



# Bemidji State Men's Basketball

Week 3: at the Viterbo Pepsi Tournament

Nov. 20-21

## This Week

Viterbo Pepsi Tournament  
R.W. Begg Senior Gymnasium  
**November 20**  
vs. College of the Ozarks  
2-5 (0-0 MCAC)  
5 p.m.

**November 21**  
vs. Silver Lake College  
0-4  
TBA  
OR  
SILVER LAKE COLLEGE

**November 21**  
at Viterbo  
1-3 (0-0 MCC)  
TBA  
HAWKS

**Next Up**  
Jamestown College  
Nov. 24 • 7 p.m.  
BSU Gymnasium

## Beavers begin regular season at Viterbo Tournament

**This Week:** The Bemidji State University men's basketball team begins its 2009-10 regular season schedule at the Viterbo University Pepsi Tournament Nov. 20-21. BSU battles College of the Ozarks Nov. 20 at 5 p.m and will play Silver Lake College or Viterbo University Nov. 21.

**Last Action:** Hot shooting from beyond the arc couldn't get the Bemidji State University men's basketball team out of a first half hole in a 65-63 exhibition loss to the University of North Dakota, Nov. 8. BSU shot 11-21 (52.4%) from the 3-point line in the game and 8-14 (57.1%) in the second half. Sophomore guard **Jake Lindstrom** scored 12 of his 17 points in the second half, all stemming from a 4-6 performance from beyond the arc.

The Beavers were night and day in the first and second halves on both ends of the floor. BSU was down 25-31 after the first half, but won the second half 38-34. After a slow and sloppy first, BSU shot, fought and stopped UND better in the second half. The Beavers shot just 36.4 percent from the floor in the first half, but rebounded in the second shooting 44 percent. All five of BSU's steals, 11 of its 18 assists and only six of its 16 turnovers came in the second half.

## Multimedia

**Tournament Web site**  
[http://www.viterboathletics.com/t/tournament\\_pages/Pepsi\\_Invitational.php](http://www.viterboathletics.com/t/tournament_pages/Pepsi_Invitational.php)

Senior guard **Seth Haake** had 15 points and a team-high five assists. Freshman forward **David Berthene** was 6-6 with 14 points. Lindstrom added a team-high six rebounds and three steals, shooting 50 percent from the field

**About Bemidji State:** The Beavers went 0-2 in exhibition play, falling to the University of Wisconsin Nov. 4 90-54 and the University of North Dakota Nov. 8 65-63. Senior **Seth Haake** led the team in scoring in the exhibition games with 12 points per game, shooting 7-20 from the field and 3-6 from the 3-point line. He also had a team-high nine assists. Junior **Brady Fairbanks** posted 10 ppg and sophomore **Bryce Tesdahl** led the team in rebounds with 10.

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**About College of the Ozarks:** The Bobcats stand 2-5 this season, with a 1-4 record away from home. CO is in the National Association of Athletics (NAIA) and is member of the Midlands Colle-

giate Athletic Conference. Freshman Mike Wiebe is averaging 18 points per game, while shooting .533 from the field and .367 from beyond the arc.

**Series History:** The Beavers and Bobcats have never met.

**Silver Lake College:** The Lakers stand 0-4 in 2009-10. They are a Division II team in the United State Collegiate Athletic Association (USCAA). The men's basketball program began in 2007-08 and is yet to be affiliated with a conference.

**Series History:** BSU and SLC have never played in men's basketball.

**Viterbo University:** The V-Hawks are 1-3 this season, posting a 1-1 record at home. VU's lone win came against Trinity Christian College by the score of 78-58. Senior Scott Buschman is leading the team in points with 19.3 per game, shooting .509 from the field. He also leads the squad in rebounds at a 11.5 rebounds per game clip.

**Series History:** The Beavers won the only meeting between the two teams. Defeating the V-Hawks 95-87 on Nov. 20, 1982.

**NSIC Preseason Poll:** The Bemidji State men's basketball team is ranked ninth in the 2009-10 edition of the Northern Sun Intercollegiate Conference Preseason Coaches' Poll, receiving 89 points. The Beavers are coming off a year where they finished tied for 10th in the NSIC with a 6-14 record.

**NSIC Preseason Player to Watch:** Senior guard **Seth Haake** (Eden Prairie, Minn.) played and started in all 27 games for the Beavers in 2008-09, leading the team in points (13.9 p/g), rebounds (4.7 r/g), minutes (30.4 m/g) and steals (1.7 s/g), while finishing second on the team in assists (2.0 a/g). His 13.9 points per game was the most by a Beaver player since 2003-04 and ranked 12th in overall scoring in the NSIC. Haake earned his first career *NSIC Player of the Week* award after leading BSU



in a 3-0 week, Jan. 6-10, which included wins over Dickinson State, Concordia University and St. Cloud State. He averaged 20.0 points, 6.7 rebounds and shot 60 percent from the floor in the three games. In NSIC play he averaged 13.9 points, 4.6 rebounds, 2.25 assists and shot .526 from the floor. Haake had a team-high 20 games in double-figures in scoring, including six games with over 20 points.

**Bowen in Exhibition Games:** Head coach **Matt Bowen** is 1-6 in exhibition games in his career. The Beavers fell to Wisconsin on Nov. 4 by the score of 90-54 and at North Dakota Nov. 8 65-63.

## 2009-10 Schedule

Date	Opponent	Time/Result
Nov. 4	Wisconsin (exh.)	L, 54-90
Nov. 8	North Dakota (exh.)	L, 63-65
Nov. 20	College of the Ozarks	! 5 p.m.
Nov. 21	Viterbo or vs. Silver Lake	! TBA
<b>Nov. 24</b>	<b>Jamestown College</b>	<b>7 p.m.</b>
Nov. 27	Purdue North Central	^ 5 p.m.
Nov. 28	UW-Parkside or vs. Grace	^ 5 p.m.
<b>Dec. 4</b>	<b>MSU Moorhead</b>	<b>* 8 p.m.</b>
<b>Dec. 5</b>	<b>Minnesota, Crookston</b>	<b>* 8 p.m.</b>
Dec. 12	Winona State	* 4 p.m.
Dec. 13	Upper Iowa	* 4 p.m.
Dec. 29	Northern Michigan	6:30 p.m.
<b>Jan. 2</b>	<b>Augustana College</b>	<b>* 6 p.m.</b>
<b>Jan. 3</b>	<b>Wayne State (Neb.)</b>	<b>* 4 p.m.</b>
Jan. 8	Concordia University	* 8 p.m.
Jan. 9	St. Cloud State	* 6 p.m.
<b>Jan. 15</b>	<b>Northern State</b>	<b>* 8 p.m.</b>
<b>Jan. 16</b>	<b>University of Mary</b>	<b>* 8 p.m.</b>
<b>Jan. 23</b>	<b>Minnesota Duluth</b>	<b>* 4 p.m.</b>
Jan. 29	Minnesota State	* 8 p.m.
Jan. 30	Southwest Minn. St.	* 8 p.m.
<b>Feb. 5</b>	<b>Concordia University</b>	<b>* 8 p.m.</b>
<b>Feb. 6</b>	<b>St. Cloud State</b>	<b>* 8 p.m.</b>
Feb. 12	MSU Moorhead	* 8 p.m.
Feb. 13	Minnesota, Crookston	* 6 p.m.
<b>Feb. 16</b>	<b>Finlandia</b>	<b>7 p.m.</b>
<b>Feb. 20</b>	<b>Winona State</b>	<b>* 4 p.m.</b>
Feb. 24	Minnesota Duluth	* 8 p.m.
Feb. 27	Wayne State (Neb.)	* 6 p.m.
Mar. 2	NSIC Tournament	TBA

Home games in **Bold**

\* - Northern Sun Intercollegiate Conference game

exh. - Exhibition game

! - Viterbo Pepsi Tournament (La Crosse, Wis.)

^ - UW-Parkside Tournament (Kenosha, Wis.)

## Exhibition Record

<b>Nov. 8, 2009</b>	<b>North Dakota</b>	<b>Grand Froorks, N.D.</b>	<b>L, 65-63</b>
<b>Nov. 4, 2009</b>	<b>Wisconsin</b>	<b>Madison, Wis.</b>	<b>L, 90-54</b>
Nov. 11, 2008	Indiana	Bloomington, Ind.	L, 72-54
Oct. 31, 2007	North Dakota State	Fargo, N.D.	L, 80-56
Nov. 4, 2007	Northern Iowa	Cedar Falls, Iowa	L, 79-61
Nov. 10, 2007	UW-River Falls	River Falls, Wis.	W, 80-61
Nov. 3, 2006	Minnesota	Minneapolis, Minn.	L, 88-32

## RETURNERS

Name	Ht.	Pos.	MPG	FG-FGA	Pct.	3FG-FGA	Pct.	FT-FTA	Pct.	RPG	A	PPG
Seth Haake	6-3	G	30.4	125-239	.523	35-82	.427	89-104	.856	4.7	55	13.9
Brady Fairbanks	6-5	G/F	27.4	100-243	.412	27-84	.321	49-76	.645	4.4	42	12.0
Jake Lindstrom	6-0	G	26.1	82-216	.380	37-110	.336	70-85	.824	1.9	46	10.4
Sergej Baskow	6-8	F/C	19.7	20-40	.500	1-2	.500	8-19	.421	5.2	5	8.2
Patrick Cassidy	6-6	F	23.7	72-155	.465	3-11	.273	39-62	.629	3.6	28	6.9
Bryce Tesdahl	6-3	G/F	26.1	57-122	.467	10-33	.303	60-81	.741	3.7	85	6.8
Jimmy Johnson	6-10	C	18.2	61-117	.521	0-0	.000	52-82	.634	3.5	23	6.7
Tyler Wruck	6-4	G/F	9.8	24-56	.429	10-24	.417	14-20	.700	1.5	13	3.1

## LOSSES

Name	Ht.	Pos.	MPG	FG-FGA	Pct.	3FG-FGA	Pct.	FT-FTA	Pct.	RPG	A	PPG
Taylor Hall	6-7	G/F	26.0	98-220	.445	27-59	.458	71-91	.780	2.8	31	10.9
Zach Eastman	6-1	G	20.5	15-25	.600	11-19	.579	3-3	1.000	1.3	9	7.3
Gunther Zajic	6-0	G	5.6	11-42	.262	9-37	.243	4-5	.800	0.5	5	1.6
Tim Saxon	6-1	G	4.8	3-14	.214	1-7	.143	4-9	.444	0.4	2	1.1
James Gibson	6-2	G/F	13.4	10-30	.333	0-6	.000	3-8	.375	1.8	41	0.9

## NEWCOMERS

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown/Last School
3	Lance Rongstad	G	6-3	200	Fr.	Eleva, Wis. (Eleva-Strum HS)
12	Jon Krebs	G	6-5	184	Fr.	Mahtomedi, Minn. (Mahtomedi HS)
15	Burke Lendl	F	6-7	188	Fr.	St. Michael, Minn. (Rogers HS)
25	Noah Shepherd	G	6-2	167	Fr.	Minneapolis, Minn. (Washburn HS)
34	Mason Walters	G/F	6-7	200	Fr.	Milton, Wis. (Milton HS)
50	David Berthene	F	6-9	185	Fr.	Lakeville, Minn. (Lakeville North HS)

**Preseason NABC Division II Coaches Poll  
(As of 10/28/2009)**

Rk	School	W-L	Points	Prev
1	BYU-Hawaii (6)	27-2	198	3
2	Bellarmino (1)	26-7	189	18
3	Southwest Baptist	26-5	162	7
4	Findlay	36-0	161	1
5	Central Mo.	30-5	156	6
6	Cal Poly Pomona	25-8	143	NR
7	Valdosta St.	24-7	140	NR
8	Fla. Southern	29-7	117	11
9	Bentley	26-7	115	24
10	Augusta St.	30-5	109	4
11	<i>St. Cloud St.</i>	22-9	102	22
12	Metro St.	27-4	101	8
13	Grand Valley St.	21-10	99	NR
14	Tusculum	20-11	84	NR
15	Merrimack	21-9	83	NR
16	Kutztown	28-5	79	20
17	Central Okla.	24-6	61	13
18	Indiana (Pa.)	22-8	52	NR
19	Johnson C. Smith	23-8	51	NR
20	<i>Winona St.</i>	24-9	50	NR
21	Humboldt St.	20-12	46	NR
22	<i>Southwest Minn. St.</i>	28-7	45	12
23	Delta St.	21-9	31	NR
24	Rollins	20-10	30	NR
25	Philadelphia U.	25-6	29	NR

**OTHERS RECEIVING VOTES:** Northern Kentucky 26, Benedict (S.C.) 19, Catawba (N.C.) 17, Barton (N.C.) 15, Virginia Union 15, West Virginia State 14, LIU-C.W. Post (N.Y.) 13, Georgia College & State 10, Incarnate Word (Texas) 10, Seattle Pacific (Wash.) 7, Massachusetts-Lowell 6, Gannon (Pa.) 4, Arkansas Tech 3, South Carolina Aiken 3, Anderson (S.C.) 2, Fort Hays State 1, Western Washington 1.

**DROPPED OUT:** No. 2 C.W. Post, No. 5 Gannon, No. 9 Northern Kentucky, No. 10 Claffin, No. 14 Benedict, No. 15 Christian Brothers, No. 16 South Carolina-Aiken, No. 17 Alderson-Broadbudds, No. 19 Southern Indiana, No. 21 Midwestern State, No. 23 Western Washington, No. 25 Armstrong Atlantic.

*Italics - NSIC member*

**Division II Bulletin  
Preseason Top 25**

Rk-Team
1-Brigham Young-Hawaii
2-Findlay
3-Southwest Baptist
4-Cal Poly-Pomona
5-Bellarmino
6-Tusculum
7-Merrimack
8-Augusta State
9-Florida Southern
10-Bentley
11-Valdosta State
<i>12-Southwest Minnesota</i>
13-Metropolitan State
14-Central Missouri
<i>15-Winona State</i>
16-Kutztown
17-Central Oklahoma
18-Grand Valley State
19-Philadelphia
20-Northern Kentucky
21-Delta State
22-Rollins
23-Johnson C. Smith
24-West Virginia State
25-Incarnate Word

**Others to watch:** Barton, Cal State-San Bernardino, Catawba, Christian Brothers, Claffin, Dallas Baptist, Fort Hays State, Gannon, Massachusetts-Lowell, New Mexico Highlands, Seattle Pacific, Southern Indiana, Tarleton State, South Carolina-Aiken, Virginia Union

*Italics - NSIC member*

**Northern Sun Standings  
(As of Nov. 19)**

Team	NSIC	All
1 Augustana	0-0	2-0
Minnesota Duluth	0-0	1-0
Minnesota State	0-0	1-0
MSU Moorhead	0-0	1-0
Northern State	0-0	2-0
Southwest MSU	0-0	1-0
Winona State	0-0	1-0
<b>Bemidji State</b>	0-0	0-0
Concordia University	0-0	0-0
Mary	0-0	1-1
Minnesota, Crookston	0-0	0-0
St. Cloud State	0-0	0-0
Upper Iowa	0-0	0-1
Wayne State (Neb.)	0-0	0-1

**2009-10 NSIC MBB Coaches  
Preseason Poll**

No.	Team (First Place)	Points
1.	St. Cloud State (3)	171
2.	Winona State (6)	169
3.	Minnesota State (2)	164
4.	SMSU (2)	143
5.	Augustana	136
6.	Concordia-St. Paul	117
7.	Northern State	113
8.	Minnesota Duluth	97
9.	<b>Bemidji State</b>	<b>89</b>
10.	Wayne State	65
11.	MSU Moorhead	60
12.	Upper Iowa	59
13.	University of Mary	45
14.	Minnesota, Crookston	28

# MATT BOWEN

## HEAD COACH - FOURTH SEASON

**Matt Bowen** became the 19th head men's basketball coach at Bemidji State University June 30, 2006. He enters his fourth season as head coach at Bemidji State after spending 15 years as an assistant coach at the Division I level. The River Falls, Wis. native has improved the Beavers' record in each season. Last season, BSU went 8-19 overall and 6-14 in the Northern Sun Intercollegiate Conference, finishing tied for 10th. Bowen guided his team to a 6-21 overall record and a 3-15 record in the NSIC for a ninth place finish in 2007-08 and was 5-23 overall and 5-13 in the NSIC in 2006-07. Bowen and his staff are still in the rebuilding stages as he was met with the challenge of repairing a team that went 15-13 overall and 9-5 in the NSIC that was dismantled at the conclusion of the 2005-06 season. Bowen inherited a team that carried over just three players from the 2005-06 squad. In the process of rebuilding there are bumps along the road, but the Beavers are making strides in the right direction, defeating back-to-back nationally ranked opponents during a four-game winning streak last season (Jan. 6-16). BSU beat No. 24 St. Cloud State University at home, 69-66, and then traveled to No. 11 Northern State University and won a two overtime thriller 100-93. In the process of rebuilding, Bowen and his staff have recruited and brought in some of the best talent from around the state of Minnesota to help put the pieces of the BSU men's basketball program back together.

Bowen comes to BSU after spending the past 15 years molding his coaching style after some of NCAA Division I men's basketball's greatest coaching legends. He was a student manager for Bob Knight at Indiana University and served as an assistant coach under both Gene Bartow at the University of Alabama at Birmingham and most recently, Homer Drew at Valparaiso University. Bowen's trio of mentors have combined for nearly 2,100 career wins and 105 years of head coaching experience.

Although the BSU head coaching assignment is the first of its kind for Bowen, he welcomes the opportunity to take the reins and guide a program for himself.

During his four years under Drew at Valpo, Bowen helped to lead the Crusaders to an overall record of 70-52 (.574) with a 41-21 (.661) mark versus Mid-Continent Conference competition. In 2003, his first season at the university, the team was 20-11 overall and 12-2 in the league as it grabbed the front end of back-to-back conference titles. The Valpo men capped the year off with a trip to the National Invitational Tournament (NIT). The following season, the Crusaders went 18-13 overall with an 11-5 mark versus the league to earn their second league crown and a berth into the NCAA Tournament.

In addition to game day and practice duties, Bowen was responsible for organizing all recruiting efforts, summer youth camps, game preparation and scouting and being the team's academic coordinator.

As a recruiter, Bowen was responsible for signing the No. 1 incoming class in the Mid-Continent Conference and one of the Top-100 nationally according to last spring's HoopScoop and Dave Telep recruiting publications. Bowen's ties to the Midwest, specifically Minnesota, were evident in the class as it was headlined by Mr. Basketball Minnesota Finalist and Tartan High School graduate Urule Igbavboa.

Bowen began his collegiate coaching ventures in 1995 when he was hired as an assistant coach at Alabama-Birmingham. In seven seasons at UAB, the Blazers captured a Conference USA National Division Championship (1999), went to the NCAA Tournament (1999) and were twice invited to participate in the NIT (1997, 1998).

The River Falls, Wis. native and son of long-time NCAA Division III head men's basketball coach at the University of Wisconsin-River Falls, Bowen has been around basketball all of his life. But he first acquired a taste of his own for collegiate basketball as the student manager for Knight's Indiana Hoosiers (1990-1995). While serving under coach Knight, Bowen was a part of two Big Ten titles (1991, 1993) and four NCAA Tournament appearances, twice advancing to the Elite Eight (1992-1993) and earning a spot in the Final Four in 1992.

He joins a long list of former Indiana managers who have gone on to make a name for themselves in coaching, most notably New Jersey Nets Head Coach Lawrence Frank, a manager at IU from 1989 to 1992. While at Indiana, Bowen also worked directly with George David, now the Director of Scouting for the Detroit Pistons and Ryan Carr, a scout for the Indiana Pacers. In addition, Bowen's father, Rick, got his feet wet as a Hoosier student manager under Branch McCracken in the 1960s.

Bowen is a 1995 graduate of Indiana with a Bachelor of Science degree in Health, Physical Education and Recreation (HPER). He picked up a Master of Arts degree in education during his time at UAB, graduating in 1999.

Bowen and his wife Ashli have a seven-year-old daughter McKenzi and a two-year-old daughter Addison.



### BOWEN'S BSU TEAM VERSUS...

Alaska-Anchorage	0-2
Augustana (S.D.)	0-2
Concordia University-St. Paul	1-5
Dickinson State	2-0
Jamestown	1-1
Mary (N.D.)	0-5
Minnesota, Crookston	5-1
Minnesota Duluth	0-4
MSU Moorhead	1-5
Minnesota State	0-2
Nebraska-Omaha	0-1
North Dakota	0-4
Northern State	1-5
Northland College (Wis.)	1-0
Puget Sound	0-1
SW Minnesota State	0-6
St. Cloud State	1-3
UW-River Falls	0-1
Upper Iowa	3-3
Wayne State (Neb.)	2-4
Winona State	0-6
Wisconsin-Stout	0-1
Wisconsin-Superior	1-1

### BOWEN'S EXHIBITION RECORD...

Indiana	0-1
Minnesota	0-1
North Dakota	0-1
North Dakota State	0-1
Northern Iowa	0-1
Wisconsin	0-1
UW-River Falls	1-0

### BOWEN'S MILESTONES AT BSU...

First game: Minnesota Duluth (11/15/06)  
 First Win: at Minnesota, Crookston (1/6/07)  
 First NSIC Win: at Minnesota, Crookston (1/6/07)  
 First overtime win: vs. Minnesota, Crookston (1/5/06)  
 First 100-point game: at No. 11 Northern State W, 100-93 2OT (Jan. 16)

## THE BOWEN FILE

YEAR	SCHOOL	ASSIGNMENT	RECORDS/NOTABLE TEAM ACHIEVEMENTS
1990-91	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT
1991-92	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT, FINAL FOUR
1992-93	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT, ELITE EIGHT
1993-94	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT
1994-95	INDIANA	STUDENT MANAGER	
1995-96	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
1996-97	ALABAMA BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1997-98	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1998-99	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NCAA TOURNAMENT, CONFERENCE USA DIVISION CHAMPS
1999-00	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2000-01	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2001-02	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2002-03	VALPARAISO	ASSISTANT COACH	NIT PARTICIPANT, MID-CONTINENT CONFERENCE CHAMPS
2003-04	VALPARAISO	ASSISTANT COACH	NCAA TOURNAMENT, MID-CONTINENT CONFERENCE CHAMPS
2004-05	VALPARAISO	ASSISTANT COACH	
2005-06	VALPARAISO	ASSISTANT COACH	
2006-07	BEMIDJI STATE	HEAD COACH	5-23/5-13 NSIC, NSIC TOURNAMENT
2007-08	BEMIDJI STATE	HEAD COACH	6-21/3-15 NSIC
2008-09	BEMIDJI STATE	HEAD COACH	8-19/6-14 NSIC
2009-10	BEMIDJI STATE	HEAD COACH	0-0/0-0 NSIC

# 2009-10 NUMERICAL AND ALPHABETICAL ROSTERS

## NUMERICAL

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
1	Jimmy Johnson	C	6-10	229	Jr.	Andover, Minn. (Andover HS)
2	Seth Haake	G	6-3	176	Sr.	Eden Prairie, Minn. (Eden Prairie HS)
3	Lance Rongstad	G	6-3	200	Fr.	Eleva, Wis. (Eleva-Strum HS)
4	Brady Fairbanks	G/F	6-5	189	Jr.	Bena, Minn. (Cass Lake-Bena HS)
11	Jake Lindstrom	G	6-0	175	So.	Cottage Grove, Minn. (Park HS)
12	Jon Krebs	G	6-5	184	Fr.	Mahtomedi, Minn. (Mahtomedi HS)
13	Patrick Cassidy	F	6-6	209	Jr.	St. Paul, Minn. (St. Bernard's HS)
15	Burke Lendl	F	6-7	188	Fr.	St. Michael, Minn. (Rogers HS)
24	Tyler Wruck	G/F	6-4	195	Jr.	St. Cloud, Minn. (Foley HS)
25	Noah Shepherd	G	6-2	167	Fr.	Minneapolis, Minn. (Washburn HS)
32	Bryce Tesdahl	G/F	6-3	195	So.	Crosby, Minn. (Crosby-Ironton HS)
34	Mason Walters	G/F	6-7	200	Fr.	Milton, Wis. (Milton HS)
41	Sergej Baskow	F/C	6-8	209	R-Jr.	Ludwigsburg, Germany
50	David Berthene	F	6-9	185	Fr.	Lakeville, Minn. (Lakeville North HS)

## ALPHABETICAL

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
41	Sergej Baskow	F/C	6-8	209	R-Jr.	Ludwigsburg, Germany
50	David Berthene	F	6-9	185	Fr.	Lakeville, Minn. (Lakeville North HS)
13	Patrick Cassidy	F	6-6	209	Jr.	St. Paul, Minn. (St. Bernard's HS)
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25	Noah Shepherd	G	6-2	167	Fr.	Minneapolis, Minn. (Washburn HS)
32	Bryce Tesdahl	G/F	6-3	195	So.	Crosby, Minn. (Crosby-Ironton HS)
34	Mason Walters	G/F	6-7	200	Fr.	Milton, Wis. (Milton HS)
24	Tyler Wruck	G/F	6-4	195	Jr.	St. Cloud, Minn. (Foley HS)

## COACHING STAFF

**Head Coach:** Matt Bowen (Indiana '95), fourth season

**Assistant Coach:** Jeremy Tiers (Lakehead University '98), fourth season

**Graduate Assistant Coach:** Ryan Montgomery (Hamline University '06), second season

**Athletic Trainer:** Travis Shock, second season

**Support Staff:** Reid Nichols, third season

Michael Gelle, third season

Trent Fisher, second season

Dax Larson, Athletic Media Relations

## PONUNCIATION GUIDE

SERGEJ BASKOW	SURGE-a BAS-cow
Seth HAAKE	HAY-key
David BERTHENE	Birth-EEen

## By Class

SENIORS (1)

Haake

JUNIORS (5)

Baskow, Cassidy, Fairbanks,  
Johnson, Wruck

SOPHOMORES (2)

Lindstrom, Tesdahl

FRESHMEN (6)

Berthene, Krebs, Lendl, Rongstad,  
Shepherd, Walters

## By State/Country

GERMANY (1)

Baskow (Ludwigsburg)

UNITED STATES (13)

MINNESOTA (11)

Berthene (Lakeville)

Cassidy (St. Paul)

Fairbanks (Bena)

Haake (Eden Prairie)

Johnson (Andover)

Krebs (Mahtomedi)

Lendl (St. Michael)

Lindstrom (Cottage Grove)

Shepherd (Minneapolis)

Tesdahl (Crosby)

Wruck (St. Cloud)

WISCONSIN (2)

Rongstad (Eleva)

Walters (Milton)

## By Height

Jimmy Johnson 6-10

David Berthene 6-9

Sergej Baskow 6-8

Burke Lendl 6-7

Mason Walters 6-7

Patrick Cassidy 6-6

Brady Fairbanks 6-5

Jon Krebs 6-5

Tyler Wruck 6-4

Seth Haake 6-3

Lance Rongstad 6-3

Bryce Tesdahl 6-3

Noah Shepherd 6-2

Jake Lindstrom 6-0

## By Position

GUARDS (5)

Haake, Krebs, Lindstrom,

Rongstad, Shepherd

GUARD/FORWARDS (4)

Fairbanks, Tesdahl, Walters,

Wruck

FORWARDS (3)

Berthene, Cassidy, Lendl

FORWARD/CENTERS (1)

Baskow

CENTERS (1)

Johnson

**Official Basketball Box Score -- GAME TOTALS -- FINAL STATISTICS**

**Bemidji State vs North Dakota**

11/8/09 3 p.m. at Grand Forks, N.D.

**Bemidji State 63 • 0-0**

#	Player	*	Total	3-Ptr	FT-FTA	Rebounds			PF	TP	A	TO	Blk	Stl	Min
			FG-FGA	FG-FGA		Off	Def	Tot							
01	Johnson, Jimmy	*	0-1	0-0	3-4	1	0	1	3	3	0	0	0	0	15
02	Haake, Seth	*	4-12	2-4	5-7	1	2	3	2	15	5	1	0	2	36
04	Fairbanks, Brady	*	2-7	0-3	2-2	1	3	4	4	6	1	3	0	0	28
32	Tesdahl, Bryce	*	2-5	2-4	2-2	1	3	4	5	8	3	3	0	0	22
41	Baskow, Sergej	*	0-2	0-0	0-0	0	3	3	2	0	1	1	0	0	24
10	Westphal, Tyler		0-1	0-1	0-0	0	2	2	1	0	1	0	0	0	6
11	Lindstrom, Jake		5-10	5-7	2-2	3	3	6	4	17	2	3	0	3	32
12	Krebs, Jon		0-0	0-0	0-0	0	0	0	0	0	1	0	0	0	0
15	Lendl, Burke		0-1	0-0	0-0	0	0	0	0	0	0	1	0	0	0
24	Wruck, Tyler		0-2	0-0	0-0	0	0	0	2	0	3	2	0	0	15
25	Shepherd, Noah		0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0+
50	Berthene, David		6-6	2-2	0-1	0	0	0	1	14	1	1	0	0	22
Team						2	0	2			1				
Totals			19-47	11-21	14-18	9	16	25	24	63	18	16	0	5	200

FG % 1st Half:	8-22	36.4%	2nd half:	11-25	44.0%	Game:	19-47	40.4%	Deadball Rebounds 2
3FG % 1st Half:	3-7	42.9%	2nd half:	8-14	57.1%	Game:	11-21	52.4%	
FT % 1st Half:	6-7	85.7%	2nd half:	8-11	72.7%	Game:	14-18	77.8%	

**North Dakota 65 • 0-0**

#	Player	*	Total	3-Ptr	FT-FTA	Rebounds			PF	TP	A	TO	Blk	Stl	Min
			FG-FGA	FG-FGA		Off	Def	Tot							
10	Monsebroten, Dustin	*	3-4	0-1	5-6	0	1	1	3	11	1	0	0	0	22
15	Mertens, Travis	*	3-5	0-1	3-4	2	2	4	4	9	3	0	0	2	30
33	Archer, Doug	*	1-2	0-0	2-4	1	0	1	2	4	3	1	0	2	24
44	Benter, Derek	*	3-6	0-0	1-2	2	7	9	3	7	0	3	0	0	18
45	Mitchell, Patrick	*	4-9	3-6	5-6	0	1	1	2	16	0	2	0	3	34
02	Haugen, Nick		0-2	0-2	3-3	0	0	0	2	3	2	2	0	0	16
04	Mathison, Mike		1-2	0-0	0-0	1	0	1	1	2	0	0	0	0	9
12	Allard, Jordan		0-1	0-0	0-0	0	0	0	0	0	0	1	0	0	15
23	Goodman, Spencer		1-2	0-1	0-0	1	0	1	0	2	0	0	0	0	3
24	Brekke, Brandon		0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	3
31	Clausen, Chris		4-8	2-4	1-4	1	4	5	3	11	1	1	0	0	21
32	Schuler, Josh		0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	5
Team						3	0	3							
Totals			20-41	5-15	20-29	11	15	26	20	65	10	10	0	7	200

FG % 1st Half:	8-19	42.1%	2nd half:	12-22	54.5%	Game:	20-41	48.8%	Deadball Rebounds 2
3FG % 1st Half:	2-6	33.3%	2nd half:	3-9	33.3%	Game:	5-15	33.3%	
FT % 1st Half:	13-18	72.2%	2nd half:	7-11	63.6%	Game:	20-29	69.0%	

Officials:

Technical fouls: Bemidji State-TEAM. North Dakota-None.

Attendance:

Score by periods	1st	2nd	Total
Bemidji State	25	38	<b>63</b>
North Dakota	31	34	<b>65</b>

**Bemidji State University**  
**Bemidji State Combined Team Statistics (as of Nov 19, 2009)**  
**All games**

<b>RECORD :</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
<b>ALL GAMES.....</b>	<b>(0-2)</b>	<b>(0-0)</b>	<b>(0-2)</b>	<b>(0-0)</b>
<b>CONFERENCE.....</b>	<b>(0-0)</b>	<b>(0-0)</b>	<b>(0-0)</b>	<b>(0-0)</b>
<b>NON-CONFERENCE.....</b>	<b>(0-2)</b>	<b>(0-0)</b>	<b>(0-2)</b>	<b>(0-0)</b>

## Player	GP-GS	Min--Avg	---TOTAL---		---3-PTS---		FT-FTA	Pct	---REBOUNDS---				PF	FO	A	TO	Blk	Stl	Pts	Avg
			FG-FGA	Pct	3FG-FGA	Pct			Off	Def	Tot	Avg								
02 Haake, Seth.....	2-2	66 33.0	7-20	.350	3-6	.500	7-9	.778	1	5	6	3.0	5	0	9	5	0	4	24	12.0
50 Berthene, David....	2-0	35 17.5	9-9	1.000	4-4	1.000	0-1	.000	0	1	1	0.5	1	0	1	1	0	1	22	11.0
04 Fairbanks, Brady...	2-2	55 27.5	8-19	.421	2-7	.286	2-2	1.000	1	3	4	2.0	7	0	2	4	0	2	20	10.0
11 Lindstrom, Jake....	2-0	46 23.0	6-14	.429	5-8	.625	2-2	1.000	3	4	7	3.5	7	0	3	6	0	5	19	9.5
32 Tesdahl, Bryce.....	2-2	42 21.0	3-8	.375	2-4	.500	4-4	1.000	2	8	10	5.0	9	1	4	6	0	0	12	6.0
24 Wruck, Tyler.....	2-1	37 18.5	3-9	.333	1-2	.500	0-0	.000	0	2	2	1.0	2	0	3	2	0	1	7	3.5
01 Johnson, Jimmy.....	2-2	37 18.5	1-7	.143	0-2	.000	3-5	.600	1	3	4	2.0	7	0	1	3	0	1	5	2.5
25 Shepherd, Noah.....	2-0	13 6.5	2-5	.400	0-2	.000	0-0	.000	0	1	1	0.5	1	0	2	0	0	4	2.0	
34 Walters, Mason.....	1-0	7 7.0	1-2	.500	0-0	.000	0-0	.000	0	0	0	0.0	2	0	0	1	0	1	2	2.0
10 Westphal, Tyler....	2-0	18 9.0	1-2	.500	0-1	.000	0-0	.000	0	3	3	1.5	5	0	4	1	0	1	2	1.0
41 Baskow, Sergej.....	2-1	35 17.5	0-4	.000	0-0	.000	0-0	.000	0	3	3	1.5	5	0	1	4	0	0	0	0.0
12 Krebs, Jon.....	2-0	3 1.5	0-0	.000	0-0	.000	0-0	.000	0	1	1	0.5	2	0	1	0	0	0	0	0.0
15 Lendl, Burke.....	2-0	6 3.0	0-3	.000	0-2	.000	0-0	.000	0	0	0	0.0	0	0	0	1	0	0	0	0.0
TEAM.....									4	3	7	3.5	0		1					
Total.....	2	400	41-102	.402	17-38	.447	18-23	.783	12	37	49	24.5	53	1	31	35	0	16	117	58.5
Opponents.....	2	400	53-104	.510	10-35	.286	39-61	.639	25	45	70	35.0	33	0	29	23	5	17	155	77.5

TEAM STATISTICS	BSU	OPP	DATE	OPPONENT	W/L	SCORE	ATTEND
SCORING.....	117	155	01/04/09	at Wisconsin	L	54-90	17230
Points per game.....	58.5	77.5	11/8/09	at North Dakota	L	63-65	-
Scoring margin.....	-19.0	-					
FIELD GOALS-ATT.....	41-102	53-104					
Field goal pct.....	.402	.510					
3 POINT FG-ATT.....	17-38	10-35					
3-point FG pct.....	.447	.286					
3-pt FG made per game..	8.5	5.0					
FREE THROWS-ATT.....	18-23	39-61					
Free throw pct.....	.783	.639					
REBOUNDS.....	49	70					
Rebounds per game.....	24.5	35.0					
Rebounding margin.....	-10.5	-					
ASSISTS.....	31	29					
Assists per game.....	15.5	14.5					
TURNOVERS.....	35	23					
Turnovers per game....	17.5	11.5					
Turnover margin.....	-6.0	-					
Assist/turnover ratio..	0.9	1.3					
STEALS.....	16	17					
Steals per game.....	8.0	8.5					
BLOCKS.....	0	5					
Blocks per game.....	0.0	2.5					
WINNING STREAK.....	0	-					
Home win streak.....	0	-					
ATTENDANCE.....	0	17230					
Home games-Avg/Game...	0-0	2-8615					
Neutral site-Avg/Game..	-	0-0					

SCORE BY PERIODS:	1st	2nd	Total
Bemidji State.....	47	70	117
Opponents.....	77	78	155