

ETSU Track & Field Invitational

Time Schedule

****January 11-12, 2019****

Friday, January 11 – Running and Field Event Schedule

8:45 am	W Weight Throw Trials & Final (Minimum Measure 12.75)
10:15	W 60 Meter Hurdle Prelims (Top 8 Times Advance to a Two Section Final/5 Heats)
10:45	M 60 Meter Hurdle Prelims (Top 8 Times Advance to a Two Section Final/4 Heats)
11:00	W Triple Jump Trials & Final (Minimum Measure 10.00)
11:10	W 400 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/7-8 Heats)
11:45	M 400 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/10 Heats)
12:00pm	M Pole vault Final (Opening Height 3.50)
12:30	W 60 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/14 Heats)
1:00	M 60 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/11 Heats)
1:00	W High Jump Final (Opening Height 1.50)
	M Weight Throw Trials & Final (Minimum Measure 12.75)
2:00	M Triple Jump Trials & Final (Minimum Measure 13.20)
2:15	W 800 Meter Run (5-6 Sections)
2:45	M 800 Meter Run (5 Sections)
3:15	W 200 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/ 15-18 Heats)
4:00	M 200 Meter Dash Prelims (Top 8 Times Advance to a Two Section Final/14 Heats)
4:00	<i>HS Boys Shot Put Trials & Finals</i>
	<i>HS Girls High Jump Final</i>
	<i>HS Girls Pole Vault Final</i>
4:30	<i>HS Girls Triple Jump Trials & Final</i>
4:45	W 5000 Meter Run (1 Section)
5:15	M 5000 Meter Run (1 Section)
5:45	<i>HS Girls Shot Put Trials & Final</i>
	<i>HS Girls Distance Medley Relay (1 Section)</i>
6:00	<i>HS Boys Triple Jump Trials & Final</i>
6:05	<i>HS Boys Distance Medley Relay (1 Section)</i>
6:25	<i>HS Girls 200 Meter Dash Prelims (Heats)</i>
6:45	<i>HS Boys 200 Meter Dash Prelims (Heats)</i>

Saturday, January 12 - Running And Field Event Schedule

8:00 am	<i>HS Girls 2 Mile Run Final (1 Section)</i>
	<i>HS Girls Long Jump Trials & Final</i>
8:18	<i>HS Boys 2 Mile Run Final (1 Section)</i>
8:35	W 3000m Run (2-3 Sections)
8:45	<i>HS Boys Weight Throw Trials & Final</i>
9:15	M 3000m Run (2-3 Sections)
9:53	<i>HS Girls Mile Run Final (3 Sections)</i>
TBD	<i>HS Boys Long Jump Trials & Final</i>
10:23	<i>HS Boys Mile Run Final (5 Sections)</i>
10:49	W Mile Run (3-4 Sections)
11:00	<i>HS Girls Weight Throw Trials and Finals</i>
11:25	M Mile Run (3-4 Sections)

12:00pm	<i>HS Girls 800 Meter Run Final (4 Sections)</i> M Long Jump Trials & Final (Minimum Measure 6.30) W Pole Vault Final (Opening Height 2.50)
12:18	<i>HS Boys 800 Meter Run (6 Sections)</i>
12:45	<i>HS Girls 60 Meter Hurdle Prelims (Heats)</i>
1:00	M High Jump Final (Opening Height 1.80) M Shot Put Trials & Final (Minimum Measure 12.20)
1:00	<i>HS Boys 60 Meter Hurdle Prelims (Heats)</i>
1:15	<i>HS Girls 60 Meter Dash Prelims (Heats)</i>
1:35	<i>HS Boys 60 Meter Dash Prelims (Heats)</i>
2:00	<i>HS Girls 400 Meter Dash Final (Sections vs Time)</i>
2:20	<i>HS Boys 400 Meter Dash Final (Sections vs Time)</i>
2:55	W 400 Meter Dash Final (2 Sections)
3:00	W Long Jump Trials & Final (Minimum Measure 5.10)
3:03	M 400 Meter Dash Final (2 Sections)
3:10	<i>HS Girls 60 Meter Dash Final (1 Section)</i>
3:15	<i>HS Boys 60 Meter Dash Final (1 Section)</i>
3:20	W 60 Meter Dash Final (2 Sections)
3:28	M 60 Meter Dash Final (2 Sections)
3:30	<i>HS Boys Pole Vault</i>
3:45	<i>HS Girls 60 Meter Hurdle Final (1 Section)</i>
3:50	W 60 Meter Hurdle Final (2 Sections)
4:05	<i>HS Boys 60 Meter Hurdle Final (1 Section)</i>
4:15	M 60 Meter Hurdles Final (2 Sections)
4:25	<i>HS Girls 200 Meter Dash (1 Section)</i>
4:30	<i>HS Boys 200 Meter Dash (1 Section)</i> W Shot Put Trials & Final (Minimum Measure 10.70) <i>HS Boys High Jump Final</i>
4:35	W 200 Meter Dash Final (2 Sections)
4:42	M 200 Meter Dash Final (2 Sections)
4:55	W Distance Medley Relay (1 Section)
5:10	M Distance Medley Relay (1 Section)
5:30	W 4 x 400 Meter Relay Final (4-5 Sections vs Time)
5:50	M 4 x 400 Meter Relay Final (4-5 Sections vs Time)
6:10	<i>HS Girls 4 x 400 Meter Relay (Sections vs Time)</i>
6:20	<i>HS Boys 4 x 400 Meter Relay (Sections vs Time)</i>

As of 1/9/19