



# Bemidji State Men's Basketball

Week 9: Host Minnesota Duluth

Jan. 23

## This Week

Host Minnesota Duluth

**January 23**  
**vs. Minnesota Duluth**  
**7-10 (4-6 NSIC)**  
**BSU Gymnasium**  
**4 p.m.**

## Next Up

**NSIC Road Games**  
**at No. 3 Minnesota State**  
**Taylor Center**  
**Jan. 29 • 8 p.m.**  
**at SW Minnesota State**  
**R/A Facility**  
**Jan. 30 • 8 p.m.**

## Multimedia

**Live stats at home:**

<http://www.bemidjistate.edu/athletics/live/basketball/xlive.htm>

**Watch all home and NSIC games live on Penn Atlantic**  
[www.northernsun.tv](http://www.northernsun.tv)

## Athletic Media Relations

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## Beavers gear-up for Bulldogs

**This Week:** The Bemidji State University men's basketball team hosts University of Minnesota Duluth in a Northern Sun Intercollegiate Conference game played at 4 p.m. in the BSU Gymnasium.

**About Bemidji State:** The Beavers are 6-10 overall and 3-7 in NSIC play, holding down the 13th spot in conference standings. BSU went 1-1 last weekend in two NSIC home games, falling to Northern State University 67-65 on a last second shot, before rebounding and defeating University of Mary 81-59.

- With the decisive victory against U-Mary, BSU snapped a seven-game losing streak that dated back to Dec. 12 when it defeated then-No. 17 Winona State 88-87 in overtime in Winona, Minn.
- The Beavers are the best free throw shooting team in the conference, going 252-of-327 (77.1) from the line. In conference games, BSU is 156-of-196 (79.6) from the charity stripe.
- Senior **Seth Haake** has 17.4 points per game this season, which is fourth in the league and his 19.0 points per game in NSIC play is third.
- Haake is 20 points shy of scoring 1,000 points in his career. The last player to score 1,000 points at BSU was All-America Charles Hanks (2001-04).

### PROBABLE STARTERS

No.	Name	Yr.	Pos.	Ht.	Key Stats
2	Seth Haake	Sr.	G	6-3	17.4 ppg, 4.4 rpg, 54.5 FG% <i>Is averaging 5.1 ppg in conference play this season than last season.</i>
3	Lance Rongstad	Fr.	G	6-3	13.0 ppg, 55.2 FG% in conf. <i>Has scored in double-figures in nine of the last 10 games.</i>
34	Mason Walters	Fr.	G/F	6-7	4.7 ppg, 2.3 rpg, 42.9 FG% <i>Started the last three games, posting 8.0 ppg and 5.0 rpg.</i>
13	Patrick Cassidy	Jr.	F	6-6	8.9 ppg, 3.5 rpg, 50.0 FG% <i>Has started every game this season, averaging 9.1 ppg in NSIC games.</i>
32	Bryce Tesdahl	So.	G/F	6-3	10.3 ppg, 5.3 rpg, 4.9 apg <i>Has 11.6 ppg, 6.2 rpg and 5.5 apg in NSIC play.</i>

### OFF THE BENCH

No.	Name	Yr.	Pos.	Ht.	Key Stats
11	Jake Lindstrom	So.	G	6-0	7.2 ppg, 2.4 rpg, 1.3 stlpg
12	Jon Krebs	Fr.	G	6-5	Has played in eight games.
15	Burke Lendl	Fr.	F	6-7	2.2 ppg, 1.6 rpg, 44.4 3PT%
25	Noah Shepherd	Fr.	G	6-2	2.4 ppg, 0.9 rpg, 52.0 FG%
50	David Berthene	Fr.	F	6-9	6.6 ppg, 49.0 FG% in conf.

**About Minnesota Duluth:** The Bulldogs are 7-10 overall and 4-6 in NSIC play this season, sitting tied with Upper Iowa for ninth in league standings. UMD has lost four of its last five games, going 1-1 last weekend against University of Mary (W, 74-69) and Northern State University (L, 48-71). Sophomore Ryan Rasmussen leads the team in points per game at a 14.6 clip, playing and starting in 10 games. Senior Ron White is averaging 14.4 points and leads the team in rebounds and assists per game with 7.9 rebounds and 3.9 assists per contest.

**Series History:** BSU is 35-82 all-time against the Bulldogs in a storied history dating back to the 1930-31 season. The Beavers have lost their last seven contests against UMD, with their last win coming in the 2003-04 campaign. Last season at the BSU Gymnasium, the Beavers and Bulldogs battled in an epic four-overtime game that ended with UMD coming out victorious 126-124.

**COMPARISON IN NSIC STATISTICS  
(OVERALL)**

<b>MINNESOTA DULUTH</b>		<b>BEMIDJI STATE</b>
65.9, 14 <sup>TH</sup>	<b>SCORING OFFENSE</b> ▶	7 <sup>TH</sup> , 74.0
75.9, 13 <sup>TH</sup>	<b>SCORING DEFENSE</b> ▶	12 <sup>TH</sup> , 74.3
69.6, 11 <sup>TH</sup>	<b>FREE THROW %</b> ▶	1 <sup>ST</sup> , 77.1
39.9, 14 <sup>TH</sup>	<b>FIELD GOAL %</b> ▶	4 <sup>TH</sup> , 47.9
37.7, 5 <sup>TH</sup>	◀ <b>3-POINT FG %</b>	7 <sup>TH</sup> , 35.5
-6.0, 14 <sup>TH</sup>	<b>REBOUNDING MARGIN</b> ▶	10 <sup>TH</sup> , +1.1
4.18, 3 <sup>RD</sup>	◀ <b>BLOCKED SHOTS</b>	11 <sup>TH</sup> , 2.25
13.00, 12 <sup>TH</sup>	<b>ASSISTS</b> ▶	6 <sup>TH</sup> , 15.13
-1.00, 8 <sup>TH</sup>	<b>TURNOVER MARGIN</b> ▶	7 <sup>TH</sup> , -0.56

**Last Action:** The Beavers went 1-1 in an NSIC home weekend Jan. 15-16, losing to Northern State 67-65 on a last second shot, before rebounding and defeating University of Mary 81-59.

**Jan. 15 - vs. Northern State:** On multiple occasions, the Bemidji State University men's basketball team was able to play strong defense for the majority of a possession in the 67-65 loss to Northern State University Friday in a Northern Sun Intercollegiate Conference game at the BSU Gymnasium. But on multiple occasions, NSU was able to find a way to make a shot with just seconds left on the shot clock. This was no different in the Wolves' final possession, as Mitch Boeck hit a game-winning shot with just 0.03 seconds left on the clock to give NSU its second conference win of the season. BSU has now lost seven straight games and its last six in conference play.

The Beavers (5-10, 2-7 NSIC) tied the game on a sophomore **Bryce Tesdahl** (G, Crosby, Minn.) drive and lay-up with 24 seconds remaining, tying the game for the 12th time. With the shot clock turned off, NSU had the last chance to score and converted with just a mere snap of the fingers left on the scoreboard. The Beavers put a solid game together, but couldn't find a way to be on the winning

**2009-10 Schedule**

<b>Date</b>	<b>Opponent</b>	<b>Time/Result</b>
Nov. 4	Wisconsin (exh.)	L, 54-90
Nov. 8	North Dakota (exh.)	L, 63-65
Nov. 20	College of the Ozarks !	W, 60-54
Nov. 21	Viterbo University !	W, 69-44
<b>Nov. 24</b>	<b>Jamestown College</b>	<b>L, 69-72</b>
Nov. 27	Purdue North Central ^	W, 88-60
Nov. 28	UW-Parkside ^	L, 65-78
<b>Dec. 4</b>	<b>MSU Moorhead *</b>	<b>L, 71-73</b>
<b>Dec. 5</b>	<b>Minnesota, Crookston *</b>	<b>W, 89-72</b>
Dec. 12	Winona State *	W, 88-87 OT
Dec. 13	Upper Iowa *	L, 80-91
Dec. 29	Northern Michigan	L, 75-84
<b>Jan. 2</b>	<b>Augustana College *</b>	<b>L, 73-80</b>
<b>Jan. 3</b>	<b>Wayne State (Neb.) *</b>	<b>L, 66-78</b>
Jan. 8	Concordia University *	L, 76-110
Jan. 9	St. Cloud State *	L, 69-80
<b>Jan. 15</b>	<b>Northern State *</b>	<b>L, 65-67</b>
<b>Jan. 16</b>	<b>University of Mary *</b>	<b>W, 81-59</b>
<b>Jan. 23</b>	<b>Minnesota Duluth *</b>	<b>4 p.m.</b>
Jan. 29	Minnesota State *	8 p.m.
Jan. 30	Southwest Minn. St. *	8 p.m.
<b>Feb. 5</b>	<b>Concordia University *</b>	<b>8 p.m.</b>
<b>Feb. 6</b>	<b>St. Cloud State *</b>	<b>8 p.m.</b>
Feb. 12	MSU Moorhead *	8 p.m.
Feb. 13	Minnesota, Crookston *	6 p.m.
<b>Feb. 16</b>	<b>Finlandia</b>	<b>7 p.m.</b>
<b>Feb. 20</b>	<b>Winona State *</b>	<b>4 p.m.</b>
Feb. 24	Minnesota Duluth *	8 p.m.
Feb. 27	Wayne State (Neb.) *	6 p.m.
Mar. 2	NSIC Tournament	TBA

Home games in **Bold**

\* - Northern Sun Intercollegiate Conference game

exh. - Exhibition game

! - Viterbo Pepsi Tournament (La Crosse, Wis.)

^ - UW-Parkside Tournament (Kenosha, Wis.)

end of a hard fought battle.

The Wolves (6-9, 2-6 NSIC) started the game strong, owning a 20-13 lead after nine minutes of play. BSU then put together a 7-0 run to tie the game 20-20, getting all the scoring from three bench players. The game then became a see-saw contest with the teams trading buckets through the half. NSU was on top 34-33 when the halftime buzzer sounded.

The second half continued the back-and-forth play through the first six minutes of the frame, as the score was knotted for the ninth time in the game at 42-42. NSU scored with 13:51 remaining in the half to take a two point lead that reached its peak at eight with 6:47 left, and a score of 59-54. The Beavers then put together a 12-1 run to own a three point advantage with 2:41 remaining. The run included five points from freshman **Lance Rongstad** (G, Eleva, Wis.). A 3-point play from NSU's Jordan King tied the game at 63-63 with 2:21 remaining. The Wolves made it 65-63 with 1:26 left and had a chance to make it a four-point game at the line after BSU missed a 3-point attempt and fouled on the NSU possession. Fortunately for the home team, the Wolves missed both free throws and that set-up Tesdahl's drive and bucket.

Senior **Seth Haake** (G, Eden Prairie, Minn.) led the Beavers in scoring with 18 points and in rebounding with six. He also added four steals and three assists. Rongstad had 13 points three rebounds and three assists. Tesdahl also scored in double-figures with 11 on 5-of-8 shooting and five rebounds. NSU shot 51 percent from the field, which included 59.1 percent in the second half. BSU shot 40.4 percent from the field and 29.4 from beyond the arc, while the Wolves were 6-of-15 (40%) from downtown. The Beavers are a 77 percent shooting team from the line this season that ranks them first in the conference and seventh in the nation in that category, but BSU only went 14-of-19 (73.7%) from the line in the game.

**Jan. 16 - vs. University of Mary:** The Bemidji State University men's basketball team was a locomotive tearing up the tracks and the University of Mary were innocent bystanders stuck in the path Saturday as BSU snapped a seven-game losing streak with a decisive 81-59 victory in a Northern Sun Intercollegiate Conference contest at the BSU Gymnasium.

Senior **Seth Haake** (G, Eden Prairie, Minn.) led the team in scoring with 18 points on 8-of-10 shooting from the field, while adding a team-high seven assists that tied his career-high. Freshman **Lance Rongstad** (G, Eleva, Wis.) scored 17 points, adding seven rebounds and three steals in his most complete game since BSU downed then-No. 17 Winona State 88-87 in overtime, Dec. 12. That win was the last before Saturday evening for BSU as they broke the month-long drought. Sophomore **Bryce Tesdahl** (G, Crosby, Minn.) had a game and career-high 10 rebounds, while adding eight points and five assists.

The Beavers (6-10, 3-7 NSIC) an Marauders (9-7, 5-4 NSIC) were tied 10-10 after the first five minutes of play, then BSU took

#### **BEMIDJI STATE QUICK FACTS**

School/Enrollment:..... Bemidji State University (5,020)  
Location/Founded:.....Bemidji, Minnesota 56601 (1919)  
Population:.....30,000 (reflects city and surrounding area)  
Conference:..... Northern Sun Intercollegiate  
Affiliation:.....NCAA Division II (NCAA I-Hockey)  
Nickname:.....Beavers  
School Colors:..... Green (PMS 3305) and White  
Home Court:..... BSU Gymnasium (2,500)  
Press Row Phone:..... (218) 755-3620  
President:.....Dr. Jon Quistgaard (Arizona '79)  
Athletic Director:..... Dr. Rick Goeb (North Dakota St. '89)  
Senior Woman's Administrator:.....Sarah Levesque (North Dakota '00)  
SWA Phone:..... (218) 755 2142  
Head Athletic Trainer:..... Bill Crews  
Athletic Trainer Phone:..... (218) 755-2769  
Compliance Coordinator:.....Sarah Levesque  
Compliance Phone:..... (218) 755-2142  
Ticket Manager:.....Pam Papp  
Tickets Phone:..... (218) 755-3993  
Athletics Administrative Assistant:.....Debbie Slough  
Athletic Phone:..... (218) 755-2941  
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Volleyball/Basketball Press Row:..... (218) 755-3620  
Web site:..... www.bemidjistate.edu/athletics

#### **PROGRAM HISTORY**

First year of men's basketball:..... 1921  
Overall record (87 seasons):..... 890-1,022 (.465)  
Years in post-season play:.....5 (NAIA)  
(National - 1940, 1941, 1942; District - 1984, '85)  
..... 1 (NCAA)  
(North Central Regional - 2004)  
Northern Intercollegiate (NIC) Championships:..... 8  
..... (1940, 1941, 1942, 1951, 1952, 1954, 1957, 1967)  
Northern Sun Intercollegiate (NSIC) Championships:..... 1 (2004)

#### **COACHING STAFF**

Head Coach:.....Matthew Bowen  
(Indiana, 1995)  
Men's Basketball Office Phone:..... (218) 755-2774  
Record at School:..... 25-79 - Fourth season  
Career Record:..... 25-79 - Fourth season  
Assistant Coaches:..... Jeremy Tiers (Lakehead University '98)  
Ryan Montgomery (Hamline University '06)

#### **TEAM INFORMATION**

2008-09 Record:.....8-19 (6-14 NSIC, T-10th)  
Starters Returning/Lost:..... 4/1  
Letterwinner Returning/Lost:..... 8/5  
Newcomers..... 7



over. A 11-2 run that took seven minutes put the Beavers in a commanding nine point lead. In the run, BSU got offensive production from five different players. U-Mary came back with a 11-6 run to make the score 27-23 with 3:30 remaining in the half. The Beavers then responded with a 9-4 stretch to close the half and own a 36-27 lead heading into the locker room. The final run was capped with an old fashioned three-point play from Tesdahl with four seconds on the clock. BSU earned a lot of its points on lay-ups in the first half, dominating the paint with 22 points to U-Mary's 10.

In the second half, it didn't take long for BSU to close the deal, as it used a 13-6 run in the first five minutes of the second half to gain a 16 point lead. It was a 20 point lead at the 13:26 mark on a lay-up from freshman **Burke Lendl** (F, St. Michael, Minn.). The lead never dipped below 20 points for the remainder of the contest, en route to the 22 point victory, the largest in conference play for BSU since defeating University of Minnesota, Crookston 82-60 on Feb. 4, 2006 in Crookston.

BSU had its second best shooting night of the season at a 59.2 clip. The best free throw shooting team in the conference went 17-of-21 (81%) in the game. The Beavers also recorded their third game with 20 or more assists, going 3-0 in those contests. Freshman forward **David Berthene** (Lakeville, Minn.) scored 12 points. Freshman **Mason Walters** (G/F, Milton, Wis.) earned his third consecutive start and scored nine points, adding six rebounds. BSU played all 10 of its players on the active roster in the game.

**NSIC Preseason Poll:** The Bemidji State men's basketball team is ranked ninth in the 2009-10 edition of the Northern Sun Intercollegiate Conference Preseason Coaches' Poll, receiving 89 points. The Beavers are coming off a year where they finished tied for 10th in the NSIC with a 6-14 record.

**NSIC Preseason Player to Watch:** Senior guard **Seth Haake** (Eden Prairie, Minn.) played and started in all 27 games for the Beavers in 2008-09, leading the team in points (13.9 p/g), rebounds (4.7 r/g), minutes (30.4 m/g) and steals (1.7 s/g), while finishing second on the team in assists (2.0 a/g). His 13.9 points per game was the most by a Beaver player since 2003-04 and ranked 12th in overall scoring in the NSIC. Haake earned his first career *NSIC Player of the Week* award after leading BSU in a 3-0 week, Jan. 6-10, which included wins over Dickinson State, Concordia University and St. Cloud State. He averaged 20.0 points, 6.7 rebounds and shot 60 percent from the floor in the three games. In NSIC play he averaged 13.9 points, 4.6 rebounds, 2.25 assists and shot .526 from the floor. Haake had a team-high 20 games in double-figures in scoring, including six games with over 20 points.



**Bowen in Season Openers:** Head coach **Matt Bowen** earned his first victory in season openers in his four seasons at BSU on Nov. 20. The Beavers defeated College of the Ozarks 60-54 at the Viterbo University Pepsi Tournament.

#### Season Opener Record

Date	Opponent	Site	Result
11/20/09	College of the Ozarks	La Crosse, Wis.	W, 60-54
11/18/08	Jamestown College	Bemidji, Minn.	L, 52-53
11/16/07	St. Cloud State	St. Cloud, Minn.	L, 61-86
11/15/06	Minnesota Duluth	Duluth, Minn.	L, 59-90

**Grand Accomplishment:** Senior **Seth Haake** is just 20 points shy of reaching 1,000 points in his career. If he reaches that point, he will be the first Beaver to accomplish the fete since All-America Charles Hanks (2001-04).

**Two is Better than One:** Sophomore **Bryce Tesdahl** (G, Crosby, Minn.) posted 20 points, 11 assists and nine rebounds in a 88-87 overtime victory against No. 17 Winona State University Dec. 12, posting the

first double-double of his career and the first by Beaver in 2009-10. Both the point and assist totals were career-highs and the nine rebounds tied a career-high.

**Thanks for the Charity:** Sophomore **Bryce Tesdahl** is 54-of-61 from the charity stripe this season, posting a 88.5 percentage from the line that stands second in the NSIC and 21 in the nation. BSU is first in overall games and in conference games this season, standing 7th in the nation at a 77.1 percentage.

**Helping Hand:** With 16.30 assists per game in conference play this season, the Beavers are third in the league. Winona State is first at 19.0 apg. Tesdahl has 5.5 assists per game in league games, which is second. With 4.9 apg in all games, Tesdahl is 45 in the nation.

**Andrew Jackson:** Senior **Seth Haake** scored in the 20's four consecutive games Dec.12-Jan. 2, pouring in a season-high 27 against Northern Michigan Dec. 29. He had six 20-plus point games last season.

**National Ranking:** In the NCAA national ranking summary from games thru Jan. 17, BSU is 7th in free throw percentage at a 77.1 clip. The Beavers are also in the top 50 (270 ranked) in field goal percentage (49th, 47.9 percent). Sophomore **Bryce Tesdahl** is 21 in free throw percentage at a 88.5 mark and stands 45 in assists per game with 4.9 per contest. He is also 77 in assist to turnover ratio with a 1.88 mark. Senior **Seth Haake** is 75 in field goal percentage with a 54.5 percentage.

**Work Horses:** Four of the regular starters for the Beavers have logged at least 27.0 minutes per game in conference play this season, placing them all in the top 30 in the conference rankings for minutes per game. Freshman Lance Rongstad has logged the second most minutes by a freshman this season.

Player	GP/GS	Rk	MPG
Seth Haake	8/8	3	35.5
Bryce Tesdahl	8/8	7	33.6
Lance Rongstad	8/6	23	28.8
Patrick Cassidy	8/8	27	27.6

Beavers in the NSIC (Overall)	
<b>Scoring</b>	
4 Seth Haake	17.4
<b>Rebounding</b>	
15 Bryce Tesdahl	5.3
<b>Field Goal Percent</b>	
10 Seth Haake	54.5
<b>Assists</b>	
2 Bryce Tesdahl	4.94
<b>Free Throw Percent</b>	
3 Bryce Tesdahl	88.5
13 Seth Haake	79.2
<b>Steals</b>	
T2 Seth Haake	1.88
<b>3-point Field Goal Percent</b>	
5 Seth Haake	46.5
<b>3-Point Field Goals Made</b>	
10 Seth Haake	33
<b>Assist/Turnover Ratio</b>	
6 Bryce Tesdahl	1.88
Beavers in the NSIC (Conference Only)	
<b>Scoring</b>	
3 Seth Haake	19.0
<b>Rebounding</b>	
12 Bryce Tesdahl	6.2
T19 Lance Rongstad	4.7
<b>Field Goal Percent</b>	
T10 Lance Rongstad	55.2
15 Seth Haake	53.0
<b>Assists</b>	
2 Bryce Tesdahl	5.50
<b>Free Throw Percent</b>	
T2 Jake Lindstrom	90.9
9 Patrick Cassidy	87.0
13 Bryce Tesdahl	85.0
15 Seth Haake	77.1
<b>Steals</b>	
3 Seth Haake	2.10
14 Jake Lindstrom	1.44
<b>3-point Field Goal Percent</b>	
8 Seth Haake	48.9
9 Lance Rongstad	47.6
<b>3-point Field Goals Made</b>	
8 Seth Haake	23
<b>Assist/Turnover Ratio</b>	
6 Bryce Tesdahl	2.12
12 Seth Haake	1.24

**BEAVERS' 2009-10 RECORD WHEN...**

<b>MONTH</b>	
Plays in November .....	3-2
Plays in December .....	2-3
Plays in January .....	1-5
Plays in February .....	0-0
Plays in March .....	0-0

<b>DAY OF THE WEEK</b>	
Plays on Sunday .....	0-2
Plays on Monday .....	0-0
Plays on Tuesday .....	0-2
Plays on Wednesday .....	0-0
Plays on Thursday .....	0-0
Plays on Friday .....	2-3
Plays on Saturday .....	4-3

<b>TIME OF DAY</b>	
Plays during the day (Before 6 p.m.) .....	4-4
Plays at night .....	2-6

<b>LOCATION</b>	
Plays at home .....	2-5
Plays on the road .....	2-5
Plays at a neutral site .....	2-0

<b>CONFERENCE</b>	
Record vs. the NSIC .....	3-7
Nonconference opponents .....	3-3
In Region .....	3-7
vs. NAIA or Division III .....	3-1

<b>HALFTIME SCORE</b>	
Leads at half .....	5-4
Trails at half .....	1-6
Tied at half .....	0-0

<b>MARGIN</b>	
Margin is 5 points or less .....	1-3
Margin is 10 points or less .....	1-2
Margin is between 11-20 .....	1-4
Margin is more than 20 .....	3-1

<b>POINTS SCORED</b>	
Scores 59 points or less .....	0-0
Scores 60+ points .....	2-5
Scores 70+ points .....	0-4
Scores 80+ points .....	4-1
Scores 90+ points .....	0-0
Scores 100+ points .....	0-0

<b>SHOOTING</b>	
Shoots 50% or better .....	4-2
Shoots less than 50% .....	2-7
Opponent shoots 50% or less .....	4-6
Shoots better than opponent .....	5-4
Shoots worse than opponent .....	1-6

<b>FREE THROWS</b>	
Has more FTs made than opponent .....	4-5
Has equal FTs made than opponent .....	0-2
Has less FTs made than opponent .....	2-3

<b>REBOUNDING</b>	
More rebounds than opponent .....	5-2
Less rebounds than opponent .....	1-8
Has equal rebounds .....	0-0

<b>TURNOVERS</b>	
Has more TOs than opponent .....	3-5
Has equal or less TOs than opponent .....	3-5

<b>MISCELLANEOUS</b>	
vs. Nationally-ranked opponent .....	1-1
In tournament play .....	3-1
Plays an overtime game .....	1-0
Win the game before .....	2-3
Loses the game before .....	3-7
Makes 5+ 3-point shots .....	6-6
Has 20+ assists .....	3-0
Has a 20-point scorer .....	2-4
Has equal/more bench points .....	4-2
Has less bench points .....	2-8

**DOUBLE-DOUBLES**

Player	Opponent (Date)	Points	Reb.	Assts
Bryce Tesdahl	Winona State (12/12)	20	---	11

**Breakdown:** Tesdahl (1) - **Total:** 1

**30-POINT GAMES**

Player	Opponent (Date)	Points
None		

**Breakdown:** None - **Total:** 0

**20-POINT GAMES**

Player	Opponent (Date)	Points
Patrick Cassidy	MSU Moorhead (12/4)	20
Bryce Tesdahl	Minnesota, Crookston (12/5)	20
Seth Haake	Winona State (12/12)	25
Bryce Tesdahl	Winona State (12/12)	20
Seth Haake	Upper Iowa (12/13)	21
Seth Haake	Northern Michigan (12/29)	27
Seth Haake	Augustana (1/2)	24

**Breakdown:** Cassidy (1), Haake (4), Tesdahl (2) - **Total:** 7

**10-REBOUND GAMES**

Player	Opponent (Date)	Rebounds
Bryce Tesdahl	University of Mary (1/16)	10

**Breakdown:** None - **Total:** 0

**10-ASSIST GAMES**

Player	Opponent (Date)	Assists
Bryce Tesdahl	Winona State (12/12)	11

**Breakdown:** Tesdahl (1) - **Total:** 1

**5-BLOCK GAMES**

Player	Opponent (Date)	Blocks
None		

**Breakdown:** None - **Total:** 0

**5-STEAL GAMES**

Player	Opponent (Date)	Steals
Seth Haake	St. Cloud State (1/9)	5

**Breakdown:** Haake (1) - **Total:** 1

**Bemidji St. (6-10)**  
**Men's Basketball National Ranking Summary**  
**Thru Games 01/17/2010**

[Back to team selections](#)  
Northern Sun - All Teams

Category	Rank	Actual	National Leader	Actual
Won-Lost Percentage (270 ranked)	210	37.5	Arkansas Tech Kutztown Minn. St. Mankato Quincy Southern Ind.	100.0 100.0 100.0 100.0 100.0
Scoring Offense (270 ranked)	134	74.0	Pfeiffer	106.6
Scoring Defense (270 ranked)	185	74.3	Clark Atlanta	49.8
Scoring Margin (270 ranked)	180	-0.3	Southern Ind.	31.2
Field-Goal Percentage (270 ranked)	49	47.9	Quincy	53.0
Field-Goal Percentage Defense (270 ranked)	211	46.2	Lincoln Memorial	34.2
Three-Point Field Goals Per Game (270 ranked)	118	6.5	West Liberty	12.7
Three-Point Field-Goal Percentage (210 ranked)	109	34.9	Quincy	45.5
Three Pt FG Defense (270 ranked)	189	35.5	Clark Atlanta	23.7
Free-Throw Percentage (270 ranked)	7	77.1	Adelphi	78.9
Rebound Margin (270 ranked)	134	1.1	Augusta St.	14.0
Assists Per Game (270 ranked)	82	15.1	West Liberty	22.6
Assist Turnover Ratio (270 ranked)	56	1.09	Augustana (SD)	1.76
Blocked Shots Per Game (270 ranked)	212	2.3	Columbus St.	7.3
Steals Per Game (270 ranked)	207	6.4	Mars Hill	13.3
Turnovers Per Game (270 ranked)	67	13.9	Mary	9.5
Turnover Margin (270 ranked)	163	-0.6	Arkansas Tech	8.7
Personal Fouls Per Game (270 ranked)	184	19.9	Quincy	12.4

Category	Player	Rank	Actual	National Leader	Actual
Points Per Game (500 ranked)	Seth Haake	95	17.4	Gage Daye, Bloomfield	26.8
Field-Goal Percentage (275 ranked)	Seth Haake	75	54.5	Dion Malachi, Mars Hill	70.2
Three-Point Field Goals Per Game (500 ranked)	Seth Haake	168	2.1	Jamar Board, Alderson-Broaddus	5.4
Three-Point Field-Goal Percentage (82 ranked)				Jake Rios, Georgia College	56.4
Free-Throw Percentage (483 ranked)	Bryce Tesdahl Seth Haake	21 149	88.5 79.2	Alex Hall, Drury	94.1
Rebounds Per Game (500 ranked)	Bryce Tesdahl	422	5.3	Lance Smith, Henderson St.	12.9
Assists Per Game (500 ranked)	Bryce Tesdahl Seth Haake	45 365	4.9 2.6	D.J. Ferguson, Flagler	10.4
Blocked Shots Per Game (500 ranked)				Fred Harris, West Virginia St.	4.7
Steals Per Game (500 ranked)	Seth Haake Jake Lindstrom	113 456	1.9 1.3	Danny Sanders, Mars Hill	3.9
Assist Turnover Ratio (262 ranked)	Bryce Tesdahl	77	1.88	Alex Moosmann, CMoSt	5.29

# Bemidji State Player Season/Career Highs

## #2 Seth Haake • Sr. • G • 6-3 • 176 • Eden Prairie, Minn.

Season	Career
<b>Points:</b> 27 at Northern Michigan (12/29)	29 at No. 11 Northern State (1/16/09)
<b>FG made:</b> 10, 2x, at Northern Michigan (12/29)	10, 3x, at Northern Michigan (12/29/09)
<b>FG attempts:</b> 17, 2x, last vs. Wayne State (1/3)	19 at Northern State (1/16/09)
<b>3Pt FG made:</b> 5 at Northern Michigan (12/29)	5 at Northern Michigan (12/29/09)
<b>3Pt FG attempts:</b> 9 at Winona State (12/12)	9 at Winona State (12/12/09)
<b>FT made:</b> 7 vs. Augustana (1/2)	12 vs. Wayne State (2/28/09)
<b>FT attempts:</b> 9 vs. Augustana (1/2)	13 vs. Wayne State (2/28/09)
<b>Rebounds:</b> 8 at Viterbo (11/21)	8, 2x, last time at Viterbo (11/21/09)
<b>Assists:</b> 7, 2x, last vs. University of Mary (1/16)	7, 2x, last vs. University of Mary (1/16/10)
<b>Steals:</b> 5 at St. Cloud State (1/9)	5, 3x, last time at St. Cloud State (1/9/10)
<b>Minutes:</b> 39 at St. Cloud State (1/9)	48 at Northern State (1/16/09)

## #13 Patrick Cassidy • Jr. • F • 6-6 • 209 • St. Paul, Minn.

Season	Career
<b>Points:</b> 20 vs. MSU Moorhead (12/4)	26 vs. Minnesota Duluth (2/25/09)
<b>FG made:</b> 8 vs. MSU Moorhead (12/4)	11, 2x (Last vs. Minnesota Duluth, 2/25/09)
<b>FG attempts:</b> 12, 2x, last vs. MSU Moorhead (12/4)	16 vs. Minnesota Duluth (2/25/09)
<b>3Pt FG made:</b> 1 vs. MSU Moorhead (12/4)	3 at MSU Moorhead, 12/7/07
<b>3Pt FG attempts:</b> 5 vs. MSU Moorhead (12/4)	5 vs. MSU Moorhead (12/4/09)
<b>FT made:</b> 4 at St. Cloud State (1/9)	7 vs. Northern College (11/25/07)
<b>FT attempts:</b> 4, 4x, last at St. Cloud State (1/9)	8 vs. Northern College (11/25/07)
<b>Rebounds:</b> 7 at Viterbo (11/21)	13 vs. Minnesota, Crookston (01/05/08)
<b>Assists:</b> 4 at Northern Michigan (12/29)	4, 3x (Last at Northern Michigan, 12/29/09)
<b>Steals:</b> 2, 2x, last at Concordia University (1/8)	2, 7x (Last vs. College of the Ozarks, 11/20/09)
<b>Blocked Shots:</b> 2, 2x, last at Upper Iowa (12/13)	2, 4x, last at Upper Iowa (12/13/09)
<b>Minutes:</b> 36 at Winona State (12/12)	47 vs. Minnesota Duluth (2/25/09)

## #11 Jake Lindstrom • So. • G • 6-0 • 175 • Cottage Grove, Minn.

Season	Career
<b>Points:</b> 14 at Upper Iowa (12/13)	25 vs. UW-River Falls (12/20/08)
<b>FG made:</b> 5 at Northern Michigan (12/29)	8 vs. UW-River Falls (12/20/08)
<b>FG attempts:</b> 11 at Northern Michigan (12/29)	21 vs. UW-RF (12/20/08)
<b>3Pt FG made:</b> 3 at Northern Michigan (12/29)	3, 5x (Last time at Northern Michigan, 12/29/09)
<b>3Pt FG attempts:</b> 7 at Northern Michigan (12/29)	10 at Dickinson State (1/6/09)
<b>FT made:</b> 4, 3x, last at Concordia University (1/8)	8 at Minnesota Duluth (2/25/09)
<b>FT attempts:</b> 4, 5x, last at Concordia University (1/8)	10 at Concordia University (1/9/09)
<b>Rebounds:</b> 6 vs. Minnesota, Crookston (12/5)	7 at Dickinson State (1/6/09)
<b>Assists:</b> 6 at Upper Iowa (12/13)	6 at Upper Iowa (12/13/09)
<b>Steals:</b> 4 vs. Minnesota, Crookston (12/5)	4 vs. Minnesota, Crookston (12/5)
<b>Blocked Shots:</b> 1 at Concordia University (1/8)	1, 7x, last at Concordia University (1/8)
<b>Minutes:</b> 34 at Upper Iowa (12/13)	47 at Dickinson State (1/6/09)

## #32 Bryce Tesdahl • So. • G • 6-3 • 195 • Crosby, Minn.

Season	Career
<b>Points:</b> 20, 2x at Winona State (12/12)	20, 2x at Winona State (12/12/09)
<b>FG made:</b> 6 vs. Minnesota, Crookston (12/5)	6, 2x, last vs. Minnesota, Crookston (12/5/09)
<b>FG attempts:</b> 11 at Winona State (12/12)	11, 2x, last at Winona State (12/12/09)
<b>3Pt FG made:</b> 3 at Northern Michigan (12/29)	3 at Northern Michigan (12/29/09)
<b>3Pt FG attempts:</b> 6 at Northern Michigan (12/29)	6 at Northern Michigan (12/29)
<b>FT made:</b> 10 vs. College of Ozarks (11/20)	10 vs. College of Ozarks (11/20)
<b>FT attempts:</b> 10 at Winona State (12/12)	10, 2x, last at Winona State (12/12/09)
<b>Rebounds:</b> 10 vs. University of Mary (1/16)	10 vs. University of Mary (1/16/10)
<b>Assists:</b> 11 at Winona State (12/12)	11 at Winona State (12/12/09)
<b>Steals:</b> 3 vs. Jamestown (11/24)	5 at Dickinson State (1/6/09)
<b>Blocked Shots:</b> 1, 2x, last vs. Northern State (1/15)	1, 6x, last vs. Northern State (1/15/10)
<b>Minutes:</b> 43 at Winona State (12/12)	43, 2x, at Winona State (12/12/09)

## #50 David Berthene • Fr. • F 6-9 • 185 • Lakeville, Minn.

<b>Points:</b> 17 vs. Minnesota, Crookston (12/5)
<b>FG made:</b> 7 vs. Minnesota, Crookston (12/5)
<b>FG attempts:</b> 11 vs. Minnesota, Crookston (12/5)
<b>3Pt FG made:</b> 3 vs. Minnesota, Crookston (12/5)
<b>3Pt FG attempts:</b> 5, 2x, last vs. Minnesota, Crookston (12/5)
<b>FT made:</b> 4 vs. University of Mary (1/16)
<b>FT attempts:</b> 4 vs. University of Mary (1/16)
<b>Rebounds:</b> 3 vs. Purdue North Central (11/27)
<b>Assists:</b> 3 vs. MSU Moorhead (12/4)
<b>Steals:</b> 1 at Viterbo (11/21)
<b>Blocked Shots:</b> 1, 4x, last at Concordia University (1/8)
<b>Minutes:</b> 31 vs. Minnesota, Crookston (12/5)

## #12 Jon Krebs • Fr. • G 6-5 • 184 • Mahtomedi, Minn.

<b>Points:</b> 2, 2x, last at Concordia University (1/8)
<b>FG made:</b> 1 at Viterbo (11/21)
<b>FG attempts:</b> 6 at Concordia University (1/8)
<b>3Pt FG made:</b> none
<b>3Pt FG attempts:</b> 3 at Concordia University (1/8)
<b>FT made:</b> 2 at Concordia University (1/8)
<b>FT attempts:</b> 2 at Concordia University (1/8)
<b>Rebounds:</b> 8 at Concordia University (1/8)
<b>Assists:</b> 1 at Concordia University (1/8)
<b>Steals:</b> none
<b>Blocked Shots:</b> none
<b>Minutes:</b> 9 at Concordia University (1/8)

## #15 Burke Lendl • Fr. • F 6-7 • 188 • St. Michael, Minn.

<b>Points:</b> 5, 2x, last at Upper Iowa (12/13)
<b>FG made:</b> 2, 2x, at Upper Iowa (12/13)
<b>FG attempts:</b> 2, 2x, at Upper Iowa (12/13)
<b>3Pt FG made:</b> 1, 4x, at Northern Michigan (12/29)
<b>3Pt FG attempts:</b> 2 at Upper Iowa (12/13)
<b>FT made:</b> 2, 2x, last vs. University of Mary (1/16)
<b>FT attempts:</b> 2, 4x, last vs. University of Mary (1/16)
<b>Rebounds:</b> 3, 4x, last vs. University of Mary (1/16)
<b>Assists:</b> 1, 2x, last at St. Cloud State (1/9)
<b>Steals:</b> 1 at Concordia University (1/8)
<b>Blocked Shots:</b> 1, 3x, last at Concordia University (1/8)
<b>Minutes:</b> 21 at Concordia University (1/8)

## #3 Lance Rongstad • Fr. • G 6-3 • 200 • Eleva, Wis.

<b>Points:</b> 19 at Winona State (12/12)
<b>FG made:</b> 8 at Winona State (12/12)
<b>FG attempts:</b> 15 at Winona State (12/12)
<b>3Pt FG made:</b> 3 at Winona State (12/12)
<b>3Pt FG attempts:</b> 3 at Winona State (12/12)
<b>FT made:</b> 6 vs. Augustana (1/2)
<b>FT attempts:</b> 9 vs. Augustana (1/2)
<b>Rebounds:</b> 9 at Winona State (12/12)
<b>Assists:</b> 5 at Winona State (12/12)
<b>Steals:</b> 3 vs. Northern State (1/15)
<b>Blocked Shots:</b> 1, 5x, last vs. University of Mary (1/16)
<b>Minutes:</b> 42 at Winona State (12/12)

## #25 Noah Shepherd • Fr. • G 6-2 • 167 • Minneapolis, Minn.

<b>Points:</b> 11 at Concordia University (1/8)
<b>FG made:</b> 5 at Concordia University (1/8)
<b>FG attempts:</b> 8 at Concordia University (1/8)
<b>3Pt FG made:</b> 2 vs. Purdue North Central (11/27)
<b>3Pt FG attempts:</b> 2, 3x, last at St. Cloud State (1/9)
<b>FT made:</b> 2 vs. Minnesota, Crookston (12/5)
<b>FT attempts:</b> 2, 6x, last at St. Cloud State (1/9)
<b>Rebounds:</b> 3 vs. Minnesota, Crookston (12/5)
<b>Assists:</b> 2, 3x, last at St. Cloud State (1/9)
<b>Steals:</b> 1, 2x (Last at Concordia University, 1/8)
<b>Blocked Shots:</b> none
<b>Minutes:</b> 15 at Upper Iowa (12/13)

## #34 Mason Walters • Fr. • G/F 6-7 • 200 • Milton, Wis.

<b>Points:</b> 14 vs. Purdue North Central (11/28)
<b>FG made:</b> 4, 2x, last at Concordia University (1/8)
<b>FG attempts:</b> 8 vs. Wayne State (1/3)
<b>3Pt FG made:</b> 2 vs. Wayne State (1/3)
<b>3Pt FG attempts:</b> 4 vs. Wayne State (1/3)
<b>FT made:</b> 8 at Purdue North Central (11/27)
<b>FT attempts:</b> 8 at Purdue North Central (11/27)
<b>Rebounds:</b> 7 at St. Cloud State (1/9)
<b>Assists:</b> 1, 3x vs. Northern Michigan (12/29)
<b>Steals:</b> 1 vs. Wayne State (1/3)
<b>Blocked Shots:</b> 1 at Upper Iowa (12/13)
<b>Minutes:</b> 25 at St. Cloud State (1/9)



**Preseason NABC Division II Coaches Poll  
(As of 1/19/2010)**

<i>Rk</i>	<i>School</i>	<i>W-L</i>	<i>Points</i>	<i>Prev</i>
1	Arkansas Tech (7)	16-0	199	2
2	Kutztown	14-0	188	3
<b>3</b>	<b><i>Minn. St. Mankato</i></b>	<b><i>16-0</i></b>	<b><i>184</i></b>	<b><i>4</i></b>
4	Southern Ind.	16-0	177	5
5	Fort Hays St. (1)	15-1	169	6
6	Augusta St.	14-1	158	1
7	Central Mo.	15-1	155	8
8	Valdosta St.	16-2	144	11
9	Indiana (Pa.)	13-1	136	12
10	Quincy	15-0	129	14
11	Midwestern St.	14-1	117	7
12	Seattle Pacific	12-2	109	15
13	Ky. Wesleyan	17-2	98	10
14	Bentley	14-2	96	17
15	Western Wash.	16-2	92	19
16	Fla. Southern	14-2	82	9
17	Mesa St.	13-1	70	21
18	Montevallo	13-1	58	13
19	Drury	13-3	56	22
20	Rollins	12-3	47	23
21	West Virginia St.	11-1	36	25
22	Metro St.	13-2	23	NR
<b>23</b>	<b><i>Augustana (S.D.)</i></b>	<b><i>14-2</i></b>	<b><i>20</i></b>	<b><i>18</i></b>
24	Southwest Baptist	15-4	19	16
25	East Stroudsburg	14-1	13	24

**OTHERS RECEIVING VOTES:** Findlay (OH) 11, Stonehill (MA) 6, Georgia College & State 4, Merrimack (MA) 2, Clark Atlanta (GA) 1, Delta State (MS) 1.

**DROPPED OUT:** No. 20 Cal Poly Pomona.

*Bold Italics - NSIC member*

**Division II Bulletin  
Preseason Top 25**

<b>Rk-Team</b>
1-Brigham Young-Hawaii
2-Findlay
3-Southwest Baptist
4-Cal Poly-Pomona
5-Bellarmino
6-Tusculum
7-Merrimack
8-Augusta State
9-Florida Southern
10-Bentley
11-Valdosta State
<b><i>12-Southwest Minnesota</i></b>
13-Metropolitan State
14-Central Missouri
<b><i>15-Winona State</i></b>
16-Kutztown
17-Central Oklahoma
18-Grand Valley State
19-Philadelphia
20-Northern Kentucky
21-Delta State
22-Rollins
23-Johnson C. Smith
24-West Virginia State
25-Incarnate Word

**Others to watch:** Barton, Cal State-San Bernardino, Catawba, Christian Brothers, Claffin, Dallas Baptist, Fort Hays State, Gannon, Massachusetts-Lowell, New Mexico Highlands, Seattle Pacific, Southern Indiana, Tarleton State, South Carolina-Aiken, Virginia Union

*Italics - NSIC member*

**Northern Sun Standings  
(As of Jan. 12)**

<b>Team</b>	<b>NSIC</b>	<b>All</b>
1 Minnesota State	9-0	16-0
2 Augustana	7-2	14-2
St. Cloud State	7-2	13-3
4 Winona State	6-4	12-5
5 Mary	5-4	9-7
Concordia University	5-4	8-8
Wayne State (Neb.)	5-4	8-8
8 Southwest MSU	4-5	9-6
9 Minnesota Duluth	4-6	7-10
Upper Iowa	4-6	7-10
11 Northern State	3-6	7-9
MSU Moorhead	3-6	6-10
<b>13 Bemidji State</b>	<b>3-7</b>	<b>6-10</b>
14 Minnesota, Crookston	0-9	3-12

**2009-10 NSIC MBB Coaches  
Preseason Poll**

<b>No.</b>	<b>Team (First Place)</b>	<b>Points</b>
1.	St. Cloud State (3)	171
2.	Winona State (6)	169
3.	Minnesota State (2)	164
4.	SMSU (2)	143
5.	Augustana	136
6.	Concordia-St. Paul	117
7.	Northern State	113
8.	Minnesota Duluth	97
<b>9.</b>	<b>Bemidji State</b>	<b>89</b>
10.	Wayne State	65
11.	MSU Moorhead	60
12.	Upper Iowa	59
13.	University of Mary	45
14.	Minnesota, Crookston	28

# MATT BOWEN

## HEAD COACH - FOURTH SEASON

**Matt Bowen** became the 19th head men's basketball coach at Bemidji State University June 30, 2006. He enters his fourth season as head coach at Bemidji State after spending 15 years as an assistant coach at the Division I level. The River Falls, Wis. native has improved the Beavers' record in each season. Last season, BSU went 8-19 overall and 6-14 in the Northern Sun Intercollegiate Conference, finishing tied for 10th. Bowen guided his team to a 6-21 overall record and a 3-15 record in the NSIC for a ninth place finish in 2007-08 and was 5-23 overall and 5-13 in the NSIC in 2006-07. Bowen and his staff are still in the rebuilding stages as he was met with the challenge of repairing a team that went 15-13 overall and 9-5 in the NSIC that was dismantled at the conclusion of the 2005-06 season. Bowen inherited a team that carried over just three players from the 2005-06 squad. In the process of rebuilding there are bumps along the road, but the Beavers are making strides in the right direction, defeating back-to-back nationally ranked opponents during a four-game winning streak last season (Jan. 6-16). BSU beat No. 24 St. Cloud State University at home, 69-66, and then traveled to No. 11 Northern State University and won a two overtime thriller 100-93. In the process of rebuilding, Bowen and his staff have recruited and brought in some of the best talent from around the state of Minnesota to help put the pieces of the BSU men's basketball program back together.

Bowen comes to BSU after spending the past 15 years molding his coaching style after some of NCAA Division I men's basketball's greatest coaching legends. He was a student manager for Bob Knight at Indiana University and served as an assistant coach under both Gene Bartow at the University of Alabama at Birmingham and most recently, Homer Drew at Valparaiso University. Bowen's trio of mentors have combined for nearly 2,100 career wins and 105 years of head coaching experience.

Although the BSU head coaching assignment is the first of its kind for Bowen, he welcomes the opportunity to take the reigns and guide a program for himself.

During his four years under Drew at Valpo, Bowen helped to lead the Crusaders to an overall record of 70-52 (.574) with a 41-21 (.661) mark versus Mid-Continent Conference competition. In 2003, his first season at the university, the team was 20-11 overall and 12-2 in the league as it grabbed the front end of back-to-back conference titles. The Valpo men capped the year off with a trip to the National Invitational Tournament (NIT). The following season, the Crusaders went 18-13 overall with an 11-5 mark versus the league to earn their second league crown and a berth into the NCAA Tournament.

In addition to game day and practice duties, Bowen was responsible for organizing all recruiting efforts, summer youth camps, game preparation and scouting and being the team's academic coordinator.

As a recruiter, Bowen was responsible for signing the No. 1 incoming class in the Mid-Continent Conference and one of the Top-100 nationally according to last spring's HoopScoop and Dave Telep recruiting publications. Bowen's ties to the Midwest, specifically Minnesota, were evident in the class as it was headlined by Mr. Basketball Minnesota Finalist and Tartan High School graduate Urule Igbavboa.

Bowen began his collegiate coaching ventures in 1995 when he was hired as an assistant coach at Alabama-Birmingham. In seven seasons at UAB, the Blazers captured a Conference USA National Division Championship (1999), went to the NCAA Tournament (1999) and were twice invited to participate in the NIT (1997, 1998).

The River Falls, Wis. native and son of long-time NCAA Division III head men's basketball coach at the University of Wisconsin-River Falls, Bowen has been around basketball all of his life. But he first acquired a taste of his own for collegiate basketball as the student manager for Knight's Indiana Hoosiers (1990-1995). While serving under coach Knight, Bowen was a part of two Big Ten titles (1991, 1993) and four NCAA Tournament appearances, twice advancing to the Elite Eight (1992-1993) and earning a spot in the Final Four in 1992.

He joins a long list of former Indiana managers who have gone on to make a name for themselves in coaching, most notably New Jersey Nets Head Coach Lawrence Frank, a manager at IU from 1989 to 1992. While at Indiana, Bowen also worked directly with George David, now the Director of Scouting for the Detroit Pistons and Ryan Carr, a scout for the Indiana Pacers. In addition, Bowen's father, Rick, got his feet wet as a Hoosier student manager under Branch McCracken in the 1960s.

Bowen is a 1995 graduate of Indiana with a Bachelor of Science degree in Health, Physical Education and Recreation (HPER). He picked up a Master of Arts degree in education during his time at UAB, graduating in 1999.

Bowen and his wife Ashli have a seven-year-old daughter McKenzie and a two-year-old daughter Addison.



### BOWEN'S BSU TEAM VERSUS...

Alaska-Anchorage	0-2
Augustana (S.D.)	0-3
College of the Ozarks	1-0
Concordia University-St. Paul	1-6
Dickinson State	2-0
Jamestown	1-1
Mary (N.D.)	1-5
Minnesota, Crookston	6-1
Minnesota Duluth	0-4
MSU Moorhead	1-6
Minnesota State	0-2
Nebraska-Omaha	0-1
North Dakota	0-4
Northern State	1-6
Northland College (Wis.)	1-0
Puget Sound	0-1
Purdue North Central	1-0
SW Minnesota State	0-6
St. Cloud State	1-4
UW-River Falls	0-1
Upper Iowa	3-3
Viterbo University	1-0
Wayne State (Neb.)	2-5
Winona State	0-6
Wisconsin-Parkside	0-1
Wisconsin-Stout	0-1
Wisconsin-Superior	1-1

### BOWEN'S EXHIBITION RECORD...

Indiana	0-1
Minnesota	0-1
North Dakota	0-1
North Dakota State	0-1
Northern Iowa	0-1
Wisconsin	0-1
UW-River Falls	1-0

### BOWEN'S MILESTONES AT BSU...

First game: Minnesota Duluth (11/15/06)  
 First Win: at Minnesota, Crookston (1/6/07)  
 First NSIC Win: at Minnesota, Crookston (1/6/07)  
 First overtime win: vs. Minnesota, Crookston (1/5/08)  
 First 100-point game: at No. 11 Northern State W, 100-93 2OT (Jan. 16)

### THE BOWEN FILE

YEAR	SCHOOL	ASSIGNMENT	RECORDS/NOTABLE TEAM ACHIEVEMENTS
1990-91	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT
1991-92	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT, FINAL FOUR
1992-93	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT, ELITE EIGHT
1993-94	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT
1994-95	INDIANA	STUDENT MANAGER	
1995-96	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
1996-97	ALABAMA BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1997-98	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1998-99	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NCAA TOURNAMENT, CONFERENCE USA DIVISION CHAMPS
1999-00	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2000-01	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2001-02	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2002-03	VALPARAISO	ASSISTANT COACH	NIT PARTICIPANT, MID-CONTINENT CONFERENCE CHAMPS
2003-04	VALPARAISO	ASSISTANT COACH	NCAA TOURNAMENT, MID-CONTINENT CONFERENCE CHAMPS
2004-05	VALPARAISO	ASSISTANT COACH	
2005-06	VALPARAISO	ASSISTANT COACH	
2006-07	BEMIDJI STATE	HEAD COACH	5-23/5-13 NSIC, NSIC TOURNAMENT
2007-08	BEMIDJI STATE	HEAD COACH	6-21/3-15 NSIC
2008-09	BEMIDJI STATE	HEAD COACH	8-19/6-14 NSIC
2009-10	BEMIDJI STATE	HEAD COACH	6-10/3-7 NSIC

# 2009-10 NUMERICAL AND ALPHABETICAL ROSTERS

## NUMERICAL

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
2	Seth Haake	G	6-3	176	Sr.	Eden Prairie, Minn. (Eden Prairie HS)
3	Lance Rongstad	G	6-3	200	Fr.	Eleva, Wis. (Eleva-Strum HS)
4	Brady Fairbanks	G/F	6-5	189	Jr.	Bena, Minn. (Cass Lake-Bena HS)
11	Jake Lindstrom	G	6-0	175	So.	Cottage Grove, Minn. (Park HS)
12	Jon Krebs	G	6-5	184	Fr.	Mahtomedi, Minn. (Mahtomedi HS)
13	Patrick Cassidy	F	6-6	209	Jr.	St. Paul, Minn. (St. Bernard's HS)
15	Burke Lendl	F	6-7	188	Fr.	St. Michael, Minn. (Rogers HS)
25	Noah Shepherd	G	6-2	167	Fr.	Minneapolis, Minn. (Washburn HS)
32	Bryce Tesdahl	G/F	6-3	195	So.	Crosby, Minn. (Crosby-Ironton HS)
34	Mason Walters	G/F	6-7	200	Fr.	Milton, Wis. (Milton HS)
41	Sergej Baskow	F/C	6-8	209	R-Jr.	Ludwigsburg, Germany
50	David Berthene	F	6-9	185	Fr.	Lakeville, Minn. (Lakeville North HS)

## ALPHABETICAL

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
41	Sergej Baskow	F/C	6-8	209	R-Jr.	Ludwigsburg, Germany
50	David Berthene	F	6-9	185	Fr.	Lakeville, Minn. (Lakeville North HS)
13	Patrick Cassidy	F	6-6	209	Jr.	St. Paul, Minn. (St. Bernard's HS)
4	Brady Fairbanks	G/F	6-5	189	Jr.	Bena, Minn. (Cass Lake-Bena HS)
2	Seth Haake	G	6-3	176	Sr.	Eden Prairie, Minn. (Eden Prairie HS)
12	Jon Krebs	G	6-5	184	Fr.	Mahtomedi, Minn. (Mahtomedi HS)
15	Burke Lendl	F	6-7	188	Fr.	St. Michael, Minn. (Rogers HS)
11	Jake Lindstrom	G	6-0	175	So.	Cottage Grove, Minn. (Park HS)
3	Lance Rongstad	G	6-3	200	Fr.	Eleva, Wis. (Eleva-Strum HS)
25	Noah Shepherd	G	6-2	167	Fr.	Minneapolis, Minn. (Wash)
32	Bryce Tesdahl	G/F	6-3	195	So.	Crosby, Minn. (Crosby-Ironton HS)
34	Mason Walters	G/F	6-7	200	Fr.	Milton, Wis. (Milton HS)

## COACHING STAFF

**Head Coach:** Matt Bowen (Indiana '95), fourth season

**Assistant Coach:** Jeremy Tiers (Lakehead University '98), fourth season

**Graduate Assistant Coach:** Ryan Montgomery (Hamline University '06), second season

**Athletic Trainer:** Travis Shock, second season

**Support Staff:** Reid Nichols, third season

Michael Gelle, third season

Trent Fisher, second season

Dax Larson, Athletic Media Relations

## PONUNCIATION GUIDE

SERGEJ BASKOW	SURGE-a BAS-cow
Seth HAAKE	HAY-key
David BERTHENE	Birth-EEen

## By Class

SENIORS (1)

Haake

JUNIORS (4)

Baskow, Cassidy, Fairbanks,

Wruck

SOPHOMORES (2)

Lindstrom, Tesdahl

FRESHMEN (6)

Berthene, Krebs, Lendl, Rong-

stad, Shepherd, Walters

## By State/Country

GERMANY (1)

Baskow (Ludwigsburg)

UNITED STATES (13)

MINNESOTA (11)

Berthene (Lakeville)

Cassidy (St. Paul)

Fairbanks (Bena)

Haake (Eden Prairie)

Krebs (Mahtomedi)

Lendl (St. Michael)

Lindstrom (Cottage Grove)

Shepherd (Minneapolis)

Tesdahl (Crosby)

Wruck (St. Cloud)

WISCONSIN (2)

Rongstad (Eleva)

Walters (Milton)

## By Height

David Berthene 6-9

Sergej Baskow 6-8

Burke Lendl 6-7

Mason Walters 6-7

Patrick Cassidy 6-6

Brady Fairbanks 6-5

Jon Krebs 6-5

Tyler Wruck 6-4

Seth Haake 6-3

Lance Rongstad 6-3

Bryce Tesdahl 6-3

Noah Shepherd 6-2

Jake Lindstrom 6-0

## By Position

GUARDS (5)

Haake, Krebs, Lindstrom,

Rongstad, Shepherd

GUARD/FORWARDS (4)

Fairbanks, Tesdahl, Walters,

Wruck

FORWARDS (3)

Berthene, Cassidy, Lendl

FORWARD/CENTERS (1)

Baskow

**Bemidji State University**  
**Bemidji State Combined Team Statistics (as of Jan 20, 2010)**  
**All games**

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
<b>ALL GAMES</b> .....	<b>(6-10)</b>	<b>(2-5)</b>	<b>(3-5)</b>	<b>(1-0)</b>
<b>CONFERENCE</b> .....	<b>(3-7)</b>	<b>(2-4)</b>	<b>(1-3)</b>	<b>(0-0)</b>
<b>NON-CONFERENCE</b> .....	<b>(3-3)</b>	<b>(0-1)</b>	<b>(2-2)</b>	<b>(1-0)</b>

## Player	GP-GS	---TOTAL---		---3-PTS---		----REBOUNDS----										Pts	Avg				
		Min--Avg	FG-FGA	Pct	3FG-FGA	Pct	FT-FTA	Pct	Off	Def	Tot	Avg	PF	FO	A			TO	Blk	Stl	
02 Haake, Seth.....	16-16	505	31.6	102-187	.545	33-71	.465	42-53	.792	20	51	71	4.4	49	2	42	37	5	30	279	17.4
04 Fairbanks, Brady...	5-5	143	28.6	20-42	.476	2-16	.125	13-19	.684	4	17	21	4.2	5	0	10	15	2	4	55	11.0
32 Tesdahl, Bryce.....	16-16	531	33.2	49-102	.480	13-35	.371	54-61	.885	5	79	84	5.3	38	0	79	42	2	12	165	10.3
03 Rongstad, Lance....	15-9	350	23.3	56-111	.505	11-28	.393	31-41	.756	21	43	64	4.3	45	1	25	25	5	13	154	10.3
13 Cassidy, Patrick...	16-16	429	26.8	56-112	.500	5-23	.217	25-31	.806	14	42	56	3.5	37	3	22	25	6	8	142	8.9
11 Lindstrom, Jake....	15-7	360	24.0	35-99	.354	13-51	.255	25-28	.893	6	30	36	2.4	40	2	27	15	1	19	108	7.2
01 Johnson, Jimmy.....	5-5	98	19.6	14-22	.636	0-0	.000	7-16	.438	4	14	18	3.6	15	0	7	12	5	3	35	7.0
24 Wruck, Tyler.....	5-0	83	16.6	8-16	.500	3-6	.500	8-11	.727	4	9	13	2.6	12	1	2	7	1	5	27	5.4
50 Berthene, David....	16-2	235	14.7	30-62	.484	13-32	.406	8-10	.800	6	9	15	0.9	17	0	9	6	4	1	81	5.1
34 Walters, Mason.....	13-3	148	11.4	18-42	.429	5-12	.417	20-27	.741	7	23	30	2.3	21	0	3	7	1	1	61	4.7
25 Shepherd, Noah.....	14-0	98	7.0	13-25	.520	2-10	.200	6-12	.500	5	7	12	0.9	8	0	11	10	0	2	34	2.4
41 Baskow, Sergej.....	5-0	60	12.0	3-12	.250	0-1	.000	5-8	.625	6	8	14	2.8	14	1	2	8	1	3	11	2.2
15 Lendl, Burke.....	13-1	158	12.2	9-24	.375	4-9	.444	6-8	.750	5	16	21	1.6	13	0	2	7	3	1	28	2.2
12 Krebs, Jon.....	8-0	27	3.4	1-9	.111	0-4	.000	2-2	1.000	3	8	11	1.4	5	0	1	4	0	0	4	0.5
TEAM.....										29	29	58	3.6	0		2					
-----																					
Total.....	16	3225		414-865	.479	104-298	.349	252-327	.771	139	385	524	32.8	319	10	242	222	36	102	1184	74.0
Opponents.....	16	3225		415-898	.462	116-327	.355	243-335	.725	151	355	506	31.6	295	3	221	213	43	111	1189	74.3

TEAM STATISTICS	BSUMBB	OPP	DATE	OPPONENT	W/L	SCORE	ATTEND
SCORING.....	1184	1189	11/20/09	vs College of the Ozarks, MO	W	60-54	147
Points per game.....	74.0	74.3	11/21/09	at Viterbo University, Wis.	W	69-44	225
Scoring margin.....	-0.3	-	11/24/09	JAMESTOWN	L	69-72	798
FIELD GOALS-ATT.....	414-865	415-898	11-27-09	at Purdue North Central	W	88-60	145
Field goal pct.....	.479	.462	11-28-09	at Wisconsin-Parkside	L	65-78	518
3 POINT FG-ATT.....	104-298	116-327	*12/04/09	MSUMMBB	L	71-73	1021
3-point FG pct.....	.349	.355	*12/05/09	UMCMBB	W	89-72	855
3-pt FG made per game..	6.5	7.3	*12/12/09	at Winona State	W OT	88-87	1186
FREE THROWS-ATT.....	252-327	243-335	*12/13/09	at Upper Iowa	L	80-91	367
Free throw pct.....	.771	.725	12/29/09	at Northern Michigan	L	75-84	390
REBOUNDS.....	524	506	*01/02/10	AUGIEMBB	L	73-80	826
Rebounds per game.....	32.8	31.6	*01/03/10	WSCMBB	L	66-78	761
Rebounding margin.....	+1.1	-	*01/08/10	at Concordia University, St. Paul	L	76-110	600
ASSISTS.....	242	221	*01/09/10	at St. Cloud State University	L	69-80	3591
Assists per game.....	15.1	13.8	*01/15/10	NSU	L	65-67	732
TURNOVERS.....	222	213	*01/16/10	MARYMEN	W	81-59	927
Turnovers per game.....	13.9	13.3					
Turnover margin.....	-0.6	-					
Assist/turnover ratio..	1.1	1.0					
STEALS.....	102	111					
Steals per game.....	6.4	6.9					
BLOCKS.....	36	43					
Blocks per game.....	2.3	2.7					
WINNING STREAK.....	1	-					
Home win streak.....	1	-					
ATTENDANCE.....	5920	7169					
Home games-Avg/Game....	7-846	8-878					
Neutral site-Avg/Game..	-	1-147					

SCORE BY PERIODS:	1st	2nd	OT	Total
Bemidji State.....	566	604	14	- 1184
Opponents.....	542	634	13	- 1189



**Bemidji State University**  
**Bemidji State Overall/Conference Statistics (as of Jan 20, 2010)**  
**All games**

SUMMARY	OVERALL STATISTICS										CONFERENCE STATISTICS										
	GP-GS	Min/G	FG%	3PT%	FT%	R/G	A/G	STL	BLK	PTS/G	GP-GS	Min/G	FG%	3PT%	FT%	R/G	A/G	STL	BLK	PTS/G	
Haake, Seth.....	16-16	31.6	.545	.465	.792	4.4	2.6	30	5	17.4	10-10	35.5	.530	.489	.771	4.6	3.1	21	5	19.0	
Fairbanks, Brady....	5-5	28.6	.476	.125	.684	4.2	2.0	4	2	11.0											
Tesdahl, Bryce.....	16-16	33.2	.480	.371	.885	5.3	4.9	12	2	10.3	10-10	33.6	.493	.400	.850	6.2	5.5	6	2	11.6	
Rongstad, Lance.....	15-9	23.3	.505	.393	.756	4.3	1.7	13	5	10.3	10-8	28.8	.552	.476	.727	4.7	2.1	10	5	13.0	
Cassidy, Patrick....	16-16	26.8	.500	.217	.806	3.5	1.4	8	6	8.9	10-10	27.6	.472	.176	.870	3.4	1.6	5	5	9.1	
Lindstrom, Jake.....	15-7	24.0	.354	.255	.893	2.4	1.8	19	1	7.2	9-6	26.2	.361	.259	.909	2.8	2.4	13	1	7.9	
Johnson, Jimmy.....	5-5	19.6	.636	.000	.438	3.6	1.4	3	5	7.0											
Wruck, Tyler.....	5-0	16.6	.500	.500	.727	2.6	0.4	5	1	5.4											
Berthene, David.....	16-2	14.7	.484	.406	.800	0.9	0.6	1	4	5.1	10-2	18.6	.490	.400	1.000	1.1	0.7	0	2	6.6	
Walters, Mason.....	13-3	11.4	.429	.417	.741	2.3	0.2	1	1	4.7	10-3	12.7	.455	.500	.647	2.5	0.0	1	1	4.6	
Shepherd, Noah.....	14-0	7.0	.520	.200	.500	0.9	0.8	2	0	2.4	10-0	7.7	.476	.000	.500	1.0	0.8	2	0	2.4	
Baskow, Sergej.....	5-0	12.0	.250	.000	.625	2.8	0.4	3	1	2.2											
Lendl, Burke.....	13-1	12.2	.375	.444	.750	1.6	0.2	1	3	2.2	10-1	13.0	.368	.333	.750	1.8	0.2	1	2	2.2	
Krebs, Jon.....	8-0	3.4	.111	.000	1.000	1.4	0.1	0	0	0.5	5-0	2.8	.000	.000	1.000	1.8	0.2	0	0	0.4	
Total.....	16		.479	.349	.771	32.8	15.1	102	36	74.0	10		.481	.370	.796	32.2	16.3	59	23	75.8	
Opponents.....	16		.462	.355	.725	31.6	13.8	111	43	74.3	10		.486	.375	.735	32.1	16.3	70	32	79.7	

SCORING	OVERALL STATISTICS										CONFERENCE STATISTICS									
	FG-FGA	FG%	3FG-FGA	3PT%	FT-FTA	FT%	PTS	PTS/G	FG-FGA	FG%	3FG-FGA	3PT%	FT-FTA	FT%	PTS	PTS/G				
Haake, Seth.....	102-187	.545	33-71	.465	42-53	.792	279	17.4	70-132	.530	23-47	.489	27-35	.771	190	19.0				
Fairbanks, Brady....	20-42	.476	2-16	.125	13-19	.684	55	11.0												
Tesdahl, Bryce.....	49-102	.480	13-35	.371	54-61	.885	165	10.3	37-75	.493	8-20	.400	34-40	.850	116	11.6				
Rongstad, Lance.....	56-111	.505	11-28	.393	31-41	.756	154	10.3	48-87	.552	10-21	.476	24-33	.727	130	13.0				
Cassidy, Patrick....	56-112	.500	5-23	.217	25-31	.806	142	8.9	34-72	.472	3-17	.176	20-23	.870	91	9.1				
Lindstrom, Jake.....	35-99	.354	13-51	.255	25-28	.893	108	7.2	22-61	.361	7-27	.259	20-22	.909	71	7.9				
Johnson, Jimmy.....	14-22	.636	0-0	.000	7-16	.438	35	7.0												
Wruck, Tyler.....	8-16	.500	3-6	.500	8-11	.727	27	5.4												
Berthene, David.....	30-62	.484	13-32	.406	8-10	.800	81	5.1	24-49	.490	10-25	.400	8-8	1.000	66	6.6				
Walters, Mason.....	18-42	.429	5-12	.417	20-27	.741	61	4.7	15-33	.455	5-10	.500	11-17	.647	46	4.6				
Shepherd, Noah.....	13-25	.520	2-10	.200	6-12	.500	34	2.4	10-21	.476	0-8	.000	4-8	.500	24	2.4				
Baskow, Sergej.....	3-12	.250	0-1	.000	5-8	.625	11	2.2												
Lendl, Burke.....	9-24	.375	4-9	.444	6-8	.750	28	2.2	7-19	.368	2-6	.333	6-8	.750	22	2.2				
Krebs, Jon.....	1-9	.111	0-4	.000	2-2	1.000	4	0.5	0-6	.000	0-3	.000	2-2	1.000	2	0.4				
Total.....	414-865	.479	104-298	.349	252-327	.771	1184	74.0	267-555	.481	68-184	.370	156-196	.796	758	75.8				
Opponents.....	415-898	.462	116-327	.355	243-335	.725	1189	74.3	283-582	.486	87-232	.375	144-196	.735	797	79.7				

TOTALS	OVERALL STATISTICS										CONFERENCE STATISTICS									
	O-REB	D-REB	TOTAL	PF	FO	A	TO	A/TO	Hi	Pts	O-REB	D-REB	TOTAL	PF	FO	A	TO	A/TO	Hi	Pts
Haake, Seth.....	20	51	71	49	2	42	37	1.1	27		14	32	46	27	0	31	25	1.2	25	
Fairbanks, Brady....	4	17	21	5	0	10	15	0.7	18											
Tesdahl, Bryce.....	5	79	84	38	0	79	42	1.9	20		5	57	62	24	0	55	26	2.1	20	
Rongstad, Lance.....	21	43	64	45	1	25	25	1.0	19		16	31	47	32	0	21	23	0.9	19	
Cassidy, Patrick....	14	42	56	37	3	22	25	0.9	20		8	26	34	28	3	16	16	1.0	20	
Lindstrom, Jake.....	6	30	36	40	2	27	15	1.8	14		4	21	25	25	0	22	9	2.4	14	
Johnson, Jimmy.....	4	14	18	15	0	7	12	0.6	17											
Wruck, Tyler.....	4	9	13	12	1	2	7	0.3	8											
Berthene, David.....	6	9	15	17	0	9	6	1.5	17		5	6	11	13	0	7	5	1.4	17	
Walters, Mason.....	7	23	30	21	0	3	7	0.4	14		7	18	25	18	0	0	5	0.0	11	
Shepherd, Noah.....	5	7	12	8	0	11	10	1.1	11		5	5	10	4	0	8	4	2.0	11	
Baskow, Sergej.....	6	8	14	14	1	2	8	0.3	4											
Lendl, Burke.....	5	16	21	13	0	2	7	0.3	5		4	14	18	11	0	2	4	0.5	5	
Krebs, Jon.....	3	8	11	5	0	1	4	0.3	2		3	6	9	3	0	1	1	1.0	2	
Total.....	139	385	524	319	10	242	222	1.1	89		93	229	322	185	3	163	119	1.4	89	
Opponents.....	151	355	506	295	3	221	213	1.0	110		102	219	321	184	2	163	116	1.4	110	

Bemidji State University  
 Bemidji State Category Leaders (as of Jan 20, 2010)  
 All games

FG PERCENTAGE	FG ATT	Pct
Johnson, Jimmy.....	14 22	.636
Haake, Seth.....	102 187	.545
Shepherd, Noah.....	13 25	.520
Rongstad, Lance.....	56 111	.505
Cassidy, Patrick....	56 112	.500
Wruck, Tyler.....	8 16	.500
Berthene, David.....	30 62	.484
Tesdahl, Bryce.....	49 102	.480
Fairbanks, Brady....	20 42	.476
Walters, Mason.....	18 42	.429
Lendl, Burke.....	9 24	.375
Lindstrom, Jake.....	35 99	.354

3-POINT PERCENTAGE	3FG ATT	Pct
Wruck, Tyler.....	3 6	.500
Haake, Seth.....	33 71	.465
Lendl, Burke.....	4 9	.444
Walters, Mason.....	5 12	.417
Berthene, David.....	13 32	.406
Rongstad, Lance.....	11 28	.393
Tesdahl, Bryce.....	13 35	.371
Lindstrom, Jake.....	13 51	.255
Cassidy, Patrick....	5 23	.217
Shepherd, Noah.....	2 10	.200
Fairbanks, Brady....	2 16	.125
Krebs, Jon.....	0 4	.000
Baskow, Sergej.....	0 1	.000

FT PERCENTAGE	FT ATT	Pct
Krebs, Jon.....	2 2	1.000
Lindstrom, Jake.....	25 28	.893
Tesdahl, Bryce.....	54 61	.885
Cassidy, Patrick....	25 31	.806
Berthene, David.....	8 10	.800
Haake, Seth.....	42 53	.792
Rongstad, Lance.....	31 41	.756
Lendl, Burke.....	6 8	.750
Walters, Mason.....	20 27	.741
Wruck, Tyler.....	8 11	.727
Fairbanks, Brady....	13 19	.684
Baskow, Sergej.....	5 8	.625

POINTS	G	Pts	Pts/G
Haake, Seth.....	16	279	17.4
Tesdahl, Bryce.....	16	165	10.3
Rongstad, Lance.....	15	154	10.3
Cassidy, Patrick....	16	142	8.9
Lindstrom, Jake.....	15	108	7.2
Berthene, David.....	16	81	5.1
Walters, Mason.....	13	61	4.7
Fairbanks, Brady....	5	55	11.0
Johnson, Jimmy.....	5	35	7.0
Shepherd, Noah.....	14	34	2.4
Lendl, Burke.....	13	28	2.2
Wruck, Tyler.....	5	27	5.4

FIELD GOAL ATTEMPTS	G	Att	Att/G
Haake, Seth.....	16	187	11.7
Cassidy, Patrick....	16	112	7.0
Rongstad, Lance.....	15	111	7.4
Tesdahl, Bryce.....	16	102	6.4
Lindstrom, Jake.....	15	99	6.6

FIELD GOALS MADE	G	Made	Made/G
Haake, Seth.....	16	102	6.4
Cassidy, Patrick....	16	56	3.5
Rongstad, Lance.....	15	56	3.7
Tesdahl, Bryce.....	16	49	3.1
Lindstrom, Jake.....	15	35	2.3

3-POINT FG ATTEMPTS	G	Att	Att/G
Haake, Seth.....	16	71	4.4
Lindstrom, Jake.....	15	51	3.4
Tesdahl, Bryce.....	16	35	2.2
Berthene, David.....	16	32	2.0
Rongstad, Lance.....	15	28	1.9

3-POINT FGS MADE	G	Made	Made/G
Haake, Seth.....	16	33	2.1
Lindstrom, Jake.....	15	13	0.9
Berthene, David.....	16	13	0.8
Tesdahl, Bryce.....	16	13	0.8
Rongstad, Lance.....	15	11	0.7

FREE THROW ATTEMPTS	G	Att	Att/G
Tesdahl, Bryce.....	16	61	3.8
Haake, Seth.....	16	53	3.3
Rongstad, Lance.....	15	41	2.7
Cassidy, Patrick....	16	31	1.9
Lindstrom, Jake.....	15	28	1.9

FREE THROWS MADE	G	Made	Made/G
Tesdahl, Bryce.....	16	54	3.4
Haake, Seth.....	16	42	2.6
Rongstad, Lance.....	15	31	2.1
Lindstrom, Jake.....	15	25	1.7
Cassidy, Patrick....	16	25	1.6

SCORING AVERAGE	G	Pts	Avg/G
Haake, Seth.....	16	279	17.4
Fairbanks, Brady....	5	55	11.0
Tesdahl, Bryce.....	16	165	10.3
Rongstad, Lance.....	15	154	10.3
Cassidy, Patrick....	16	142	8.9
Lindstrom, Jake.....	15	108	7.2
Johnson, Jimmy.....	5	35	7.0
Wruck, Tyler.....	5	27	5.4
Berthene, David.....	16	81	5.1
Walters, Mason.....	13	61	4.7
Shepherd, Noah.....	14	34	2.4
Baskow, Sergej.....	5	11	2.2

**Bemidji State University**  
**Bemidji State Game-by-Game Highs (as of Jan 20, 2010)**  
**All games**

Opponent	Date	Score	WL	POINTS	REBOUNDS	ASSISTS	STEALS	BLOCKED SHOTS
vs College of the Ozarks,	11/20/09	60-54	W	14-Fairbanks, Br	4-Cassidy, Patr Wruck, Tyler	5-Tesdahl, Bryc	3-Fairbanks, Br	1-Wruck, Tyler Fairbanks, Br Johnson, Jimm Berthene, Dav
at Viterbo University, Wi	11/21/09	69-44	W	15-Haake, Seth	8-Haake, Seth	8-Tesdahl, Bryc	2-Haake, Seth	3-Johnson, Jimm
JAMESTOWN	11/24/09	69-72	L	18-Fairbanks, Br	6-Fairbanks, Br	4-Fairbanks, Br	3-Haake, Seth Lindstrom, Ja Tesdahl, Bryc	1-Johnson, Jimm
at Purdue North Central	11-27-09	88-60	W	17-Johnson, Jimm	6-Rongstad, Lan	4-Haake, Seth	2-Haake, Seth Wruck, Tyler	None
at Wisconsin-Parkside	11-28-09	65-78	L	17-Haake, Seth	6-Fairbanks, Br	3-Tesdahl, Bryc Haake, Seth	1-Rongstad, Lan Lindstrom, Ja Baskow, Serge	1-Cassidy, Patr
MSUMMBB	12/04/09	71-73	L	20-Cassidy, Patr	6-Tesdahl, Bryc	7-Tesdahl, Bryc	4-Lindstrom, Ja	2-Cassidy, Patr
UMCMBB	12/05/09	89-72	W	20-Tesdahl, Bryc	6-Lindstrom, Ja Tesdahl, Bryc	7-Haake, Seth	2-Tesdahl, Bryc	2-Haake, Seth
at Winona State	12/12/09	88-87	WO	25-Haake, Seth	9-Tesdahl, Bryc Rongstad, Lan	11-Tesdahl, Bryc	2-Haake, Seth	1-Rongstad, Lan
at Upper Iowa	12/13/09	80-91	L	21-Haake, Seth	5-Tesdahl, Bryc Haake, Seth	6-Tesdahl, Bryc Lindstrom, Ja	3-Lindstrom, Ja	2-Cassidy, Patr
at Northern Michigan	12/29/09	75-84	L	27-Haake, Seth	8-Rongstad, Lan	5-Tesdahl, Bryc	2-Tesdahl, Bryc	1-Berthene, Dav Lendl, Burke
AUGIEMBB	01/02/10	73-80	L	24-Haake, Seth	8-Tesdahl, Bryc	4-Tesdahl, Bryc	2-Lindstrom, Ja	1-Rongstad, Lan
WSCMBB	01/03/10	66-78	L	16-Haake, Seth	6-Rongstad, Lan	8-Tesdahl, Bryc	2-Haake, Seth Tesdahl, Bryc	1-Haake, Seth
at Concordia University,	01/08/10	76-110	L	19-Haake, Seth	8-Krebs, Jon	3-Tesdahl, Bryc	2-Cassidy, Patr	1-Cassidy, Patr Berthene, Dav Haake, Seth Lindstrom, Ja Lendl, Burke
at St. Cloud State Univer	01/09/10	69-80	L	15-Haake, Seth Tesdahl, Bryc	7-Walters, Maso	4-Tesdahl, Bryc	5-Haake, Seth	1-Rongstad, Lan
NSU	01/15/10	65-67	L	18-Haake, Seth	6-Haake, Seth	4-Tesdahl, Bryc	4-Haake, Seth	1-Rongstad, Lan Tesdahl, Bryc
MARYMEN	01/16/10	81-59	W	18-Haake, Seth	10-Tesdahl, Bryc	7-Haake, Seth	3-Rongstad, Lan	1-Rongstad, Lan

**Bemidji State University**  
**Bemidji State Team Game-by-Game (as of Jan 20, 2010)**  
**All games**

TEAM STATISTICS

Opponent	Date	Score	W/L	---TOTAL---		--3-PTRS--		FT-FTA		Pct		----REBOUNDS----				PF		A		TO		Blk		Stl		Pts---Avg	
				FG-FGA	Pct	3FG-FGA	Pct	Off	Def	Tot	Avg	A	TO	Blk	Stl	Pts	Avg										
vs College of the Oza	11/20/09	60-54	W	16-37	.432	3-15	.200	25-33	.758	7	22	29	29.0	22	8	23	4	9	60	60.0							
at Viterbo University	11/21/09	69-44	W	26-55	.473	8-22	.364	9-14	.643	12	33	45	37.0	14	14	13	5	5	69	64.5							
JAMESTOWN	11/24/09	69-72	L	25-53	.472	4-18	.222	15-19	.789	8	18	26	33.3	16	14	18	1	13	69	66.0							
at Purdue North Centr	11-27-09	88-60	W	32-53	.604	6-14	.429	18-26	.692	6	33	39	34.8	30	19	18	0	9	88	71.5							
at Wisconsin-Parkside	11-28-09	65-78	L	22-54	.407	2-15	.133	19-27	.704	8	26	34	34.6	29	9	16	1	3	65	70.2							
MSUMMBB	12/04/09	71-73	L	28-62	.452	7-24	.292	8-11	.727	9	21	30	33.8	15	16	8	4	9	71	70.3							
UMCMBB	12/05/09	89-72	W	32-58	.552	7-16	.438	18-21	.857	8	27	35	34.0	19	20	11	3	6	89	73.0							
at Winona State	12/12/09	88-87	Wot	31-62	.500	13-29	.448	13-17	.765	13	25	38	34.5	22	22	11	1	5	88	74.9							
at Upper Iowa	12/13/09	80-91	L	28-52	.538	8-16	.500	16-18	.889	2	17	19	32.8	18	19	11	4	6	80	75.4							
at Northern Michigan	12/29/09	75-84	L	26-58	.448	13-30	.433	10-12	.833	5	24	29	32.4	23	15	15	2	4	75	75.4							
AUGIEMBB	01/02/10	73-80	L	23-48	.479	7-17	.412	20-28	.714	7	26	33	32.5	18	13	12	1	3	73	75.2							
WSCMBB	01/03/10	66-78	L	23-53	.434	5-16	.313	15-19	.789	7	16	23	31.7	22	11	7	1	5	66	74.4							
at Concordia Universi	01/08/10	76-110	L	26-66	.394	7-23	.304	17-20	.850	17	25	42	32.5	16	14	20	5	6	76	74.5							
at St. Cloud State Un	01/09/10	69-80	L	24-48	.500	3-10	.300	18-22	.818	11	24	35	32.6	22	14	18	1	5	69	74.1							
NSU	01/15/10	65-67	L	23-57	.404	5-17	.294	14-19	.737	12	19	31	32.5	18	14	7	2	8	65	73.5							
MARYMEN	01/16/10	81-59	W	29-49	.592	6-16	.375	17-21	.810	7	29	36	32.8	15	20	14	1	6	81	74.0							
Bemidji State				1184	414-865	.479	104-298	.349	252-327	.771	139	385	524	32.8	319	242	222	36	102	1184	74.0						
Opponents				1189	415-898	.462	116-327	.355	243-335	.725	151	355	506	31.6	295	221	213	43	111	1189	74.3						

Games played: 16  
Points/game: 74.0  
FG Pct: 47.9  
3FG Pct: 34.9  
FT Pct: 77.1

Rebounds/game: 32.8  
Assists/game: 15.1  
Turnovers/game: 13.9  
Assist/turnover ratio: 1.1  
Steals/game: 6.4  
Blocks/game: 2.3



**Bemidji State University**  
**Bemidji State Game-by-Game Points-Rebounds-Assists (as of Jan 20, 2010)**  
**All games**

Opponent	Date	Score	02	03	11	12	13	15	25	32	34
			WL HAAKE, SET	RONGSTAD,	LINDSTROM	KREBS, JON	CASSIDY, P	LENDL, BUR	SHEPHERD,	TESDAHL, B	WALTERS, M
vs College of the Ozark	11/20/09	60-54	W 7- 2- 0	0- 0- 0	2- 3- 1	DNP	12- 4- 1	DNP	DNP	12- 3- 5	DNP
at Viterbo University,	11/21/09	69-44	W 15- 8- 1	4- 3- 0	8- 2- 0	2- 1- 0	7- 7- 0	0- 1- 0	0- 1- 1	8- 4- 8	0- 1- 1
JAMESTOWN	11/24/09	69-72	L 17- 2- 3	DNP	5- 0- 1	DNP	6- 1- 1	DNP	DNP	9- 3- 2	DNP
at Purdue North Central	11-27-09	88-60	W 6- 3- 4	5- 6- 1	7- 3- 2	0- 1- 0	9- 4- 0	3- 0- 0	7- 0- 1	4- 1- 1	14- 4- 1
at Wisconsin-Parkside	11-28-09	65-78	L 17- 5- 3	2- 0- 0	2- 1- 0	DNP	13- 4- 0	DNP	0- 0- 0	5- 4- 3	DNP
MSUMMBB	12/04/09	71-73	L 16- 3- 3	8- 4- 0	6- 3- 0	0- 0- 0	20- 3- 2	5- 3- 0	0- 0- 1	12- 6- 7	0- 1- 0
UMCMBB	12/05/09	89-72	W 18- 5- 7	13- 4- 3	10- 6- 4	0- 0- 0	5- 2- 1	0- 3- 0	4- 3- 1	20- 6- 3	2- 1- 0
at Winona State	12/12/09	88-87	WO 25- 7- 1	19- 9- 5	8- 1- 2	DNP	8- 3- 1	0- 1- 0	2- 0- 0	20- 9-11	0- 0- 0
at Upper Iowa	12/13/09	80-91	L 21- 5- 2	13- 1- 0	14- 3- 6	DNP	8- 2- 3	5- 0- 0	3- 2- 2	8- 5- 6	0- 0- 0
at Northern Michigan	12/29/09	75-84	L 27- 5- 0	13- 8- 3	13- 2- 1	0- 0- 0	4- 2- 4	3- 2- 0	3- 1- 1	11- 7- 5	1- 0- 1
AUGIEMBB	01/02/10	73-80	L 24- 3- 2	16- 6- 2	5- 2- 3	DNP	8- 5- 1	3- 1- 1	0- 1- 0	7- 8- 4	0- 1- 0
WSCMBB	01/03/10	66-78	L 16- 2- 2	15- 6- 1	2- 4- 0	DNP	11- 4- 0	0- 1- 0	0- 0- 0	9- 1- 8	11- 1- 0
at Concordia University	01/08/10	76-110	L 19- 7- 2	4- 2- 2	12- 2- 2	2- 8- 1	7- 5- 2	2- 1- 0	11- 2- 2	6- 6- 3	9- 6- 0
at St. Cloud State Univ	01/09/10	69-80	L 15- 6- 2	12- 5- 3	DNP	0- 0- 0	14- 4- 2	1- 3- 1	2- 1- 2	15- 6- 4	10- 7- 0
NSU	01/15/10	65-67	L 18- 6- 3	13- 3- 3	9- 2- 2	DNP	2- 4- 2	2- 2- 0	2- 1- 0	11- 5- 4	5- 2- 0
MARYMEN	01/16/10	81-59	W 18- 2- 7	17- 7- 2	5- 2- 3	0- 1- 0	8- 2- 2	4- 3- 0	0- 0- 0	8-10- 5	9- 6- 0

50

Opponent	Date	Score	WL BERTHENE,
vs College of the Ozark	11/20/09	60-54	W 0- 0- 0
at Viterbo University,	11/21/09	69-44	W 2- 0- 0
JAMESTOWN	11/24/09	69-72	L 3- 0- 0
at Purdue North Central	11-27-09	88-60	W 8- 3- 2
at Wisconsin-Parkside	11-28-09	65-78	L 2- 1- 0
MSUMMBB	12/04/09	71-73	L 4- 2- 3
UMCMBB	12/05/09	89-72	W 17- 1- 1
at Winona State	12/12/09	88-87	WO 6- 2- 2
at Upper Iowa	12/13/09	80-91	L 8- 1- 0
at Northern Michigan	12/29/09	75-84	L 0- 0- 0
AUGIEMBB	01/02/10	73-80	L 10- 2- 0
WSCMBB	01/03/10	66-78	L 2- 0- 0
at Concordia University	01/08/10	76-110	L 4- 1- 0
at St. Cloud State Univ	01/09/10	69-80	L 0- 1- 0
NSU	01/15/10	65-67	L 3- 0- 0
MARYMEN	01/16/10	81-59	W 12- 1- 1