

# ETSU Men's and Women's Track and Field Record Book

## Men's Indoor Records

Event	Name	Mark	Year
60m	Ifrish Alberg	6.68	2013
200m	Delevantie Brown	21.13	1995
400m	Evan Hawkins	47.56	2000
800m	Zach Whitmarsh	1:49.88	1997
Mile	Ray Flynn	4:00.7	1978
3000m	Seamus Power	7:59.92	1990
5000m	Neil Cusack	13:46.2	1974
60mH	Delevantie Brown	7.85	1996
High Jump	Jason Farr	2.10m / 6-10.75	1999
Pole Vault	Brett Squibbs	5.15m / 16-10.75	2014, 2017
Long Jump	Mike Halim	7.63m / 25-05	1976
Triple Jump	Mike Halim	15.27m / 50-1.50	1976
Shot Put	Jarrold Burton	16.99m / 55-05.00	2009
35-lb weight	Ben Johnson	21.99m / 72-1.75	2018
Heptathlon	K'Vonte Scott	5160	2013
1600m Relay		3:14.68	1998 (Jon Hutchins, Evan Hawkins, Anthony Scanlon, Zach Whitmarsh)
DMR		9:45.5	1976 (Ray McBride, David Ritchie, Mark Brown, Greg Davis)

## Women's Indoor Records

Event	Name	Mark	Year
60m	Emani Harrison	7.49	2013
200m	Judy Johnson	23.96	2009
400m	Katrina Seymour	54.70	2017
800m	Michelle Gregg	2:05.68	1998
Mile	Heidi Dahl	4:39.39	2009
3000m	Kim Bird	9:18.95	1984
5000m	Kim Bird	16:25.10	1982
60mH	Kyra Atkins	8.29	2018
60mH	Demeteria Edgecombe	8.29	2015
High Jump	Anna Marie Ricciardi	1.78m / 5-10	2007
Pole Vault	Katerina Vodova	3.80m / 12-5.5	2014
Pole Vault	Ashley Kessler	3.80m / 12-5.5	2015
Long Jump	Katernia Vodova	6.13 m / 20-1.5	2014
Triple Jump	Taneisha Robinson	42-5.25	1998
Shot Put	Angie Barker	54-6	1988
<b>20-lb weight</b>	<b>Symphony Buxton</b>	<b>18.49m / 60-8</b>	<b>2019</b>
Pentathlon	Katerina Vodova	3707	2012
1600m Relay		3:46.38	2009 (Judy Johnson, Jasmine Ingram, Heidi Dahl, Nae-Nae Bailey)
DMR		11:56.63	2018 (Emily Williams-McElroy, Jessica Lord, Heather Feuchtenberger, Kaitlyn Lay)

## Men's Outdoor Records

Event	Name	Mark	Year
100m	Ifrish Alberg	10.29	2013
200m	Robert Rovere	20.53 <sup>^</sup>	1967
400m	Bobby Knox	46.54	1971
800m	Zach Whitmarsh	1:47.01	1999
1500m	Ray Flynn	3:37.66	1978
5000m	Adrian Leek	13:34.4	1981
10,000m	Adrian Leek	28:24	1981
110mHH	Delevantie Brown	13.84	1996
400mH	Bob McKay	50.01	1971
3000m SC	Ed Leddy	8:35.2	1974
High Jump	Jason Farr	2.14 m / 7-0.25	1999
Pole Vault	Brett Squibbs	5.20m / 17-00.75	2014, 2017
Long Jump	Mike Halim	7.93m / 26-00.50	1977
Triple Jump	Jason Johnson	15.48 m / 50-09.50	2013
<b>Shot Put</b>	<b>Ben Johnson</b>	<b>16.78m / 52-06.50</b>	<b>2019</b>
<b>Discus</b>	<b>Ben Johnson</b>	<b>54.53m / 178-11</b>	<b>2019</b>
Javelin*	Bruce Meade	66.54m / 218-4	1971
Javelin**	Ben Johnson	67.84m / 222-7	2018
Hammer	Ben Johnson	59.91m / 196-6	2018
Decathlon	K'Vonte Scott	6618	2012
400m Relay		39.68	2007 (Chris Harriso, Derek Carey, Johnny Tucker, James Rainer)
1600m Relay		3:10.07	1996 (Delevantie Brown, Jeff Horton, Chris White, Zach Whitmarsh)

## Women's Outdoor Records

Event	Name	Mark	Year
100m	Emani Harrison	11.72	2011
200m	Kyra Atkins	23.53	2017
400m	Jasmine Ingram	54.15	2011
800m	Michelle Gregg	2:05.18	1997
1500m	Heidi Dahl	4:14.91	2009
5000m	Catherine Berry	16:00.97	2000
10,000m	Kim Bird	34:41.12	1983
100mH	Kyra Atkins	13.25	2017
400mH	Katrina Seymour	56.32	2017
3000 SC	Chelsea Clark	10:57.16	2013
High Jump	Kim Harrell	1.84m / 6-0.75	1980
Pole Vault	Ashley Kessler	3.95m / 12-11.50	2014
Long Jump	Kyra Atkins	6.17m / 20-1.5	2017
Triple Jump	Taneisha Robinson	12.94m / 42-5.75	1999
Shot Put	Angie Barker	16.24 m / 53-3.75	1988
Discus	Verena Tobis	47.09m / 154-6	2014
Javelin	Angie Barker	46.58m / 152-10	1988
Hammer	Zachlynn Blackburn	50.11m / 164-05	2010
Heptathlon	Shelli Clendenon	5306	1995
400m Relay		44.75	2013 (Courtney Kinlaw, Keturah Williams, Karissa Bertling, Emani Harrison)
<b>1600m Relay</b>		<b>3:45.67</b>	<b>2018</b> (Aliyah Hill, Lamisha Simmons, Vicki Franse, Jessica Lord)

<sup>^</sup> - Denotes conversion

\* - Denotes record pre-1986 design

\*\* - Denotes record post-1986 design

**BOLD** - Denotes current student-athletes or marks set in 2019

Last updated: July 2019

## Men's Indoor Conference Champions

### 55-Meter Dash

1998..... Chris Brooks ..... 6.24  
 1995..... Jeff Horton ..... 6.21  
 1983..... James Barha ..... 6.10

### 55-Meter Hurdles

1996..... Delevantie Brown ..... 7.58  
 1995..... Delevantie Brown ..... 7.40  
 1993..... Malachi Jamison ..... 7.64

### 60-Yard\*/Meter Dash

2017..... Matthew Moore ..... 6.77  
 2016..... Matthew Moore ..... 6.79  
 2010..... Duralon Monal ..... 6.73  
 2009..... Duralon Monal ..... 6.87  
 2006..... James Rainer ..... 6.75  
 2005..... James Rainer ..... 6.83  
 1980..... Ernie Halstead\* ..... 6.40  
 1979..... Ernie Halstead\* ..... 6.43

### 60-Yard\*/Meter Hurdles

2016..... Michael Williams ..... 8.14  
 2011..... Michael James ..... 8.02  
 1982..... Bob McKay\* ..... 7.45

### 200-Meter Dash

2018..... Karon Delince ..... 21.62  
 2017..... Patrick Taylor ..... 21.88  
 2010..... Duralon Monal ..... 21.22  
 2009..... Quentin Greenlee ..... 21.61  
 2008..... Zack Titman ..... 22.06  
 2006..... James Rainer ..... 21.61  
 2001..... Evan Hawkins ..... 21.55  
 1996..... Delevantie Brown ..... 22.32  
 1995..... Delevantie Brown ..... 21.13  
 1994..... Danion Sidney ..... 21.55

### 400-Meter Run

2016..... Michael Williams ..... 49.69  
 2012..... Tim O'Dell ..... 48.30  
 2000..... Evan Hawkins ..... 48.26  
 1998..... Evan Hawkins ..... 49.01

### 800-Meter Run

2014..... Filip Jalovy ..... 1:54.02  
 2011..... Desmond Pierce ... 1:54.89  
 2006..... Josh Hicks ..... 1:57.11  
 1999..... Zach Whitmarsh ... 1:58.49  
 1998..... Zach Whitmarsh ... 1:51.79  
 1997..... Zach Whitmarsh ... 1:50.92  
 1996..... Zach Whitmarsh ... 1:56.98

### 880-Meter Run

1981..... Mark Scruton ..... 1:54.60  
 1980..... Kevin Johnson ..... 1:53.30  
 1979..... Mark Scruton ..... 1:51.66

### 1,000-Meter Run

1981..... Kevin Johnson ..... 2:27.7

### 1,500-Meter Run

1983..... Dennis Stark ..... 3:49.2  
 1980..... Dennis Stark ..... 3:50.1

### Mile Run

2014..... Simeon Roberts .... 4:21.00  
 2004..... Brad Yewer ..... 4:12.86  
 2003..... Brad Yewer ..... 4:14.36  
 1999..... Zach Whitmarsh ... 4:19.14  
 1998..... Zach Whitmarsh ... 4:11.44  
 1997..... Declan Fahy ..... 4:10.19  
 1994..... Seamus Power ..... 4:12.13  
 1993..... Seamus Power ..... 4:18.67  
 1992..... Seamus Power ..... 4:07.66  
 1991..... Seamus Power ..... 4:14.61  
 1990..... James Hynes ..... 4:15.76  
 1989..... Scott Faulds ..... 4:11.00  
 1988..... Thomas O'Gara .... 4:09.56  
 1987..... Thomas O'Gara .... 4:09.56  
 1983..... Conrad Conneely ... 4:05.38  
 1982..... Mark Scruton ..... 4:03.97

### 3,000-Meter Run

2019..... Ben Varghese ..... 8:24.65  
 2014..... Simeon Roberts .... 8:18.53  
 2009..... Ben Ronoh ..... 8:24.55  
 2006..... Jeff Crane ..... 8:43.69  
 2004..... Brad Yewer ..... 8:24.24  
 2003..... Brad Yewer ..... 8:26.06  
 1998..... Declan Fahy ..... 8:24.94  
 1997..... Declan Fahy ..... 8:28.31  
 1994..... Seamus Power ..... 8:34.17  
 1993..... Dennis Barry ..... 8:30.20  
 1992..... Seamus Power ..... 8:05.37  
 1991..... Seamus Power ..... 8:32.60  
 1990..... James Hynes ..... 8:34.26  
 1989..... James Hynes ..... 8:17.74  
 1988..... Thomas O'Gara .... 8:26.13  
 1986..... Conrad Conneely ... 8:33.53  
 1985..... Brian Dunne ..... 8:22.7  
 1981..... Adrian Leek ..... 8:15.2

### Two-Mile Run

1987..... Thomas O'Gara .... 8:52.00  
 1984..... Brian Dunne ..... 8:49.43  
 1980..... Ronnie Carroll .... 8:58.98  
 1979..... Louis Kenny ..... 9:11.07

### 5,000-Meter Run

2009..... Ben Ronoh ..... 14:48.84  
 2008..... Kenneth Rotich .. 14:44.15  
 2003..... Brad Yewer ..... 15:04.83  
 2002..... James Grufferty.. 14:50.98  
 1994..... Seamus Power... 14:56.39  
 1993..... Seamus Power... 14:20.89  
 1992..... Seamus Power... 14:45.62  
 1991..... Seamus Power... 14:50.76  
 1990..... James Hynes .... 14:30.06  
 1989..... John Erickson ... 14:09.26  
 1985..... Brian Dunne ..... 14:36.6  
 1983..... Carey Nelson ..... 14:21.8  
 1981..... Adrian Leek ..... 14:06.6

### 4x400-Meter Relay

2017..... 3:50.04  
 2008..... 3:18.42  
 1998..... 3:16.79  
 1997..... 3:17.19

### Mile Relay

1996..... 3:21.60

### Two-Mile Relay

1992..... 7:47.75  
 1982..... 7:35.45  
 1980..... 7:46.84  
 1979..... 7:41.33

### 3,200-Meter Relay

1981..... 7:48.2

### Distance Medley Relay

2019..... 10:00.71  
 2018..... 10:07.32  
 2014..... 10:07.91  
 2006..... 10:25.21  
 1997..... 10:17.76  
 1995..... 10:17.78  
 1994..... 10:18.64  
 1986..... 10:08.17  
 1982..... 9:59.35  
 1981..... 10:04.50  
 1980..... 10:07.21  
 1979..... 9:47.80

### Long Jump

2017..... Patrick Taylor ..... 7.41m  
 2013..... Tyler Stepp ..... 7.51m  
 2002..... Charvin Clark ..... 7.63m  
 2009..... Josh Cloyd ..... 7.41m

### Pole Vault

2014..... Brett Squibbs ..... 4.91m  
 2010..... Matt Baum ..... 4.60m

### Triple Jump

2012..... Jason Johnson ..... 14.91m  
 2009..... Josh Cloyd ..... 14.38m

### High Jump

2012..... Marek Navratil ..... 2.05m  
 2006..... Shane Estes ..... 1.97m  
 2005..... Shane Estes ..... 1.97m  
 2001..... Jason Farr ..... 2.05m

### Shot Put

2019..... Ben Johnson ..... 16.39m  
 2014..... Jacob Dunlap ..... 14.32m  
 2011..... Jarrod Burton ..... 17.47m  
 2009..... Jarrod Burton ..... 16.89m  
 2003..... Chad Hyder ..... 14.72m

### Weight Throw

2019..... Ben Johnson ..... 21.60m  
 2018..... Ben Johnson ..... 21.99m  
 2009..... Jarrod Burton ..... 18.61m  
 2007..... Jarrod Burton ..... 17.63m

### Heptathlon

2017..... Nathan Rivera ..... 5041  
 2016..... Nathan Rivera ..... 4335  
 2013..... K'Vonte Scott ..... 5160  
 2011..... Jesse Aliaga-Jacob ..... 4750  
 2010..... Nic Chernikow ..... 4794  
 2009..... Nic Chernikow ..... 4820  
 2007..... Mike Wright ..... 4578  
 2006..... Michael Williams ..... 4455

# Men's Outdoor Conference Champions

## 100-Meter Dash

2013	Ifrish Alberg	10.29
2012	Ifrish Alberg	10.46
2011	Ifrish Alberg	10.42
2010	Duronal Monal	10.43
2009	Duronal Monal	10.50
2008	Duronal Monal	10.61
2007	James Rainer	10.75
2006	James Rainer	10.47
1998	Chris Brooks	10.52
1995	Jeff Horton	10.62
1983	James Barham	10.55
1979	Ernie Halstead	10.4

## 200-Meter Dash

2018	Karon Delince	21.25
2010	Duronal Monal	21.12
2009	Duronal Monal	21.34
2007	James Rainer	21.63
2006	James Rainer	21.40
1995	Danion Sidney	21.44
1994	Fred Cook	21.34
1984	James Barham	21.00
1983	James Barham	20.99

## 400-Meter Run

2012	Tim O'Dell	47.27
2011	Tim O'Dell	47.71
2007	Chris Harrison	48.36
1999	Evan Hawkins	47.85
1995	Fred Cook	48.07

## 400-Meter Hurdles

1999	Jon Hutchins	52.90
1982	Robert McKay	51.45
1981	Robert McKay	51.49
1980	Robert McKay	52.60

## 800-Meter Run

1999	Zach Whitmarsh	1:51.77
1998	Zach Whitmarsh	1:52.37
1997	Zach Whitmarsh	1:52.49
1996	Zach Whitmarsh	1:52.20
1982	Kevin Johnson	1:49.76

## 1,500-Meter Run

2014	Simeon Roberts	3:49.60
2003	Bradley Yewer	3:51.16
1998	Zach Whitmarsh	3:51.10
1997	Anthony Scanlon	4:00.26
1996	Zach Whitmarsh	3:58.30
1993	Rick Patterson	3:52.13
1991	Seamus Power	3:54.13
1990	Scott Faulds	3:57.1
1989	James Hynes	3:49.11
1986	Randy Hale	3:49.58
1985	Brian Dunne	3:50.2
1983	Kevin Johnson	3:48.55
1982	Kevin Johnson	3:47.27
1981	Ben Turpin	3:50.38
1980	Mark Scruton	3:45.93
1979	Mark Scruton	3:49.8

## 5,000-Meter Run

2010	Kenneth Rotich	14:43.47
2009	Kenneth Rotich	14:36.13
2008	Kenneth Rotich	14:38.53
1996	Declan Fahy	14:54.12
1994	Seamus Power	14:45.20
1993	Seamus Power	14:37.61
1992	Seamus Power	14:19.64
1991	Seamus Power	14:55.59
1990	James Hynes	14:51.0
1989	John Erickson	14:39.74
1988	Thomas O'Gara	14:22.22
1987	Thomas O'Gara	14:32.04
1986	Conrad Conneely	14:39.19
1985	Conrad Conneely	14:32.76
1984	Conrad Conneely	14:41.23
1982	Carey Nelson	14:24.2
1981	Adrian Leek	14:26.4
1980	Ronnie Carroll	14:32.36
1979	Adrian Leek	14:26.4

## 4x100 Meter Relay

2012		40.41
2007		40.73
2006		41.40
1995		40.36
1994		40.30

## 10,000-Meter Run

2018	Malick Gemechu	33:01.25
2010	Kenneth Rotich	30:30.68
2009	Kenneth Rotich	30:53.20
2008	Kenneth Rotich	31:03.19
1998	Declan Fahy	31:25.23
1996	Fred Reinhardt	31:27.7
1994	Seamus Power	31:01.1
1993	Dennis Barry	31:41.53
1992	Seamus Power	33:03.3
1991	Seamus Power	32:36.0
1990	James Hynes	31:46.47
1989	Thomas O'Gara	30:38.9
1988	Thomas O'Gara	29:37.0
1987	Thomas O'Gara	30:12.72
1986	Thomas O'Gara	30:31.4
1985	Gerry Duffy	31:00.39
1984	Brian Dunne	30:24.8
1983	Dennis Stark	30:06.0
1982	Carey Nelson	30:44.78
1981	Adrian Leek	30:27.2
1980	Adrian Leek	30:03.80
1979	Adrian Leek	29:21.30

## 3,000-Meter Steeplechase

2019	Noah Charles	9:12.91
2017	Simeon Roberts	9:15.50
2014	Sean Duffy	9:11.16
2013	Adam Chase	9:09.85
2011	Ben Ronoh	9:33.15
2010	Ben Ronoh	9:32.05
2009	Ben Ronoh	9:20.17
1997	Declan Fahy	9:23.9
1989	Ray Jones	9:04.1
1984	Brian Dunne	9:06.8
1982	Kevin Johnson	9:07.9
1981	Kevin Johnson	9:12.59
1980	Ronnie Carroll	9:17.04

## 4x400 Meter Relay

2011		3:15.07
2007		3:20.07
1999		3:13.90
1997		3:15.38
1996		3:13.54

## Long Jump

2019	Karon Delince	7.54m
2014	Tyler Stepp	7.64m
2002	Charvin Clark	7.30m
1994	Jeff Horton	7.38m
1993	Jeff Horton	7.28m

## High Jump

2006	Shane Estes	2.00m
2005	Shane Estes	1.98m
1999	Jason Farr	2.12m
1997	Ben Wittkowski	2.03m

## Triple Jump

2012	Jason Johnson	15.09m
2010	Ryan Beaver	14.80m

## Pole Vault

2014	Brett Squibbs	5.05m
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## Shot Put

2007	Jarrod Burton	15.42m
1998	Curtis Eason	15.39m

## Hammer

2019	Ben Johnson	59.89m
2009	Jarrod Burton	47.95m

## Javelin

2019	Ben Johnson	60.80m
2018	Ben Johnson	62.77m
2017	Ben Johnson	58.80m
2011	Matt Baum	56.49m
2010	Les Gilbert	55.57m

## Discus

2019	Ben Johnson	54.53m
2017	Ben Johnson	50.19m

## Decathlon

2012	K'Vonte Scott	6662
2010	Jordan Briggs	6237
2009	Nic Chernikow	6197
2007	Nic Chernikow	5765

# Women's Indoor and Outdoor Conference Champions

## Indoor Champions

**55-Meter Dash**  
2003.....Chantelle Vernon.....7.02

**60-Meter Dash**  
2017.....Katrina Seymour.....7.57  
2008..... Judy Johnson .....7.65  
2004.....Chantelle Vernon.....7.54

**60-Meter Hurdles**  
2018..... Kyra Atkins .....8.29  
2017..... Kyra Atkins .....8.32  
2015.. Demeteria Edgcombe ...8.29  
2012.. Demeteria Edgcombe ...8.53

**200-Meter Dash**  
2017.....Katrina Seymour.....24.32  
2009..... Judy Johnson .....24.13

**400-Meter Run**  
2017.....Katrina Seymour.....55.91  
2016.....Katrina Seymour.....55.12  
2005.....Nichola Cornish.....56.21  
2003..... Kim Simmons .....57.50  
1989.....April Via.....58.28

**800-Meter Run**  
2004..... Kim Simmons .....2:14.55  
1996..... Michelle Gregg .....2:15.60  
1995..... Michelle Gregg .....2:12.98  
1989.....Sabrina Keeton .....2:19.93

**Mile Run**  
2009.....Heidi Dahl.....4:39.39  
1998..... Valerie Urchison ...4:53.37  
1997..... Valerie Urchison ...5:02.46  
1989.....Sabrina Keeton .....5:02.02  
1988.....Sabrina Keeton .....5:10.33

**3,000-Meter Run**  
1998.....Catherine Berry.....9:49.73

**5,000-Meter Run**  
2000.....Catherine Berry..17:01.05  
1997.....Mary Jo Ferrigan.17:36.82

**Two-Mile Relay**  
1989.....9:32.27  
1988.....9:45.63

**4x400 Meter Relay**  
1995.....3:50.44

**Distance Medley Relay**  
1998.....11:58.99  
1997.....12:06.54

**Long Jump**  
2019.....Khiara White.....6.01m  
1999....Taneisha Robinson...5.94m  
1998....Taneisha Robinson...6.17m

**Triple Jump**  
2012.....Lexie Burley.....12.19m

**High Jump**  
2006....Anna Marie Ricciardi..1.71m  
2005 ...Anna Marie Ricciardi..1.73m  
2003..... Cheryl Howard .....1.66m  
1999....Taneisha Robinson...1.73m  
1998..... Jennifer Sluss .....1.72m  
1997..... Jennifer Sluss .....1.72m  
1995.....Shellie Clendenon.....1.72m  
1993.....Shellie Clendenon.....1.68m  
1992.....Shellie Clendenon.....1.69m

**Shot Put**  
1989.....Angie Barker.....13.74m  
1988.....Angie Barker.....16.61m

**Weight Throw**  
2010.....Zachlynn Blackburn....17.13m  
2008.....Zachlynn Blackburn....16.32m

## Outdoor Champions

**100 Meters**  
2007 Jenny Knox .....11.85  
1996 Leisa Moulton .....12.40

**200 Meters**  
2017 Kyra Atkins.....23.86  
2009 Nae-Nae Bailey .....24.23

**400 Meters**  
2005 Nichola Cornish.....54.59  
1987 Kellie Smith .....57.72

**800 Meters**  
2009 Heidi Dahl .....2:08.99  
1995 Michelle Gregg.....2:14.87  
1989 April Via .....2:13.31  
1988 Sabrina Keeton .....2:18.17  
1987 Kellie Smith .....2:18.06

**1,500 Meters**  
2009 Heidi Dahl .....4:18.08  
1996 Michelle Gregg.....4:38.00  
1995 Michelle Gregg.....4:40.35  
1994 Jennel Walby .....4:37.36  
1989 Sabrina Keeton .....4:38.97  
1987 Sabrina Keeton .....4:38.64

**3,000 Meters**  
1987 Sabrina Keeton .....10:07.70  
2000 Catherine Berry.....9:53.10

**5,000 Meters**  
1999 Catherine Berry.....16:53.60  
2000 Catherine Berry.....17:14.00

**10,000 Meters**  
1996 Mary Jo Ferrigan .....37:33.61  
1987 Lesley Whitehead ....37:54.25

**100 Meter Hurdles**  
2018 Kyra Atkins.....13.42  
2017 Kyra Atkins.....13.25  
1996 Erica Edmond.....14.70

**400 Meter Hurdles**  
1988 Kim Frazwer.....1:03.70  
1987 Lisa Rosenbaum.....1:03.70

**4x100 Meter Relay**  
2018.....45.65  
2008 .....45.60  
2002 .....48.07  
1996 .....47.18

**4x400 Meter Relay**  
2018.....3:45.67  
2009.....3:46.14  
2002 .....3:48.17  
1997 .....3:50.19  
1995 .....3:50.10  
1987 .....3:57.90

**Long Jump**  
1998 Taneisha Robinson.....5.89m  
1997 Taneisha Robinson.....5.79m

**High Jump**  
2006 Anna Marie Ricciardi....1.70m  
2003 Cheryl Howard .....1.65m  
1999 Taneisha Robinson.....1.67m  
1998 Taneisha Robinson.....1.73m  
1997 Jennifer Sluss.....1.67m  
1995 Shellie Clendenon.....1.73m  
1994 Shellie Clendenon.....1.73m

**Triple Jump**  
2012 Lexie Burley .....12.31m  
1999 Taneisha Robinson.....12.95m  
1998 Taneisha Robinson.....12.57m  
1997 Jennifer Sluss.....12.18m

**Shot Put**  
1989 Angie Barker .....13.59m  
1988 Maelynn Thompson ...11.90m

**Javelin**  
2018 Alyssa Whipkey.....43.34m

**Discus**  
2007 Zachlynn Blackburn ...39.29m

**Hammer**  
2010 Zachlynn Blackburn ...48.84m  
2008 Zachlynn Blackburn ...48.59m  
2007 Zachlynn Blackburn ...46.08m

**Decathlon**  
2012 Katerina Vodova.....5152



## Buccaneer Honors

### Men's Indoor Awards

### Men's Outdoor Awards

#### Concurrence Championships

2011, 2009, 2007, 2006, 1998, 1980

#### Coach of the Year

Dave Walker:

2011, 2009, 2007, 2006, 1990, 1989,  
1981, 1980

#### Most Valuable Performer/Most Outstanding Athlete

2012..... Jadon Short  
2010..... Duralon Monal  
2009..... Ben Ronoh  
2007..... Mike Wright  
2006..... James Rainer  
1976..... Ray Flynn

#### Most Outstanding Track Performer

2014..... Simeon Roberts  
2010..... Duralon Monal  
2009..... Ben Ronoh  
2007..... Michael Wright  
2006..... James Rainer  
2004..... Bradley Yewer  
2003..... Bradley Yewer  
1996..... Delevantie Brown  
1995..... Delevantie Brown  
1994..... Seamus Power  
1992..... Seamus Power  
1990..... James Hynes  
1984..... Jon Conneely  
1983..... Dennis Start  
1981..... Adrian Leek  
1979..... Adrian Leek

#### Most Outstanding Field Performer

2019..... Ben Johnson  
2017..... Nathan Rivera  
2011..... Jarrod Burton

#### Most Outstanding Freshman

2018..... Karon Delince  
2014..... Simeon Roberts  
2012..... Jadon Short  
2005..... Shane Estes  
1998..... Evan Hawkins  
1996..... Zach Whitmarsh  
1994..... Dainon Sidney

#### Athlete of the Week

Ben Johnson..... 02/13/19 (Field)  
Ben Varghese .....02/06/19 (Track)  
Ben Johnson..... 01/23/19 (Field)  
Ben Varghese .....01/17/19 (Track)  
Ben Johnson ..... 02/07/18 (Field)  
Ben Johnson..... 01/31/18 (Field)  
Ben Johnson..... 02/15/17 (Field)  
Matt Moore .....02/08/17 (Track)  
Matt Moore .....02/10/16 (Track)  
Simeon Roberts.....01/22/14 (Track)  
Brett Squibbs ..... 01/22/14 (Field)  
Filip Jalovy .....03/06/13 (Track)  
Filip Jalovy .....01/23/13 (Track)  
Filip Jalovy .....01/16/13 (Track)  
Tyler Stepp ..... 03/06/13 (Field)  
Jason Johnson..... 02/13/13 (Field)  
K'Vonte Scott..... 01/25/12 (Field)  
K'Vonte Scott..... 01/25/12 (Field)  
Jadon Short..... 01/18/12 (Field)  
Jarrod Burton ..... 02/09/11 (Field)  
Ryan Beaver ..... 02/02/11 (Field)  
Ifrish Alberg .....01/26/11 (Track)  
Jarrod Burton ..... 01/26/11 (Field)  
Mike James .....12/08/10 (Track)  
Duralon Monal .....02/24/10 (Track)  
Kenneth Rotich .....02/03/10 (Track)  
Ryan Beaver ..... 01/13/10 (Field)  
Duralon Monal .....01/13/10 (Track)  
Mike James .....12/05/09 (Track)  
Josh Cloyd ..... 02/11/09  
Quentin Greenlee ..... 01/21/09  
Kenneth Rotich ..... 02/20/08  
Jarrod Burton ..... 02/06/08  
Jarrod Burton ..... 02/07/07  
Jarrod Burton ..... 01/31/07  
James Rainer..... 01/25/06  
James Rainer..... 02/22/04  
Evan Hawkins ..... 01/17/01

#### Student Athlete of the Week

Ben Varghese ..... 01/16/19  
Hadyn Borghetti-Metz ..... 02/07/18

#### Concurrence Championships

2012, 2009, 2007

#### Coach of the Year

Dave Walker:

2012, 2009, 2007, 1989

#### Most Valuable Performer/Most Outstanding Athlete

2019..... Ben Johnson  
2004..... Bradley Yewer  
2003..... Bradley Yewer  
1998..... Declan Fehy  
1990..... James Hynes  
1983..... James Barham  
1982..... Kevin Johnson  
1981..... Adrian Leek  
1979..... Adrian Leek  
1972..... Bill Holloway

#### Most Outstanding Track Performer

2011..... Ben Ronoh  
2010..... Duralon Monal  
2009..... Ron Ronoh

#### Most Outstanding Field Performer

2019..... Ben Johnson  
2017..... Ben Johnson

#### Most Outstanding Freshman

2018..... Karon Delince  
2007..... Jarrod Burton  
1996..... Zach Whitmarsh  
1994..... Danion Sidney

#### Athlete of the Week

Ben Johnson\*\* .....04/17/19 (Field)  
Ben Johnson.....03/27/19 (Field)  
Matt Scarr ..... 03/27/19 (Track)  
Ben Johnson.....03/20/19 (Field)  
Noah Charles..... 03/20/19 (Track)  
Matt Scarr ..... 05/02/18 (Track)  
Ben Johnson.....05/02/18 (Field)  
Ben Johnson.....04/25/18 (Field)  
Simeon Roberts..... 04/04/18 (Track)  
Ben Johnson.....03/28/18 (Field)  
Brett Squibbs .....03/22/17 (Field)  
Matt Moore ..... 03/22/17 (Track)  
Michael Williams..... 04/27/16 (Track)  
Michael Williams..... 04/06/16 (Track)  
Brett Squibbs .....03/26/14 (Field)  
Tyler Stepp .....05/01/13 (Field)  
Jason Johnson .....04/17/13 (Field)  
Ifrish Alberg ..... 03/20/13 (Track)  
Jason Johnson .....05/16/12 (Field)  
Marek Navratil.....05/09/12 (Field)  
K'Vonte Scott.....03/21/12 (Field)  
Tim O'Dell ..... 03/07/12 (Track)  
Mike James ..... 05/18/11 (Track)  
Jason Johnson ..... 05/04/11 (Track)  
Robert Purcell ..... 04/27/11 (Track)  
Jordan Briggs .....05/12/10 (Field)  
Duralon Monal ..... 05/12/10 (Track)  
Matt Baum .....04/21/10 (Field)  
Duralon Monal ..... 04/21/10 (Track)  
Nic Chernikow .....04/14/10 (Field)  
Duralon Monal ..... 04/07/10 (Track)  
Mike James ..... 03/31/10 (Track)  
Duralon Monal .....05/13/09  
Kenneth Rotich .....04/22/09  
Josh Cloyd .....04/15/09  
Jarrod Burton .....04/01/09  
James Rainer.....03/21/07  
Daniel Williams .....05/03/06  
James Rainer.....04/26/06  
James Rainer.....04/05/06  
James Rainer.....03/29/06  
James Rainer..... 04/20/04

\*ETSU competed in the Ohio Valley Conference until 1978, the Southern Conference from 1979-2005 and the ASUN from 2006-2013 before rejoining the SoCon in 2014\*

\*\* Ben Johnson is the Southern Conference's all-time record for Male Outdoor Athlete of the Week awards with six for his career\*\*

## Buccaneer Honors

### Women's Awards

### Men's and Women's All-Americans

#### Indoor

#### Outdoor

#### Concurrence Championships

#### Concurrence Championships

1995

1996

#### Coach of the Year

Dave Walker: 1995

#### Coach of the Year

Michelle Byrne: 1996

Tom Roberts: 1989

#### Most Valuable Performer/Most

#### Outstanding Athlete

1999.....Taniesha Robinson  
1998.....Taniesha Robinson  
1995.....Shelli Clendenon  
1989.....Sabrina Keeton

#### Most Valuable Performer/Most

#### Outstanding Athlete

1998.....Taniesha Robinson

#### Most Outstanding Track

#### Performer

2017.....Katrina Seymour  
2009.....Heidi Dahl

#### Most Outstanding Freshman

2019.....Mekayla Brown

#### Most Outstanding Field Performer

2014.....Katerina Vodova

#### Most Outstanding Field

#### Performer

2014.....Katerina Vodova

#### Athlete of the Week

Mekayla Brown ..... 02/13/19 (Field)  
Kyra Atkins .....02/14/18 (Track)  
Kyra Atkins .....01/31/18 (Track)  
Kyra Atkins .....01/19/17 (Track)  
Chelsea Clark.....01/16/13 (Track)  
Kristen Champman ... 12/05/13 (Field)  
Katerina Vodova ..... 01/25/12 (Field)  
Lexie Burley..... 01/18/12 (Field)  
Kelly Monteleone ..... 12/07/11 (Field)  
Jasmine Ingram .....02/09/11 (Track)  
Lexie Burley..... 01/26/11 (Field)  
Jasmine Ingram ..... 12/08/10 (Track)  
Zachlynn Blackburn... 01/27/10 (Field)  
Jasmine Ingram .....01/27/10 (Track)  
Jasmine Ingram .....01/13/10 (Track)  
Bethany Lender..... 01/13/10 (Field)  
Jasmine Ingram ..... 12/05/09 (Track)  
Heidi Dahl ..... 02/18/09  
Heidi Dahl ..... 02/04/09  
Heidi Dahl ..... 01/21/09  
Heidi Dahl ..... 01/14/09  
Judy Johnson ..... 02/27/08  
Zachlynn Blackburn..... 02/13/08  
Anna Marie Riccardi ..... 02/07/07  
Jenny Knox..... 02/08/06  
Anna Marie Riccardi ..... 01/25/06  
Chantelle Vernon..... 01/23/02  
Roselin Addo ..... 01/31/01  
Roselin Addo ..... 01/17/01

#### Most Outstanding Freshman

2019.....Mekayla Brown  
2007.....Zachlynn Blackburn  
1995.....Michelle Gregg

#### Athlete of the Week

Khiara White .....04/24/19 (Field)  
Lindsey Stallworth .... 03/21/19 (Track)  
Alyssa Whipkey .....04/11/18 (Field)  
Kyra Atkins ..... 03/22/17 (Track)  
Kyra Atkins .....03/22/17 (Field)  
Ashley Kessler .....04/27/16 (Field)  
Kyra Atkins ..... 03/30/16 (Track)  
Ashley Kessler .....03/23/16 (Field)  
Keturah Williams..... 03/25/15 (Track)  
Verena Tobis .....03/25/15 (Field)  
Verena Tobis .....03/26/14 (Field)  
Katerina Vodova .....05/16/12 (Field)  
Katerina Vodova .....05/09/12 (Field)  
Lexie Burley.....04/11/12 (Field)  
Emani Harrison.....05/18/11 (Track)  
Leah Oakhill .....05/04/11 (Field)  
Jasmine Ingram ..... 04/27/11 (Track)  
Jasmine Ingram ..... 03/31/10 (Track)  
Heidi Dahl .....05/13/09  
Heidi Dahl .....04/01/09  
Kristin Truman.....04/20/04  
Emily Chaney .....04/02/03

2018 Ben Johnson

1985 Brian Dunn

2017 Katrina Seymour

1984 Kim Bird

2016 Michael Williams

1983 Kevin Johnson

2014 Tyler Stepp

1982 Kevin Johnson

2013 Tyler Stepp

1981 Adrian Leek

2009 Heidi Dahl

1979 Adrian Leek

2000 Catherine Berry

1978 Ray Flynn

1998 Michelle Gregg

1976 Mark Halim  
Mark Brown

1995 Shelli Clendenon  
Jeff Horton

1975 Neil Cusack

1994 Seamus Power

1974 Neil Cusack  
Eddie Leddy

1993 Seamus Power

1967 Robert Rovere

1992 Seamus Power

1966 Robert Rovere

1988 Angie Barker