

# 2017-18 ETSU Men's and Women's Track and Field Record Book

## Men's Indoor Records

Event	Name	Mark	Year
60m	Ifrish Alberg	6.68	2013
60mH	Delevantie Brown	7.85	1996
200m	Delevantie Brown	21.13	1995
400m	Evan Hawkins	47.56	2000
800m	Zach Whitmarsh	1:49.88	1997
Mile	Ray Flynn	4:00.7	1978
3000m	Seamus Power	7:59.92	1990
Two-Mile	Mark Brown	8:34.2	1976
Three-Mile	Neil Cusack	13:10.6	1973
5000m	Neil Cusack	13:46.2	1974
High Jump	Jason Farr	6-10.75	1999
Long Jump	Mike Halim	25-05	1976
Triple Jump	Mike Halim	50-1.50	1976
Shot Put	Jarrold Burton	55-05.00	2009
35-lb weight	Jarrold Burton	63-10.25/19.46	2009
<b>Pole Vault</b>	<b>Brett Squibbs</b>	<b>16-10.75</b>	<b>2014, 2017</b>
1600m Relay	(Jon Hutchins, Evan Hawkins, Anthony Scanlon, Zach Whitmarsh)	3:14.68	1998
DMR	(Ray McBride, David Ritchie, Mark Brown, Greg Davis)	9:45.5	1976
Heptathlon	K'Vonte Scott	5160	2013

## Women's Indoor Records

Event	Name	Mark	Year
60m	Emani Harrison	7.49	2013
<b>60mH</b>	<b>Kyra Atkins</b>	<b>8.32</b>	<b>2017</b>
200m	Judy Johnson	23.96	2009
<b>400m</b>	<b>Seymour, Katrina</b>	<b>54.70</b>	<b>2017</b>
800m	Michelle Gregg	2:05.68	1998
Mile	Heidi Dahl	4:39.39	2009
3000m	Kim Bird	9:18.95	1984
5000m	Kim Bird	16:25.10	1982
High Jump	Anna Marie Ricciardi	5-10	2007
Long Jump	Ashley Kesler	12-5.5	2014
Triple Jump	Taneisha Robinson	42-05.25	1998
Shot Put	Angie Barker	54-06	1988
Pole Vault	Katerina Vodova	12-05.50	2014
20-lb weight	Zachlynn Blackburn	56-02.50	2010
1600m Relay	(Judy Johnson, Jasmine Ingram, Heidi Dahl, Nae-Nae Bailey)	3:46.38	2009
DMR	(Catherine Berry, Taneisha Robinson, Michelle Gregg, Val Urchison)	11:58.99	1998
Pentathlon	Katerina Vodova	3707	2012

## Men's Outdoor Records

Event	Name	Mark	Year
100m	Ifrish Alberg	10.29	2013
110mHH	Delevantie Brown	13.84	1996
200m	Robert Rovere	20.53 <sup>^</sup>	1967
400m	Bobby Knox	46.54	1971
400mH	Bob McKay	50.01	1971
800m	Zach Whitmarsh	1:47.01	1999
1500m	Ray Flynn	3:37.66	1978
3000m SC	Ed Leddy	8:35.2	1974
5000m	Adrian Leek	13:34.4	1981
10,000m	Adrian Leek	28:24	1981
High Jump	Jason Farr	7-0.25	1999
Long Jump	Mike Halim	26-00.50	1977
Triple Jump	Jason Johnson	50-09.50	2013
Shot Put	Jarrold Burton	52-06.50	2009
<b>Discus</b>	<b>Benjamin Johnson</b>	<b>164-8</b>	<b>2017</b>
Javelin*	Bruce Meade	218-4	1971
<b>Javelin**</b>	<b>Benjamin Johnson</b>	<b>200-8</b>	<b>2016</b>
<b>Hammer</b>	<b>Benjamin Johnson</b>	<b>184-3</b>	<b>2017</b>
<b>Pole Vault</b>	<b>Brett Squibbs</b>	<b>17-00.75</b>	<b>2014, 2017</b>
Decathlon	K'Vonte Scott	6618	2012
400m Relay	(Chris Harris, Derek Carey, Johnny Tucker, James Rainer)	39.68	2007
1600m Relay	(Delevantie Brown, Jeff Horton, Chris White, Zach Whitmarsh)	3:10.07	1996

## Women's Outdoor Records

Event	Name	Mark	Year
100m	Emani Harrison	11.72	2011
<b>100mH</b>	<b>Kyra Atkins</b>	<b>13.25</b>	<b>2017</b>
<b>200m</b>	<b>Kyra Atkins</b>	<b>23.53</b>	<b>2017</b>
400m	Jasmine Ingram	54.15	2011
<b>400mH</b>	<b>Katrina Seymour</b>	<b>56.32</b>	<b>2017</b>
800m	Michelle Gregg	2:05.18	1997
1500m	Heidi Dahl	4:14.91	2009
<b>3000 SC</b>	<b>Macy Carrier</b>	<b>11:16.80</b>	<b>2017</b>
5000m	Catherine Berry	16:00.97	2000
10,000m	Kim Bird	34:41.12	1983
High Jump	Kim Harrell	6-00.75	1980
<b>Long Jump</b>	<b>Kyra Atkins</b>	<b>20-1.5</b>	<b>2017</b>
Triple Jump	Taneisha Robinson	42-05.75	1999
Shot Put	Angie Barker	53-03.75	1988
Discus	Jackie Bland	152-02	1982
Javelin	Angie Barker	152-10	1988
Pole Vault	Ashley Kessler	12-11.50	2014
Hammer	Zachlynn Blackburn	164-05	2010
Heptathlon	Shelli Clendenon	5306	1995
400m Relay	(Courtney Kinlaw, Keturah Williams, Karissa Bertling, Emani Harrison)	44.75	2013
1600m Relay	(Heidi Dahl, Jasmine Ingram, Ashton Bishop, Nae-Nae Bailey)	3:46.14	2009

<sup>^</sup> - Denotes Conversion

\* - Denotes record pre-1986 design

\*\* - Denotes record post-1986 design

## Men's Indoor Conference Champions

### 55-Meter Dash

1998..... Chris Brooks .....6.24  
 1995..... Jeff Horton ..... 6.21  
 1983..... James Barha ..... 6.10

### 55-Meter Hurdles

1996..... Delevantie Brown ..... 7.58  
 1995..... Delevantie Brown ..... 7.40  
 1993..... Malachi Jamison ..... 7.64

### 60-Yard\*/Meter Dash

#### 2017 ... Matthew Moore ..... 6.77

2016..... Matthew Moore ..... 6.79  
 2010..... Duralon Monal ..... 6.73  
 2009..... Duralon Monal ..... 6.87  
 2006..... James Rainer ..... 6.75  
 2005..... James Rainer ..... 6.83  
 1980..... Ernie Halstead\* ..... 6.40  
 1979..... Ernie Halstead\* ..... 6.43

### 60-Yard\*/Meter Hurdles

2016..... Michael Williams ..... 8.14  
 2011..... Michael James ..... 8.02  
 1982..... Bob McKay\* ..... 7.45

### 200-Meter Dash

#### 2017 ..... Patrick Taylor ..... 21.88

2010..... Duralon Monal ..... 21.22  
 2009..... Quentin Greenlee ..... 21.61  
 2008..... Zack Titman ..... 22.06  
 2006..... James Rainer ..... 21.61  
 2001..... Evan Hawkins ..... 21.55  
 1996..... Delevantie Brown ..... 22.32  
 1995..... Delevantie Brown ..... 21.13  
 1994..... Danion Sidney ..... 21.55

### 400-Meter Run

2016..... Michael Williams ..... 49.69  
 2012..... Tim O'Dell ..... 48.30  
 2000..... Evan Hawkins ..... 48.26  
 1998..... Evan Hawkins ..... 49.01

### 800-Meter Run

2014..... Filip Jalovy ..... 1:54.02  
 2011..... Desmond Pierce ... 1:54.89  
 2006..... Josh Hicks ..... 1:57.11  
 1999..... Zach Whitmarsh ... 1:58.49  
 1998..... Zach Whitmarsh ... 1:51.79  
 1997..... Zach Whitmarsh ... 1:50.92  
 1996..... Zach Whitmarsh ... 1:56.98

### 880-Meter Run

1981..... Mark Scruton ..... 1:54.60  
 1980..... Kevin Johnson ..... 1:53.30  
 1979..... Mark Scruton ..... 1:51.66

### 1,000-Meter Run

1981..... Kevin Johnson ..... 2:27.7

### 1,500-Meter Run

1983..... Dennis Stark ..... 3:49.2  
 1980..... Dennis Stark ..... 3:50.1

### Mile Run

2014..... Simeon Roberts... 4:21.00  
 2004..... Brad Yewer ..... 4:12.86  
 2003..... Brad Yewer ..... 4:14.36  
 1999..... Zach Whitmarsh ... 4:19.14  
 1998..... Zach Whitmarsh ... 4:11.44  
 1997..... Declan Fahy ..... 4:10.19  
 1994..... Seamus Power..... 4:12.13  
 1993..... Seamus Power..... 4:18.67  
 1992..... Seamus Power..... 4:07.66  
 1991..... Seamus Power..... 4:14.61  
 1990..... James Hynes ..... 4:15.76  
 1989..... Scott Faulds ..... 4:11.00

1988..... Thomas O'Gara ... 4:09.56  
 1987..... Thomas O'Gara ... 4:09.56  
 1983..... Conrad Conneely... 4:05.38  
 1982..... Mark Scruton ..... 4:03.97

### 3,000-Meter Run

2014..... Simeon Roberts... 8:18.53  
 2009..... Ben Ronoh ..... 8:24.55  
 2006..... Jeff Crane ..... 8:43.69  
 2004..... Brad Yewer ..... 8:24.24  
 2003..... Brad Yewer ..... 8:26.06  
 1998..... Declan Fahy ..... 8:24.94  
 1997..... Declan Fahy ..... 8:28.31  
 1994..... Seamus Power..... 8:34.17  
 1993..... Dennis Barry ..... 8:30.20  
 1992..... Seamus Power..... 8:05.37  
 1991..... Seamus Power..... 8:32.60  
 1990..... James Hynes ..... 8:34.26  
 1989..... James Hynes ..... 8:17.74  
 1988..... Thomas O'Gara ... 8:26.13  
 1986..... Conrad Conneely... 8:33.53  
 1985..... Brian Dunne ..... 8:22.7  
 1981..... Adrian Leek ..... 8:15.2

### Two-Mile Run

1987..... Thomas O'Gara ... 8:52.00  
 1984..... Brian Dunne ..... 8:49.43  
 1980..... Ronnie Carroll ..... 8:58.98  
 1979..... Louis Kenny ..... 9:11.07

### 5,000-Meter Run

2009..... Ben Ronoh ..... 14:48.84  
 2008..... Kenneth Rotich .. 14:44.15  
 2003..... Brad Yewer ..... 15:04.83  
 2002..... James Grufferty.. 14:50.98  
 1994..... Seamus Power... 14:56.39  
 1993..... Seamus Power... 14:20.89  
 1992..... Seamus Power... 14:45.62  
 1991..... Seamus Power... 14:50.76  
 1990..... James Hynes ..... 14:30.06  
 1989..... John Erickson ... 14:09.26  
 1985..... Brian Dunne ..... 14:36.6  
 1983..... Carey Nelson ..... 14:21.8  
 1981..... Adrian Leek ..... 14:06.6

### 4x400-Meter Relay

2017..... 3:50.04  
 2008..... 3:18.42  
 1998..... 3:16.79  
 1997..... 3:17.19

### Mile Relay

1996..... 3:21.60

### Two-Mile Relay

1992..... 7:47.75  
 1982..... 7:35.45  
 1980..... 7:46.84  
 1979..... 7:41.33

### 3,200-Meter Relay

1981..... 7:48.2

### Distance Medley Relay

2014..... 10:07.91  
 2006..... 10:25.21  
 1997..... 10:17.76  
 1995..... 10:17.78  
 1994..... 10:18.64  
 1986..... 10:08.17  
 1982..... 9:59.35  
 1981..... 10:04.50  
 1980..... 10:07.21  
 1979..... 9:47.80

### Distance Medley Relay

2014..... 10:07.91  
 2006..... 10:25.21  
 1997..... 10:17.76  
 1995..... 10:17.78  
 1994..... 10:18.64  
 1986..... 10:08.17  
 1982..... 9:59.35  
 1981..... 10:04.50  
 1980..... 10:07.21  
 1979..... 9:47.80

### Long Jump

**2017 ..... Patrick Taylor .... 7.41m**  
 2013..... Tyler Stepp ..... 7.51m  
 2002..... Charvin Clark ..... 7.63m  
 2009..... Josh Cloyd ..... 7.41m

### Pole Vault

2014..... Brett Squibbs ..... 4.91m  
 2010..... Matt Baum ..... 4.60m

### Triple Jump

2012..... Jason Johnson ..... 14.91m  
 2009..... Josh Cloyd ..... 14.38m

### High Jump

2012..... Marek Navratil ..... 2.05m  
 2006..... Shane Estes ..... 1.97m  
 2005..... Shane Estes ..... 1.97m  
 2001..... Jason Farr ..... 2.05m

### Shot Put

2014..... Jacob Dunlap ..... 14.32m  
 2011..... Jarrod Burton ..... 17.47m  
 2009..... Jarrod Burton ..... 16.89m  
 2003..... Chad Hyder ..... 14.72m

### Weight Throw

2009..... Jarrod Burton ..... 18.61m  
 2007..... Jarrod Burton ..... 17.63m

### Heptathlon

**2017 ..... Nathan Rivera ..... 5041**  
 2016..... Nathan Rivera ..... 4335  
 2013..... K'Vonte Scott ..... 5160  
 2011..... Jesse Aliaga-Jacob ..... 4750  
 2010..... Nic Chernikow ..... 4794  
 2009..... Nic Chernikow ..... 4820  
 2007..... Mike Wright ..... 4578  
 2006..... Michael Williams ..... 4455

# Men's Outdoor Conference Champions

## 100-Meter Dash

2013	Ifrish Alberg	10.29
2012	Ifrish Alberg	10.46
2011	Ifrish Alberg	10.42
2010	Duronal Monal	10.43
2009	Duronal Monal	10.50
2008	Duronal Monal	10.61
2007	James Rainer	10.75
2006	James Rainer	10.47
1998	Chris Brooks	10.52
1995	Jeff Horton	10.62
1983	James Barham	10.55
1979	Ernie Halstead	10.4

## 200-Meter Dash

2010	Duronal Monal	21.12
2009	Duronal Monal	21.34
2007	James Rainer	21.63
2006	James Rainer	21.40
1995	Danion Sidney	21.44
1994	Fred Cook	21.34
1984	James Barham	21.00
1983	James Barham	20.99

## 400-Meter Run

2012	Tim O'Dell	47.27
2011	Tim O'Dell	47.71
2007	Chris Harrison	48.36
1999	Evan Hawkins	47.85
1995	Fred Cook	48.07

## 400-Meter Hurdles

1999	Jon Hutchins	52.90
1982	Robert McKay	51.45
1981	Robert McKay	51.49
1980	Robert McKay	52.60

## 800-Meter Run

1999	Zach Whitmarsh	1:51.77
1998	Zach Whitmarsh	1:52.37
1997	Zach Whitmarsh	1:52.49
1996	Zach Whitmarsh	1:52.20
1982	Kevin Johnson	1:49.76

## 1,500-Meter Run

2014	Simeon Roberts	3:49.60
2003	Bradley Yewer	3:51.16
1998	Zach Whitmarsh	3:51.10
1997	Anthony Scanlon	4:00.26
1996	Zach Whitmarsh	3:58.30
1993	Rick Patterson	3:52.13
1991	Seamus Power	3:54.13
1990	Scott Faulds	3:57.1
1989	James Hynes	3:49.11
1986	Randy Hale	3:49.58
1985	Brian Dunne	3:50.2
1983	Kevin Johnson	3:48.55
1982	Kevin Johnson	3:47.27
1979	Mark Scruton	3:49.8
1981	Ben Turpin	3:50.38

## 3,000-Meter Steeplechase

2017	Simeon Roberts	9:15.50
2014	Sean Duffy	9:11.16
2013	Adam Chase	9:09.85
2011	Ben Ronoh	9:33.15
2010	Ben Ronoh	9:32.05
2009	Ben Ronoh	9:20.17
1997	Declan Fahy	9:23.9
1989	Ray Jones	9:04.1
1984	Brian Dunne	9:06.8
1982	Kevin Johnson	9:07.9
1981	Kevin Johnson	9:12.59
1980	Ronnie Carroll	9:17.04

## 5,000-Meter Run

2010	Kenneth Rotich	14:43.47
2009	Kenneth Rotich	14:36.13
2008	Kenneth Rotich	14:38.53
1996	Declan Fahy	14:54.12
1994	Seamus Power	14:45.20
1993	Seamus Power	14:37.61
1992	Seamus Power	14:19.64
1991	Seamus Power	14:55.59
1990	James Hynes	14:51.0
1989	John Erickson	14:39.74
1988	Thomas O'Gara	14:22.22
1987	Thomas O'Gara	14:32.04
1986	Conrad Conneely	14:39.19
1985	Conrad Conneely	14:32.76
1984	Conrad Conneely	14:41.23
1982	Carey Nelson	14:24.2
1981	Adrian Leek	14:26.4
1980	Ronnie Carroll	14:32.36
1979	Adrian Leek	14:26.4

## 10,000-Meter Run

2010	Kenneth Rotich	30:30.68
2009	Kenneth Rotich	30:53.20
2008	Kenneth Rotich	31:03.19
1998	Declan Fahy	31:25.23
1996	Fred Reinhardt	31:27.7
1994	Seamus Power	31:01.1
1993	Dennis Barry	31:41.53
1992	Seamus Power	33:03.3
1991	Seamus Power	32:36.0
1990	James Hynes	31:46.47
1989	Thomas O'Gara	30:38.9
1988	Thomas O'Gara	29:37.0
1987	Thomas O'Gara	30:12.72
1986	Thomas O'Gara	30:31.4
1985	Gerry Duffy	31:00.39
1984	Brian Dunne	30:24.8
1983	Dennis Stark	30:06.0
1982	Carey Nelson	30:44.78
1981	Adrian Leek	30:27.2
1980	Adrian Leek	30:03.80
1979	Adrian Leek	29:21.30

## 4x100 Meter Relay

2012	40.41
2007	40.73
2006	41.40
1995	40.36
1994	40.30

## 4x400 Meter Relay

2011	3:15.07
2007	3:20.07
1999	3:13.90
1997	3:15.38
1996	3:13.54

## Long Jump

2014	Tyler Stepp	7.64m
2002	Charvin Clark	7.30m
1994	Jeff Horton	7.38m
1993	Jeff Horton	7.28m

## High Jump

2006	Shane Estes	2.00m
2005	Shane Estes	1.98m
1999	Jason Farr	2.12m
1997	Ben Wittkowski	2.03m

## Triple Jump

2012	Jason Johnson	15.09m
2010	Ryan Beaver	14.80m

## Pole Vault

2014	Brett Squibbs	5.05m
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## Shot Put

2007	Jarrod Burton	15.42m
1998	Curtis Eason	15.39m

## Hammer

2009	Jarrod Burton	47.95m
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## Javelin

2017	Benjamin Johnson	58.80m
2011	Matt Baum	56.49m
2010	Les Gilbert	55.57m

## Discus

2017	Benjamin Johnson	50.19m
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## Decathlon

2012	K'Vonte Scott	6662
2010	Jordan Briggs	6237
2009	Nic Chernikow	6197
2007	Nic Chernikow	5765

# Women's Indoor and Outdoor Conference Champions

## Indoor Champions

<b>55-Meter Dash</b>	<b>Long Jump</b>
2003.....Chantelle Vernon.....7.02	1999..... Taneisha Robinson ...5.94m
<b>60-Meter Dash</b>	1998..... Taneisha Robinson ...6.17m
<b>2017 ...Katrina Seymour .... 7.57</b>	<b>Triple Jump</b>
2008..... Judy Johnson .....7.65	2012.....Lexie Burley..... 12.19m
2004.....Chantelle Vernon.....7.54	<b>High Jump</b>
<b>60-Meter Hurdles</b>	2006.... Anna Marie Ricciardi .. 1.71m
<b>2017 ..... Kyra Atkins ..... 8.32</b>	2005 ... Anna Marie Ricciardi .. 1.73m
2015.. Demeteria Edgecombe ... 8.29	2003..... Cheryl Howard ..... 1.66m
2012.. Demeteria Edgecombe ... 8.53	1999..... Taneisha Robinson ... 1.73m
<b>200-Meter Dash</b>	1998..... Jennifer Sluss ..... 1.72m
<b>2017 ...Katrina Seymour .. 24.32</b>	1997..... Jennifer Sluss ..... 1.72m
2009..... Judy Johnson ..... 24.13	1995..... Shelli Clendenon ..... 1.72m
<b>400-Meter Run</b>	1993..... Shelli Clendenon ..... 1.68m
<b>2017 ...Katrina Seymour .. 55.91</b>	1992..... Shelli Clendenon ..... 1.69m
2016..... Katrina Seymour ..... 55.12	<b>Shot Put</b>
2005..... Nichola Cornish ..... 56.21	1989..... Angie Barker ..... 13.74m
2003..... Kim Simmons ..... 57.50	1988..... Angie Barker ..... 16.61m
1989..... April Via..... 58.28	<b>Weight Throw</b>
<b>800-Meter Run</b>	2010 ..... Zachlynn Blackburn .... 17.13m
2004..... Kim Simmons ..... 2:14.55	2008 ..... Zachlynn Blackburn .... 16.32m
1996..... Michelle Gregg ..... 2:15.60	
1995..... Michelle Gregg ..... 2:12.98	
1989..... Sabrina Keeton ..... 2:19.93	
<b>Mile Run</b>	
2009..... Heidi Dahl ..... 4:39.39	
1998..... Valerie Urchison ... 4:53.37	
1997..... Valerie Urchison ... 5:02.46	
1989..... Sabrina Keeton ..... 5:02.02	
1988..... Sabrina Keeton ..... 5:10.33	
<b>3,000-Meter Run</b>	
1998..... Catherine Berry ..... 9:49.73	
<b>5,000-Meter Run</b>	
1997..... Mary Jo Ferrigan . 17:36.82	
2000..... Catherine Berry .. 17:01.05	
<b>Two-Mile Relay</b>	
1989..... 9:32.27	
1988..... 9:45.63	
<b>4x400 Meter Relay</b>	
1995..... 3:50.44	
<b>Distance Medley Relay</b>	
1998..... 11:58.99	
1997..... 12:06.54	

## Outdoor Champions

<b>100 Meters</b>	<b>Long Jump</b>
2007 Jenny Knox ..... 11.85	1998 Taneisha Robinson .....5.89m
1996 Leisa Moulton ..... 12.40	1997 Taneisha Robinson .....5.79m
<b>200 Meters</b>	<b>High Jump</b>
<b>2017 Kyra Atkins.....23.86</b>	2006 Anna Marie Ricciardi .... 1.70m
2009 Nae-Nae Bailey .....24.23	2003 Cheryl Howard ..... 1.65m
<b>400 Meters</b>	1999 Taneisha Robinson ..... 1.67m
2005 Nichola Cornish ..... 54.59	1998 Taneisha Robinson ..... 1.73m
1987 Kellie Smith ..... 57.72	1997 Jennifer Sluss ..... 1.67m
<b>800 Meters</b>	1995 Shelli Clendenon ..... 1.73m
2009 Heidi Dahl ..... 2:08.99	1994 Shelli Clendenon ..... 1.73m
1995 Michelle Gregg ..... 2:14.87	<b>Triple Jump</b>
1989 April Via ..... 2:13.31	2012 Lexie Burley ..... 12.31m
1988 Sabrina Keeton ..... 2:18.17	1999 Taneisha Robinson ..... 12.95m
1987 Kellie Smith ..... 2:18.06	1998 Taneisha Robinson ..... 12.57m
<b>1,500 Meters</b>	1997 Jennifer Sluss ..... 12.18m
2009 Heidi Dahl ..... 4:18.08	<b>Shot Put</b>
1996 Michelle Gregg ..... 4:38.00	1989 Angie Barker ..... 13.59m
1995 Michelle Gregg ..... 4:40.35	1988 Maelynn Thompson ... 11.90m
1994 Jennel Walby ..... 4:37.36	<b>Discus</b>
1989 Sabrina Keeton ..... 4:38.97	2007 Zachlynn Blackburn ...39.29m
1987 Sabrina Keeton ..... 4:38.64	<b>Hammer</b>
<b>3,000 Meters</b>	2010 Zachlynn Blackburn ...48.84m
1987 Sabrina Keeton ..... 10:07.70	2008 Zachlynn Blackburn ...48.59m
2000 Catherine Berry ..... 9:53.10	2007 Zachlynn Blackburn ...46.08m
<b>5,000 Meters</b>	<b>Decathlon</b>
1999 Catherine Berry ..... 16:53.60	2012 Katerina Vodova ..... 5152
2000 Catherine Berry ..... 17:14.00	
<b>10,000 Meters</b>	
1996 Mary Jo Ferrigan ..... 37:33.61	
1987 Lesley Whitehead .... 37:54.25	
<b>100 Meter Hurdles</b>	
<b>2017 Kyra Atkins.....13.25</b>	
1996 Erica Edmond ..... 14.70	
<b>400 Meter Hurdles</b>	
1988 Kim Frazwer ..... 1:03.70	
1987 Lisa Rosenbaum ..... 1:03.70	
<b>4x100 Meter Relay</b>	
2008 ..... 45.60	
2002 ..... 48.07	
1996 ..... 47.18	
<b>4x400 Meter Relay</b>	
2009..... 3:46.14	
2002 ..... 3:48.17	
1997 ..... 3:50.19	
1995 ..... 3:50.10	
1987 ..... 3:57.90	

# Buccaneer Honors

## Men's Indoor Awards

## Men's Outdoor Awards

### Conference Championships

2011, 2009, 2007, 2006, 1998, 1980

### Coach of the Year

Dave Walker:

2011, 2009, 2007, 2006, 1990, 1989,  
1981, 1980

### Most Valuable Performer/Most Outstanding Athlete

2012..... Jadon Short  
2010.....Duronal Monal  
2009.....Ben Ronoh  
2007.....Mike Wright  
2006.....James Rainer  
1976.....Ray Flynn

### Most Outstanding Track Performer

2010.....Duronal Monal  
2009.....Ben Ronoh  
2007.....Michael Wright  
2006.....James Rainer  
2004.....Bradley Yewer  
2003.....Bradley Yewer  
1996.....Delevantie Brown  
1995.....Delevantie Brown  
1994.....Seamus Power  
1992.....Seamus Power  
1990.....James Hynes  
1984.....Jon Conneely  
1983.....Dennis Start  
1981.....Adrian Leek  
1979.....Adrian Leek

### Most Outstanding Field Performer

2011..... Jarrod Burton

### Most Outstanding Freshman

2012..... Jadon Short  
2005..... Shane Estes  
1998..... Evan Hawkins  
1996..... Zach Whitmarsh  
1994..... Dainon Sidney

### Athlete of the Week

K'Vonte Scott..... 01/25/12 (Field)  
K'Vonte Scott..... 01/25/12 (Field)  
Jadon Short..... 01/18/12 (Field)  
Jarrod Burton ..... 02/09/11 (Field)  
Ryan Beaver ..... 02/02/11 (Field)  
Ifrish Alberg ..... 01/26/11 (Track)  
Jarrod Burton ..... 01/26/11 (Field)  
Mike James ..... 12/08/10 (Track)  
Duronal Monal ..... 02/24/10 (Track)  
Kenneth Rotich ..... 02/03/10 (Track)  
Ryan Beaver ..... 01/13/10 (Field)  
Duronal Monal ..... 01/13/10 (Track)  
Mike James ..... 12/05/09 (Track)  
Josh Cloyd ..... 02/11/09  
Quentin Greenlee ..... 01/21/09  
Kenneth Rotich ..... 02/20/08  
Jarrod Burton ..... 02/06/08  
Jarrod Burton ..... 02/07/07  
Jarrod Burton ..... 01/31/07  
James Rainer ..... 01/25/06  
James Rainer ..... 02/22/04

### Conference Championships

2012, 2009, 2007

### Coach of the Year

Dave Walker:

2012, 2009, 2007, 1989

### Most Valuable Performer/Most Outstanding Athlete

2004.....Bradley Yewer  
2003.....Bradley Yewer  
1998.....Declan Fehy  
1990.....James Hynes  
1983.....James Barham  
1982.....Kevin Johnson  
1981.....Adrian Leek  
1979.....Adrian Leek  
1972.....Bill Holloway

### Most Outstanding Track Performer

2011.....Ben Ronoh  
2010.....Duronal Monal  
2009.....Ron Ronoh

### Most Outstanding Freshman

2007.....Jarrod Burton  
1996.....Zach Whitmarsh  
1994.....Danion Sidney

### Athlete of the Week

Jason Johnson ..... 05/16/12 (Field)  
Marek Navratil..... 05/09/12 (Field)  
K'Vonte Scott..... 03/21/12 (Field)  
Tim O'Dell ..... 03/07/12 (Track)  
Mike James ..... 05/18/11 (Track)  
Jason Johnson ..... 05/04/11 (Track)  
Robert Purcell ..... 04/27/11 (Track)  
Jordan Briggs ..... 05/12/10 (Field)  
Duronal Monal ..... 05/12/10 (Track)  
Matt Baum ..... 04/21/10 (Field)  
Duronal Monal ..... 04/21/10 (Track)  
Nic Chernikow ..... 04/14/10 (Field)  
Duronal Monal ..... 04/07/10 (Track)  
Mike James ..... 03/31/10 (Track)  
Duronal Monal ..... 05/13/09  
Kenneth Rotich ..... 04/22/09  
Josh Cloyd ..... 04/15/09  
Jarrod Burton ..... 04/01/09  
James Rainer..... 03/21/07  
Daniel Williams ..... 05/03/06  
James Rainer..... 04/26/06  
James Rainer..... 04/05/06  
James Rainer..... 03/29/06  
James Rainer..... 04/20/04

### Multiple Athlete of the Week Award Winners

James Rainer ..... 7  
Jarrod Burton ..... 6  
Duronal Monal ..... 6  
Mike James ..... 4  
Kenneth Rotich ..... 3  
Ryan Beaver ..... 2  
Josh Cloyd ..... 2  
Jason Johnson ..... 2  
K'Vonte Scott..... 2

## Buccaneer Honors

### Women's Awards

### Men's and Women's All-Americans

#### Indoor

#### Outdoor

#### Concurrence Championships

#### Concurrence Championships

1995

1996

#### Coach of the Year

Dave Walker: 1995

#### Coach of the Year

Michelle Byrne: 1996

Tom Roberts: 1989

#### Most Valuable Performer/Most Outstanding Athlete

1999..... Taniesha Robinson  
 1998..... Taniesha Robinson  
 1995..... Shelli Clendenon  
 1989..... Sabrina Keeton

#### Most Valuable Performer/Most Outstanding Athlete

1998..... Taniesha Robinson

#### Most Outstanding Track Performer

2009..... Heidi Dahl

#### Most Outstanding Freshman

2007..... Zachlynn Blackburn  
 1995..... Michelle Gregg

#### Athlete of the Week

Katerina Vodova ..... 01/25/12 (Field)  
 Lexie Burley..... 01/18/12 (Field)  
 Kelly Monteleone ..... 12/07/11 (Field)  
 Jasmine Ingram .....02/09/11 (Track)  
 Lexie Burley..... 01/26/11 (Field)  
 Jasmine Ingram ..... 12/08/10 (Track)  
 Zachlynn Blackburn... 01/27/10 (Field)  
 Jasmine Ingram .....01/27/10 (Track)  
 Jasmine Ingram .....01/13/10 (Track)  
 Bethany Lender..... 01/13/10 (Field)  
 Jasmine Ingram ..... 12/05/09 (Track)  
 Heidi Dahl ..... 02/18/09  
 Heidi Dahl ..... 02/04/09  
 Heidi Dahl ..... 01/21/09  
 Heidi Dahl ..... 01/14/09  
 Judy Johnson ..... 02/27/08  
 Zachlynn Blackburn..... 02/13/08  
 Anna Marie Riccardi ..... 02/07/07  
 Jenny Knox..... 02/08/06  
 Anna Marie Riccardi ..... 01/25/06  
 Chantelle Vernon..... 01/23/02  
 Roselin Addo ..... 01/31/01  
 Roselin Addo ..... 01/17/01

#### Athlete of the Week

Katerina Vodova .....05/16/12 (Field)  
 Katerina Vodova .....05/09/12 (Field)  
 Lexie Burley.....04/11/12 (Field)  
 Emani Harrison..... 05/18/11 (Track)  
 Leah Oakhill .....05/04/11 (Field)  
 Jasmine Ingram ..... 04/27/11 (Track)  
 Jasmine Ingram ..... 03/31/10 (Track)  
 Heidi Dahl .....05/13/09  
 Heidi Dahl .....04/01/09  
 Kristin Truman.....04/20/04  
 Emily Chaney .....04/02/03

#### Multiple Athlete of the Week Award Winners

Jasmine Ingram .....7  
 Hedi Dahl .....6  
 Lexi Burley .....3  
 Katerina Vodova .....3  
 Roselin Addo .....2  
 Zachlynn Blackburn.....2  
 Anna Marie Riccardi .....2

2009 Heidi Dahl

2000 Catherine Berry

1998 Michelle Gregg

1995 Shelli Clendenon  
 Jeff Horton

1994 Seamus Power

1993 Seamus Power

1992 Seamus Power

1988 Angie Barker

1985 Brian Dunn

1984 Kim Bird

1983 Kevin Johnson

1982 Kevin Johnson

1981 Adrian Leek

1979 Adrian Leek

1978 Ray Flynn

1976 Mark Halim  
 Mark Brown

1975 Neil Cusack

1974 Neil Cusack  
 Eddie Leddy

1967 Robert Rovere

1966 Robert Rovere