



Sept. 20, 2018 • Week 4
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GNAC Cross Country At A Glance

THIS WEEK'S MEETS

Fri., Sept. 21

Montana State Billings at Gage McSpadden Memorial Invitational, Spearfish, S.D.
Western Oregon at SF State Invitational, San Francisco, Calif.
Northwest Nazarene at Eastern Oregon Invitational, La Grande, Ore.

Sat., Sept. 22

Alaska Anchorage at UNLV Invitational, Las Vegas, Nev.
Alaska, Central Washington, Saint Martin's, Western Washington at Ken Garland Classic, Lacey, Wash.

LAST WEEK'S MEETS

Sat., Sept. 15

USD Invite

at Mission Bay Golf Course, San Diego, Calif.

Men (8,000 Meters): Simon Fraser 21, UC San Diego 61, San Diego 64, Cal State San Marcos 66, Soka 155.

Top 5 Finishers: 1, Rowan Doherty, SFU, 25:23. 2, Sean Miller, SFU, 25:21. 3, Pierre-Louis Detourb, SFU, 26:13. 5, Elijah Horwitz, UCSD, 26:14. 5, Cameron Proceviat, Coastal TC, 26:18.

Other Top GNAC Finishers: 6, Carlos Vargas, SFU, 26:19. 11, Aaron Ahl, SFU, 26:37.

Women (6,000 Meters): San Diego 44, Simon Fraser 47, Point Loma 54, UC San Diego 93, Cal State San Marcos 102.

Top 5 Finishers: 1, Hannah Rasmussen, USD, 21:58.3. 2, Hannah Beloit-Bucher, PLNU, 22:25.1. 3, Sophia Kaiser, SFU, 22:38.7. 4, Zani Moore, USD, 22:40.4. 5, Addy Townsend, SFU, 22:51.9.

Other Top GNAC Finishers: 7, Olivia Willett, SFU, 23:27.2. 11, Chelsea Ribeiro, SFU, 23:27.2. 22, Emily Chilton, SFU, 24:06.7.

MSU Invitational

at Bridger Creek Country Club, Bozeman, Mont.

Men (8,000 Meters): Montana State 22, Idaho State 35, Montana 76, Carroll (Mont.) 132, Montana State Billings 134, Montana State Northern 162.

Top 5 Finishers: 1, Ty Mogan, MSU, 24:51.37. 2, Duncan Hamilton, MSU, 25:16.69. 3, Wyatt Diderickson, ISU, 25:18.65. 4, Collin Buck, MSU, 25:19.78. 5, Jesse Allen, ISU, 25:34.00.

Top 5 GNAC Finishers: 22, Ivan Colmenero, MSUB, 26:25.03. 29, Ronald Venema, MSUB, 26:58.70. 35, Carson Jessop, MSUB, 28:01.69. 42, Ase Ackerman, MSUB, 28:38.99. 45, Logan Staus, MSUB, 28:59.42.

Women (5,000 Meters): Montana State 18, Montana 61, Idaho State 63, Montana State Billings 129, Carroll (Mont.) 130, Montana State Northern 151.

Top 5 Finishers: 1, Kelsi Lasota, MSU, 17:13.56. 2, Samantha Kelderman, MSU, 17:19.99. 3, Jenica Dodge, Unattached, 17:23.03. 4, Gillian Maness, MSU, 17:23.98. 5, Layne Oliver, MSU, 17:27.01.

Top 5 GNAC Finishers: 21, Nikki Aiken, MSUB, 18:38.66. 26, Ruth Chepsat, MSUB, 18:58.63. 33, Kailee Stoppel, MSUB, 20:08.68. 39, Sierra Durbin, MSUB, 20:59.92. 42, Madalyn Terwilliger, MSUB, 21:32.21.

CWU Invitational

at Rotary Park, Ellensburg, Wash.

Men (7,000 Meters): Western Washington 20, Central Washington 52, Seattle Pacific 65.

Top 5 Finishers: 1, Turlan Morlan, CWU, 22:37. 2, Eric Hamel, WWU, 22:49. 3, Bentley Wilson, WWU, 22:55. 4, Ian Fay, WWU, 22:59. 5, Edward Kiolbasa, WWU, 23:01.

Women (5,000 Meters): Seattle Pacific 24, Western Washington 47, Central Washington 52.

Top 5 Finishers: 1, Kaylee Mitchell, SPU, 18:03. 2, Alexa Shindruk, CWU, 18:25. 3, Kate Lilly, SPU, 18:43. 4, Dania Holmberg, SPU, 18:54. 5, Katherine Walter, 19:00.

#GNACXC in 280

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#FirstImpressionBestImpression Central Washington freshman **Turlan Morlan** and Seattle Pacific freshman **Kaylee Mitchell** won their respective races at the CWU Invitational, earning both GNAC Cross Country Athlete of the Week awards.

#RowanPastTheField Simon Fraser's **Rowan Doherty** won the men's race at the USD Invite, leading a top-three sweep in the meet which featured Division I and Division II competition.

#NearlyPerfect Western Washington took second through sixth place in the men's race at the CWU Invitational, finishing one place out of a perfect score to win with a score of 20 points.

#WellRepresented Four GNAC teams, Western Oregon, Simon Fraser, Alaska Anchorage and Western Washington, are all in this week's USTFCCA Men's Division II Coaches Poll. Alaska Anchorage and Simon Fraser are in the women's top-25.

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Cent. Washington	@CWUathletics	#CWUWildcats
Concordia	@gocugo	#ShieldsUp
MSU Billings	@MSUBSports	#MSUBXC
NW Nazarene	@NNUCrusaders	#GoNNUCrusaders
Saint Martin's	@SMUSaints	#SaintsAlive
Seattle Pacific	@SPUFalcons	
Simon Fraser	@SFUClan	#NCAAeh
W. Oregon	@WOUWolves	#WOUWolves
W. Washington	@WWUathletics	#GoViks

GNAC Cross Country Runners of the Week



MEN
Turlan Morlan, Central Washington
 Freshman • Spokane, Wash.

Running in his first collegiate meet, Morlan took advantage of the home course to win the CWU Invitational against almost exclusively GNAC competition. He covered the 7,000-meter course in 22:37, averaging 5:11 per mile.

Also Nominated: Ivan Colmenero (Montana State Billings), Rowan Doherty (Simon Fraser), Eric Hamel (Western Washington).



WOMEN
Kaylee Mitchell, Seattle Pacific
 Freshman • Salem, Ore.

Mitchell started her collegiate career with a victory, winning the CWU Invitational on Saturday. She covered the 5,000-meter course in 18:03, beating veteran Alexa Shindruk of Central Washington by 22 seconds. Mitchell averaged 5:48 per mile as she led the Falcons to the team title.

Also Nominated: Nikki Aiken (Montana State Billings), Talia Dreicer (Western Washington).

Past GNAC Runners of the Week

Date	Men	Women
Aug. 27 - Sept. 2	Hunter Hutton, WOU	Lindsey Dorney, SMU
Sept. 3-9	Dustin Nading, WOU	Emmah Chelimo, UAA
Sept. 10-16	Turlan Morlan, CWU	Kaylee Mitchell, SPU

Complete Player of the Week releases are available online at GNACSports.com.

GNAC News & Notes

GREAT FIRST IMPRESSIONS: It was a great weekend for the freshmen as four GNAC squads started competition this weekend. A number of those first-year harriers made the most of their collegiate debuts.

A pair of freshmen picked up victories at the CWU Invitational on Saturday, which earned both athletes selection as the GNAC Cross Country Athletes of the Week. Central Washington's **Turlan Morlan** excelled on the Wildcats' home course, winning the men's 7,000-meter race in 22:37. He averaged 5:11 per mile in his debut and finished 12 seconds ahead of second-place **Eric Hamel** of Western Washington.

In the women's race, Seattle Pacific freshman **Kaylee Mitchell** was impressive in her debut as she covered the 5,000-meter course in 18:03. She averaged 5:48 per mile as she beat Central Washington senior **Alexa Shindruk** by 22 seconds.

Morlan was not the only freshman who made a splash in the CWU Invitational men's race. Western Washington's **Bentley Wilson** placed third in 22:55 while **Ian Fay** was fourth in 22:59. Seattle Pacific freshman **Colby Otero** also notched a top-10 finish, placing seventh in 23:17.

As the USD Invite in San Diego, Simon Fraser saw a pair of freshmen make great impressions in their first collegiate races. **Pierre-Louis Detourbe** finished third in the men's race, backing a top-three sweep for the Clan as he covered the 8,000-meter course in 26:13. Senior **Rowan Doherty** was the individual winner with a time of 25:43.

Freshman **Sophia Kaiser** led the SFU women in her debut, placing third with a time of 22:38.7 over 6,000 meters.

BREAKING THE TAPE: The list of GNAC athletes who have won races during the 2018 season...

MEN

- Rowan Doherty (SFU): USD Invite, Sept. 15 (8,000 meters).
- Hunter Hutton (WOU): Linfield Harrier Classic, Aug. 31 (19:47.0, 6,000 meters).
- Wesley Kirui (UAA): New Balance Skinny Raven Classic, Sept. 8 (21:07.2, 7,000 meters).
- Turlan Morlan (CWU): CWU Invitational, Sept. 15 (7,000 meters).
- Dustin Nading (WOU): Ash Creek Invitational, Sept. 7 (21:02.5, 7,000 meters).

WOMEN

- Kaylee Mitchell (SPU): CWU Invitational, 18:03 (5,000 meters).

Around The GNAC



ALASKA

LAST WEEK: No Meet

THIS WEEK: Sept. 22 at Ken Garland Invitational

• Alaska did not compete last weekend. The Nanooks return to the course this Saturday at Saint Martin's Ken Garland Classic.

• Alaska opened the season on Sept. 8, taking second in a pair of dual races against Alaska Anchorage as part of the New Balance Skinny Raven Classic.

• The Nanooks' women were led by senior **Alexandra Bergholtz**, who placed eighth in the 6,000-meter race in 22:39.2. Freshman **Anja Majjala** finished two places back in eighth with a time of 23:00.3 in her collegiate debut.

• Junior **Lukash Platil** paced the UAA men in the 7,000-meter race as he placed eighth in a time of 22:38.4. **Tristan Sayre** was the Nanooks' No. 2 runner, placing 14th in a time of 23:42.9.



ALASKA ANCHORAGE

LAST WEEK: No Meet

THIS WEEK: Sept. 22 at UNLV Invitational

• Alaska Anchorage did not compete last week. The Seawolves travel to Las Vegas to race in the UNLV Invitational on Saturday.

• Alaska Anchorage posted a pair of perfect 15-point team scores in a dual meet race over Alaska at the New Balance Skinny Raven Classic to open the 2018 season.

• Junior **Emmah Chelimo** placed second in the women's 6,000-meter race, covering the course in 21:19.6. She averaged 4:54 per mile. Chelimo was beaten in the race by Rosie Brennan, who was a member of the 2018 U.S. Olympic Team in Nordic skiing.

• Junior **Wesley Kirui**, running in his first race for UAA, won the men's 7,000-meter race in 21:07.2 to lead a top-five sweep for the Seawolves. Sophomore Felix Kemboi was second in 21:09.4 while senior **Jorge Sanchez** was third in 22:10.7.

• The Seawolves' men moved up one spot in this week's USTFCCA Division II Coaches Poll. The UAA women remained ranked at No. 21.



CENTRAL WASHINGTON

LAST WEEK: Sept. 15 at CWU Invitational

Men - 2nd of 3, 52 pts. Women - 3rd of 3, 52 pts.

THIS WEEK: Sept. 22 at Ken Garland Classic

• Central Washington posted a pair of identical 52-point team scores as the Wildcats opened the season at home in the

CWU Invitational.

• Freshman **Turlan Morlan** was named the GNAC Men's Cross Country Athlete of the Week after he won his first collegiate race. Morlan covered the 7,000-meter course in 22:37, finishing 12 seconds ahead of Western Washington's Eric Hamel. Senior **Corbin Carlton** was the CWU men's other top-10 finisher, placing ninth in 23:23.

• Senior **Alexa Shindruk** finished second in her first race of the season, covering the women's 5,000-meter course in 18:25. Sophomore **Nicole Soleim** finished eighth in 19:15 and freshman **Madison Child** was 10th in 19:27.

• Central Washington returns to competition on Saturday, participating in the Gen Garland Classic in Lacey, Wash.



CONCORDIA

LAST WEEK: No Meet

THIS WEEK: No Meet

• Concordia did not compete last week and will not compete again until the Willamette Charles Bowles Invitational on Sat., Sept. 29.

• Concordia saw its women's team take fourth place and the men place fifth in a preview of the GNAC Championships course at the Ash Creek Invitational on Sept. 7.

• The Cavaliers' women placed three runners in the top-20 in the 5,000-meter race. Junior **Bailey Fjelstul** led the way with her 13th place in a time of 21:05.8 while junior **Gabby Hobson** was close behind in 14th place in 21:05.9. Junior **Kaitlyn Bailly** finished in 19th place in 21:41.0.

• Junior **Noah Murry** was Concordia's top placer in the men's 7,000-meter race, taking 20th in a time of 23:15.6. Freshman **Josh Allen** was 37th in 24:42.4 while freshman **Max Rotar** was 38th in 24:44.6.



MONTANA STATE BILLINGS

LAST WEEK: Sept. 15 at MSU Cross Country Classic

Men - 5th of 6, 132 pts. Women - 14th of 6, 129 pts.

THIS WEEK: Sept. 21 at Gage McSpadden Memorial Invitational

• Montana State Billings tested itself against Division I competition at the MSU Cross Country Classic in Bozeman, Mont.

• The MSUB women placed fourth with a total of 129 points, one point ahead of Carroll. Junior **Nikki Aiken** led the Yellowjackets, placing 21st in 18:38.66 over the 5,000-meter course. Sophomore **Ruth Chepsat** finished 26th in a time of 18:58.63.

• The MSUB men placed just behind Carroll in fifth place with 134 points. Senior **Ivan Colmenero** was the top Yellowjackets' finisher, placing 22nd in 26:25.09 over 8,000 meters. Junior **Ronald Venema** also finished in the top-30, placing 29th in 26:58.70.

• The Yellowjackets are right back at it on Friday, participating in the Gage McSpadden Memorial Invitational in Spearfish, S.D.



NORTHWEST NAZARENE

LAST WEEK: No Meet

THIS WEEK: Sept. 21 at Eastern Oregon Invitational

• Northwest Nazarene did not compete last week. The Nighthawks travel to Oregon on Friday to compete at the Eastern Oregon Invitational in La Grande.

• Opening the 2018 season against Division I competition, Northwest Nazarene scored a pair of fourth-place team finishes at the CSI Invitational on Sept. 7 in Twin Falls, Idaho.

• Junior **Godfrey Kemboi** led the Nighthawks in the men's 7,000-meter race, placing sixth in a time of 23:07.62. Freshman **Tyler Shea** finished 22nd in his collegiate debut with a time of 24:03.97.

• Junior **Bethany Danner** was NNU's top women's placer. She finished in 15th place as she covered the 5,000-meter course in 20:01.17. Freshman **Kalen Johnson** finished 18th in her college premiere with a time of 20:16.15.

• On Sept. 7, **Danny Bowman** was announced as the Nighthawks' new head cross country and track and field coach. A 2005 graduate of Northwest Nazarene, Bowman returns after four seasons as the head coach at Concordia-Irvine.

Around The GNAC

SAINT MARTIN'S



LAST WEEK: No Meet

THIS WEEK: Sept. 22 at Ken Garland Classic

- Saint Martin's last raced on Sept. 1, placing third in both the men's and women's races at the Puget Sound Invitational.
- Senior **Lindsey Dorney** placed second in the meet. She covered the 6,000-meter course in a time of 24:01. She was 20 seconds behind the winner, Emery Bradlina of Puget Sound. Freshman **Alyssa Robinson** placed ninth in 26:28.
- Freshman **Andrew Oslin** led the SMU men in his first collegiate meet, placing fourth in a time of 27:51 over 8,000 meters. Junior **Colton Buster** was not far behind, placing 10th in 28:18.
- The Saints do not compete again until Sat., Sept. 22, when they host the Ken Garland Classic. The meet is named in memory of the school's longtime baseball coach, who passed away unexpectedly last spring.



SEATTLE PACIFIC

LAST WEEK: Sept. 15 at CWU Invitational
Men - 3rd of 3, 55 pts. Women - 1st of 3, 24 pts.

THIS WEEK: No Meet

- Seattle Pacific opened its 2018 season at the CWU Invitational, with the Falcons' women posting the team victory with 24 points.
- Freshman **Kaylee Mitchell** was named the GNAC Women's Cross Country Athlete of the Week after she won her first collegiate race. She covered the 5,000-meter course in 18:03, finishing 22 seconds ahead of Central Washington's Alexa Shindruk.
- The Falcons claimed four of the top-five spots in the women's race. Junior **Kate Lilly** was third in 18:43. Sophomore **Dania Holmberg** placed fourth in 18:54 and junior **Katherine Walter** was fifth in 19:00.
- The Falcons' men placed third out of the three teams in the meet with 65 points. Freshman **Colby Otero** was SPU's lone top-10 finisher, placing seventh in a time of 23:17 for 7,000 meters. Sophomore **Elius Graff** finished 11th in 23:47.
- Seattle Pacific returns to competition on Sat., Sept. 29, competing at the Charles Bowles Willamette Invitational in Salem, Ore.

SIMON FRASER



LAST WEEK: Sept. 15 at USD Invitational
Men - 1st of 5, 21 pts. Women - 2nd of 5, 47 pts.

THIS WEEK: No Meet

- Simon Fraser started the 2018 season off strong, winning the men's race and taking second in the women's race at the USD Invitational.
- Senior **Rowan Doherty** opened his campaign off with an individual victory, covering the men's 8,000 meters in 25:23. Senior teammate **Sean Miller** was second in 25:51 while freshman **Pierre-Louis Detourbe** finished third in 26:13. All five of SFU's scoring runners placed in the top-11 with a gap of 54 seconds.
- Freshman **Sophia Kaiser** led the Clan in her collegiate debut. She placed third as she covered the 6,000-meter course in 22:38.7. Senior **Addy Townsend** placed fifth in a time of 22:51.9 while sophomore **Olivia Willett** was seventh in 23:27.2.
- Both Simon Fraser teams continue to be ranked in the first USTFCCCA Division II Top-25 Polls of the regular season. The Clan women are No. 9, up two places from the preseason poll. The SFU men are up one spot to No. 15.

- Simon Fraser will not compete again until Sat., Sept. 29, traveling to Palo Alto, Calif., for the Stanford Invitational.



WESTERN OREGON

LAST WEEK: No Meet

THIS WEEK: Sept. 21 at SF State Invitational

- Western Oregon did not race last weekend. The Wolves return to competition this Friday at the SF State Invitational at San Francisco's Golden Gate Park.
- Running on its home course on Sept. 7, Western Oregon was a team winner in both the men's and women's races at the Ash Creek Invitational.
- The Wolves' men placed 11 runners in the top-15 and finished with a score of 21 points. Senior **Dustin Nading** was named the GNAC Men's Cross Country Athlete of the Week after he won the 7,000-meter race in a time of 21:02.5, averaging 4:50 per mile. Nading was four seconds better than teammate **Tyler Jones**. The senior placed second in 21:06.8.
- The WOU women won with a score of 42 points. Freshman **Kaylin Cantu** led the Wolves with a third-place finish, covering the 5,000-meter course in a time of 19:57.1. Sophomore **Shayla Solomon** was seventh in a time of 20:28.6. Junior **Rachel Bayly** finished eighth in 20:37.7 and senior **Cassie McKinney** placed ninth in 20:44.4.
- Western Oregon moved up three spots to No. 10 in the first USTFCCCA Division II Men's Top-25 Poll of the regular season.



WESTERN WASHINGTON

LAST WEEK: Sept. 15 at CWU Invitational

Men - 1st of 3, 20 pts. Women - 2nd of 3, 47 pts.

THIS WEEK: Sept. 22 at Ken Garland Classic

- It was a strong start to the season for Western Washington, winning the team title for the men and finished second for the women at the CWU Invitational.
- Sophomore **Eric Hamel** led all Western Washington finishers, taking second place in the men's 7,000-meter race in a time of 22:49. He led a group of Vikings' runners that placed second through six and accounted for a gap of just 19 seconds between the five scoring runners.
- Freshman **Bentley Wilson** finished third in a time of 22:55 while fellow first-year harrier **Ian Fay** was fourth in 22:59. Sophomore **Edward Kiobasa** placed fifth in 23:01 while junior **Kyler Sager** rounded out the scoring five, placing sixth in a time of 23:08.
- Junior **Talia Dreicer** was the leading WWU runner in the women's race. She placed sixth while covering the 5,000-meter course in 19:02. Junior **Sophia Galvez** finished seventh in 19:07 while sophomore **Jane Barr** placed ninth in a time of 19:26.
- The Western Washington men have emerged at No. 25 in the first USTFCCCA Division II Coaches Poll of the regular season. It is one of four GNAC teams ranked in the top-25.
- The Vikings are right back in competition this weekend, racing at the Ken Garland Classic on Saturday in Lacey, Wash.

Men's Regional & National Polls

GNAC MEN'S TEAMS IN THE USTFCCCA POLLS

National	UAA	SFU	WOU	WWU
Preseason	T-21th	16th	13th	—
Sept. 19	21st	15th	T-10th	25th
West Region	UAA	SFU	WOU	WWU
Preseason	4th	3rd	2nd	6th
Sept. 18	4th	3rd	2nd	6th

USTFCCCA DIVISION II COACHES POLL

Week 1 - Sept. 19, 2018		
Rk	School (1st)	Pts.
1.	Adams State (8)	200
2.	Colorado Mines	191
3.	Grand Valley State	185
4.	Western State	173
5.	Chico State	171
6.	Queens (N.C.)	157
7.	Augustana (S.D.)	153
8.	CSU-Pueblo	144
9.	Southern Indiana	132
10.	Mount Olive	124
	Western Oregon	124
12.	Saginaw Valley State	109
13.	Missouri Southern	98
14.	Dallas Baptist	97
15.	Simon Fraser	91
16.	American International	71
17.	Lee (Tenn.)	67
18.	Sioux Falls	56
19.	Walsh	55
20.	Edinboro	52
21.	Alaska Anchorage	43
22.	Malone	37
23.	Stonehill	26
24.	Cal Poly Pomona	22
25.	Western Washington	7

USTFCCCA WEST REGION POLL

Week 1 - Sept. 18, 2018			
Rk	School	Conf.	Prev.
1.	Chico State	CCAA	1
2.	Western Oregon	GNAC	2
3.	Simon Fraser	GNAC	4
4.	Alaska Anchorage	GNAC	5
5.	Cal Poly Pomona	CCAA	7
6.	Western Washington	GNAC	8
7.	UC San Diego	CCAA	9
8.	Cal State San Marcos	CCAA	7
9.	Stanislaus State	CCAA	NR
10.	Academy of Art	PacWest	8

[View Complete Regional Polls Online](#)

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Women's Regional & National Polls

GNAC WOMEN'S TEAMS IN THE USTFCCCA POLLS

National	UAA	SFU		
Preseason	T-8th	11th		
Sept. 19	7th	9th		
West Region	UAA	SFU	SPU	WWU
Preseason	2nd	3rd	9th	6th
Sept. 18	2nd	3rd	7th	10th

USTFCCCA DIVISION II COACHES POLL

Week 1 - Sept. 19, 2018		
Rk	School (1st)	Pts.
1.	Adams State (8)	200
2.	Western State	188
	Grand Valley St.	188
4.	Mary	176
5.	Augustana (S.D.)	165
6.	Chico State	163
7.	Alaska Anchorage	150
8.	Colorado Mines	146
9.	Simon Fraser	133
10.	Hillsdale	131
11.	Walsh	112
12.	Dallas Baptist	111
13.	Lee (Tenn.)	06
14.	Cal Poly Pomona	90
15.	Edinboro	84
	Southern Indiana	84
17.	UC-Colorado Springs	81
18.	Point Loma	65
19.	Queens (N.C.)	65
20.	Michigan Tech	45
21.	Oklahoma Baptist	34
22.	Mount Olive	28
23.	Drury	23
24.	Stonehill	21
25.	Azusa Pacific	13

USTFCCCA WEST REGION POLL

Preseason - Sept. 18, 2018			
Rk	School	Conf.	Prev.
1.	Chico State	CCAA	1
2.	Alaska Anchorage	GNAC	2
3.	Simon Fraser	GNAC	3
4.	Cal Poly Pomona	CCAA	4
5.	Point Loma	PacWest	7
6.	Azusa Pacific	PacWest	10
7.	Seattle Pacific	GNAC	9
8.	Humboldt State	CCAA	5
9.	Cal State San Marcos	CCAA	8
10.	Western Washington	GNAC	10

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2018 GNAC Meet Summaries

Fri., Aug. 31

Linfield Harrier Classic

at Joe Dancer Park, McMinnville, Ore.

Men (6,000 Meters): George Fox 27, Western Oregon 41, Oregon Tech 59.

Top 5 Finishers: 1, 1, Hunter Hutton, WOU, 19:47.0. 2, Simon Walsh, WOU, 20:03.0. 3, Dillon Rising, GFU, 20:05.5. 4, Peter Weiss, GFU, 20:06.6. 5, Timothy Kaelin, GFU, 20:12.2.

Other Top GNAC Finishers: 10, Sawyer Heckard, WOU, 20:35.4. 13, Neal Cranston, WOU, 20:55.5. 16, Curt Knott, WOU, 21:10.4.

Women (4,000 Meters): Oregon Tech 15, Western Oregon 51, George Fox 75, Linfield 111.

Top 5 Finishers: 1, Susie Garza, OIT, 15:10.2. 2, Kayle Moore, Ulitmook TC, 15:14.17. 3, Cindy Reed, OIT, 15:23.8. 4, Andie Kolasinski, OIT, 15:38.5. 5, Faith Widman, OIT, 15:38.8.

Top 5 GNAC Finishers: 7, Kailyn Cantu, WOU, 15:46.5. 10, Shayla Solomon, WOU, 16:07.3. 13, Rachel Bayly, WOU, 16:24.3. 14, Danel Camacho, WOU, 16:28.9. 15, Cassie McKinney, WOU, 16:45.1.

Sat., Sept. 1

Puget Sound Invitational

at Fort Steilacoom Park, Lakewood, Wash.

Men (8,000 Meters): Puget Sound 44, Pacific Lutheran 47, Saint Martin's 49, Green River CC 108, Olympic CC 116.

Top 5 Finishers: 1, Colin Monaghan, UPS, 25:55. 2, Jamin King, Club NW, 26:51. 3, Dennis Keith, Olympic, 27:26. 4, Andrew Oslin, SMU, 27:51. 5, Basil Engledow, UPS, 28:10.

Other Top GNAC Finishers: 10, Colton Buster, SMU, 28:18. 11, John Farrell, SMU, 28:22. 12, Miguel DeLaMalena, SMU, 28:58. 17, Noah Roberts, SMU, 29:15.

Women (6,000 Meters): Puget Sound 24, Pacific Lutheran 49, Saint Martin's 60.

Top 5 Finishers: 1, Emery Bradlina, UPS, 23:41. 2, Lindsey Dorney, SMU, 24:01. 3, Sam Schaffer, UPS, 24:32. 4, Abby Dalke, UPS, 25:13. 5, Alicia Keivanek, PLU, 26:09.

Other Top GNAC Finishers: 9, Alyssa Robinson, SMU, 26:28. 12, Sadie Dalgleish, SMU, 27:00. 19, Eliza Bannister, SMU, 28:32. 21, Olivia Abbott, SMU, 30:17.

Hardrock Cross Country Classic

at Robbinsdale Park, Rapid City, S.D.

Men (8,000 Meters): Black Hills St. 18, South Dakota Mines 60, Montana State Billings 71, Chadron State 87, Dawson CC 147.

Top 5 Finishers: 1, Joshua Davis, BHSU, 27:01.18. 2, Keith Osowski, BHSU, 27:18.99. 3, Ryan Moen, SDM, 27:30.18. 4, Jonah Theisen, BHSU, 27:37.87. 5, Jake Iverson, BHSU, 27:44.08.

Top 5 GNAC Finishers: 8, Ivan Colmenero, MSUB, 27:45.93. 9, Ronald Venema, MSUB, 27:59.81. 13, Ase Ackerman, MSUB, 28:40.37. 21, Carson Jessop, 29:24.02. 29, Drake Henson, MSUB, 30:10.62.

Women (6,000 Meters): Black Hills State 15, Chadron State 62, Montana State Billings 81.

Top 5 Finishers: 1, Nicole Allerdings, BHSU, 19:37.48. 2, Savannah Davis, BHSU, 20:18.80. 3, Xiomara Robinson, BHSU, 20:30.61. 4, Cailey Roth, BHSU, 20:36.39. 5, Tori Moore, BHSU, 20:37.95.

Top 5 GNAC Finishers: 8, Nikki Aiken, MSUB, 20:53.89. 12, Ruth Chepsat, MSUB, 21:14.77. 24, Kailee Stoppel, MSUB, 23:29.67. Madalyn Terwillger, MSUB, 24:35.45. 28, Sierra Holinka, MSUB, 24:49.98.

Fri., Sept. 7

Ash Creek Invitational

at Ash Creek Preserve, Western Oregon University, Monmouth, Ore.

Men (7,000 Meters): Western Oregon 21, Willamette 45, Clackamas CC 109, Walla Walla 119, Concordia 149, Corban 151, Clark CC 154, SW Oregon CC 204, Umpqua CC 211.

Top 5 Finishers: 1, Dustin Nading, WOU, 21:02.5. 2, Tyler Jones, WOU, 21:06.8. 3, Keith Carlson, WU, 21:14.9. 4, Michael Montague, WU, 21:33.8. 5, Justin Crosswhite, WOU, 21:36.8.

Other Top GNAC Finishers: 6, Parker Marson, WOU, 21:39.8. 7, Hunter Hutton, WOU, 21:46.9.

Women (5,000 Meters): Western Oregon 42, Corban 45, Willamette 86, Concordia 93, Walla Walla 110, Linfield 119, Umpqua CC 184.

Top 5 Finishers: 1, Hazel Carr, WU, 19:30.6. 2, Hannah Clarizio, CRB, 19:54.6. 3, Kaylin Cantu, WOU, 19:57.1. 4, Sydney Nichol, CRB, 20:00.5. 5, Alexa Johnson, WWU, 20:10.1.

Other Top GNAC Finishers: 7, Shayla Solomon, WOU, 20:28.6. 8, Rachel Bayly, WOU, 20:37.7. 9, Cassie McKinney, WOU, 20:44.4.

CSI Classic

at Canyon Springs Golf Course, Twin Falls, Idaho

Men (7,000 Meters): Weber State 20, College of Idaho 53, Southern Idaho 64, Northwest Nazarene 101.

Top 5 Finishers: 1, Jacob Stone, WSU, 22:39.83. 2, Tyson Green, WSU, 22:39.96. 3, Curt Crossley, WSU, 22:55.38. 4, Taylor Dillon, WSU, 22:59.86. 5, Clayton VanDyke, CSI, 23:02.13.

Top 5 GNAC Finishers: 6, Godfrey Kemboi, NNU, 23:07.62. 22, Tyler Shea, NNU, 24:03.97. 29, Treyson Conley, 24:31.34. 31, Levi Lewis, NNU, 24:42.26. 41, Pablo Lopez, NNU, 26:49.75.

Women (5,000 Meters): Utah 28, Weber State 38, College of Idaho 99, Northwest Nazarene 106, Southern Idaho 106, Eastern Oregon 166.

Top 5 Finishers: 1, Molly Vitale-Sulli, CI, 18:37.25. 2, Scarlet Dale, Utah, 18:45.98. 3, Lexie Thompson, WSU, 18:55.06. 4, Sophie Ryan, Utah, 18:59.25. 5, Cara Woolnough, Utah, 19:02.34.

Top 5 GNAC Finishers: 15, Bethany Danner, NNU, 20:01.17. 18, Kalen Johnson, NNU, 20:16.15. 22, Emily Hammons, NNU, 20:43.14. 25, Anna Hamilton, NNU, 20:52.30. 30, Shailynn Hestand, NNU, 21:23.86.

Sat., Sept. 8

New Balance Skinny Raven Classic

at Russian Jack Golf Course, Anchorage, Alaska

Men (7,000 Meters): Alaska Anchorage 15, Alaska 49.

Top 5 Finishers: 1, Wesley Kirui, UAA, 21:07.2. 2, Felix Kemboi, UAA, 21:09.4. 3, Jorge Sanchez, UAA, 22:10.7. 4, Nickson Koech, UAA, 22:14.5. 5, Jacob Moos, UAA, 22:23.8.

Women (6,000 Meters): Alaska Anchorage 15, Alaska 46.

Top 5 Finishers: 1, Rosie Brennan, APUNSC, 20:39.6. 2, Emmah Chelimo, UAA, 21:19.9. 3, Marine Dusser, UAA Nordic, 21:39.7. 4, Nancy Keptoo, UAA, 21:53.2. 5, Danielle McCormick, UAA, 22:04.8.

Other Top GNAC Finishers: 6, Ruth Cvancara, UAA, 22:30.2. 7, Grace Gannon, UAA, 22:37.2.

2018 GNAC Meet Summaries

Sat., Sept. 15

USD Invite

at Mission Bay Golf Course, San Diego, Calif.

Men (8,000 Meters): Simon Fraser 21, UC San Diego 61, San Diego 64, Cal State San Marcos 66, Soka 155.

Top 5 Finishers: 1, Rowan Doherty, SFU, 25:23. 2, Sean Miller, SFU, 25:51. 3, Pierre-Louis Detourb, SFU, 26:13. 5, Elijah Horwitz, UCSD, 26:14. 5, Cameron Proceviat, Coastal TC, 26:18.

Other Top GNAC Finishers: 6, Carlos Vargas, SFU, 26:19. 11, Aaron Ahl, SFU, 26:37.

Women (6,000 Meters): San Diego 44, Simon Fraser 47, Point Loma 54, UC San Diego 93, Cal State San Marcos 102.

Top 5 Finishers: 1, Hannah Rasmussen, USD, 21:58.3. 2, Hannah Beloit-Bucher, PLNU, 22:25.1. 3, Sophia Kaiser, SFU, 22:38.7. 4, Zani Moore, USD, 22:40.4. 5, Addy Townsend, SFU, 22:51.9.

Other Top GNAC Finishers: 7, Olivia Willett, SFU, 23:27.2. 11, Chelsea Ribeiro, SFU, 23:27.2. 22, Emily Chilton, SFU, 24:06.7.

MSU Invitational

at Bridger Creek Country Club, Bozeman, Mont.

Men (8,000 Meters): Montana State 22, Idaho State 35, Montana 76, Carroll (Mont.) 132, Montana State Billings 134, Montana State Northern 162.

Top 5 Finishers: 1, Ty Mogan, MSU, 24:51.37. 2, Duncan Hamilton, MSU, 25:16.69. 3, Wyatt Diderickson, ISU, 25:18.65. 4, Collin Buck, MSU, 25:19.78. 5, Jesse Allen, ISU, 25:34.00.

Top 5 GNAC Finishers: 22, Ivan Colmenero, MSUB, 26:25.03. 29, Ronald Venema, MSUB, 26:58.70. 35, Carson Jessop, MSUB, 28:01.69. 42, Ase Ackerman, MSUB, 28:38.99. 45, Logan Staus, MSUB, 28:59.42.

Women (5,000 Meters): Montana State 18, Montana 61, Idaho State 63, Montana State Billings 129, Carroll (Mont.) 130, Montana State Northern 151.

Top 5 Finishers: 1, Kelsi Lasota, MSU, 17:13.56. 2, Samantha Kelderman, MSU, 17:19.99. 3, Jenica Dodge, Unattached, 17:23.03. 4, Gillian Maness, MSU, 17:23.98. 5, Layne Oliver, MSU, 17:27.01.

Top 5 GNAC Finishers: 21, Nikki Aiken, MSUB, 18:38.66. 26, Ruth Chepsat, MSUB, 18:58.63. 33, Kailee Stoppel, MSUB, 20:08.68. 39, Sierra Durbin, MSUB, 20:59.92. 42, Madalyn Terwilliger, MSUB, 21:32.21.

CWU Invitational

at Rotary Park, Ellensburg, Wash.

Men (7,000 Meters): Western Washington 20, Central Washington 52, Seattle Pacific 65.

Top 5 Finishers: 1, Turlan Morlan, CWU, 22:37. 2, Eric Hamel, WWU, 22:49. 3, Bentley Wilson, WWU, 22:55. 4, Ian Fay, WWU, 22:59. 5, Edward Kiolbasa, WWU, 23:01.

Women (5,000 Meters): Seattle Pacific 24, Western Washington 47, Central Washington 52.

Top 5 Finishers: 1, Kaylee Mitchell, SPU, 18:03. 2, Alexa Shindruk, CWU, 18:25. 3, Kate Lilly, SPU, 18:43. 4, Dania Holmberg, SPU, 18:54. 5, Katherine Walter, SPU, 19:00.