Central Washington	56.92m	186-09	2
6 738 David, Costel	SO	Western Washington	53.37m	175-01	2
7 154 Rutter, Tyree	SO	Central Washington	53.10m	174-02	2
8 165 Villarreal, Domingo	JR	Central Washington	52.78m	173-02	2
9 225 Morris, Alexander	SO	Green River CC	51.94m	170-05	1
10 75 Stack, Tynan	JR	British Columbia	51.02m	167-05	2
11 140 Jorgenson, Riley	JR	Central Washington	49.36m	161-11	2
12 131 Chavez, Michael	SR	Central Washington	48.73m	159-10	2
13 155 Scarlett, Grant	FR	Central Washington	48.39m	158-09	1
14 194 Trotter, Tristan	FR	Everett CC	47.55m	156-00	1
15 307 Cunningham, Carter	FR	Northwest U.	42.59m	139-09	1
16 316 Smith, Caleb	SO	Northwest U.	40.26m	132-01	1
17 221 Homer, Callahan	FR	Green River CC	40.21m	131-11	1
18 321 Riddell, Mackenzie		NorWesters	35.07m	115-01	1
19 308 Garland, Braden	FR	Northwest U.	34.95m	114-08	1

Event 17 Women 10000 Meter Run

Meet: 35:49.5h M 2004 Kristina Proticova, NWC
 School: 33:17.39 W 2011 Sarah Porter, WWU
 34:33.97 NA Nat. Automatic
 36:56.20 NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1 181 Daniels, Avery	FR	Everett CC	41:15.51
2 452 Vaughan, Yeshi	FR	Saint Martin's	41:22.63

Event 18 Men 10000 Meter Run

Meet: 30:52.7h M 2011 Chad Portwood, WWU Alumni
 School: 29:45.92 W 2010 Jordan Welling, WWU
 29:15.09 NA Nat. Automatic
 31:00.00 NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1 665 Hernandez, Antonio		Unattached	34:23.56
2 524 Walker, Joseph	JR	Seattle Pacific	34:28.58
3 219 Bloom, Brendan	SO	Green River CC	35:59.56
4 673 Young, Paul	SR	Club Northwest	37:14.14

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Event 19 Women 5000 Meter Run

Meet: 16:35.53 M 2015 Katelyn Steen, WWU
 School: 15:57.02 W 2011 Sarah Porter, WWU
 16:25.35 NA Nat. Automatic
 17:21.38 NP Nat. Provisional

Name	Yr	School	Finals	H#
Finals				
1 116 Shindruk, Alexa	SO	Central Washington	17:21.35	NP 2
2 115 Rexus, Stephanie	SR	Central Washington	17:24.92	2
3 777 Watson, Ruby	SR	Whatcom Tesseract	17:25.28	2
4 719 Stelling, Lillianna	SR	Western Washington	17:27.66	2
5 289 Estabrook, Sarah	JR	Northwest U.	17:41.17	2
6 288 Engelbrekt, Lily	JR	Northwest U.	17:46.55	2
7 691 Galvez, Sophia	FR	Western Washington	17:53.02	2
8 700 Laiblin, Alexandra	JR	Western Washington	17:53.79	2
9 716 Shinnick, Peyton	FR	Western Washington	17:55.51	2
10 705 Melville, Tracy	SO	Western Washington	17:55.95	2
11 722 Taferre, Sara	SR	Western Washington	18:11.34	2
12 442 Lopez, Yadira	JR	Saint Martin's	18:18.82	2
13 5 Cundy, Rachel	SR	Bellingham Distance Project	18:30.69	1
14 85 Carlson, Brenna	FR	Central Washington	18:30.89	1
15 444 McCloskey, Claire	SR	Saint Martin's	18:33.05	1
16 509 Walter, Katherine	FR	Seattle Pacific	18:33.66	2
17 702 Marikis, Sofia	SR	Western Washington	18:35.35	1
18 32 Rivelis, Maddy	FR	British Columbia	18:37.03	1
19 86 Clem, Delaney	FR	Central Washington	18:40.08	2
20 646 Morris, Amy	SR	Unattached	18:57.64	1
21 439 Kolasinski, Larissa	SO	Saint Martin's	19:09.15	2
22 727 Whitley, Hallie	SO	Western Washington	19:47.53	1
23 184 Padilla, Andrea	FR	Everett CC	19:52.87	1
24 706 Milner, Abby	SO	Western Washington	20:14.43	1
25 211 Graham, LaRee	FR	Green River CC	20:51.42	1
26 291 Golling, Megan	FR	Northwest U.	21:31.63	1
27 218 Ventura, Yadira	FR	Green River CC	21:49.12	1
28 326 Hettick, Erika	FR	Olympic College	21:59.33	1
29 330 Patterson, Hannah	FR	Olympic College	24:16.24	1

Event 20 Men 3000 Meter Run

Meet: 8:24.61 M 2010 Jordan Welling, WWU
 School: 8:24.61 W 2010 Jordan Welling, WWU

Name	Yr	School	Finals
Finals			
1 172 Proceviat, Cameron		Coastal Track Club	8:27.36
2 603 Wong, Brendan	SR	Simon Fraser	8:45.47
3 580 Jorgensen, Oliver	SR	Simon Fraser	8:55.70
4 522 Sterling, Clark	JR	Seattle Pacific	9:48.56
--- 258 Collins, Drake		Multnomah University Elite	SCR
--- 656 Comer, Brian		Unattached	SCR

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Event 21 Women 3000 Meter Steeplechase

Meet: 10:22.41 M 2015 Regan Yee, Coquitlam
 School: 10:13.01 W 2015 Katelyn Steen, WWU
 10:21.33 NA Nat. Automatic
 11:05.00 NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1	692 Grant, Brittany	SR Western Washington	10:49.78 NP
2	12 Cairns, Brianna	SR British Columbia	11:00.59 NP
3	237 Williams, Joanna	Langley Mustangs	11:15.53
4	108 McKinney, Kaitlyn	SR Central Washington	11:53.17
5	499 Kettel, Hailey	JR Seattle Pacific	12:03.78
6	431 Dorney, Lindsey	FR Saint Martin's	12:27.71
7	214 Oosterhout, Abigail	FR Green River CC	12:34.00
8	725 Tyburczy, Katie	SR Western Washington	12:35.68
9	90 DuPras, Samantha	FR Central Washington	12:48.81
10	328 Larsen, Bailey	FR Olympic College	13:31.12
11	210 Bryant, Natalie	FR Green River CC	14:07.45

Event 22 Men 3000 Meter Steeplechase

Meet: 8:51.86 M 2013 Donn Cabral, Nike
 School: 8:59.67 W 2016 Matt Lutz, WWU
 8:52.70 NA Nat. Automatic
 9:17.00 NP Nat. Provisional

Name	Yr	School	Finals
Finals			
1	44 Bergman, Sean	FR British Columbia	9:21.14
2	654 Charlton, Braeden	Unattached	9:23.07
3	77 Trummer, Max	JR British Columbia	9:30.98
4	56 Halliday, Kieran	SO British Columbia	9:55.94
5	664 Heckman, Jasper	SR Unattached	10:14.22
6	318 Willis, Dean	SR Northwest U.	10:14.68
7	478 Schilter, Levi	SO Saint Martin's	10:18.40
8	305 Bruce, Gino	SO Northwest U.	10:21.91
9	765 Pulver, Colton	SO Western Washington	10:35.85
10	465 Edgecomb, Joe	SO Saint Martin's	10:36.69
11	344 Swenson, Anthony	SO Olympic College	10:40.58
12	248 Council, Keegan	FR Multnomah	10:52.93
13	191 Ha, Michael	FR Everett CC	12:39.44
---	221 Homer, Callahan	FR Green River CC	DNF
---	190 Dodson, Elijah	FR Everett CC	SCR
---	774 Wise, Andrew	SR Western Washington	SCR

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Event 23 Women 4x100 Meter Relay

Meet: 47.20 M 2014 , SPU
 Baldwin, Brannan, Mitchell, Wochnick
 School: 46.90 W 2010 , WWU
 Houplin, Howe, Brownell, Zukowski
 45.36 NA Nat. Automatic
 47.00 NP Nat. Provisional

Team	Relay	Finals
Finals		
1 Simon Fraser	A	46.75 M NP
1) 546 Kabia, Valda SO	2) 538 Desch, Chantel SR	3) 555 Pederson, Kira FR
4) 550 Lucas, Katherine FR		
2 Western Washington	A	47.74
1) 703 McLean, Kelsey FR	2) 688 Bradley, Hannah FR	3) 718 Smith, Savannah SO
4) 685 Allen, Macie FR		
3 Olympic College	A	52.60
1) 325 Dunbar, Destiny SO	2) 332 Tatum, Asia SO	3) 329 McArdle, Dylan FR
4) 327 Kayongo, Tammy FR		

Event 24 Men 4x100 Meter Relay

Meet: 41.40 M 2012 , WWU
 Pangilinan, Gruger, Tilley, Steffen
 School: 41.35 W 1997 , WWU
 Lewis, Dilling, Susee, Lynch
 40.16 NA Nat. Automatic
 41.12 NP Nat. Provisional

Team	Relay	Finals
Finals		
1 Western Washington	A	43.28
1) 750 Jones, Daniel SO	2) 751 Knox, Stedman SO	3) 737 Cummings, Cordell FR
4) 732 Chhim, Somit JR		
2 Olympic College	A	43.88
1) 339 Johnston, Brian SO	2) 335 DeGuzman, Jarod FR	3) 345 Ukai, Koshi FR
4) 337 Dudley, Kevin SO		
3 Green River CC	A	44.32
1) 227 Sires, Cannon FR	2) 229 Swanson, Brandon FR	3) 228 Sparks, Caden SO
4) 223 Jones, Kawika FR		
--- British Columbia	A	SCR
1) 50 Coles, Mark JR	2) 43 Aono, Michael FR	3) 57 Hanna, Jacob SO
4) 60 Ileri, Philip JR		
--- Simon Fraser	A	SCR
1) 582 Kyeame, Nathan SO	2) 581 Kelloway, Daniel SR	3) 573 Dhillon, Hameet JR
4) 583 Mah, Nathan FR		

Event 25 Women 1500 Meter Run

Meet: 4:23.17 M 2007 Jessica Pixler, SPU
 School: 4:29.71 W 2015 Haley O'Connor, WWU
 4:23.50 NA Nat. Automatic
 4:34.00 NP Nat. Provisional

Name	Yr	School	Finals	H#
Finals				
1 562 Townsend, Addy	SO	Simon Fraser	4:30.36 NP	2
2 532 Bassett, Miryam	JR	Simon Fraser	4:30.44 NP	2
3 539 Dobie, Reta	JR	Simon Fraser	4:35.59	2
4 6 Au, Enid	SO	British Columbia	4:38.94	2
5 235 Ryan, Hannah	1	Langley Mustangs	4:39.38	2
6 553 Nock, Paige	JR	Simon Fraser	4:39.53	2
7 489 Calvert, Hannah	SR	Seattle Pacific	4:40.08	2
8 494 Foote, Alyssa	FR	Seattle Pacific	4:41.72	2
9 697 Hutchison, Maddy	JR	Western Washington	4:44.07	2

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Finals ... (Event 25 Women 1500 Meter Run)

Name	Yr	School	Finals	H#
10 724 Troupe, Shawna	SR	Western Washington	4:45.78	2
11 699 Koger, Aundrea	FR	Western Washington	4:45.89	2
12 558 Riberio, Chelsea	SO	Simon Fraser	4:47.61	2
13 36 Tinkham, Mikayla	FR	British Columbia	4:47.97	2
14 236 Smart, Mikaela		Langley Mustangs	4:51.05	2
15 103 Liebel, Brenna	SO	Central Washington	4:56.07	2
16 639 Dreicer, Talia		Unattached	4:57.56	1
17 26 McIntosh, Taylor	SO	British Columbia	4:58.48	1
18 505 Mc Nerney, Sedona	FR	Seattle Pacific	4:59.75	1
19 778 Austin, Annika		Vancouver Thunderbirds	5:10.90	2
20 563 Townsend, Dana	SR	Simon Fraser	5:11.19	1
21 216 Sherick, Katie	SO	Green River CC	5:13.95	1
22 492 Edgar, Gillian	FR	Seattle Pacific	5:14.25	1
23 649 Vijgen, Nicole		Unattached	5:15.58	1
24 82 Beverlein, Tera	SO	Central Washington	5:23.02	1
25 112 Olander, Lisa	SR	Central Washington	5:26.58	1
26 426 Abbott, Olivia	FR	Saint Martin's	5:48.19	1
27 300 Praino, Leila	FR	Northwest U.	5:49.84	1
28 218 Ventura, Yadira	FR	Green River CC	5:55.03	1

Event 26 Men 1500 Meter Run

Meet: 3:50.6h M 1984 Gary Gustafson, CNW

School: 3:46.44 W 2000 Devin Kemper, WWU

3:45.65 NA Nat. Automatic

3:51.68 NP Nat. Provisional

Name	Yr	School	Finals	H#
Finals				
1 76 Taylor, Christopher	SR	British Columbia	3:53.49	2
2 661 Gravel, Christian		Unattached	3:53.51	2
3 54 Gay, John	JR	British Columbia	3:54.48	2
4 759 McCranie, Cody	SR	Western Washington	3:54.50	2
5 742 Giese, Logan	JR	Western Washington	3:54.87	2
6 735 Cossette, Liam	FR	Western Washington	3:55.91	2
7 58 Hooton, Jesse	SR	British Columbia	3:56.16	2
8 239 Colyn, Nick		Langley Mustangs	3:56.56	2
9 171 VanDooren, Tyler		Club Northwest	3:58.35	2
10 739 Derline, Isaac	JR	Western Washington	3:59.32	2
11 602 Wilson, Jordan	FR	Simon Fraser	4:00.48	1
12 515 Halladay, Ben	JR	Seattle Pacific	4:00.75	2
13 143 Leaf, Ron	JR	Central Washington	4:00.91	2
14 577 Gallagher, Thomas	FR	Simon Fraser	4:01.45	2
15 644 McMichael, Porter		Unattached	4:03.20	2
16 596 Tadesse, Ephraim	JR	Simon Fraser	4:03.80	2
17 193 Novak, Cortlend	FR	Everett CC	4:05.08	1
18 189 Davis, Douglas	FR	Everett CC	4:05.39	1
19 660 Geary, Tanner	FR	Unattached	4:05.91	2
20 47 Broatch, Thomas	FR	British Columbia	4:06.40	1
21 743 Gomez, Enrique	FR	Western Washington	4:08.18	2
22 747 Hoggarth, Colton	FR	Western Washington	4:10.04	2
23 592 Sekhon, Jalen	JR	Simon Fraser	4:12.06	1

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Finals ... (Event 26 Men 1500 Meter Run)

Name	Yr	School	Finals	H#
24 59 Huynh, Miles	FR	British Columbia	4:13.79	1
25 255 Larabee, Daniel	FR	Multnomah	4:14.90	1
26 51 Cormier, Matthew	JR	British Columbia	4:14.95	1
27 471 Hunt, Josh	JR	Saint Martin's	4:17.17	1
28 68 O'Reilly, Liam	FR	British Columbia	4:17.95	1
29 46 Biro, Stefan	FR	British Columbia	4:18.21	1
30 657 Dallas, Lucas		Unattached	4:33.74	1
31 673 Young, Paul	SR	Club Northwest	4:48.05	1

Event 27 Women 100 Meter Hurdles

Meet: 14.08 M 1997 Vanessa Fryer, SFU
 School: 13.7h W 1973 Wendy Taylor, WWU
 13.30 NA Nat. Automatic
 14.30 NP Nat. Provisional

Name	Yr	School	Finals	Wind	H#
Finals					
1 120 Vongsaveng, Mariyah	SO	Central Washington	14.67	-2.4	2
2 564 Voloshin, Diana	FR	Simon Fraser	14.83	-2.4	2
3 177 Tyndall, Hana		Coq. Cheetahs	15.13	-2.4	2
4 83 Bland, Emily	JR	Central Washington	15.27	-2.4	2
5 541 Fedor, Kye	JR	Simon Fraser	15.51	-2.4	2
6 81 Banfro, Tianna	SR	Central Washington	16.37	-2.4	2
7 438 Kendrick, Ariya	FR	Saint Martin's	16.74	-0.7	1
8 445 McFaul, Abby	SR	Saint Martin's	17.25	-0.7	1
9 527 Kodjababian, Ella	SO	Seattle Speed	17.43	-0.7	1
10 331 Smitha, Monica	SO	Olympic College	18.10	-0.7	1
--- 681 Miller, Danielle	JR	Vancouver Thunderbirds TC	SCR		
--- 217 Sterling, Taylor	FR	Green River CC	SCR		

Event 28 Men 110 Meter Hurdles

Meet: 14.25 M 2016 Travis Milbrandt, WWU
 School: 14.19 W 2016 Travis Milbrandt, WWU
 13.90 NA Nat. Automatic
 14.50 NP Nat. Provisional

Name	Yr	School	Finals	Wind	H#
Finals					
1 676 Cheng, Ryan	SR	Vancouver Thunderbirds	15.39	-2.2	2
2 196 Diaz, Chris	FR	Everett Track Club	15.46	+0.0	1
3 516 Harris, Peyton	JR	Seattle Pacific	15.49	-2.2	2
4 655 Cheung, Jackson	SR	Unattached	15.52	-2.2	2
5 737 Cummings, Cordell	FR	Western Washington	15.59	-2.2	2
6 313 Randle, TJ	JR	Northwest U.	15.62	-2.2	2
7 135 Gunther, Ryan	SO	Central Washington	16.06	-2.2	2
8 157 Scott, Trevaughn	JR	Central Washington	16.20	-2.2	2
9 513 Carpenter, Shayne	FR	Seattle Pacific	16.76	+0.0	1
10 136 Harris, Andrew	FR	Central Washington	16.79	+0.0	1
--- 153 Roa, Chris	FR	Central Washington	SCR		
--- 600 Voloshin, Daniel	SR	Simon Fraser	SCR		

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Event 29 Women 400 Meter Dash

Meet: 55.2h M 1981 Rhonda Bell, Bellevue CC
 School: 54.59 W 2009 Ellie Siler, WWU
 53.50 NA Nat. Automatic
 55.98 NP Nat. Provisional

Name	Yr	School	Finals	H#
Finals				
1 718 Smith, Savannah	SO	Western Washington	57.56	3
2 721 Sytsma, Emily	SO	Western Washington	57.80	3
3 83 Bland, Emily	JR	Central Washington	58.79	3
4 549 Lindsay, Nicole	FR	Simon Fraser	58.91	3
5 27 McWilliam, Leah	FR	British Columbia	59.89	2
6 495 Gabriel, Olivia	FR	Seattle Pacific	1:00.46	3
7 436 Hawthorne, Keirnan	SR	Saint Martin's	1:00.81	3
8 176 Smigelski, Natasha		Coq. Cheetahs	1:01.02	2
9 493 Fine, Keana	SO	Seattle Pacific	1:01.03	3
10 28 McWilliam, Rhianna	FR	British Columbia	1:01.12	2
11 299 Perez, Michelle	SR	Northwest U.	1:02.96	2
12 430 Carandang, Ashley	JR	Saint Martin's	1:03.73	2
13 183 Meischke, Jewelia	FR	Everett CC	1:05.40	2
14 328 Larsen, Bailey	FR	Olympic College	1:07.32	2
15 170 Weilert, Valerie		Club Northwest	1:07.46	1
16 682 West, Payton	JR	Vancouver Thunderbirds TC	1:09.04	1
17 185 Salmonson, Camren	FR	Everett CC	1:10.37	1
--- 329 McArdle, Dylan	FR	Olympic College	SCR	
--- 37 Tourigny, Katherine	SR	British Columbia	SCR	
--- 554 Notting, Megan	SO	Simon Fraser	SCR	

Event 30 Men 400 Meter Dash

Meet: 46.96 M 2015 Michael Aono, Coquitlam
 School: 47.25 W 1994 Marc Hill, WWU
 46.56 NA Nat. Automatic
 47.94 NP Nat. Provisional

Name	Yr	School	Finals	H#
Finals				
1 43 Aono, Michael	FR	British Columbia	48.92	4
2 758 McArthur, Ryan	SR	Western Washington	48.93	4
3 130 Calderon, Daniel	FR	Central Washington	49.61	4
4 653 Cantarella, Egidio		Unattached	49.74	4
5 157 Scott, Trevaughn	JR	Central Washington	50.17	4
6 520 Ramsey, Justin	SR	Seattle Pacific	50.30	4
7 677 Fisher, Paul	SR	Vancouver Thunderbirds	50.31	3
8 678 Pescitelli, Alexander	JR	Vancouver Thunderbirds	50.86	3
9 70 Pollard, Eric		British Columbia	51.15	4
10 754 Lovercamp, Reid	SO	Western Washington	51.38	3
11 679 Prevost, Sam	JR	Vancouver Thunderbirds	51.73	3
12 125 Arndt, Darren	SR	Central Washington	52.08	3
13 198 Nelson, Vaughan	SO	Everett Track Club	52.75	3
14 335 DeGuzman, Jarod	FR	Olympic College	52.82	2
15 195 Chuol, Tethliach	SO	Everett Track Club	53.01	3
16 587 Parks, Corey	JR	Simon Fraser	53.03	2

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Name	Yr	School	Finals	H#
17 458 Anguay, Zach	FR	Saint Martin's	53.63	2
18 135 Gunther, Ryan	SO	Central Washington	53.70	2
19 578 Ibbitt, Ryan	FR	Simon Fraser	54.52	1
20 309 Griffis, Logan	SR	Northwest U.	55.11	2
21 334 Adams, Drake	FR	Olympic College	55.77	1
22 204 Godon, Samuel	FR	Evergreen St.	55.93	2
23 321 Riddell, Mackenzie		NorWesters	56.06	1
24 680 Shum, Brendan	SR	Vancouver Thunderbirds	56.50	1
25 1 Buchanan, Rudy		Airdrie Aces Athletics Club	57.01	2
26 230 Valencia, Armando	FR	Green River CC	1:02.79	1
--- 573 Dhillon, Hameet	JR	Simon Fraser	SCR	
--- 521 Scarbrough, Lazarus	FR	Seattle Pacific	SCR	
--- 530 McTear, Jamarius	SR	Seattle Speed	SCR	
--- 2 Chalupiak, Scott		Airdrie Aces Athletics Club	SCR	

Event 31 Women 100 Meter Dash

Meet: 11.8h M 2006 Lisa Whitehead, Coquitlam

School: 11.93 W 1987 Hollie Watson, WWU

11.54 NA Nat. Automatic

11.99 NP Nat. Provisional

Name	Yr	School	Finals	Wind	H#
Finals					
1 550 Lucas, Katherine	FR	Simon Fraser	12.11	-0.5	3
2 674 Nettey, Sabrina		Universal Athletics	12.53	-0.5	3
3 703 McLean, Kelsey	FR	Western Washington	12.58	-0.5	3
4 685 Allen, Macie	FR	Western Washington	12.61	-0.5	3
5 688 Bradley, Hannah	FR	Western Washington	12.75	0.1	2
6 542 Friedmann, Natasha	JR	Simon Fraser	12.91	0.1	2
7 215 Sauls, Da'schele	SO	Green River CC	12.93	-0.5	3
8 15 Duncanson, Jade	FR	British Columbia	12.99	-0.5	3
9 720 Svastisalee, Deja	JR	Western Washington	13.07	0.1	2
10 97 Inderbitzin, Julia	SO	Central Washington	13.08	0.1	2
11 675 Fung, Logan	FR	Vancouver Thunderbirds	13.13	0.1	2
12 30 Oancia, Sarah	FR	British Columbia	13.22	+0.0	1
13 33 Russell, Emily	JR	British Columbia	13.27	-0.5	3
14 325 Dunbar, Destiny	SO	Olympic College	13.34	+0.0	1
15 174 Duncan, Amara		Coq. Cheetahs	13.53	-0.5	3
16 332 Tatum, Asia	SO	Olympic College	13.60	0.1	2
17 438 Kendrick, Ariya	FR	Saint Martin's	13.62	+0.0	1
18 35 Taddei, Larissa	SR	British Columbia	13.75	0.1	2
19 202 Christenson, Camille	SO	Evergreen St.	13.83	0.1	2
20 327 Kayongo, Tammy	FR	Olympic College	13.84	+0.0	1
21 434 Garmanian, Kianna	FR	Saint Martin's	13.90	+0.0	1
22 199 Etc, Averi		Everett Track Club	14.05	+0.0	1
23 527 Kodjababian, Ella	SO	Seattle Speed	14.66	+0.0	1
--- 95 Hawley, Katia	SO	Central Washington	SCR		
--- 106 Martin, Diamond	JR	Central Washington	SCR		
--- 433 Franulovich, Bernadette	FR	Saint Martin's	SCR		
--- 319 Schulz, Kristen		NorWesters	SCR		

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Event 32 Men 100 Meter Dash

Meet: 10.3h M 1983 Marty Krulee, Unattached
 School: 10.22 W 2015 Alex Donigian, WWU
 10.31 NA Nat. Automatic
 10.61 NP Nat. Provisional

Name	Yr	School	Finals	Wind	H#
Finals					
1 683 Abosi, Stephen		Vancouver Thunderbirds TC	10.69	+0.0	4
2 337 Dudley, Kevin	SO	Olympic College	11.03	+0.0	4
3 583 Mah, Nathan	FR	Simon Fraser	11.05	+0.0	4
4 750 Jones, Daniel	SO	Western Washington	11.11	+0.0	4
5 628 Tilly, Alex		Team Salty (Wwu Alumni)	11.12	+0.0	4
6 751 Knox, Stedman	SO	Western Washington	11.22	+0.0	4
7 322 Blackman, Kenny Junior		Ocean Athletics	11.30	+0.0	4
8 60 Ileri, Philip	JR	British Columbia	11.30	+0.0	4
9 223 Jones, Kawika	FR	Green River CC	11.32	-1.2	3
10 730 Broxton Jr., Willie	FR	Western Washington	11.38	0.4	2
11 582 Kyeame, Nathan	SO	Simon Fraser	11.56	-1.2	3
12 186 Tadeo, Mikkel Anjo	FR	Everett CC	11.58	0.4	2
13 163 Titus, Hunter	FR	Central Washington	11.59	-1.2	3
14 732 Chhim, Somit	JR	Western Washington	11.64	-1.2	3
15 756 Mallula, Lane	FR	Western Washington	11.65	-1.2	3
16 651 adekanbi, oladdimeji	FR	Unattached	11.65	-0.8	1
17 658 Dildine, Ian	SR	Unattached	11.68	-1.2	3
18 472 Kier, Andrew	JR	Saint Martin's	11.69	0.4	2
19 513 Carpenter, Shayne	FR	Seattle Pacific	11.78	0.4	2
20 514 Choi, David	FR	Seattle Pacific	11.81	0.4	2
21 228 Sparks, Caden	SO	Green River CC	11.83	0.4	2
22 525 Wong, Christian	FR	Seattle Pacific	11.97	0.4	2
23 345 Ukai, Koshi	FR	Olympic College	12.11	-1.2	3
24 529 Chappelle, Ryan	FR	Seattle Speed	12.46	-1.2	3
25 222 Jackson, Dalawn	FR	Green River CC	12.51	-0.8	1
26 523 Telfer, Zach	JR	Seattle Pacific	12.58	-0.8	1
27 147 Martinez, Marco	SO	Central Washington	12.66	-0.8	1
28 528 Chappelle, Kevin	FR	Seattle Speed	12.86	-0.8	1
29 510 Bench, Chris	JR	Seattle Pacific	13.20	-0.8	1
30 468 Gardner, Grant	FR	Unattached	13.28	-0.8	1
--- 619 Gruger, Shane		Team Salty (Wwu Alumni)	SCR		
--- 667 Phomprida-Robinson, Juwuan	JR	Unattached	SCR		
--- 655 Cheung, Jackson	SR	Unattached	SCR		
--- 50 Coles, Mark	JR	British Columbia	SCR		
--- 617 Dye, Alexander		Team Salty (Wwu Alumni)	SCR		
--- 178 Wezeman, Benjamin		Coq. Cheetahs	SCR		
--- 148 McKinney, Kent	SR	Central Washington	SCR		
--- 336 Domingue, Deiph	FR	Olympic College	SCR		
--- 772 Taylor, Alex	FR	Western Washington	SCR		
--- 227 Sires, Cannon	FR	Green River CC	SCR		
--- 670 Sims, Justin		Unattached	SCR		
--- 672 Vassell, Oronde	SR	Unattached	SCR		
--- 160 Steuk, Garret	JR	Central Washington	SCR		

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Results

Event 33 Women 800 Meter Run

Meet: 2:07.90 M 2006 Rebecca Johnstone, SFU
 School: 2:11.45 W 2011 Rachael Johnson, WWU
 2:07.50 NA Nat. Automatic
 2:13.33 NP Nat. Provisional

Name	Yr	School	Finals	H#
Finals				
1 238 Yee, Regan	1	Langley Mustangs	2:10.60 NP	3
2 540 Dodd, Sophie	JR	Simon Fraser	2:11.16 NP	3
3 552 Mussatto, Alana	JR	Simon Fraser	2:11.32 NP	3
4 506 Phan, Chynna	JR	Seattle Pacific	2:12.48 NP	3
5 545 Howley, Julia	JR	Simon Fraser	2:14.52	3
6 23 Laxis, Nicole	JR	British Columbia	2:14.73	3
7 34 Symonds, Nicola	SO	British Columbia	2:14.79	3
8 22 Korpach, Sarah	SR	British Columbia	2:15.37	3
9 38 Van Tassel, Camille	JR	British Columbia	2:15.78	3
10 609 O'Connor, Haley		Team Salty (Wwu Alumni)	2:17.13	3
11 717 Shreffler, Waverly	FR	Western Washington	2:17.52	3
12 37 Tourigny, Katherine	SR	British Columbia	2:22.34	2
13 39 Wager, Brianne	SR	British Columbia	2:22.94	2
14 16 Geary, Caitlin	JR	British Columbia	2:23.05	2
15 111 Nelson, Miranda	FR	Central Washington	2:23.33	2
16 103 Liebel, Brenna	SO	Central Washington	2:23.57	2
17 36 Tinkham, Mikayla	FR	British Columbia	2:23.94	3
18 698 Johnson, Julian	FR	Western Washington	2:24.13	2
19 639 Dreicer, Talia		Unattached	2:25.52	2
20 182 Guillen, Jeniya	FR	Everett CC	2:32.62	2
21 216 Sherick, Katie	SO	Green River CC	2:32.68	2
22 287 DeLapp, Hannah	FR	Northwest U.	2:33.47	2
23 82 Beyerlein, Tera	SO	Central Washington	2:35.91	2
24 180 Barth, Jessa	FR	Everett CC	2:36.69	2
25 326 Hettick, Erika	FR	Olympic College	2:46.01	1
26 214 Oosterhout, Abigail	FR	Green River CC	2:46.52	1
27 175 Jimenez, Mariana		Coq. Cheetahs	2:50.99	1
28 333 Zimmermann, Laura	FR	Olympic College	2:55.48	1
29 294 Kulesza, Caree	FR	Northwest U.	3:00.90	1
30 300 Praino, Leila	FR	Northwest U.	3:01.35	1
--- 94 Gundersen, Kelsey	FR	Central Washington	SCR	
--- 90 DuPras, Samantha	FR	Central Washington	SCR	
--- 699 Koger, Aundrea	FR	Western Washington	SCR	
--- 259 Heisterman, Madison	JR	Nanaimo Track	SCR	
--- 18 Hawthorn, Natalia	SR	British Columbia	SCR	
--- 553 Nock, Paige	JR	Simon Fraser	SCR	
--- 562 Townsend, Addy	SO	Simon Fraser	SCR	
--- 724 Troupe, Shawna	SR	Western Washington	SCR	
--- 21 Kilmartin, Sandra	SR	British Columbia	SCR	

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Results

Event 34 Men 800 Meter Run

Meet: 1:50.88 M 2007 Nectaly Barbosa, Unattached

School: 1:49.84 W 2000 Devin Kemper, WWU

1:49.00 NA Nat. Automatic

1:52.33 NP Nat. Provisional

Name	Yr	School	Finals	H#
Finals				
1 576 Freinhofer, Dylan	JR	Simon Fraser	1:53.25	4
2 242 Lam, James	1	Langley Mustangs	1:53.36	4
3 240 De Jong, Tyler	1	Langley Mustangs	1:54.53	4
4 759 McCranie, Cody	SR	Western Washington	1:55.16	4
5 735 Cossette, Liam	FR	Western Washington	1:55.22	4
6 79 Krotzer, Kenny	SR	Brooks Beasts RC	1:55.61	4
7 519 Phan, Jesse	SO	Seattle Pacific	1:55.83	4
8 244 Marshall, Adam	1	Langley Mustangs	1:55.83	4
9 597 Torres, Richard	FR	Simon Fraser	1:56.25	3
10 417 Fournier, Isaac	FR	Puget Sound	1:56.68	3
11 470 Hughey, Mitchell	SR	Saint Martin's	1:57.44	4
12 771 Spiller, Keaton	SO	Western Washington	1:57.75	4
13 152 Rainboth, Aaron	FR	Central Washington	1:57.79	3
14 742 Giese, Logan	JR	Western Washington	1:58.01	3
15 241 Gin, Jordan	1	Langley Mustangs	1:58.54	3
16 644 McMichael, Porter		Unattached	1:58.92	3
17 736 Crowell, Ben	SO	Western Washington	1:59.13	4
18 572 de Dalmases, Mateo	JR	Simon Fraser	1:59.15	2
19 599 Vargas, Carlos	SO	Simon Fraser	1:59.18	4
20 314 Siler, Cameron	SR	Northwest U.	2:00.04	2
21 748 Irvine, Justin	JR	Western Washington	2:00.11	2
22 518 McLeod, David	SR	Seattle Pacific	2:00.12	2
23 654 Charlton, Braeden		Unattached	2:00.32	3
24 566 Abebe, Yonathan	SR	Simon Fraser	2:00.34	2
25 243 Loewen, Ron		Langley Mustangs	2:01.56	3
26 733 Cirlincione, Dario	FR	Western Washington	2:01.94	3
27 310 Guisinger, Brian	JR	Northwest U.	2:01.97	3
28 747 Hoggarth, Colton	FR	Western Washington	2:04.43	3
29 169 Martin, Luke		Club Northwest	2:05.02	2
30 255 Larabee, Daniel	FR	Multnomah	2:05.66	2
31 207 Murrey-Inskeep, Gabriel	FR	Evergreen St.	2:06.14	2
32 671 Steimel, Tommy	SR	Unattached	2:06.65	2
33 156 Schrenk, Matthew	SO	Central Washington	2:06.73	2
34 526 Zering, Josiah	JR	Seattle Pacific	2:06.87	2
35 159 Sprague, Kieran	SR	Central Washington	2:07.36	3
36 623 Hopper, Dylan		Team Salty (Wwu Alumni)	2:09.85	1
37 4 Rent, Tanner		Airdrie Aces Athletics Club	2:12.04	1
38 3 Good, Aiden		Airdrie Aces Athletics Club	2:12.08	1
39 657 Dallas, Lucas		Unattached	2:14.24	1
40 224 Lopez, Esteban	FR	Green River CC	2:16.50	1
41 344 Swenson, Anthony	SO	Olympic College	2:18.97	1
42 656 Comer, Brian		Unattached	2:21.60	2
43 230 Valencia, Armando	FR	Green River CC	2:33.52	1
44 187 Chan, Ka Hei	FR	Everett CC	2:34.65	1

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Results

Finals ... (Event 34 Men 800 Meter Run)

Name	Yr	School	Finals	H#
--- 226 Musa, Stephano	SO	Green River CC	SCR	
--- 164 Trujillo, Blake	FR	Central Washington	SCR	
--- 341 MacEachron, Alex	FR	Olympic College	SCR	
--- 743 Gomez, Enrique	FR	Western Washington	SCR	
--- 592 Sekhon, Jalen	JR	Simon Fraser	SCR	
--- 591 Sawatzky, David	JR	Simon Fraser	SCR	
--- 471 Hunt, Josh	JR	Saint Martin's	SCR	
--- 596 Tadesse, Ephraim	JR	Simon Fraser	SCR	

Event 35 Women 400 Meter Hurdles

Meet: 59.9h M 1992 Michaela Colluney, SFU

School: 1:00.31 W 2009 Heidi Dimmitt, WWU

58.95 NA Nat. Automatic

1:02.40 NP Nat. Provisional

Name	Yr	School	Finals	H#
Finals				
1 173 Gummer, Elizabeth		Com. Cougars	1:01.94 NP	3
2 179 Sinnatamby, Tristan		Edmonton Columbians	1:04.76	3
3 720 Svastisalee, Deja	JR	Western Washington	1:04.84	3
4 120 Vongsaveng, Mariyah	SO	Central Washington	1:05.09	3
5 451 Teigen, Megan	SR	Saint Martin's	1:05.87	3
6 436 Hawthorne, Keirnan	SR	Saint Martin's	1:07.75	2
7 19 Johnston, Hannah	FR	British Columbia	1:08.14	2
8 81 Banfro, Tianna	SR	Central Washington	1:08.62	3
9 429 Carandang, Alexis	SR	Saint Martin's	1:09.91	2
10 332 Tatum, Asia	SO	Olympic College	1:12.49	1
11 445 McFaul, Abby	SR	Saint Martin's	1:12.59	2
12 331 Smitha, Monica	SO	Olympic College	1:13.58	1
13 725 Tyburczy, Katie	SR	Western Washington	1:13.95	1
14 608 Lahman, Miranda		Team Salty (Wwu Alumni)	1:13.98	3
15 295 Lystad, Shandon	SR	Northwest U.	1:14.87	1
16 183 Meischke, Jewelia	FR	Everett CC	1:23.14	2
--- 245 Champoux, Megan		Langley Mustangs Track & Field	SCR	
--- 500 Lambert, Emma	SO	Seattle Pacific	SCR	

Event 36 Men 400 Meter Hurdles

Meet: 53.06 M 2016 Bernari Sternen, CWU

School: 51.9h W 1973 Mike Vorce, WWU

50.50 NA Nat. Automatic

53.48 NP Nat. Provisional

Name	Yr	School	Finals	H#
Finals				
1 313 Randle, TJ	JR	Northwest U.	54.23	2
2 57 Hanna, Jacob	SO	British Columbia	54.98	2
3 73 Schultze, Kenneth	SO	British Columbia	56.08	2
4 737 Cummings, Cordell	FR	Western Washington	56.86	2
5 567 Adhemar, Joshua	JR	Simon Fraser	57.14	2
6 571 Conrad, Ben	JR	Simon Fraser	57.71	1
7 729 Bosscher, Aaron	FR	Western Washington	58.64	1
8 339 Johnston, Brian	SO	Olympic College	1:00.06	1

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Finals ... (Event 36 Men 400 Meter Hurdles)

Name	Yr	School	Finals	H#
9 483 Walter, Andrew	SO	Saint Martin's	1:01.54	1
10 652 Bellefontaine, Matt	JR	Unattached	1:04.70	2
--- 677 Fisher, Paul	SR	Vancouver Thunderbirds	SCR	
--- 208 Smith, Jaz	FR	Evergreen St.	SCR	

Event 37 Women 200 Meter Dash

Meet: 24.38 M 2007 Ruky Abdulai, SFU
 School: 24.32 W 1987 Hollie Watson, WWU
 23.60 NA Nat. Automatic
 24.53 NP Nat. Provisional

Name	Yr	School	Finals	Wind	H#
Finals					
1 546 Kabia, Valda	SO	Simon Fraser	24.58	1.0	3
2 564 Voloshin, Diana	FR	Simon Fraser	25.61	1.0	3
3 508 Taylor, Lani	FR	Seattle Pacific	25.69	1.0	3
4 497 Houk, Becca	SR	Seattle Pacific	26.05	1.0	3
5 721 Sytsma, Emily	SO	Western Washington	26.22	+0.0	2
6 542 Friedmann, Natasha	JR	Simon Fraser	26.37	+0.0	2
7 215 Sauls, Da'schele	SO	Green River CC	26.50	1.0	3
8 83 Bland, Emily	JR	Central Washington	26.72	+0.0	2
9 675 Fung, Logan	FR	Vancouver Thunderbirds	26.74	+0.0	2
10 97 Inderbitzin, Julia	SO	Central Washington	26.86	+0.0	2
11 177 Tyndall, Hana		Coq. Cheetahs	27.25	1.0	3
12 451 Teigen, Megan	SR	Saint Martin's	27.62	-0.7	1
13 33 Russell, Emily	JR	British Columbia	27.64	+0.0	2
14 325 Dunbar, Destiny	SO	Olympic College	27.73	+0.0	2
15 174 Duncan, Amara		Coq. Cheetahs	27.87	+0.0	2
16 493 Fine, Keana	SO	Seattle Pacific	28.12	-0.7	1
17 430 Carandang, Ashley	JR	Saint Martin's	28.59	-0.7	1
18 434 Garmanian, Kianna	FR	Saint Martin's	28.71	-0.7	1
19 429 Carandang, Alexis	SR	Saint Martin's	28.88	-0.7	1
20 445 McFaul, Abby	SR	Saint Martin's	29.12	-0.7	1
21 199 Etc, Averi		Everett Track Club	29.42	-0.7	1
22 682 West, Payton	JR	Vancouver Thunderbirds TC	32.20	-0.7	1
--- 487 Brannan, Kyra	SR	Seattle Pacific	DQ	1.0	3
--- 15 Duncanson, Jade	FR	British Columbia	SCR		
--- 30 Oancia, Sarah	FR	British Columbia	SCR		
--- 35 Taddei, Larissa	SR	British Columbia	SCR		
--- 681 Miller, Danielle	JR	Vancouver Thunderbirds TC	SCR		
--- 319 Schulz, Kristen		NorWesters	SCR		
--- 550 Lucas, Katherine	FR	Simon Fraser	SCR		
--- 433 Franulovich, Bernadette	FR	Saint Martin's	SCR		
--- 121 Walts, Rose	FR	Central Washington	SCR		
--- 106 Martin, Diamond	JR	Central Washington	SCR		
--- 549 Lindsay, Nicole	FR	Simon Fraser	SCR		
--- 688 Bradley, Hannah	FR	Western Washington	SCR		
--- 95 Hawley, Katia	SO	Central Washington	SCR		

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Results

Event 38 Men 200 Meter Dash

Meet: 20.9h M 1983 Marty Krulee, Unattached
 School: 20.93 W 2016 Alex Donigian, WWU
 20.70 NA Nat. Automatic
 21.50 NP Nat. Provisional

Name	Yr	School	Finals	Wind	H#		
Finals							
1	581	Kelloway, Daniel	SR	Simon Fraser	22.20	-1.2	5
2	683	Abosi, Stephen		Vancouver Thunderbirds TC	22.29	-1.2	5
3	583	Mah, Nathan	FR	Simon Fraser	22.31	-1.2	5
4	750	Jones, Daniel	SO	Western Washington	22.52	-1.2	5
5	60	Ileri, Philip	JR	British Columbia	22.54	+0.0	4
6	323	Ellison, Elias		Ocean Athletics	22.55	+0.0	4
7	337	Dudley, Kevin	SO	Olympic College	22.63	-1.2	5
8	573	Dhillon, Hameet	JR	Simon Fraser	22.64	+0.0	4
9	157	Scott, Trevaughn	JR	Central Washington	22.79	+0.0	4
10	160	Steuk, Garret	JR	Central Washington	22.81	-1.2	5
11	628	Tilly, Alex		Team Salty (Wwu Alumni)	22.83	+0.0	4
12	223	Jones, Kawika	FR	Green River CC	23.08	1.1	3
13	658	Dildine, Ian	SR	Unattached	23.38	0.8	2
14	472	Kier, Andrew	JR	Saint Martin's	23.58	1.1	3
15	163	Titus, Hunter	FR	Central Washington	23.78	1.1	3
16	135	Gunther, Ryan	SO	Central Washington	23.86	0.8	2
17	679	Prevost, Sam	JR	Vancouver Thunderbirds	23.89	1.1	3
18	150	Porter, Doc	FR	Central Washington	24.00	1.1	3
19	587	Parks, Corey	JR	Simon Fraser	24.07	0.8	2
20	195	Chuol, Tethliach	SO	Everett Track Club	24.09	1.1	3
21	196	Diaz, Chris	FR	Everett Track Club	24.20	+0.0	4
22	458	Anguay, Zach	FR	Saint Martin's	24.25	0.8	2
23	514	Choi, David	FR	Seattle Pacific	24.54	0.8	2
24	578	Ibbitt, Ryan	FR	Simon Fraser	24.56	1.3	1
25	198	Nelson, Vaughan	SO	Everett Track Club	24.60	-1.2	5
26	525	Wong, Christian	FR	Seattle Pacific	24.80	1.3	1
27	523	Telfer, Zach	JR	Seattle Pacific	25.02	1.3	1
28	222	Jackson, Dalawn	FR	Green River CC	25.13	1.3	1
29	680	Shum, Brendan	SR	Vancouver Thunderbirds	25.31	0.8	2
30	204	Godon, Samuel	FR	Evergreen St.	25.86	0.8	2
31	147	Martinez, Marco	SO	Central Washington	26.16	1.3	1
32	483	Walter, Andrew	SO	Saint Martin's	26.84	1.3	1
33	510	Bench, Chris	JR	Seattle Pacific	27.68	1.3	1
---	148	McKinney, Kent	SR	Central Washington	SCR		
---	619	Gruger, Shane		Team Salty (Wwu Alumni)	SCR		
---	617	Dye, Alexander		Team Salty (Wwu Alumni)	SCR		
---	529	Chappelle, Ryan	FR	Seattle Speed	SCR		
---	468	Gardner, Grant	FR	Unattached	SCR		
---	186	Tadeo, Mikkell Anjo	FR	Everett CC	SCR		
---	228	Sparks, Caden	SO	Green River CC	SCR		
---	227	Sires, Cannon	FR	Green River CC	SCR		
---	667	Phomprida-Robinson, Juwuan	JR	Unattached	SCR		
---	2	Chalupiak, Scott		Airdrie Aces Athletics Club	SCR		
---	751	Knox, Stedman	SO	Western Washington	SCR		

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Results

Finals ... (Event 38 Men 200 Meter Dash)

Name	Yr	School	Finals	Wind	H#
--- 672 Vassell, Oronde	SR	Unattached	SCR		

Event 39 Women 3000 Meter Run

Meet: 9:35.75 M 2011 Sarah Porter, WWU

School: 9:35.75 W 2011 Sarah Porter, WWU

Name	Yr	School	Finals
1 645 Bassett, Rebecca	SR	Unattached	9:48.44
--- 494 Foote, Alyssa	FR	Seattle Pacific	SCR

Event 40 Men 5000 Meter Run

Meet: 14:22.0h M 1984 Ross Chilton, SFU

School: 14:10.43 W 2011 Jordan Welling, WWU

13:57.77 NA Nat. Automatic

14:37.45 NP Nat. Provisional

Name	Yr	School	Finals	H#
1 67 Milic, Michael	FR	British Columbia	14:59.21	2
2 479 Shelman, Josiah	SR	Saint Martin's	14:59.80	2
3 745 Hayes, Dylan	SO	Western Washington	15:06.46	2
4 615 Castillo, Juan		Team Salty (Wwu Alumni)	15:07.13	2
5 739 Derline, Isaac	JR	Western Washington	15:08.57	2
6 306 Cole, Kyle	JR	Northwest U.	15:08.78	2
7 731 Butler, Peter	SO	Western Washington	15:09.29	2
8 740 Eustis, Sean	SR	Western Washington	15:12.74	2
9 763 Olson, Jadon	SO	Western Washington	15:13.59	2
10 761 Mounier, Nick	JR	Western Washington	15:20.61	2
11 744 Hamel, Eric	FR	Western Washington	15:28.65	2
12 315 Sine, Riley	FR	Northwest U.	15:30.51	2
13 126 Boston, Josh	JR	Central Washington	15:38.92	2
14 627 Quimby, Jonathan		Team Salty (Wwu Alumni)	15:50.52	2
15 144 Lee, Hanson	SO	Central Washington	15:53.55	1
16 132 Conrardy, Matt	FR	Central Washington	15:55.61	1
17 188 Cushman, Zachary	FR	Everett CC	15:56.38	1
18 137 Humphries, Tyler	SO	Central Washington	16:02.62	2
19 741 Freshwaters, Cameron	SR	Western Washington	16:04.76	1
20 669 Scott, Elliot	FR	Unattached	16:05.68	1
21 512 Byram, Lloyd	SR	Seattle Pacific	16:06.16	1
22 141 Lafferty, Jonathan	SO	Central Washington	16:16.54	2
23 190 Dodson, Elijah	FR	Everett CC	16:16.94	1
24 146 Mackey, Grant	FR	Central Washington	16:20.81	1
25 127 Boyd, Taryk	SO	Central Washington	16:32.96	1
26 476 Miller, Austin	JR	Saint Martin's	16:34.85	1
27 151 Pringle, Justin	FR	Central Washington	17:21.58	1
28 340 Lambert, Jeremiah	FR	Olympic College	17:32.01	1

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Results

Event 41 Women 4x400 Meter Relay

Meet: 3:49.58 M 2012

, SPU

Mitchell, Quatier, Johnson, Fricker

School: 3:47.37 W 1997

, WWU

Anderson, Bomars, Green, Jones

3:40.96 NA Nat. Automatic

3:48.72 NP Nat. Provisional

Team	Relay	Finals
Finals		
1 Simon Fraser 1) 552 Mussatto, Alana JR	A 2) 562 Townsend, Addy SO	3:47.00 M NP 4) 538 Desch, Chantel SR
2 Seattle Pacific 1) 508 Taylor, Lani FR	A 2) 506 Phan, Chynna JR	3:51.34 3) 497 Houk, Becca SR 4) 487 Brannan, Kyra SR
3 Central Washington 1) 83 Bland, Emily JR	A 2) 120 Vongsaveng, Mariyah SO	4:03.32 3) 97 Inderbitzin, Julia SO 4) 81 Banfro, Tianna SR
4 Western Washington 1) 717 Shreffler, Waverly FR	A 2) 720 Svastisalee, Deja JR	4:07.41 3) 724 Troupe, Shawna SR 4) 698 Johnson, Julian FR
5 Olympic College 1) 325 Dunbar, Destiny SO	A 2) 328 Larsen, Bailey FR	4:32.94 3) 329 McArdle, Dylan FR 4) 327 Kayongo, Tammy FR
6 Team Salty (Wwu Alumni) 1) 609 O'Connor, Haley	A 2) 779 Glasgow, Savannah	4:35.05 3) 780 Walton, Arielle 4) 608 Lahman, Miranda
7 Green River CC 1) 216 Sherick, Katie SO	A 2) 210 Bryant, Natalie FR	4:53.66 3) 214 Oosterhout, Abigail FR 4) 218 Ventura, Yadira FR
--- Central Washington 1) 100 Joy, Juliana SR	B 2) 103 Liebel, Brenna SO	SCR 3) 111 Nelson, Miranda FR 4) 108 McKinney, Kaitlyn SR

Event 42 Men 4x400 Meter Relay

Meet: 3:14.15 M 2013

, WWU

Poolman, Schmidt, Nokes, Smith

School: 3:14.15 W 2013

, WWU

Poolman, Schmidt, Nokes, Smith

3:09.02 NA Nat. Automatic

3:14.02 NP Nat. Provisional

Team	Relay	Finals
Finals		
1 Central Washington 1) 130 Calderon, Daniel FR	A 2) 150 Porter, Doc FR	3:23.43 3) 160 Steuk, Garret JR 4) 157 Scott, Trevaughn JR
2 Western Washington 1) 754 Lovercamp, Reid SO	A 2) 758 McArthur, Ryan SR	3:24.14 3) 751 Knox, Stedman SO 4) 771 Spiller, Keaton SO
3 Seattle Pacific 1) 516 Harris, Peyton JR	A 2) 519 Phan, Jesse SO	3:29.43 3) 515 Halladay, Ben JR 4) 520 Ramsey, Justin SR
4 Central Washington 1) 152 Rainboth, Aaron FR	B 2) 143 Leaf, Ron JR	x3:32.67 3) 125 Arndt, Darren SR 4) 159 Sprague, Kieran SR
5 Western Washington 1) 729 Bosscher, Aaron FR	B 2) 736 Crowell, Ben SO	x3:35.43 3) 742 Giese, Logan JR 4) 748 Irvine, Justin JR
6 Northwest U. 1) 309 Griffis, Logan SR	A 2) 310 Guisinger, Brian JR	3:36.68 3) 314 Siler, Cameron SR 4) 313 Randle, TJ JR
7 Olympic College 1) 339 Johnston, Brian SO	A 2) 337 Dudley, Kevin SO	3:39.56 3) 334 Adams, Drake FR 4) 335 DeGuzman, Jarod FR
--- Team Salty (Wwu Alumni)	A	SCR
--- Team Salty (Wwu Alumni)	B	SCR

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Name	Yr	School	Finals
Finals			
--- 53 Downey, Nathan	FR	British Columbia	DQ
--- 64 Liang, Alger	FR	British Columbia	DQ
--- 49 Cheng, Colis	SO	British Columbia	DQ

Event 46 Women 5000 Meter Race Walk

Name	Yr	School	Finals
Finals			
--- 40 Zhang, Zoe	FR	British Columbia	DQ