

2019 Charlotte 49er Classic & Combined Events

Irwin Belk Track & Field Center

FINAL SCHEDULE

49er Classic Combined Events

Thursday, March 14

11:00 a.m. Heptathlon
11:45 a.m. Decathlon

Friday, March 15

9:00 a.m. Decathlon
10:00 a.m. Heptathlon

49er Classic

Friday, March 15

Field Events

11:00 a.m.	Hammer (38m min.)	Women
Noon	Long Jump (2 pits)	Men
1:30 p.m.	Pole Vault (B section)	Women
1:30 p.m.	High Jump (B section)	Men
1:45 p.m.	Javelin (40m min.)	Men
3:00 p.m.	Hammer (40m min.)	Men
3:30 p.m.	Long Jump (2 pits)	Women
3:30 p.m.	High Jump (A section)	Men
4:30 p.m.	Pole Vault (A section)	Women
5:30 p.m.	Discus (35m min.)	Women

Running Events

Noon	100m Hurdle	Women
12:35 p.m.	110m Hurdle	Men
1:00 p.m.	100m Dash	Women
1:30 p.m.	100m Dash	Men
2:10 p.m.	400m Dash	Women
2:45 p.m.	400m Dash	Men
3:25 p.m.	400m Hurdle	Women
3:55 p.m.	400m Hurdle	Men
4:30 p.m.	3000m Steeplechase	Women
4:45 p.m.	3000m Steeplechase	Men
5:10 p.m.	1500m Run	Women
5:45 p.m.	1500m Run	Men
6:25 p.m.	5000m Run Open	Women
7:10 p.m.	5000m Run Open	Men
8:00 p.m.	5000m Run Invitational	Women
8:20 p.m.	5000m Run Invitational	Men
8:40 p.m.	10000m Run	Women
9:25 p.m.	10000m Run	Men

Opening heights

Women's HJ	B: 1.43m (4'8.25) 5cm to 1.73m then 3cm A: 1.53m (5'0.25) 5cm to 1.73m then 3cm
Women's PV	B: 2.60m (9'0.25) 2.80 then 15cm A: 3.10m (10'2) 15cm increments
Men's HJ	B: 1.78m (5'10) 5cm to 2.08m then 3cm A: 1.83m (6'0) 5cm to 2.08m then 3cm
Men's PV	B: 3.60m (11'9.75) 3.80m then 15 cm to 5.00m then 10cm A: 4.25m (13'11.25) 15 cm to 5.00m then 10cm

Saturday, March 16

Field Events

10:00 a.m.	Shot Put (2 rings)	Men
10:00 a.m.	Javelin (25m min.)	Women
11:00 a.m.	Triple Jump	Women
11:00 a.m.	Pole Vault (B section)	Men
Noon	High Jump (B section)	Women
1:00 p.m.	Shot Put (2 rings)	Women
2:00 p.m.	Discus (40m min.)	Men
2:30 p.m.	Pole Vault (A section)	Men
2:30 p.m.	Triple Jump	Men
2:30 p.m.	High Jump (A section)	Women

Running Events

Noon	4x100m	Women
12:20 p.m.	4x100m	Men
12:45 p.m.	800m Run	Women
1:20 p.m.	800m Run	Men
2:00 p.m.	200m Dash	Women
2:35 p.m.	200m Dash	Men
3:10 p.m.	3000m Run	Women
3:35 p.m.	3000m Run	Men
4:00 p.m.	4x800m	Women
4:15 p.m.	4x800m	Men
4:30 p.m.	4x400m	Women
5:00 p.m.	4x400m	Men

Weigh In

By 1 hour prior to start of each respective throwing event at the equipment room at the north end of the mid-level stands (Note: Weigh hammers before exiting stadium for cage to warm up).