

# 2017 GNAC INDOOR TRACK AND FIELD CHAMPIONSHIPS

Nampa, ID  
Ford Idaho Center-Jacksons Track  
2/17/2017 - 2/18/2017



OFFICIAL MEET REPORT  
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## RESULTS

### #1 Men's 60 Meters

#### Prelims

Pl	Name	Team	Time	H(Pl)
1	ZOOK, Sam	MSU-BILLINGS	6.91q	2(1)
2	OOLEY, Kyle	CENTRAL WASHINGTON	6.96q	1(1)
3	GRAY, Darrion	ALASKA ANCHORAGE	6.98q	1(2)
4	SWAYNE, Latrelle	SAINT MARTIN'S	6.99q	2(2)
5	MAH, Nathan	SIMON FRASER	7.01q	1(3)
5	JONES, Eric	ALASKA ANCHORAGE	7.01q	3(1)
7	LANDIS, Kodiak	CENTRAL WASHINGTON	7.03q	3(2)
8	BLODGETT, Codi	WESTERN OREGON	7.04q	3(3)
9	ARMSTRONG, Logan	SAINT MARTIN'S	7.05	1(4)
10	FELIX, Glen	CONCORDIA (ORE.)	7.07	3(4)
11	FORTIER, Devon	WESTERN OREGON	7.08	2(3)
12	TAYLOR, Alex	WESTERN WASHINGTON	7.13	2(4)
13	MENDEZ, Anthony	WESTERN OREGON	7.18	2(5)
14	JONES, Daniel	WESTERN WASHINGTON	7.23	1(5)
15	CARPENTER, Shayne	SEATTLE PACIFIC	7.24	1(6)
15	KAHUT, Isaiah	NORTHWEST NAZARENE	7.24	3(5)
17	STEUK, Garret	CENTRAL WASHINGTON	7.25	1(7)
18	MANAGO, Anthony	SAINT MARTIN'S	7.26	1(8)
19	SHAY, Kaelen	MSU-BILLINGS	7.30	3(6)
20	RYKAL, Braden	MSU-BILLINGS	7.32	2(6)
21	KNOX, Stedman	WESTERN WASHINGTON	7.36	2(7)
22	PABLO, Anthony	WESTERN OREGON	7.44	2(8)
	BATIS, Robert	SIMON FRASER	DNS	3

### HEAT RESULTS

#### Prelims

Pl	Name	Team	Time
<b>Heat 1 of 3</b>			
1	OOLEY, Kyle	CENTRAL WASHINGTON	6.96q
2	GRAY, Darrion	ALASKA ANCHORAGE	6.98q
3	MAH, Nathan	SIMON FRASER	7.01q
4	ARMSTRONG, Logan	SAINT MARTIN'S	7.05
5	JONES, Daniel	WESTERN WASHINGTON	7.23
6	CARPENTER, Shayne	SEATTLE PACIFIC	7.24
7	STEUK, Garret	CENTRAL WASHINGTON	7.25
8	MANAGO, Anthony	SAINT MARTIN'S	7.26

#### Heat 2 of 3

1	ZOOK, Sam	MSU-BILLINGS	6.91q
2	SWAYNE, Latrelle	SAINT MARTIN'S	6.99q
3	FORTIER, Devon	WESTERN OREGON	7.08
4	TAYLOR, Alex	WESTERN WASHINGTON	7.13
5	MENDEZ, Anthony	WESTERN OREGON	7.18
6	RYKAL, Braden	MSU-BILLINGS	7.32
7	KNOX, Stedman	WESTERN WASHINGTON	7.36
8	PABLO, Anthony	WESTERN OREGON	7.44

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## RESULTS

### #1 Men's 60 Meters (cont'd)

#### Prelims

PI Name	Team	Time
<b>Heat 3 of 3</b>		
1 JONES, Eric	ALASKA ANCHORAGE	7.01q
2 LANDIS, Kodiak	CENTRAL WASHINGTON	7.03q
3 BLODGETT, Codi	WESTERN OREGON	7.04q
4 FELIX, Glen	CONCORDIA (ORE.)	7.07
5 KAHUT, Isaiah	NORTHWEST NAZARENE	7.24
6 SHAY, Kaelen	MSU-BILLINGS	7.30
BATIS, Robert	SIMON FRASER	DNS

### #3 Men's 200 Meters

#### Prelims

PI Name	Team	Time	H(PI)
1 CAMARA, Ebu	NORTHWEST NAZARENE	21.99q	2(1)
2 GRAY, Darrion	ALASKA ANCHORAGE	22.10q	1(1)
3 BROWN, Adam	CONCORDIA (ORE.)	22.16q	3(1)
4 LINDSAY, Liam	ALASKA ANCHORAGE	22.34q	5(1)
4 FELIX, Glen	CONCORDIA (ORE.)	22.34q	6(1)
6 MAH, Nathan	SIMON FRASER	22.39q	4(1)
7 FORTIER, Devon	WESTERN OREGON	22.54q	5(2)
8 SWAYNE, Latrelle	SAINT MARTIN'S	22.57q	4(2)
9 JONES, Daniel	WESTERN WASHINGTON	22.59	7(1)
10 BLODGETT, Codi	WESTERN OREGON	22.64	2(2)
11 JONES, Eric	ALASKA ANCHORAGE	22.70	3(2)
12 ARMSTRONG, Logan	SAINT MARTIN'S	22.79	6(2)
13 OOLEY, Kyler	CENTRAL WASHINGTON	22.84	7(2)
14 MENDEZ, Anthony	WESTERN OREGON	22.86	1(2)
15 STEUK, Garret	CENTRAL WASHINGTON	22.89	2(3)
16 RYKAL, Braden	MSU-BILLINGS	22.95	5(3)
17 POLKOW, Landon	MSU-BILLINGS	23.24	3(3)
18 SHAY, Kaelen	MSU-BILLINGS	23.33	4(3)
19 TAYLOR, Alex	WESTERN WASHINGTON	23.35	6(3)
20 PABLO, Anthony	WESTERN OREGON	23.51	4(4)
21 POWERS, Tyler	CONCORDIA (ORE.)	23.55	7(3)
22 SCARBROUGH, Lazarus	SEATTLE PACIFIC	23.57	6(4)
23 ARNDT, Darren	CENTRAL WASHINGTON	24.09	1(3)
24 SPINK, Zach	CONCORDIA (ORE.)	24.96	7(4)
SMITH, Mikel	SAINT MARTIN'S	FS	5

### HEAT RESULTS

#### Prelims

PI Name	Team	Time
<b>Heat 1 of 7</b>		
1 GRAY, Darrion	ALASKA ANCHORAGE	22.10q
2 MENDEZ, Anthony	WESTERN OREGON	22.86
3 ARNDT, Darren	CENTRAL WASHINGTON	24.09

#### Heat 2 of 7

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# RESULTS

## #3 Men's 200 Meters (cont'd)

### Prelims

Pl	Name	Team	Time
1	CAMARA, Ebu	NORTHWEST NAZARENE	21.99q
2	BLODGETT, Codi	WESTERN OREGON	22.64
3	STEUK, Garret	CENTRAL WASHINGTON	22.89

### Heat 3 of 7

1	BROWN, Adam	CONCORDIA (ORE.)	22.16q
2	JONES, Eric	ALASKA ANCHORAGE	22.70
3	POLKOW, Landon	MSU-BILLINGS	23.24

### Heat 4 of 7

1	MAH, Nathan	SIMON FRASER	22.39q
2	SWAYNE, Latrelle	SAINT MARTIN'S	22.57q
3	SHAY, Kaelen	MSU-BILLINGS	23.33
4	PABLO, Anthony	WESTERN OREGON	23.51

### Heat 5 of 7

1	LINDSAY, Liam	ALASKA ANCHORAGE	22.34q
2	FORTIER, Devon	WESTERN OREGON	22.54q
3	RYKAL, Braden	MSU-BILLINGS	22.95
	SMITH, Mikel	SAINT MARTIN'S	FS

### Heat 6 of 7

1	FELIX, Glen	CONCORDIA (ORE.)	22.34q
2	ARMSTRONG, Logan	SAINT MARTIN'S	22.79
3	TAYLOR, Alex	WESTERN WASHINGTON	23.35
4	SCARBROUGH, Lazarus	SEATTLE PACIFIC	23.57

### Heat 7 of 7

1	JONES, Daniel	WESTERN WASHINGTON	22.59
2	OOLEY, Kyler	CENTRAL WASHINGTON	22.84
3	POWERS, Tyler	CONCORDIA (ORE.)	23.55
4	SPINK, Zach	CONCORDIA (ORE.)	24.96

## #5 Men's 400 Meters

### Prelims

Pl	Name	Team	Time	H(Pl)
1	TSYGANKOV, Vladislav	SIMON FRASER	47.95q	1(1)
2	COMMANDEUR, Adam	ALASKA ANCHORAGE	48.31q	3(1)
3	HOLMBERG, AJ	WESTERN OREGON	48.40q	3(2)
4	KELLOWAY, Daniel	SIMON FRASER	48.50q	2(1)
5	BROWN, Adam	CONCORDIA (ORE.)	48.69q	2(2)
6	LINDSAY, Liam	ALASKA ANCHORAGE	48.77q	4(1)
6	CAMARA, Ebu	NORTHWEST NAZARENE	48.77q	5(1)
8	WEBSTER, Joel	SIMON FRASER	48.78q	4(2)
9	TAYLOR, Nicholas	ALASKA ANCHORAGE	48.90	5(2)
10	WHITAKER, Aaron	WESTERN OREGON	49.40	1(2)
11	BLAKE, Logan	NORTHWEST NAZARENE	49.50	2(3)
12	REMINGTON, Daniel	ALASKA ANCHORAGE	49.56	3(3)
13	RAMSEY, Justin	SEATTLE PACIFIC	50.49	5(3)
14	HAND, Jackson	SAINT MARTIN'S	51.54	1(3)
15	VANDERBY, Nathan	MSU-BILLINGS	52.34	4(3)

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# RESULTS

## #5 Men's 400 Meters (cont'd)

### Prelims

PI Name	Team	Time	H(PI)
16 SCARBROUGH, Lazarus	SEATTLE PACIFIC	52.61	4(4)
17 BIERLY, Robert	CONCORDIA (ORE.)	53.35	5(4)
18 POWERS, Tyler	CONCORDIA (ORE.)	53.52	3(4)

### HEAT RESULTS

#### Prelims

PI Name	Team	Time
<b>Heat 1 of 5</b>		
1 TSYGANKOV, Vladislav	SIMON FRASER	47.95q
2 WHITAKER, Aaron	WESTERN OREGON	49.40
3 HAND, Jackson	SAINT MARTIN'S	51.54
<b>Heat 2 of 5</b>		
1 KELLOWAY, Daniel	SIMON FRASER	48.50q
2 BROWN, Adam	CONCORDIA (ORE.)	48.69q
3 BLAKE, Logan	NORTHWEST NAZARENE	49.50
<b>Heat 3 of 5</b>		
1 COMMANDEUR, Adam	ALASKA ANCHORAGE	48.31q
2 HOLMBERG, AJ	WESTERN OREGON	48.40q
3 REMINGTON, Daniel	ALASKA ANCHORAGE	49.56
4 POWERS, Tyler	CONCORDIA (ORE.)	53.52
<b>Heat 4 of 5</b>		
1 LINDSAY, Liam	ALASKA ANCHORAGE	48.77q
2 WEBSTER, Joel	SIMON FRASER	48.78q
3 VANDERBY, Nathan	MSU-BILLINGS	52.34
4 SCARBROUGH, Lazarus	SEATTLE PACIFIC	52.61
<b>Heat 5 of 5</b>		
1 CAMARA, Ebu	NORTHWEST NAZARENE	48.77q
2 TAYLOR, Nicholas	ALASKA ANCHORAGE	48.90
3 RAMSEY, Justin	SEATTLE PACIFIC	50.49
4 BIERLY, Robert	CONCORDIA (ORE.)	53.35

## #7 Men's 800 Meters

### Prelims

PI Name	Team	Time	H(PI)
1 NADING, Dustin	WESTERN OREGON	1:53.80Q	3(1)
2 DEMPSEY, Josh	WESTERN OREGON	1:53.85Q	2(1)
3 MILLER, Jesse	ALASKA ANCHORAGE	1:54.80Q	3(2)
4 SAGER, Kycler	WESTERN WASHINGTON	1:54.96Q	2(2)
5 CHIN, Michael	WESTERN OREGON	1:55.29q	3(3)
6 NORMANDEAU, Thomas	WESTERN OREGON	1:55.33q	2(3)
7 SPILLER, Keaton	WESTERN WASHINGTON	1:55.53	2(4)
8 FREINHOFER, Dylan	SIMON FRASER	1:56.22Q	1(1)
9 DAY, Joe	ALASKA ANCHORAGE	1:56.58Q	1(2)
10 SPEIDEL, Paris	CONCORDIA (ORE.)	1:56.91	1(3)
11 PHAN, Jesse	SEATTLE PACIFIC	1:57.16	1(4)
12 KEMBOI, Godfrey	NORTHWEST NAZARENE	1:58.69	2(5)

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# RESULTS

## #7 Men's 800 Meters (cont'd)

### Prelims

Pl Name	Team	Time	H(Pl)
13 MARSON, Parker	WESTERN OREGON	1:59.01	3(4)
14 SCOTT, Trevaughn	CENTRAL WASHINGTON	1:59.33	3(5)
15 ABEBE, Yonathan	SIMON FRASER	1:59.81	3(6)
16 DURR, Brian	ALASKA ANCHORAGE	2:00.56	3(7)
17 MCLEOD, David	SEATTLE PACIFIC	2:01.13	1(5)
18 TURNEY, Taylor	ALASKA ANCHORAGE	2:01.47	1(6)
19 TORRES, Richard	SIMON FRASER	2:02.49	1(7)
20 HUGHEY, Mitchell	SAINT MARTIN'S	2:04.87	2(6)
21 ZERING, Josiah	SEATTLE PACIFIC	2:10.65	2(7)
KNOTT, Curt	WESTERN OREGON	DNF	3

### HEAT RESULTS

#### Prelims

Pl Name	Team	Time
<b>Heat 1 of 3</b>		
1 FREINHOFER, Dylan	SIMON FRASER	1:56.22Q
2 DAY, Joe	ALASKA ANCHORAGE	1:56.58Q
3 SPEIDEL, Paris	CONCORDIA (ORE.)	1:56.91
4 PHAN, Jesse	SEATTLE PACIFIC	1:57.16
5 MCLEOD, David	SEATTLE PACIFIC	2:01.13
6 TURNEY, Taylor	ALASKA ANCHORAGE	2:01.47
7 TORRES, Richard	SIMON FRASER	2:02.49

#### Heat 2 of 3

1 DEMPSEY, Josh	WESTERN OREGON	1:53.85Q
2 SAGER, Kyler	WESTERN WASHINGTON	1:54.96Q
3 NORMANDEAU, Thomas	WESTERN OREGON	1:55.33q
4 SPILLER, Keaton	WESTERN WASHINGTON	1:55.53
5 KEMBOI, Godfrey	NORTHWEST NAZARENE	1:58.69
6 HUGHEY, Mitchell	SAINT MARTIN'S	2:04.87
7 ZERING, Josiah	SEATTLE PACIFIC	2:10.65

#### Heat 3 of 3

1 NADING, Dustin	WESTERN OREGON	1:53.80Q
2 MILLER, Jesse	ALASKA ANCHORAGE	1:54.80Q
3 CHIN, Michael	WESTERN OREGON	1:55.29q
4 MARSON, Parker	WESTERN OREGON	1:59.01
5 SCOTT, Trevaughn	CENTRAL WASHINGTON	1:59.33
6 ABEBE, Yonathan	SIMON FRASER	1:59.81
7 DURR, Brian	ALASKA ANCHORAGE	2:00.56
KNOTT, Curt	WESTERN OREGON	DNF

## #13 Men's 5000 Meters

Pl Name	Team	Time	Pts
1 NOTZ, Dominik	ALASKA ANCHORAGE	15:00.80	10
2 KANGOGO, Edwin	ALASKA ANCHORAGE	15:01.46	8
3 CARRANCHO, Justin	ALASKA ANCHORAGE	15:02.13	6
4 BUTLER, Peter	WESTERN WASHINGTON	15:07.87	5

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## #13 Men's 5000 Meters (cont'd)

Pl	Name	Team	Time	Pts
5	MITCHELL, Isaac	NORTHWEST NAZARENE	15:07.95	4
6	MILLER, Sean	SIMON FRASER	15:09.51	3
7	RAMIREZ, Michel	ALASKA ANCHORAGE	15:16.55	2
8	CHARLTON, Braeden	SIMON FRASER	15:19.89	1
9	SECKEL, Jared	CONCORDIA (ORE.)	15:22.10	
10	HAYES, Dylan	WESTERN WASHINGTON	15:25.37	
11	WISE, Andrew	WESTERN WASHINGTON	15:32.79	
12	SAMOEI, Victor	ALASKA ANCHORAGE	15:37.45	
13	HUMPHRIES, Tyler	CENTRAL WASHINGTON	15:38.40	
14	MENDOZA, Tyus	MSU-BILLINGS	15:40.07	
15	HAMILTON, Nick	NORTHWEST NAZARENE	15:43.87	
16	EGELAND, Jorey	MSU-BILLINGS	15:49.95	
17	LOVE, Garrett	MSU-BILLINGS	16:13.06	
18	HECKARD, Sawyer	WESTERN OREGON	16:29.59	
19	MILLER, Austin	SAINT MARTIN'S	16:45.12	
20	BYRAM, Lloyd	SEATTLE PACIFIC	17:16.37	

## #15 Men's 60m Hurdles

### Prelims

Pl	Name	Team	Time	H(Pl)
1	TURNER, Travis	ALASKA ANCHORAGE	8.34q	2(1)
2	LEWIS, Payton	NORTHWEST NAZARENE	8.41q	1(1)
3	SPATZ, Micah	NORTHWEST NAZARENE	8.45q	1(2)
4	HARRIS, Peyton	SEATTLE PACIFIC	8.50q	1(3)
5	GAMZA, Andrey	CONCORDIA (ORE.)	8.51q	2(2)
6	PHILLIPS, James	CONCORDIA (ORE.)	8.53q	2(3)
7	CUMMINGS, Cordell	WESTERN WASHINGTON	8.55q	1(4)
8	LINDQUIST, Austin	MSU-BILLINGS	8.65q	1(5)
9	CHISM, Ryan	NORTHWEST NAZARENE	8.72	2(4)
10	FORSTER, Michael	CENTRAL WASHINGTON	8.78	2(5)
10	WHITE, Harry	WESTERN OREGON	8.78	2(5)
12	CARPENTER, Shayne	SEATTLE PACIFIC	8.88	1(6)
13	SCOTT, Trevaughn	CENTRAL WASHINGTON	8.90	2(7)
14	BOSSCHER, Aaron	WESTERN WASHINGTON	9.15	1(7)

## HEAT RESULTS

### Prelims

Pl	Name	Team	Time
<b>Heat 1 of 2</b>			
1	LEWIS, Payton	NORTHWEST NAZARENE	8.41q
2	SPATZ, Micah	NORTHWEST NAZARENE	8.45q
3	HARRIS, Peyton	SEATTLE PACIFIC	8.50q
4	CUMMINGS, Cordell	WESTERN WASHINGTON	8.55q
5	LINDQUIST, Austin	MSU-BILLINGS	8.65q
6	CARPENTER, Shayne	SEATTLE PACIFIC	8.88
7	BOSSCHER, Aaron	WESTERN WASHINGTON	9.15

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## #15 Men's 60m Hurdles (cont'd)

### Prelims

Pl	Name	Team	Time
<b>Heat 2 of 2</b>			
1	TURNER, Travis	ALASKA ANCHORAGE	8.34q
2	GAMZA, Andrey	CONCORDIA (ORE.)	8.51q
3	PHILLIPS, James	CONCORDIA (ORE.)	8.53q
4	CHISM, Ryan	NORTHWEST NAZARENE	8.72
5	FORSTER, Michael	CENTRAL WASHINGTON	8.78
5	WHITE, Harry	WESTERN OREGON	8.78
7	SCOTT, Trevaughn	CENTRAL WASHINGTON	8.90

## #19 Men's 4000m DMR

Pl	Team	Time	Pts
1	SIMON FRASER (A)	10:15.57	10
	1) VARGAS, Carlos	2) BATIS, Robert	
	3) FREINHOFER, Dylan	4) DOHERTY, Rowan	
2	ALASKA ANCHORAGE (A)	10:15.61	8
	1) MENDENHALL, Michael	2) REMINGTON, Daniel	
	3) MILLER, Jesse	4) KORTA, Kaleb	
3	CONCORDIA (ORE.) (A)	10:22.01	6
	1) SPEIDEL, Paris	2) LIVERMORE, Ethan	
	3) LEWIS, Judd	4) RHODES, Demetrius	
4	CENTRAL WASHINGTON (A)	10:28.76	5
	1) LEAF, Ron	2) ARNDT, Darren	
	3) SCOTT, Trevaughn	4) JAVIER, Kaleb	
5	MSU-BILLINGS (A)	10:32.15	4
	1) PANASUK, Josh	2) POLKOW, Landon	
	3) HOVLAND, Mark	4) EGELAND, Jorey	
6	WESTERN OREGON (A)	10:37.63	3
	1) NORMANDEAU, Thomas	2) WHITAKER, Aaron	
	3) CHIN, Michael	4) CROSSWHITE, Justin	
7	WESTERN WASHINGTON (A)	10:37.96	2
	1) HOGGARTH, Colton	2) CIRLINCIONE, Dario	
	3) SPILLER, Keaton	4) GIESE, Logan	
8	SEATTLE PACIFIC (A)	10:39.08	1
	1) PHAN, Jesse	2) RAMSEY, Justin	
	3) STERLING, Clark	4) HALLADAY, Ben	
9	NORTHWEST NAZARENE (A)	10:54.87	
	1) KEMBOI, Godfrey	2) MASON, Zach	
	3) BROTHERS, Peyton	4) MANZER, Rylan	
10	SAINT MARTIN'S (A)	11:08.99	
	1) HUNT, Josh	2) SMITH, Mikel	
	3) HUGHEY, Mitchell	4) HECKMAN, Jasper	

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## #21 Men's High Jump

Pl	Name	Team	Mark	Pts
1	SMITH, Mikel	SAINT MARTIN'S	2.21m 7' 3"	10
2	HOBERG, Cole	NORTHWEST NAZARENE	2.09m 6' 10 <sup>1</sup> / <sub>4</sub> "	8
3	GLADDEN, Tevin	ALASKA ANCHORAGE	2.06m 6' 9"	6
4	TRANCH, Micah	NORTHWEST NAZARENE	2.03m 6' 7 <sup>3</sup> / <sub>4</sub> "	5
5	GIRARD, Isaiah	MSU-BILLINGS	1.95m 6' 4 <sup>3</sup> / <sub>4</sub> "	3.5
5	REINKE, Connor	WESTERN OREGON	1.95m 6' 4 <sup>3</sup> / <sub>4</sub> "	3.5
7	CARR, Chuck	MSU-BILLINGS	1.90m 6' 2 <sup>3</sup> / <sub>4</sub> "	1.5
7	PHILLIPS, James	CONCORDIA (ORE.)	1.90m 6' 2 <sup>3</sup> / <sub>4</sub> "	1.5
9	KOENIG-ROHDE, Kolton	WESTERN OREGON	1.85m 6' 0 <sup>3</sup> / <sub>4</sub> "	
10	MANAGO, Anthony	SAINT MARTIN'S	1.75m 5' 8 <sup>3</sup> / <sub>4</sub> "	
11	ANDERSON DE-AVILA, Kyle	SAINT MARTIN'S	1.70m 5' 7"	
11	CARRIZALES, Emmy	CONCORDIA (ORE.)	1.70m 5' 7"	

## #23 Men's Pole Vault

Pl	Name	Team	Mark	Pts
	LEWIS, Payton	NORTHWEST NAZARENE	4.92m 16' 1 <sup>3</sup> / <sub>4</sub> "	
	MCCLANAHAN, Zach	NORTHWEST NAZARENE	4.82m 15' 9 <sup>3</sup> / <sub>4</sub> "	
	BOYLE, Craig	SAINT MARTIN'S	4.52m 14' 10"	
	SRAMEK, David	ALASKA ANCHORAGE	4.52m 14' 10"	
	LANDIS, Kodiak	CENTRAL WASHINGTON	4.37m 14' 4"	
	THOMAS, Adam	WESTERN WASHINGTON	4.37m 14' 4"	
	HINO, Jacob	WESTERN WASHINGTON	4.22m 13' 10"	
	COELHO, Matt	WESTERN WASHINGTON	4.07m 13' 4 <sup>1</sup> / <sub>4</sub> "	
	KORDAS, Gordon	WESTERN WASHINGTON	NH	
	GWIN, Phillip	NORTHWEST NAZARENE	NH	
	WEBSTER, Jared	NORTHWEST NAZARENE	NH	

## #25 Men's Long Jump

Pl	Name	Team	Mark	F(Pl)	Pts
1	TSYGANKOV, Vladislav	SIMON FRASER	7.37m 24' 2 <sup>1</sup> / <sub>4</sub> "	2(1)	10
2	GLADDEN, Tevin	ALASKA ANCHORAGE	7.36m 24' 1 <sup>3</sup> / <sub>4</sub> "	1(1)	8
3	PLUMMER, Luke	CENTRAL WASHINGTON	7.28m 23' 10 <sup>3</sup> / <sub>4</sub> "	2(2)	6
4	VAN TUINEN, Nathaniel	WESTERN WASHINGTON	7.21m 23' 8"	2(3)	5
5	TROUTMAN, Alani	WESTERN OREGON	7.20m 23' 7 <sup>1</sup> / <sub>2</sub> "	2(4)	4
6	PHILLIPS, James	CONCORDIA (ORE.)	7.17m 23' 6 <sup>1</sup> / <sub>4</sub> "	2(5)	3
7	SWAYNE, Latrelle	SAINT MARTIN'S	6.93m 22' 9"	2(6)	2
8	MANAGO, Anthony	SAINT MARTIN'S	6.90m 22' 7 <sup>3</sup> / <sub>4</sub> "	2(7)	1
9	SRAMEK, David	ALASKA ANCHORAGE	6.76m 22' 2 <sup>1</sup> / <sub>4</sub> "	1(2)	
10	LEWIS, Payton	NORTHWEST NAZARENE	6.73m 22' 1"	2(8)	
11	CHHIM, Somit	WESTERN WASHINGTON	6.71m 22' 0 <sup>1</sup> / <sub>4</sub> "	1(3)	
12	HARRIS, Peyton	SEATTLE PACIFIC	6.62m 21' 8 <sup>3</sup> / <sub>4</sub> "	1(4)	
13	MATAYA, Rudy	WESTERN WASHINGTON	6.55m 21' 6"	1(5)	
13	MAKRAKIS, Nick	WESTERN WASHINGTON	6.55m 21' 6"	1(5)	
15	MOORE, Nathan	NORTHWEST NAZARENE	6.54m 21' 5 <sup>1</sup> / <sub>2</sub> "	1(7)	
16	FIELDS, Jalon	WESTERN OREGON	6.52m 21' 4 <sup>3</sup> / <sub>4</sub> "	1(8)	
17	KREUTZ, Blaine	NORTHWEST NAZARENE	6.47m 21' 2 <sup>3</sup> / <sub>4</sub> "	2(9)	



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# RESULTS

## #25 Men's Long Jump (cont'd)

Pl	Name	Team	Mark	F(Pl)	Pts
18	LINDQUIST, Marcus	MSU-BILLINGS	6.38m 20' 11 <sup>1</sup> / <sub>4</sub>	1	(9)
19	CARR, Chuck	MSU-BILLINGS	6.09m 19' 11 <sup>3</sup> / <sub>4</sub>	1	(10)
20	WHITTAKER, Zach	CENTRAL WASHINGTON	4.17m 13' 8 <sup>1</sup> / <sub>4</sub>	1	(11)
	VOLOSHIN, Daniel	SIMON FRASER	NM	1	
	LINDQUIST, Austin	MSU-BILLINGS	NM	1	

## FLIGHT RESULTS

Pl	Name	Team	Mark
<b>Flight 1 of 2</b>			
1	GLADDEN, Tevin	ALASKA ANCHORAGE	7.36m 24' 1 <sup>3</sup> / <sub>4</sub>
2	SRAMEK, David	ALASKA ANCHORAGE	6.76m 22' 2 <sup>1</sup> / <sub>4</sub>
3	CHHIM, Somit	WESTERN WASHINGTON	6.71m 22' 0 <sup>1</sup> / <sub>4</sub>
4	HARRIS, Peyton	SEATTLE PACIFIC	6.62m 21' 8 <sup>3</sup> / <sub>4</sub>
5	MATAYA, Rudy	WESTERN WASHINGTON	6.55m 21' 6"
5	MAKRAKIS, Nick	WESTERN WASHINGTON	6.55m 21' 6"
7	MOORE, Nathan	NORTHWEST NAZARENE	6.54m 21' 5 <sup>1</sup> / <sub>2</sub>
8	FIELDS, Jalon	WESTERN OREGON	6.52m 21' 4 <sup>3</sup> / <sub>4</sub>
9	LINDQUIST, Marcus	MSU-BILLINGS	6.38m 20' 11 <sup>1</sup> / <sub>4</sub>
10	CARR, Chuck	MSU-BILLINGS	6.09m 19' 11 <sup>3</sup> / <sub>4</sub>
11	WHITTAKER, Zach	CENTRAL WASHINGTON	4.17m 13' 8 <sup>1</sup> / <sub>4</sub>
	VOLOSHIN, Daniel	SIMON FRASER	NM
	LINDQUIST, Austin	MSU-BILLINGS	NM
<b>Flight 2 of 2</b>			
1	TSYGANKOV, Vladislav	SIMON FRASER	7.37m 24' 2 <sup>1</sup> / <sub>4</sub>
2	PLUMMER, Luke	CENTRAL WASHINGTON	7.28m 23' 10 <sup>3</sup> / <sub>4</sub>
3	VAN TUINEN, Nathaniel	WESTERN WASHINGTON	7.21m 23' 8"
4	TROUTMAN, Alani	WESTERN OREGON	7.20m 23' 7 <sup>1</sup> / <sub>2</sub>
5	PHILLIPS, James	CONCORDIA (ORE.)	7.17m 23' 6 <sup>1</sup> / <sub>4</sub>
6	SWAYNE, Latrelle	SAINT MARTIN'S	6.93m 22' 9"
7	MANAGO, Anthony	SAINT MARTIN'S	6.90m 22' 7 <sup>3</sup> / <sub>4</sub>
8	LEWIS, Payton	NORTHWEST NAZARENE	6.73m 22' 1"
9	KREUTZ, Blaine	NORTHWEST NAZARENE	6.47m 21' 2 <sup>3</sup> / <sub>4</sub>

## #31 Men's Weight Throw

Pl	Name	Team	Mark	F(Pl)	Pts
1	TAFOYA, Armando	CENTRAL WASHINGTON	17.37m 57' 0 <sup>1</sup> / <sub>4</sub>	2	(1) 10
2	VANDERPOEL, Kauanoë	SAINT MARTIN'S	17.10m 56' 1 <sup>1</sup> / <sub>2</sub>	1	(1) 8
3	PLESS, Brandon	WESTERN WASHINGTON	16.90m 55' 5 <sup>1</sup> / <sub>2</sub>	2	(2) 6
4	LEE, Bryan	WESTERN WASHINGTON	16.82m 55' 2 <sup>1</sup> / <sub>2</sub>	2	(3) 5
5	WILKENS, Mitch	SAINT MARTIN'S	16.76m 55' 0"	2	(4) 4
6	FLANAGAN, Nels	MSU-BILLINGS	16.60m 54' 5 <sup>3</sup> / <sub>4</sub>	2	(5) 3
7	DENNISTON, Joe	CONCORDIA (ORE.)	16.27m 53' 4 <sup>3</sup> / <sub>4</sub>	2	(6) 2
8	BEHNCKE, Peter	SIMON FRASER	15.97m 52' 5"	2	(7) 1
9	FUALEFAU, Vincent	SAINT MARTIN'S	15.74m 51' 8"	2	(8)
10	CHAMBERLIN, Jakob	CONCORDIA (ORE.)	14.36m 47' 1 <sup>1</sup> / <sub>2</sub>	1	(2)
11	NICHOLS, Sam	CONCORDIA (ORE.)	14.35m 47' 1 <sup>1</sup> / <sub>4</sub>	1	(3)
12	ALLEN, Kegan	WESTERN OREGON	14.34m 47' 0 <sup>3</sup> / <sub>4</sub>	2	(9)

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# RESULTS

## #31 Men's Weight Throw (cont'd)

Pl Name	Team	Mark	F(Pl) Pts
13 TAFOYA, Alberto	CENTRAL WASHINGTON	13.82m 45' 4 <sup>1</sup> / <sub>4</sub>	1(4)
14 BRIDGE, Caleb	CONCORDIA (ORE.)	13.13m 43' 1 <sup>1</sup> / <sub>4</sub>	1(5)
15 PEASLEE, Beau	MSU-BILLINGS	13.01m 42' 8 <sup>1</sup> / <sub>2</sub>	1(6)
16 VEA, Cyrius	CONCORDIA (ORE.)	12.56m 41' 2 <sup>3</sup> / <sub>4</sub>	1(7)
17 CROSS, Forest	MSU-BILLINGS	12.43m 40' 9 <sup>3</sup> / <sub>4</sub>	1(8)
18 EILAND, Brayden	NORTHWEST NAZARENE	12.38m 40' 7 <sup>3</sup> / <sub>4</sub>	1(9)
19 ELDER, Brett	CONCORDIA (ORE.)	12.22m 40' 1 <sup>1</sup> / <sub>4</sub>	1(10)
20 BARKER, Logan	WESTERN OREGON	12.21m 40' 1"	1(11)
21 OSTERMILLER, Brady	MSU-BILLINGS	11.92m 39' 1 <sup>1</sup> / <sub>2</sub>	1(12)
22 STARR, Noah	NORTHWEST NAZARENE	11.04m 36' 3"	1(13)

## FLIGHT RESULTS

Pl Name	Team	Mark
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### Flight 1 of 2

1 VANDERPOEL, Kauanoë	SAINT MARTIN'S	17.10m 56' 1 <sup>1</sup> / <sub>2</sub>
2 CHAMBERLIN, Jakob	CONCORDIA (ORE.)	14.36m 47' 1 <sup>1</sup> / <sub>2</sub>
3 NICHOLS, Sam	CONCORDIA (ORE.)	14.35m 47' 1 <sup>1</sup> / <sub>4</sub>
4 TAFOYA, Alberto	CENTRAL WASHINGTON	13.82m 45' 4 <sup>1</sup> / <sub>4</sub>
5 BRIDGE, Caleb	CONCORDIA (ORE.)	13.13m 43' 1 <sup>1</sup> / <sub>4</sub>
6 PEASLEE, Beau	MSU-BILLINGS	13.01m 42' 8 <sup>1</sup> / <sub>2</sub>
7 VEA, Cyrius	CONCORDIA (ORE.)	12.56m 41' 2 <sup>3</sup> / <sub>4</sub>
8 CROSS, Forest	MSU-BILLINGS	12.43m 40' 9 <sup>3</sup> / <sub>4</sub>
9 EILAND, Brayden	NORTHWEST NAZARENE	12.38m 40' 7 <sup>3</sup> / <sub>4</sub>
10 ELDER, Brett	CONCORDIA (ORE.)	12.22m 40' 1 <sup>1</sup> / <sub>4</sub>
11 BARKER, Logan	WESTERN OREGON	12.21m 40' 1"
12 OSTERMILLER, Brady	MSU-BILLINGS	11.92m 39' 1 <sup>1</sup> / <sub>2</sub>
13 STARR, Noah	NORTHWEST NAZARENE	11.04m 36' 3"

### Flight 2 of 2

1 TAFOYA, Armando	CENTRAL WASHINGTON	17.37m 57' 0 <sup>1</sup> / <sub>4</sub>
2 PLESS, Brandon	WESTERN WASHINGTON	16.90m 55' 5 <sup>1</sup> / <sub>2</sub>
3 LEE, Bryan	WESTERN WASHINGTON	16.82m 55' 2 <sup>1</sup> / <sub>2</sub>
4 WILKENS, Mitch	SAINT MARTIN'S	16.76m 55' 0"
5 FLANAGAN, Nels	MSU-BILLINGS	16.60m 54' 5 <sup>3</sup> / <sub>4</sub>
6 DENNISTON, Joe	CONCORDIA (ORE.)	16.27m 53' 4 <sup>3</sup> / <sub>4</sub>
7 BEHNCKE, Peter	SIMON FRASER	15.97m 52' 5"
8 FUALEFAU, Vincent	SAINT MARTIN'S	15.74m 51' 8"
9 ALLEN, Kegan	WESTERN OREGON	14.34m 47' 0 <sup>3</sup> / <sub>4</sub>

## #33 Men's Indoor Heptathlon

Pl Name	Points	60	Long Jump	Shot Put	High Jump	60H	Pole Vault	1000
1 LANDIS, Kodiak CENTRAL WASHIN	2893	7.13	6.91m 22' 8"	12.08m 39' 7 <sup>3</sup> / <sub>4</sub>	1.83m 6' 0"			
		837	792	611	653			
2 TURNER, Travis ALASKA ANCHORA	2781	7.30	6.75m 22' 1 <sup>3</sup> / <sub>4</sub>	11.36m 37' 3 <sup>1</sup> / <sub>2</sub>	1.86m 6' 1 <sup>1</sup> / <sub>4</sub>			
		779	755	568	679			

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**#33 Men's Indoor Heptathlon (cont'd)**

PI	Name	Points	60	Long Jump	Shot Put	High Jump	60H	Pole Vault	1000
3	SRAMEK, David ALASKA ANCHORA	2672	7.23	6.80m 22' 3 <sup>3</sup> / <sub>4</sub>	10.26m 33' 8 <sup>1</sup> / <sub>4</sub>	1.77m 5' 9 <sup>3</sup> / <sub>4</sub>			
			802	767	501	602			
4	BROWN, Gino CONCORDIA (ORE.)	2616	7.50	6.33m 20' 9 <sup>1</sup> / <sub>4</sub>	11.75m 38' 6 <sup>3</sup> / <sub>4</sub>	1.83m 6' 0"			
			713	659	591	653			
5	TRANCH, Micah NORTHWEST NAZ	2599	7.60	6.08m 19' 11 <sup>1</sup> / <sub>2</sub>	10.26m 33' 8 <sup>1</sup> / <sub>4</sub>	2.01m 6' 7"			
			681	604	501	813			
6	KREUTZ, Blaine NORTHWEST NAZ	2594	7.34	6.58m 21' 7 <sup>1</sup> / <sub>4</sub>	10.42m 34' 2 <sup>1</sup> / <sub>2</sub>	1.77m 5' 9 <sup>3</sup> / <sub>4</sub>			
			765	716	511	602			
7	FORSTER, Michael CENTRAL WASHIN	2437	7.45	6.33m 20' 9 <sup>1</sup> / <sub>4</sub>	10.98m 36' 0 <sup>1</sup> / <sub>2</sub>	1.65m 5' 5"			
			729	659	545	504			
8	BOYLE, Craig SAINT MARTIN'S	2064	7.59	5.82m 19' 1 <sup>1</sup> / <sub>4</sub>	8.14m 26' 8 <sup>3</sup> / <sub>4</sub>	1.59m 5' 2 <sup>1</sup> / <sub>2</sub>			
			684	548	375	457			
9	BULLO, Nick CENTRAL WASHIN	2017	8.03	5.43m 17' 9 <sup>3</sup> / <sub>4</sub>	10.55m 34' 7 <sup>1</sup> / <sub>2</sub>	1.62m 5' 3 <sup>3</sup> / <sub>4</sub>			
			551	467	519	480			

**#33-1 Men's Indoor Heptathlon 60 Meters**

PI	Name	Team	Time	H(PI)	Pts
1	LANDIS, Kodiak	CENTRAL WASHINGTON	7.13	1(1)	837
2	SRAMEK, David	ALASKA ANCHORAGE	7.23	1(2)	802
3	TURNER, Travis	ALASKA ANCHORAGE	7.30	1(3)	779
4	KREUTZ, Blaine	NORTHWEST NAZARENE	7.34	1(4)	765
5	FORSTER, Michael	CENTRAL WASHINGTON	7.45	1(5)	729
6	BROWN, Gino	CONCORDIA (ORE.)	7.50	2(1)	713
7	BOYLE, Craig	SAINT MARTIN'S	7.59	2(2)	684
8	TRANCH, Micah	NORTHWEST NAZARENE	7.60	2(3)	681
9	BULLO, Nick	CENTRAL WASHINGTON	8.03	2(4)	551

**SECTION RESULTS**

PI	Name	Team	Time	Pts
<b>Section 1 of 2</b>				
1	LANDIS, Kodiak	CENTRAL WASHINGTON	7.13	837
2	SRAMEK, David	ALASKA ANCHORAGE	7.23	802
3	TURNER, Travis	ALASKA ANCHORAGE	7.30	779
4	KREUTZ, Blaine	NORTHWEST NAZARENE	7.34	765
5	FORSTER, Michael	CENTRAL WASHINGTON	7.45	729
<b>Section 2 of 2</b>				
1	BROWN, Gino	CONCORDIA (ORE.)	7.50	713
2	BOYLE, Craig	SAINT MARTIN'S	7.59	684
3	TRANCH, Micah	NORTHWEST NAZARENE	7.60	681

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# RESULTS

## #33-1 Men's Indoor Heptathlon 60 Meters (cont'd)

Pl	Name	Team	Time	Pts
4	BULLO, Nick	CENTRAL WASHINGTON	8.03	551

## Men's Indoor Heptathlon After 1 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	CENTRAL WASHIN	837
2	SRAMEK, David	ALASKA ANCHORA	802
3	TURNER, Travis	ALASKA ANCHORA	779
4	KREUTZ, Blaine	NORTHWEST NAZA	765
5	FORSTER, Michael	CENTRAL WASHIN	729
6	BROWN, Gino	CONCORDIA (ORE.)	713
7	BOYLE, Craig	SAINT MARTIN'S	684
8	TRANCH, Micah	NORTHWEST NAZA	681
9	BULLO, Nick	CENTRAL WASHIN	551

## #33-2 Men's Indoor Heptathlon Long Jump

Pl	Name	Team	Mark	Pts
1	LANDIS, Kodiak	CENTRAL WASHINGTON	6.91m 22' 8"	792
2	SRAMEK, David	ALASKA ANCHORAGE	6.80m 22' 3 <sup>3</sup> / <sub>4</sub>	767
3	TURNER, Travis	ALASKA ANCHORAGE	6.75m 22' 1 <sup>3</sup> / <sub>4</sub>	755
4	KREUTZ, Blaine	NORTHWEST NAZARENE	6.58m 21' 7 <sup>1</sup> / <sub>4</sub>	716
5	BROWN, Gino	CONCORDIA (ORE.)	6.33m 20' 9 <sup>1</sup> / <sub>4</sub>	659
5	FORSTER, Michael	CENTRAL WASHINGTON	6.33m 20' 9 <sup>1</sup> / <sub>4</sub>	659
7	TRANCH, Micah	NORTHWEST NAZARENE	6.08m 19' 11 <sup>1</sup> / <sub>2</sub>	604
8	BOYLE, Craig	SAINT MARTIN'S	5.82m 19' 1 <sup>1</sup> / <sub>4</sub>	548
9	BULLO, Nick	CENTRAL WASHINGTON	5.43m 17' 9 <sup>3</sup> / <sub>4</sub>	467

## Men's Indoor Heptathlon After 2 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	CENTRAL WASHIN	1629
2	SRAMEK, David	ALASKA ANCHORA	1569
3	TURNER, Travis	ALASKA ANCHORA	1534
4	KREUTZ, Blaine	NORTHWEST NAZA	1481
5	FORSTER, Michael	CENTRAL WASHIN	1388
6	BROWN, Gino	CONCORDIA (ORE.)	1372
7	TRANCH, Micah	NORTHWEST NAZA	1285
8	BOYLE, Craig	SAINT MARTIN'S	1232
9	BULLO, Nick	CENTRAL WASHIN	1018

## #33-3 Men's Indoor Heptathlon Shot Put

Pl	Name	Team	Mark	Pts
1	LANDIS, Kodiak	CENTRAL WASHINGTON	12.08m 39' 7 <sup>3</sup> / <sub>4</sub>	611
2	BROWN, Gino	CONCORDIA (ORE.)	11.75m 38' 6 <sup>3</sup> / <sub>4</sub>	591
3	TURNER, Travis	ALASKA ANCHORAGE	11.36m 37' 3 <sup>1</sup> / <sub>2</sub>	568
4	FORSTER, Michael	CENTRAL WASHINGTON	10.98m 36' 0 <sup>1</sup> / <sub>2</sub>	545
5	BULLO, Nick	CENTRAL WASHINGTON	10.55m 34' 7 <sup>1</sup> / <sub>2</sub>	519
6	KREUTZ, Blaine	NORTHWEST NAZARENE	10.42m 34' 2 <sup>1</sup> / <sub>2</sub>	511
7	SRAMEK, David	ALASKA ANCHORAGE	10.26m 33' 8 <sup>1</sup> / <sub>4</sub>	501
7	TRANCH, Micah	NORTHWEST NAZARENE	10.26m 33' 8 <sup>1</sup> / <sub>4</sub>	501
9	BOYLE, Craig	SAINT MARTIN'S	8.14m 26' 8 <sup>3</sup> / <sub>4</sub>	375

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## Men's Indoor Heptathlon After 3 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	CENTRAL WASHIN	2240
2	TURNER, Travis	ALASKA ANCHORA	2102
3	SRAMEK, David	ALASKA ANCHORA	2070
4	KREUTZ, Blaine	NORTHWEST NAZA	1992
5	BROWN, Gino	CONCORDIA (ORE.)	1963
6	FORSTER, Michael	CENTRAL WASHIN	1933
7	TRANCH, Micah	NORTHWEST NAZA	1786
8	BOYLE, Craig	SAINT MARTIN'S	1607
9	BULLO, Nick	CENTRAL WASHIN	1537

## #33-4 Men's Indoor Heptathlon High Jump

Pl	Name	Team	Mark	Pts
	TRANCH, Micah	NORTHWEST NAZARENE	2.01m 6' 7"	813
	TURNER, Travis	ALASKA ANCHORAGE	1.86m 6' 1 <sup>1</sup> / <sub>4</sub>	679
	BROWN, Gino	CONCORDIA (ORE.)	1.83m 6' 0"	653
	LANDIS, Kodiak	CENTRAL WASHINGTON	1.83m 6' 0"	653
	KREUTZ, Blaine	NORTHWEST NAZARENE	1.77m 5' 9 <sup>3</sup> / <sub>4</sub>	602
	SRAMEK, David	ALASKA ANCHORAGE	1.77m 5' 9 <sup>3</sup> / <sub>4</sub>	602
	FORSTER, Michael	CENTRAL WASHINGTON	1.65m 5' 5"	504
	BULLO, Nick	CENTRAL WASHINGTON	1.62m 5' 3 <sup>3</sup> / <sub>4</sub>	480
	BOYLE, Craig	SAINT MARTIN'S	1.59m 5' 2 <sup>1</sup> / <sub>2</sub>	457

## Men's Indoor Heptathlon After 4 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	CENTRAL WASHIN	2893
2	TURNER, Travis	ALASKA ANCHORA	2781
3	SRAMEK, David	ALASKA ANCHORA	2672
4	BROWN, Gino	CONCORDIA (ORE.)	2616
5	TRANCH, Micah	NORTHWEST NAZA	2599
6	KREUTZ, Blaine	NORTHWEST NAZA	2594
7	FORSTER, Michael	CENTRAL WASHIN	2437
8	BOYLE, Craig	SAINT MARTIN'S	2064
9	BULLO, Nick	CENTRAL WASHIN	2017

## #2 Women's 60 Meters

### Prelims

Pl	Name	Team	Time	H(Pl)
1	ASHCROFT, Jamie	ALASKA ANCHORAGE	7.54q	4(1)
2	LUCAS, Katherine	SIMON FRASER	7.64q	3(1)
3	KABIA, Valda	SIMON FRASER	7.68q	2(1)
4	ALLEN, Macie	WESTERN WASHINGTON	7.77q	3(2)
5	VOLOSHIN, Diana	SIMON FRASER	7.80q	1(1)
6	DESKINS, Taylor	NORTHWEST NAZARENE	7.82q	1(2)
7	PEDERSON, Kira	SIMON FRASER	7.87q	2(2)
8	BRANNAN, Kyra	SEATTLE PACIFIC	7.88q	4(2)
9	CROSS, Mary Kathleen	ALASKA ANCHORAGE	7.91	1(3)
10	GARCIA, Madison	CENTRAL WASHINGTON	7.92	2(3)
11	VONGSAVENG, Mariyah	CENTRAL WASHINGTON	7.93	1(4)

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### #2 Women's 60 Meters (cont'd)

#### Prelims

PI Name	Team	Time	H(PI)
12 RIES, Marie	ALASKA ANCHORAGE	7.94	4(3)
13 DOSS, Aujanique	CENTRAL WASHINGTON	7.99	3(3)
14 HOUK, Becca	SEATTLE PACIFIC	8.01	3(4)
15 JOHNSON, Tori	CONCORDIA (ORE.)	8.03	1(5)
16 PATRICK, Laura	WESTERN OREGON	8.08	4(4)
17 HAWLEY, Katia	CENTRAL WASHINGTON	8.09	2(4)
18 HAMRE, Grace	SAINT MARTIN'S	8.12	2(5)
19 NICKELSON, Artresa	SAINT MARTIN'S	8.18	1(6)
20 CUDDIHY, Lauren	ALASKA ANCHORAGE	8.19	4(5)
20 WHATLEY, Alexi	SAINT MARTIN'S	8.19	4(5)
22 BERNARD, Maddie	WESTERN OREGON	8.20	1(7)
23 FRIEDMANN, Natasha	SIMON FRASER	8.36	2(6)
24 KENDRICK, Ariya	SAINT MARTIN'S	8.49	3(5)
BRADLEY, Hannah	WESTERN WASHINGTON	FS	3

#### HEAT RESULTS

##### Prelims

PI Name	Team	Time
<b>Heat 1 of 4</b>		
1 VOLOSHIN, Diana	SIMON FRASER	7.80q
2 DESKINS, Taylor	NORTHWEST NAZARENE	7.82q
3 CROSS, Mary Kathleen	ALASKA ANCHORAGE	7.91
4 VONGSAVENG, Mariyah	CENTRAL WASHINGTON	7.93
5 JOHNSON, Tori	CONCORDIA (ORE.)	8.03
6 NICKELSON, Artresa	SAINT MARTIN'S	8.18
7 BERNARD, Maddie	WESTERN OREGON	8.20
<b>Heat 2 of 4</b>		
1 KABIA, Valda	SIMON FRASER	7.68q
2 PEDERSON, Kira	SIMON FRASER	7.87q
3 GARCIA, Madison	CENTRAL WASHINGTON	7.92
4 HAWLEY, Katia	CENTRAL WASHINGTON	8.09
5 HAMRE, Grace	SAINT MARTIN'S	8.12
6 FRIEDMANN, Natasha	SIMON FRASER	8.36
<b>Heat 3 of 4</b>		
1 LUCAS, Katherine	SIMON FRASER	7.64q
2 ALLEN, Macie	WESTERN WASHINGTON	7.77q
3 DOSS, Aujanique	CENTRAL WASHINGTON	7.99
4 HOUK, Becca	SEATTLE PACIFIC	8.01
5 KENDRICK, Ariya	SAINT MARTIN'S	8.49
BRADLEY, Hannah	WESTERN WASHINGTON	FS
<b>Heat 4 of 4</b>		
1 ASHCROFT, Jamie	ALASKA ANCHORAGE	7.54q
2 BRANNAN, Kyra	SEATTLE PACIFIC	7.88q
3 RIES, Marie	ALASKA ANCHORAGE	7.94
4 PATRICK, Laura	WESTERN OREGON	8.08

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# RESULTS

## #2 Women's 60 Meters (cont'd)

### Prelims

PI Name	Team	Time
5 CUDDIHY, Lauren	ALASKA ANCHORAGE	8.19
5 WHATLEY, Alexi	SAINT MARTIN'S	8.19

## #4 Women's 200 Meters

### Prelims

PI Name	Team	Time	H(PI)
1 ASHCROFT, Jamie	ALASKA ANCHORAGE	24.36q	3(1)
2 LUCAS, Katherine	SIMON FRASER	24.65q	4(1)
3 BRANNAN, Kyra	SEATTLE PACIFIC	24.66q	7(1)
4 KABIA, Valda	SIMON FRASER	24.94q	1(1)
5 GARCIA, Madison	CENTRAL WASHINGTON	25.08q	7(2)
6 CROSS, Mary Kathleen	ALASKA ANCHORAGE	25.12q	2(1)
7 WEEMS, Erykah	CENTRAL WASHINGTON	25.24q	5(1)
8 TAYLOR, Lani	SEATTLE PACIFIC	25.34q	8(1)
9 ANITEYE, Vanessa	ALASKA ANCHORAGE	25.35	6(1)
10 BANFRO, Tianna	CENTRAL WASHINGTON	25.55	5(2)
11 HONG, Cheryl	SEATTLE PACIFIC	25.62	6(2)
12 PEDERSON, Kira	SIMON FRASER	25.64	8(2)
13 HAMRE, Grace	SAINT MARTIN'S	25.77	4(2)
14 RIES, Marie	ALASKA ANCHORAGE	25.93	2(2)
15 WHATLEY, Alexi	SAINT MARTIN'S	26.09	3(2)
16 DESKINS, Taylor	NORTHWEST NAZARENE	26.10	3(3)
17 HAWLEY, Katia	CENTRAL WASHINGTON	26.13	1(2)
18 SMITH, Savannah	WESTERN WASHINGTON	26.18	4(3)
19 HOUK, Becca	SEATTLE PACIFIC	26.20	5(3)
20 DOSS, Aujanique	CENTRAL WASHINGTON	26.63	1(3)
21 FRIEDMANN, Natasha	SIMON FRASER	26.87	5(4)
21 CUDDIHY, Lauren	ALASKA ANCHORAGE	26.87	7(3)
23 EASTBURN, Katie	MSU-BILLINGS	26.90	8(3)
24 NICKELSON, Artresa	SAINT MARTIN'S	26.94	6(3)
25 GABRIEL, Olivia	SEATTLE PACIFIC	26.97	2(3)
26 ALSTON, D'Rhema	ALASKA ANCHORAGE	27.60	6(4)
27 SEARS, Hailey	WESTERN OREGON	27.93	7(4)
28 BROOKS, Ashley	CONCORDIA (ORE.)	28.14	8(4)
29 DRADER, Megan	WESTERN OREGON	28.51	2(4)

## HEAT RESULTS

### Prelims

PI Name	Team	Time
<b>Heat 1 of 8</b>		
1 KABIA, Valda	SIMON FRASER	24.94q
2 HAWLEY, Katia	CENTRAL WASHINGTON	26.13
3 DOSS, Aujanique	CENTRAL WASHINGTON	26.63
<b>Heat 2 of 8</b>		
1 CROSS, Mary Kathleen	ALASKA ANCHORAGE	25.12q
2 RIES, Marie	ALASKA ANCHORAGE	25.93

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# RESULTS

## #4 Women's 200 Meters (cont'd)

### Prelims

Pl	Name	Team	Time
3	GABRIEL, Olivia	SEATTLE PACIFIC	26.97
4	DRADER, Megan	WESTERN OREGON	28.51

### Heat 3 of 8

1	ASHCROFT, Jamie	ALASKA ANCHORAGE	24.36q
2	WHATLEY, Alexi	SAINT MARTIN'S	26.09
3	DESKINS, Taylor	NORTHWEST NAZARENE	26.10

### Heat 4 of 8

1	LUCAS, Katherine	SIMON FRASER	24.65q
2	HAMRE, Grace	SAINT MARTIN'S	25.77
3	SMITH, Savannah	WESTERN WASHINGTON	26.18

### Heat 5 of 8

1	WEEMS, Erykah	CENTRAL WASHINGTON	25.24q
2	BANFRO, Tianna	CENTRAL WASHINGTON	25.55
3	HOUK, Becca	SEATTLE PACIFIC	26.20
4	FRIEDMANN, Natasha	SIMON FRASER	26.87

### Heat 6 of 8

1	ANITEYE, Vanessa	ALASKA ANCHORAGE	25.35
2	HONG, Cheryl	SEATTLE PACIFIC	25.62
3	NICKELSON, Artresa	SAINT MARTIN'S	26.94
4	ALSTON, D'Rhema	ALASKA ANCHORAGE	27.60

### Heat 7 of 8

1	BRANNAN, Kyra	SEATTLE PACIFIC	24.66q
2	GARCIA, Madison	CENTRAL WASHINGTON	25.08q
3	CUDDIHY, Lauren	ALASKA ANCHORAGE	26.87
4	SEARS, Hailey	WESTERN OREGON	27.93

### Heat 8 of 8

1	TAYLOR, Lani	SEATTLE PACIFIC	25.34q
2	PEDERSON, Kira	SIMON FRASER	25.64
3	EASTBURN, Katie	MSU-BILLINGS	26.90
4	BROOKS, Ashley	CONCORDIA (ORE.)	28.14

## #6 Women's 400 Meters

### Prelims

Pl	Name	Team	Time	H(Pl)
1	ANITEYE, Vanessa	ALASKA ANCHORAGE	56.48q	3(1)
2	DESCH, Chantel	SIMON FRASER	56.56q	1(1)
3	TAYLOR, Lani	SEATTLE PACIFIC	56.57q	4(1)
4	CROSS, Mary Kathleen	ALASKA ANCHORAGE	57.03q	2(1)
5	WEEMS, Erykah	CENTRAL WASHINGTON	57.13q	7(1)
6	HAMRE, Grace	SAINT MARTIN'S	57.77q	4(2)
7	ROSE, Megan	WESTERN OREGON	58.35q	6(1)
8	BEZANSON, Hayley	ALASKA ANCHORAGE	58.52q	6(2)
9	HONG, Cheryl	SEATTLE PACIFIC	59.12	5(1)
10	BLAND, Emily	CENTRAL WASHINGTON	59.25	3(2)
11	HAWTHRONE, Keirnan	SAINT MARTIN'S	59.45	1(2)
12	WHATLEY, Alexi	SAINT MARTIN'S	59.59	3(3)



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<b>Pl Name</b>	<b>Team</b>	<b>Time</b>	<b>H(Pl)</b>
13 BURKE, Grayson	WESTERN OREGON	59.93	2(2)
14 SMITH, Savannah	WESTERN WASHINGTON	1:00.04	1(3)
15 GABRIEL, Olivia	SEATTLE PACIFIC	1:00.22	2(3)
16 LINDSAY, Nicole	SIMON FRASER	1:00.29	5(2)
17 SVASTISALEE, Deja	WESTERN WASHINGTON	1:00.70	2(4)
18 CONLEY, McKenna	NORTHWEST NAZARENE	1:00.76	7(2)
19 INDERBITZIN, Julia	CENTRAL WASHINGTON	1:00.86	4(3)
20 JESCHKE, Yvonne	ALASKA ANCHORAGE	1:01.03	7(3)
21 CUDDIHY, Lauren	ALASKA ANCHORAGE	1:02.39	7(4)
22 COVEY, Felicia	WESTERN OREGON	1:02.46	3(4)
23 NICKELSON, Artresa	SAINT MARTIN'S	1:03.17	6(3)
24 CARANDANG, Alexis	SAINT MARTIN'S	1:03.31	5(3)
25 CURTIS, Kathryn	CONCORDIA (ORE.)	1:05.33	5(4)
26 ALSTON, D'Rhema	ALASKA ANCHORAGE	1:06.30	6(4)

**HEAT RESULTS****Prelims**

<b>Pl Name</b>	<b>Team</b>	<b>Time</b>
<b>Heat 1 of 7</b>		
1 DESCH, Chantel	SIMON FRASER	56.56q
2 HAWTHRONE, Keirnan	SAINT MARTIN'S	59.45
3 SMITH, Savannah	WESTERN WASHINGTON	1:00.04
<b>Heat 2 of 7</b>		
1 CROSS, Mary Kathleen	ALASKA ANCHORAGE	57.03q
2 BURKE, Grayson	WESTERN OREGON	59.93
3 GABRIEL, Olivia	SEATTLE PACIFIC	1:00.22
4 SVASTISALEE, Deja	WESTERN WASHINGTON	1:00.70
<b>Heat 3 of 7</b>		
1 ANITEYE, Vanessa	ALASKA ANCHORAGE	56.48q
2 BLAND, Emily	CENTRAL WASHINGTON	59.25
3 WHATLEY, Alexi	SAINT MARTIN'S	59.59
4 COVEY, Felicia	WESTERN OREGON	1:02.46
<b>Heat 4 of 7</b>		
1 TAYLOR, Lani	SEATTLE PACIFIC	56.57q
2 HAMRE, Grace	SAINT MARTIN'S	57.77q
3 INDERBITZIN, Julia	CENTRAL WASHINGTON	1:00.86
<b>Heat 5 of 7</b>		
1 HONG, Cheryl	SEATTLE PACIFIC	59.12
2 LINDSAY, Nicole	SIMON FRASER	1:00.29
3 CARANDANG, Alexis	SAINT MARTIN'S	1:03.31
4 CURTIS, Kathryn	CONCORDIA (ORE.)	1:05.33
<b>Heat 6 of 7</b>		
1 ROSE, Megan	WESTERN OREGON	58.35q
2 BEZANSON, Hayley	ALASKA ANCHORAGE	58.52q
3 NICKELSON, Artresa	SAINT MARTIN'S	1:03.17

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# RESULTS

## #6 Women's 400 Meters (cont'd)

### Prelims

PI	Name	Team	Time
4	ALSTON, D'Rhema	ALASKA ANCHORAGE	1:06.30

### Heat 7 of 7

1	WEEMS, Erykah	CENTRAL WASHINGTON	57.13q
2	CONLEY, McKenna	NORTHWEST NAZARENE	1:00.76
3	JESCHKE, Yvonne	ALASKA ANCHORAGE	1:01.03
4	CUDDIHY, Lauren	ALASKA ANCHORAGE	1:02.39

## #8 Women's 800 Meters

### Prelims

PI	Name	Team	Time	H(PI)
1	MCCORMICK, Danielle	ALASKA ANCHORAGE	2:10.77Q	1(1)
2	VAN DE GRIFT, Suzie	WESTERN OREGON	2:10.88Q	1(2)
3	PEREZ, Tamara	ALASKA ANCHORAGE	2:10.97q	1(3)
4	WOODS, Olivia	WESTERN OREGON	2:12.20q	1(4)
5	TOWNSEND, Addy	SIMON FRASER	2:14.01Q	2(1)
6	MUSSATTO, Alana	SIMON FRASER	2:14.23Q	2(2)
7	DODD, Sophie	SIMON FRASER	2:14.48q	2(3)
8	PHAN, Chynna	SEATTLE PACIFIC	2:15.39q	2(4)
9	LILLY, Kate	SEATTLE PACIFIC	2:15.40	2(5)
10	SMIEDALA, Josey	MSU-BILLINGS	2:20.94	1(5)
11	FINE, Keana	SEATTLE PACIFIC	2:26.65	1(6)
12	FJELSTUL, Bailey	CONCORDIA (ORE.)	2:26.85	1(7)
13	DANNER, Bethany	NORTHWEST NAZARENE	2:28.39	2(6)
14	TEIGEN, Megan	SAINT MARTIN'S	2:35.16	1(8)
15	JOHNSON, Julian	WESTERN WASHINGTON	2:36.42	2(7)

## HEAT RESULTS

### Prelims

PI	Name	Team	Time
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### Heat 1 of 2

1	MCCORMICK, Danielle	ALASKA ANCHORAGE	2:10.77Q
2	VAN DE GRIFT, Suzie	WESTERN OREGON	2:10.88Q
3	PEREZ, Tamara	ALASKA ANCHORAGE	2:10.97q
4	WOODS, Olivia	WESTERN OREGON	2:12.20q
5	SMIEDALA, Josey	MSU-BILLINGS	2:20.94
6	FINE, Keana	SEATTLE PACIFIC	2:26.65
7	FJELSTUL, Bailey	CONCORDIA (ORE.)	2:26.85
8	TEIGEN, Megan	SAINT MARTIN'S	2:35.16

### Heat 2 of 2

1	TOWNSEND, Addy	SIMON FRASER	2:14.01Q
2	MUSSATTO, Alana	SIMON FRASER	2:14.23Q
3	DODD, Sophie	SIMON FRASER	2:14.48q
4	PHAN, Chynna	SEATTLE PACIFIC	2:15.39q
5	LILLY, Kate	SEATTLE PACIFIC	2:15.40
6	DANNER, Bethany	NORTHWEST NAZARENE	2:28.39
7	JOHNSON, Julian	WESTERN WASHINGTON	2:36.42

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## #14 Women's 5000 Meters

Pl	Name	Team	Time	Pts
1	KURGAT, Caroline	ALASKA ANCHORAGE	17:44.68	10
2	RUFENER, Kennedy	WESTERN OREGON	17:52.78	8
3	REXUS, Stephanie	CENTRAL WASHINGTON	17:56.30	6
4	JEPCHUMBA, Zannah	ALASKA ANCHORAGE	18:26.85	5
5	GALVEZ, Sophia	WESTERN WASHINGTON	18:26.87	4
6	MANZER, Sierra	NORTHWEST NAZARENE	18:29.83	3
7	STELLING, Lillianna	WESTERN WASHINGTON	18:33.01	2
8	MANZER, Anysja	NORTHWEST NAZARENE	18:53.81	1
9	CLEM, Delaney	CENTRAL WASHINGTON	18:57.97	
10	KOLASINSKI, Larissa	SAINT MARTIN'S	18:58.57	
11	LOPEZ, Yadira	SAINT MARTIN'S	19:01.18	
12	LAIBLIN, Alexandra	WESTERN WASHINGTON	19:03.77	
13	BURROUGHES, Riley	ALASKA ANCHORAGE	19:05.66	
14	TAFERRE, Sara	WESTERN WASHINGTON	19:21.67	

## #16 Women's 60m Hurdles

### Prelims

Pl	Name	Team	Time	H(Pl)
1	VONGSAVENG, Mariyah	CENTRAL WASHINGTON	8.51q	3(1)
2	VOLOSHIN, Diana	SIMON FRASER	8.61q	2(1)
3	TUBBS, Lexi	NORTHWEST NAZARENE	8.78q	1(1)
4	WEEMS , Erykah	CENTRAL WASHINGTON	8.88q	1(2)
5	BLAND, Emily	CENTRAL WASHINGTON	9.15q	2(2)
6	WARREN, Kawena	NORTHWEST NAZARENE	9.19q	3(2)
7	JOHNSON, Michaela	MSU-BILLINGS	9.21q	3(3)
8	CANO, Elena	ALASKA ANCHORAGE	9.47q	1(3)
8	BLALOCK, Alexia	ALASKA ANCHORAGE	9.47q	2(3)
10	GILBERT, Tyra	SIMON FRASER	9.51	1(4)
11	JESCHKE, Yvonne	ALASKA ANCHORAGE	9.52	3(4)
12	CONKLIN, Katie	NORTHWEST NAZARENE	9.56	3(5)
13	COLLINS, Jewlz	MSU-BILLINGS	9.68	1(5)
14	WHATLEY, Alexi	SAINT MARTIN'S	9.70	1(6)
15	KENDRICK, Ariya	SAINT MARTIN'S	9.82	2(4)
16	MADDEN, Sara	WESTERN OREGON	9.84	3(6)
17	BANFRO, Tianna	CENTRAL WASHINGTON	10.10	2(5)
18	WALTS, Rose	CENTRAL WASHINGTON	10.17	2(6)

## HEAT RESULTS

### Prelims

Pl	Name	Team	Time
<b>Heat 1 of 3</b>			
1	TUBBS, Lexi	NORTHWEST NAZARENE	8.78q
2	WEEMS , Erykah	CENTRAL WASHINGTON	8.88q
3	CANO, Elena	ALASKA ANCHORAGE	9.47q
4	GILBERT, Tyra	SIMON FRASER	9.51
5	COLLINS, Jewlz	MSU-BILLINGS	9.68

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## #16 Women's 60m Hurdles (cont'd)

### Prelims

Pl	Name	Team	Time
6	WHATLEY, Alexi	SAINT MARTIN'S	9.70

### Heat 2 of 3

1	VOLOSHIN, Diana	SIMON FRASER	8.61q
2	BLAND, Emily	CENTRAL WASHINGTON	9.15q
3	BLALOCK, Alexia	ALASKA ANCHORAGE	9.47q
4	KENDRICK, Ariya	SAINT MARTIN'S	9.82
5	BANFRO, Tianna	CENTRAL WASHINGTON	10.10
6	WALTS, Rose	CENTRAL WASHINGTON	10.17

### Heat 3 of 3

1	VONGSAVENG, Mariyah	CENTRAL WASHINGTON	8.51q
2	WARREN, Kawena	NORTHWEST NAZARENE	9.19q
3	JOHNSON, Michaela	MSU-BILLINGS	9.21q
4	JESCHKE, Yvonne	ALASKA ANCHORAGE	9.52
5	CONKLIN, Katie	NORTHWEST NAZARENE	9.56
6	MADDEN, Sara	WESTERN OREGON	9.84

## #20 Women's 4000m DMR

Pl	Team	Time	Pts
1	SIMON FRASER (A)	12:05.77	10
	1) TOWNSEND, Addy	2) DODD, Sophie	
	3) MUSSATTO, Alana	4) NOCK, Paige	
2	ALASKA ANCHORAGE (A)	12:11.46	8
	1) PEREZ, Tamara	2) JESCHKE, Yvonne	
	3) MCCORMICK, Danielle	4) BURROUGHES, Mariah	
3	SEATTLE PACIFIC (A)	12:23.31	6
	1) MACDONALD, Sarah	2) LAMBERT, Emma	
	3) PHAN, Chynna	4) CALVERT, Hannah	
4	SAINT MARTIN'S (A)	12:30.61	5
	1) MCCLOSKEY, Claire	2) CARANDANG, Alexis	
	3) TEIGEN, Megan	4) PORTER, Shannon	
5	WESTERN WASHINGTON (A)	12:40.21	4
	1) KOGER, Aundrea	2) SVASTISALEE, Deja	
	3) SHREFFLER, Waverly	4) HUTCHISON, Maddy	
6	WESTERN OREGON (A)	12:42.13	3
	1) BAYLY, Rachel	2) VAN DE GRIFT, Suzie	
	3) ROSE, Megan	4) WOODS, Olivia	
7	CENTRAL WASHINGTON (A)	12:45.66	2
	1) LIEBEL, Brenna	2) INDERBITZIN, Julia	
	3) JOY, Juliana	4) SHINDRUK, Alexa	
8	CONCORDIA (ORE.) (A)	12:58.88	1
	1) RICHARDSON, Dalen	2) BAILLY, Kaitlyn	
	3) FJELSTUL, Bailey	4) PEDERSON, Nicole	

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**#20 Women's 4000m DMR (cont'd)**

Pl	Team	Time	Pts
9	MSU-BILLINGS (A)	13:16.54	
	1) AIKEN, Nikki	2) EASTBURN, Katie	
	3) SMIEDALA, Josey	4) FRAME, Rio	
10	NORTHWEST NAZARENE (A)	13:43.86	
	1) MANZER, Sierra	2) CONLEY, McKenna	
	3) MANZER, Anysja	4) DANNER, Bethany	

**#26 Women's Long Jump**

Pl	Name	Team	Mark	F(Pl)	Pts
1	BRANNAN, Kyra	SEATTLE PACIFIC	5.80m 19' 0 <sup>1</sup> / <sub>2</sub>	2(1)	10
2	LEHNERT, Geneva	SEATTLE PACIFIC	5.57m 18' 3 <sup>1</sup> / <sub>4</sub>	2(2)	8
3	ANDERSON, Ali	CENTRAL WASHINGTON	5.38m 17' 8"	2(3)	6
4	LAZECKI, Natasha	SIMON FRASER	5.32m 17' 5 <sup>1</sup> / <sub>2</sub>	1(1)	5
5	ORTEGA, HarLee	CENTRAL WASHINGTON	5.31m 17' 5 <sup>1</sup> / <sub>4</sub>	2(4)	4
6	CONKLIN, Katie	NORTHWEST NAZARENE	5.25m 17' 2 <sup>3</sup> / <sub>4</sub>	1(2)	2
6	JOY, Juliana	CENTRAL WASHINGTON	5.25m 17' 2 <sup>3</sup> / <sub>4</sub>	2(5)	2
6	FEDOR, Kye	SIMON FRASER	5.25m 17' 2 <sup>3</sup> / <sub>4</sub>	2(5)	2
9	MUNOZ, Malea	WESTERN WASHINGTON	5.19m 17' 0 <sup>1</sup> / <sub>2</sub>	1(3)	
10	LOUFOUA, Nice	NORTHWEST NAZARENE	5.17m 16' 11 <sup>1</sup> / <sub>2</sub>	2(7)	
11	BLALOCK, Alexia	ALASKA ANCHORAGE	5.16m 16' 11 <sup>1</sup> / <sub>4</sub>	1(4)	
12	WILLIAMS, Brooke	CENTRAL WASHINGTON	5.13m 16' 10"	1(5)	
13	VOLOSHIN, Diana	SIMON FRASER	5.10m 16' 8 <sup>3</sup> / <sub>4</sub>	1(6)	
14	VONGSAVENG, Mariyah	CENTRAL WASHINGTON	5.05m 16' 7"	2(8)	
15	SILTMAN, Rachel	CONCORDIA (ORE.)	4.98m 16' 4 <sup>1</sup> / <sub>4</sub>	1(7)	
16	CAI, Scout	SEATTLE PACIFIC	4.92m 16' 1 <sup>3</sup> / <sub>4</sub>	1(8)	
17	GILBERT, Tyra	SIMON FRASER	4.88m 16' 0 <sup>1</sup> / <sub>4</sub>	1(9)	
18	MAHOWALD, Jackie	NORTHWEST NAZARENE	4.83m 15' 10 <sup>1</sup> / <sub>4</sub>	1(10)	
19	SCHWEND, Shaniah	MSU-BILLINGS	4.73m 15' 6 <sup>1</sup> / <sub>4</sub>	1(11)	
20	BECKETT, Brenna	MSU-BILLINGS	4.72m 15' 6"	1(12)	
21	WARREN, Halie	MSU-BILLINGS	4.52m 14' 10"	1(13)	
	STEPHENS, Chase	CONCORDIA (ORE.)	NM	2	

**FLIGHT RESULTS**

Pl	Name	Team	Mark
<b>Flight 1 of 2</b>			
1	LAZECKI, Natasha	SIMON FRASER	5.32m 17' 5 <sup>1</sup> / <sub>2</sub>
2	CONKLIN, Katie	NORTHWEST NAZARENE	5.25m 17' 2 <sup>3</sup> / <sub>4</sub>
3	MUNOZ, Malea	WESTERN WASHINGTON	5.19m 17' 0 <sup>1</sup> / <sub>2</sub>
4	BLALOCK, Alexia	ALASKA ANCHORAGE	5.16m 16' 11 <sup>1</sup> / <sub>4</sub>
5	WILLIAMS, Brooke	CENTRAL WASHINGTON	5.13m 16' 10"
6	VOLOSHIN, Diana	SIMON FRASER	5.10m 16' 8 <sup>3</sup> / <sub>4</sub>
7	SILTMAN, Rachel	CONCORDIA (ORE.)	4.98m 16' 4 <sup>1</sup> / <sub>4</sub>
8	CAI, Scout	SEATTLE PACIFIC	4.92m 16' 1 <sup>3</sup> / <sub>4</sub>
9	GILBERT, Tyra	SIMON FRASER	4.88m 16' 0 <sup>1</sup> / <sub>4</sub>
10	MAHOWALD, Jackie	NORTHWEST NAZARENE	4.83m 15' 10 <sup>1</sup> / <sub>4</sub>
11	SCHWEND, Shaniah	MSU-BILLINGS	4.73m 15' 6 <sup>1</sup> / <sub>4</sub>

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# RESULTS

## #26 Women's Long Jump (cont'd)

Pl	Name	Team	Mark
12	BECKETT, Brenna	MSU-BILLINGS	4.72m 15' 6"
13	WARREN, Halie	MSU-BILLINGS	4.52m 14' 10"
<b>Flight 2 of 2</b>			
1	BRANNAN, Kyra	SEATTLE PACIFIC	5.80m 19' 0 <sup>1</sup> / <sub>2</sub> "
2	LEHNERT, Geneva	SEATTLE PACIFIC	5.57m 18' 3 <sup>1</sup> / <sub>4</sub> "
3	ANDERSON, Ali	CENTRAL WASHINGTON	5.38m 17' 8"
4	ORTEGA, HarLee	CENTRAL WASHINGTON	5.31m 17' 5 <sup>1</sup> / <sub>4</sub> "
5	JOY, Juliana	CENTRAL WASHINGTON	5.25m 17' 2 <sup>3</sup> / <sub>4</sub> "
5	FEDOR, Kye	SIMON FRASER	5.25m 17' 2 <sup>3</sup> / <sub>4</sub> "
7	LOUFOUA, Nice	NORTHWEST NAZARENE	5.17m 16' 11 <sup>1</sup> / <sub>2</sub> "
8	VONGSAVENG, Mariyah	CENTRAL WASHINGTON	5.05m 16' 7"
	STEPHENS, Chase	CONCORDIA (ORE.)	NM

## #32 Women's Weight Throw

Pl	Name	Team	Mark	F(Pl)	Pts
1	WARREN, McKenzie	CONCORDIA (ORE.)	17.32m 56' 10 <sup>1</sup> / <sub>4</sub> "	2(1)	10
2	MACDONALD, Christina	CONCORDIA (ORE.)	17.17m 56' 4 <sup>1</sup> / <sub>4</sub> "	2(2)	8
3	NEALE, Kirby	SAINT MARTIN'S	16.50m 54' 2"	2(3)	6
4	HOMER, Aiyana	CENTRAL WASHINGTON	15.88m 52' 1 <sup>1</sup> / <sub>2</sub> "	2(4)	5
5	WILLING, Tasha	CONCORDIA (ORE.)	15.48m 50' 9 <sup>3</sup> / <sub>4</sub> "	2(5)	4
6	MCKINNIS, Rachel	CONCORDIA (ORE.)	14.50m 47' 7 <sup>1</sup> / <sub>4</sub> "	2(6)	3
7	LA RUE, Samantha	CENTRAL WASHINGTON	14.40m 47' 3 <sup>1</sup> / <sub>4</sub> "	2(7)	2
8	KOROLENKO, Sasha	NORTHWEST NAZARENE	14.32m 47' 0"	1(1)	1
9	TENSLEY, Joselynn	CONCORDIA (ORE.)	14.22m 46' 8"	2(8)	
10	THOMAS, Hannah	NORTHWEST NAZARENE	13.91m 45' 8"	2(9)	
11	HUFFMAN, Rachael	WESTERN OREGON	13.88m 45' 6 <sup>3</sup> / <sub>4</sub> "	2(10)	
12	MORTENSEN, Megan	WESTERN WASHINGTON	13.82m 45' 4 <sup>1</sup> / <sub>4</sub> "	2(11)	
13	DEAN, Sylvia	WESTERN OREGON	13.68m 44' 10 <sup>3</sup> / <sub>4</sub> "	1(2)	
14	LINENKO, Katrina	CONCORDIA (ORE.)	13.05m 42' 10"	1(3)	
15	CRYDERMAN, Katrina	NORTHWEST NAZARENE	12.94m 42' 5 <sup>3</sup> / <sub>4</sub> "	2(12)	
16	ROBERTS, Sophia	WESTERN WASHINGTON	12.92m 42' 5"	1(4)	
17	FALCK, Alecia	WESTERN OREGON	12.75m 41' 10 <sup>1</sup> / <sub>4</sub> "	1(5)	
18	HAGADORN, Miranda	NORTHWEST NAZARENE	12.27m 40' 3 <sup>1</sup> / <sub>4</sub> "	1(6)	
19	KUOHA, Kassadee	MSU-BILLINGS	12.10m 39' 8 <sup>3</sup> / <sub>4</sub> "	1(7)	
20	WHITE, Nicole	CONCORDIA (ORE.)	11.94m 39' 2 <sup>1</sup> / <sub>4</sub> "	2(13)	
21	GRONBACH, Mariah	WESTERN OREGON	11.92m 39' 1 <sup>1</sup> / <sub>2</sub> "	1(8)	
22	DODGE, Brittany	CENTRAL WASHINGTON	11.78m 38' 8"	1(9)	
23	SITTON, Mikaela	CENTRAL WASHINGTON	11.72m 38' 5 <sup>3</sup> / <sub>4</sub> "	1(10)	
24	SNOWDEN, Elise	NORTHWEST NAZARENE	11.68m 38' 4"	1(11)	
25	MUMFORD, Angela	CENTRAL WASHINGTON	11.42m 37' 6"	1(12)	
26	STRINGARI, Taylor	MSU-BILLINGS	11.21m 36' 9 <sup>1</sup> / <sub>2</sub> "	1(13)	
27	STEINBEISSER, Hailey	MSU-BILLINGS	11.08m 36' 4 <sup>1</sup> / <sub>2</sub> "	1(14)	
28	NOBBS, Nicole	NORTHWEST NAZARENE	10.36m 34' 0 <sup>1</sup> / <sub>4</sub> "	1(15)	
	SHORT, Amanda	WESTERN OREGON	NM	1	

## FLIGHT RESULTS

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# RESULTS

## #32 Women's Weight Throw (cont'd)

Pl	Name	Team	Mark
<b>Flight 1 of 2</b>			
1	KOROLENKO, Sasha	NORTHWEST NAZARENE	14.32m 47' 0"
2	DEAN, Sylvia	WESTERN OREGON	13.68m 44' 10 <sup>3</sup> / <sub>4</sub>
3	LINENKO, Katrina	CONCORDIA (ORE.)	13.05m 42' 10"
4	ROBERTS, Sophia	WESTERN WASHINGTON	12.92m 42' 5"
5	FALCK, Alecia	WESTERN OREGON	12.75m 41' 10 <sup>1</sup> / <sub>4</sub>
6	HAGADORN, Miranda	NORTHWEST NAZARENE	12.27m 40' 3 <sup>1</sup> / <sub>4</sub>
7	KUOHA, Kassadee	MSU-BILLINGS	12.10m 39' 8 <sup>3</sup> / <sub>4</sub>
8	GRONBACH, Mariah	WESTERN OREGON	11.92m 39' 1 <sup>1</sup> / <sub>2</sub>
9	DODGE, Brittany	CENTRAL WASHINGTON	11.78m 38' 8"
10	SITTON, Mikaela	CENTRAL WASHINGTON	11.72m 38' 5 <sup>3</sup> / <sub>4</sub>
11	SNOWDEN, Elise	NORTHWEST NAZARENE	11.68m 38' 4"
12	MUMFORD, Angela	CENTRAL WASHINGTON	11.42m 37' 6"
13	STRINGARI, Taylor	MSU-BILLINGS	11.21m 36' 9 <sup>1</sup> / <sub>2</sub>
14	STEINBEISSER, Hailey	MSU-BILLINGS	11.08m 36' 4 <sup>1</sup> / <sub>2</sub>
15	NOBBS, Nicole	NORTHWEST NAZARENE	10.36m 34' 0 <sup>1</sup> / <sub>4</sub>
	SHORT, Amanda	WESTERN OREGON	NM
<b>Flight 2 of 2</b>			
1	WARREN, McKenzie	CONCORDIA (ORE.)	17.32m 56' 10 <sup>1</sup> / <sub>4</sub>
2	MACDONALD, Christina	CONCORDIA (ORE.)	17.17m 56' 4 <sup>1</sup> / <sub>4</sub>
3	NEALE, Kirby	SAINT MARTIN'S	16.50m 54' 2"
4	HOMER, Aiyana	CENTRAL WASHINGTON	15.88m 52' 1 <sup>1</sup> / <sub>2</sub>
5	WILLING, Tasha	CONCORDIA (ORE.)	15.48m 50' 9 <sup>3</sup> / <sub>4</sub>
6	MCKINNIS, Rachel	CONCORDIA (ORE.)	14.50m 47' 7 <sup>1</sup> / <sub>4</sub>
7	LA RUE, Samantha	CENTRAL WASHINGTON	14.40m 47' 3 <sup>1</sup> / <sub>4</sub>
8	TENSLEY, Joselynn	CONCORDIA (ORE.)	14.22m 46' 8"
9	THOMAS, Hannah	NORTHWEST NAZARENE	13.91m 45' 8"
10	HUFFMAN, Rachael	WESTERN OREGON	13.88m 45' 6 <sup>3</sup> / <sub>4</sub>
11	MORTENSEN, Megan	WESTERN WASHINGTON	13.82m 45' 4 <sup>1</sup> / <sub>4</sub>
12	CRYDERMAN, Katrina	NORTHWEST NAZARENE	12.94m 42' 5 <sup>3</sup> / <sub>4</sub>
13	WHITE, Nicole	CONCORDIA (ORE.)	11.94m 39' 2 <sup>1</sup> / <sub>4</sub>

## #34 Women's Indoor Pentathlon

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
1	CAI, Scout	3499	9.49	1.66m	9.70m	5.08m	2:22.33
	SEATTLE PACIFIC			5' 5 <sup>1</sup> / <sub>4</sub>	31' 10 <sup>1</sup> / <sub>4</sub>	16' 8"	
	Team Points: 10		810	806	510	581	792
2	BENNER, Brooke	3461	9.66	1.66m	8.86m	5.25m	2:22.14
	SEATTLE PACIFIC			5' 5 <sup>1</sup> / <sub>4</sub>	29' 1"	17' 2 <sup>3</sup> / <sub>4</sub>	
	Team Points: 8		777	806	455	628	795
3	LEHNERT, Geneva	3411	10.15	1.69m	8.46m	5.62m	2:27.81
	SEATTLE PACIFIC			5' 6 <sup>1</sup> / <sub>2</sub>	27' 9 <sup>1</sup> / <sub>4</sub>	18' 5 <sup>1</sup> / <sub>4</sub>	
	Team Points: 6		684	842	429	735	721
4	ANDERSON, Ali	3378	9.92	1.48m	9.78m	5.35m	2:15.88
	CENTRAL WASHIN			4' 10 <sup>1</sup> / <sub>4</sub>	32' 1 <sup>1</sup> / <sub>4</sub>	17' 6 <sup>3</sup> / <sub>4</sub>	
	Team Points: 5		727	599	515	657	880

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# RESULTS

## #34 Women's Indoor Pentathlon (cont'd)

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
5	ORTEGA, HarLee CENTRAL WASHIN	3271	9.52	1.51m 4' 11 1/2"	10.09m 33' 1 1/2"	5.32m 17' 5 1/2"	2:33.29
	Team Points: 4		804	632	535	648	652
6	FEDOR, Kye SIMON FRASER	3218	9.40	1.48m 4' 10 1/4"	9.35m 30' 8 1/2"	5.42m 17' 9 1/2"	2:35.39
	Team Points: 3		828	599	487	677	627
7	STEWART, Macken SIMON FRASER	3201	10.01	1.63m 5' 4 1/4"	10.31m 33' 10 1/4"	5.02m 16' 5 3/4"	2:37.22
	Team Points: 2		710	771	550	565	605
8	DUVAL, Lauren NORTHWEST NAZ	2890	9.62	1.54m 5' 0 1/2"	7.14m 23' 5 1/4"	4.67m 15' 4"	2:35.72
	Team Points: 1		785	666	344	472	623
9	CANO, Elena ALASKA ANCHORA	2788	9.51	1.48m 4' 10 1/4"	7.62m 25' 0 1/4"	4.39m 14' 5"	2:37.04
			806	599	375	401	607
10	MEADOWS, Shaddi CENTRAL WASHIN	2659	10.30	1.51m 4' 11 1/2"	7.65m 25' 1 1/2"	4.60m 15' 1 1/4"	2:43.01
			657	632	377	454	539
11	WALTS, Rose CENTRAL WASHIN	2610	9.78	1.39m 4' 6 3/4"	8.65m 28' 4 3/4"	4.52m 14' 10"	2:48.44
			754	502	441	433	480
12	POTT, Tiffany SAINT MARTIN'S	2604	10.57	1.54m 5' 0 1/2"	8.31m 27' 3 1/2"	4.47m 14' 8"	2:47.59
			609	666	419	421	489
13	STEPHENS, Chase CONCORDIA (ORE.)	2574	9.12	1.57m 5' 1 3/4"	9.03m 29' 7 3/4"	4.86m 15' 11 1/2"	DNF
			885	701	466	522	
14	GRENINGER, Kayli WESTERN WASHI	2075	10.90	1.42m 4' 7 3/4"	9.69m 31' 9 3/4"	4.70m 15' 5"	DNF
			553	534	509	479	

## #34-1 Women's Indoor Pentathlon 60m Hurdles

Pl	Name	Team	Time	H(Pl)	Pts
1	STEPHENS, Chase	CONCORDIA (ORE.)	9.12	1(1)	885
2	FEDOR, Kye	SIMON FRASER	9.40	4(1)	828
3	CAI, Scout	SEATTLE PACIFIC	9.49	2(1)	810
4	CANO, Elena	ALASKA ANCHORAGE	9.51	1(2)	806
5	ORTEGA, HarLee	CENTRAL WASHINGTON	9.52	1(3)	804
6	DUVAL, Lauren	NORTHWEST NAZARENE	9.62	2(2)	785
7	BENNER, Brooke	SEATTLE PACIFIC	9.66	2(3)	777
8	WALTS, Rose	CENTRAL WASHINGTON	9.78	3(1)	754
9	ANDERSON, Ali	CENTRAL WASHINGTON	9.92	3(2)	727
10	STEWART, Mackenzie	SIMON FRASER	10.01	5(1)	710
11	LEHNERT, Geneva	SEATTLE PACIFIC	10.15	3(3)	684
12	MEADOWS, Shaddia	CENTRAL WASHINGTON	10.30	4(2)	657
13	POTT, Tiffany	SAINT MARTIN'S	10.57	4(3)	609



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## #34-1 Women's Indoor Pentathlon 60m Hurdles (cont'd)

Pl	Name	Team	Time	H(Pl)	Pts
14	GRENINGER, Kaylie	WESTERN WASHINGTON	10.90	5(2)	553

### SECTION RESULTS

Pl	Name	Team	Time	Pts
<b>Section 1 of 5</b>				
1	STEPHENS, Chase	CONCORDIA (ORE.)	9.12	885
2	CANO, Elena	ALASKA ANCHORAGE	9.51	806
3	ORTEGA, HarLee	CENTRAL WASHINGTON	9.52	804
<b>Section 2 of 5</b>				
1	CAI, Scout	SEATTLE PACIFIC	9.49	810
2	DUVAL, Lauren	NORTHWEST NAZARENE	9.62	785
3	BENNER, Brooke	SEATTLE PACIFIC	9.66	777
<b>Section 3 of 5</b>				
1	WALTS, Rose	CENTRAL WASHINGTON	9.78	754
2	ANDERSON, Ali	CENTRAL WASHINGTON	9.92	727
3	LEHNERT, Geneva	SEATTLE PACIFIC	10.15	684
<b>Section 4 of 5</b>				
1	FEDOR, Kye	SIMON FRASER	9.40	828
2	MEADOWS, Shaddia	CENTRAL WASHINGTON	10.30	657
3	POTT, Tiffany	SAINT MARTIN'S	10.57	609
<b>Section 5 of 5</b>				
1	STEWART, Mackenzie	SIMON FRASER	10.01	710
2	GRENINGER, Kaylie	WESTERN WASHINGTON	10.90	553

## Women's Indoor Pentathlon After 1 Events

Pl	Athlete	Team	Points
1	STEPHENS, Chase	CONCORDIA (ORE.)	885
2	FEDOR, Kye	SIMON FRASER	828
3	CAI, Scout	SEATTLE PACIFIC	810
4	CANO, Elena	ALASKA ANCHORA	806
5	ORTEGA, HarLee	CENTRAL WASHIN	804
6	DUVAL, Lauren	NORTHWEST NAZA	785
7	BENNER, Brooke	SEATTLE PACIFIC	777
8	WALTS, Rose	CENTRAL WASHIN	754
9	ANDERSON, Ali	CENTRAL WASHIN	727
10	STEWART, Macken	SIMON FRASER	710
11	LEHNERT, Geneva	SEATTLE PACIFIC	684
12	MEADOWS, Shaddi	CENTRAL WASHIN	657
13	POTT, Tiffany	SAINT MARTIN'S	609
14	GRENINGER, Kayli	WESTERN WASHIN	553

## #34-2 Women's Indoor Pentathlon High Jump

Pl	Name	Team	Mark	Pts
	LEHNERT, Geneva	SEATTLE PACIFIC	1.69m 5' 6½"	842
	CAI, Scout	SEATTLE PACIFIC	1.66m 5' 5¼"	806
	BENNER, Brooke	SEATTLE PACIFIC	1.66m 5' 5¼"	806
	STEWART, Mackenzie	SIMON FRASER	1.63m 5' 4¼"	771
	STEPHENS, Chase	CONCORDIA (ORE.)	1.57m 5' 1¾"	701

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## #34-2 Women's Indoor Pentathlon High Jump (cont'd)

Pl	Name	Team	Mark	Pts
	DUVAL, Lauren	NORTHWEST NAZARENE	1.54m 5' 0 <sup>1</sup> / <sub>2</sub>	666
	POTT, Tiffany	SAINT MARTIN'S	1.54m 5' 0 <sup>1</sup> / <sub>2</sub>	666
	MEADOWS, Shaddia	CENTRAL WASHINGTON	1.51m 4' 11 <sup>1</sup> / <sub>2</sub>	632
	ORTEGA, HarLee	CENTRAL WASHINGTON	1.51m 4' 11 <sup>1</sup> / <sub>2</sub>	632
	FEDOR, Kye	SIMON FRASER	1.48m 4' 10 <sup>1</sup> / <sub>4</sub>	599
	ANDERSON, Ali	CENTRAL WASHINGTON	1.48m 4' 10 <sup>1</sup> / <sub>4</sub>	599
	CANO, Elena	ALASKA ANCHORAGE	1.48m 4' 10 <sup>1</sup> / <sub>4</sub>	599
	GRENINGER, Kaylie	WESTERN WASHINGTON	1.42m 4' 7 <sup>3</sup> / <sub>4</sub>	534
	WALTS, Rose	CENTRAL WASHINGTON	1.39m 4' 6 <sup>3</sup> / <sub>4</sub>	502

## Women's Indoor Pentathlon After 2 Events

Pl	Athlete	Team	Points
1	CAI, Scout	SEATTLE PACIFIC	1616
2	STEPHENS, Chase	CONCORDIA (ORE.)	1586
3	BENNER, Brooke	SEATTLE PACIFIC	1583
4	LEHNERT, Geneva	SEATTLE PACIFIC	1526
5	STEWART, Macken	SIMON FRASER	1481
6	DUVAL, Lauren	NORTHWEST NAZA	1451
7	ORTEGA, HarLee	CENTRAL WASHIN	1436
8	FEDOR, Kye	SIMON FRASER	1427
9	CANO, Elena	ALASKA ANCHORA	1405
10	ANDERSON, Ali	CENTRAL WASHIN	1326
11	MEADOWS, Shaddi	CENTRAL WASHIN	1289
12	POTT, Tiffany	SAINT MARTIN'S	1275
13	WALTS, Rose	CENTRAL WASHIN	1256
14	GRENINGER, Kayli	WESTERN WASHIN	1087

## #34-3 Women's Indoor Pentathlon Shot Put

Pl	Name	Team	Mark	Pts
	STEWART, Mackenzie	SIMON FRASER	10.31m 33' 10 <sup>1</sup> / <sub>4</sub>	550
	ORTEGA, HarLee	CENTRAL WASHINGTON	10.09m 33' 1 <sup>1</sup> / <sub>2</sub>	535
	ANDERSON, Ali	CENTRAL WASHINGTON	9.78m 32' 1 <sup>1</sup> / <sub>4</sub>	515
	CAI, Scout	SEATTLE PACIFIC	9.70m 31' 10 <sup>1</sup> / <sub>4</sub>	510
	GRENINGER, Kaylie	WESTERN WASHINGTON	9.69m 31' 9 <sup>3</sup> / <sub>4</sub>	509
	FEDOR, Kye	SIMON FRASER	9.35m 30' 8 <sup>1</sup> / <sub>2</sub>	487
	STEPHENS, Chase	CONCORDIA (ORE.)	9.03m 29' 7 <sup>3</sup> / <sub>4</sub>	466
	BENNER, Brooke	SEATTLE PACIFIC	8.86m 29' 1"	455
	WALTS, Rose	CENTRAL WASHINGTON	8.65m 28' 4 <sup>3</sup> / <sub>4</sub>	441
	LEHNERT, Geneva	SEATTLE PACIFIC	8.46m 27' 9 <sup>1</sup> / <sub>4</sub>	429
	POTT, Tiffany	SAINT MARTIN'S	8.31m 27' 3 <sup>1</sup> / <sub>2</sub>	419
	MEADOWS, Shaddia	CENTRAL WASHINGTON	7.65m 25' 1 <sup>1</sup> / <sub>2</sub>	377
	CANO, Elena	ALASKA ANCHORAGE	7.62m 25' 0 <sup>1</sup> / <sub>4</sub>	375
	DUVAL, Lauren	NORTHWEST NAZARENE	7.14m 23' 5 <sup>1</sup> / <sub>4</sub>	344

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## Women's Indoor Pentathlon After 3 Events

Pl	Athlete	Team	Points
1	CAI, Scout	SEATTLE PACIFIC	2126
2	STEPHENS, Chase	CONCORDIA (ORE.)	2052
3	BENNER, Brooke	SEATTLE PACIFIC	2038
4	STEWART, Macken	SIMON FRASER	2031
5	ORTEGA, HarLee	CENTRAL WASHIN	1971
6	LEHNERT, Geneva	SEATTLE PACIFIC	1955
7	FEDOR, Kye	SIMON FRASER	1914
8	ANDERSON, Ali	CENTRAL WASHIN	1841
9	DUVAL, Lauren	NORTHWEST NAZA	1795
10	CANO, Elena	ALASKA ANCHORA	1780
11	WALTS, Rose	CENTRAL WASHIN	1697
12	POTT, Tiffany	SAINT MARTIN'S	1694
13	MEADOWS, Shaddi	CENTRAL WASHIN	1666
14	GRENINGER, Kayli	WESTERN WASHIN	1596

## #34-4 Women's Indoor Pentathlon Long Jump

Pl	Name	Team	Mark	Pts
1	LEHNERT, Geneva	SEATTLE PACIFIC	5.62m 18' 5 <sup>1</sup> / <sub>4</sub>	735
2	FEDOR, Kye	SIMON FRASER	5.42m 17' 9 <sup>1</sup> / <sub>2</sub>	677
3	ANDERSON, Ali	CENTRAL WASHINGTON	5.35m 17' 6 <sup>3</sup> / <sub>4</sub>	657
4	ORTEGA, HarLee	CENTRAL WASHINGTON	5.32m 17' 5 <sup>1</sup> / <sub>2</sub>	648
5	BENNER, Brooke	SEATTLE PACIFIC	5.25m 17' 2 <sup>3</sup> / <sub>4</sub>	628
6	CAI, Scout	SEATTLE PACIFIC	5.08m 16' 8"	581
7	STEWART, Mackenzie	SIMON FRASER	5.02m 16' 5 <sup>3</sup> / <sub>4</sub>	565
8	STEPHENS, Chase	CONCORDIA (ORE.)	4.86m 15' 11 <sup>1</sup> / <sub>2</sub>	522
9	GRENINGER, Kaylie	WESTERN WASHINGTON	4.70m 15' 5"	479
10	DUVAL, Lauren	NORTHWEST NAZARENE	4.67m 15' 4"	472
11	MEADOWS, Shaddia	CENTRAL WASHINGTON	4.60m 15' 1 <sup>1</sup> / <sub>4</sub>	454
12	WALTS, Rose	CENTRAL WASHINGTON	4.52m 14' 10"	433
13	POTT, Tiffany	SAINT MARTIN'S	4.47m 14' 8"	421
14	CANO, Elena	ALASKA ANCHORAGE	4.39m 14' 5"	401

## Women's Indoor Pentathlon After 4 Events

Pl	Athlete	Team	Points
1	CAI, Scout	SEATTLE PACIFIC	2707
2	LEHNERT, Geneva	SEATTLE PACIFIC	2690
3	BENNER, Brooke	SEATTLE PACIFIC	2666
4	ORTEGA, HarLee	CENTRAL WASHIN	2619
5	STEWART, Macken	SIMON FRASER	2596
6	FEDOR, Kye	SIMON FRASER	2591
7	STEPHENS, Chase	CONCORDIA (ORE.)	2574
8	ANDERSON, Ali	CENTRAL WASHIN	2498
9	DUVAL, Lauren	NORTHWEST NAZA	2267
10	CANO, Elena	ALASKA ANCHORA	2181
11	WALTS, Rose	CENTRAL WASHIN	2130
12	MEADOWS, Shaddi	CENTRAL WASHIN	2120
13	POTT, Tiffany	SAINT MARTIN'S	2115

**2017 GNAC INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Nampa, ID  
 Ford Idaho Center-Jacksons Track  
 2/17/2017 - 2/18/2017



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# RESULTS

## Women's Indoor Pentathlon After 4 Events (cont'd)

Pl	Athlete	Team	Points
14	GRENINGER, Kayli	WESTERN WASHIN	2075

## #34-5 Women's Indoor Pentathlon 800 Meters

Pl	Name	Team	Time	Pts
1	ANDERSON, Ali	CENTRAL WASHINGTON	2:15.88	880
2	BENNER, Brooke	SEATTLE PACIFIC	2:22.14	795
3	CAI, Scout	SEATTLE PACIFIC	2:22.33	792
4	LEHNERT, Geneva	SEATTLE PACIFIC	2:27.81	721
5	ORTEGA, HarLee	CENTRAL WASHINGTON	2:33.29	652
6	FEDOR, Kye	SIMON FRASER	2:35.39	627
7	DUVAL, Lauren	NORTHWEST NAZARENE	2:35.72	623
8	CANO, Elena	ALASKA ANCHORAGE	2:37.04	607
9	STEWART, Mackenzie	SIMON FRASER	2:37.22	605
10	MEADOWS, Shaddia	CENTRAL WASHINGTON	2:43.01	539
11	POTT, Tiffany	SAINT MARTIN'S	2:47.59	489
12	WALTS, Rose	CENTRAL WASHINGTON	2:48.44	480
	GRENINGER, Kaylie	WESTERN WASHINGTON	DNF	
	STEPHENS, Chase	CONCORDIA (ORE.)	DNF	

## Women's Indoor Pentathlon After 5 Events

Pl	Athlete	Team	Points
1	CAI, Scout	SEATTLE PACIFIC	3499
2	BENNER, Brooke	SEATTLE PACIFIC	3461
3	LEHNERT, Geneva	SEATTLE PACIFIC	3411
4	ANDERSON, Ali	CENTRAL WASHIN	3378
5	ORTEGA, HarLee	CENTRAL WASHIN	3271
6	FEDOR, Kye	SIMON FRASER	3218
7	STEWART, Macken	SIMON FRASER	3201
8	DUVAL, Lauren	NORTHWEST NAZA	2890
9	CANO, Elena	ALASKA ANCHORA	2788
10	MEADOWS, Shaddi	CENTRAL WASHIN	2659
11	WALTS, Rose	CENTRAL WASHIN	2610
12	POTT, Tiffany	SAINT MARTIN'S	2604
13	STEPHENS, Chase	CONCORDIA (ORE.)	2574
14	GRENINGER, Kayli	WESTERN WASHIN	2075

## Men's Scores

Pl	Team	Code	Score
1	Alaska Anchorage	ALAN	48
2	Simon Fraser	SIMO	25
2	Saint Martin's	STMA	25
4	Western Washington	WEWA	23
5	Central Washington	CEWA	21
6	Northwest Nazarene	NONA	17
7	Concordia (Ore.)	COOR	12.5
8	MSU-Billings	MSUB	12
9	Western Oregon	WEOR	10.5
10	Seattle Pacific	SEPA	1

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## RESULTS

### Women's Scores

Pl	Team	Code	Score
1	Seattle Pacific	SEPA	48
2	Central Washington	CEWA	36
3	Concordia (Ore.)	COOR	26
4	Alaska Anchorage	ALAN	23
5	Simon Fraser	SIMO	22
6	Saint Martin's	STMA	11
6	Western Oregon	WEOR	11
8	Western Washington	WEWA	10
9	Northwest Nazarene	NONA	8